

# The Central Guardian

**GOD BLESS THE WOMEN** whose hearts bleed for our suffering boys. Prepare for the envelopes they will no longer be empty on Trafalgar Day. 3512

**FOR THE SCHOOL CHILDREN.**—The children will remember all the incidents of the present war if they hear Mr. Andre's lecture this afternoon in St. James Hall. Tickets 10 cents. 3555

**KINDNESS APPRECIATED.**—The first year students of Prince of Wales College are deeply grateful to the members of the C. M. B. A. for the use of their hall so cheerfully given them on the evening of Friday last.

**PUBLIC AUCTION** at Marshfield. Don't forget the large clearance sale of H. B. Dinns' on Wednesday, Oct. 20th at one o'clock of all his stock, crop, and farming implements, twelve months credit, sale positive as owner has given up farming. 3507.

**BASKET SOCIAL.**—A basket social and entertainment will be held in the hall at North Wiltshire on Thursday 21st inst. in aid of the "Red Cross." Admittance 15 cts. Children 10 cts. Ladies with baskets free. Should the weather be unfavorable social the following night. 35032L.

**MILTON NOTES.**—Potatoes and threshing implements are the order of the day in and around Milton. The employers of Mr. A. Horne and Co., City, had a very pleasant visit to the farm of Thomas Dollar on Thursday the 14th inst., testing one of Mr. Horne's 4 h.p., 1 H. C. engines. Mr. Thomas Horton the expert engineer attended the throttle. Not understanding the machinery, Mr. John T. McLeod, feeder threshed 250 bushels oats in 40 minutes. Mr. Nathaniel Moore attended the shaker. Mr. Geo. Gibson, Ban Cuddeker, Mr. Owen Proud acted time keeper. Mr. Dollar was well pleased with the working of the machine and hoped to see them again. His friends are pleased to see Mr. Hammond Crabbe out again after his recent illness.

**HOME GUARDS ATTENTION.**—There are two hundred and fifty names on the service roll of this volunteer organization. Capt. Landrigan and Lieut. Sterns requests all that can possibly do so, to fall in line the morning the 2nd Battery brave lads depart for overseas this week. Out of gratitude for what Capt. W. B. Prowse has done for the Home Guards at the beginning of its formation, every man should try to show in this way, a simple way but one that will be appreciated, what each member thinks of Capt. Prowse and all the members of the battery now going to fight their battles. Let there be a hearty response to this turn out, due notice will be given through the press any moment now.

**SOLDIER REMEMBERED.**—A most enjoyable gathering took place at the home of Mr. and Mrs. Edgar Gillespie, Spring Brook, on Wednesday evening when about forty guests assembled there to bid farewell to Mr. Jack McCrae before his departure for England. The evening was spent in various kinds of amusements. A banner lunch was served by Mrs. Gillespie. The reading of the following address, the presentation of a purse of money and the singing of God be with you till we meet again, brought the evening to a close:—"Dear Jack,—We are gathered here this evening to express to you our appreciation of your valour in volunteering to serve your country and fight our battles for us. We cannot all go to fight and feel greatly indebted to those who go in our place. During your absence while on training you have been very much missed by all your friends in the community. You have always won friends for yourself by your cheerful manner and your willingness to oblige others. We extend to you our hearty wishes for your safety and beg you to accept this small present as a remembrance from your many friends, who will be praying for your safety."

**FROM THE DEPTHS.**—Mrs. Daniel Stewart, (Fitzroy St.) was fortunate enough yesterday to receive from her son, Ira Stewart, now with the Canadian Expeditionary Force in France, a letter which had gone down to the depths with the Hesperian. The letter was written on August 28. Mr. Stewart, it will be remembered, was one of the gun crew with Mr. Stephen McKinnon when the latter was wounded. Mr. Stewart escaped unhurt.

**PRESENTATION.**—Canon Simpson, visited the Camp, Brighton, yesterday morning and presented each of the six members of No. 2 Siege Battery belonging to St Peter's Cathedral, with a finely bound Prayer Book, a flash light and khaki handkerchief as a gift to the ladies of the congregation. The recipients were Sergt. Chas. Hine, Corporal Walter Smith, Trumpeter Russel Smith, Gunners Allan Hyam, Geo. Sherren and Sidney Richards. Captain Austin Chappell of the Dental Corps, and Gunner Ernest Hine, of the Heavy Brigade, Sydney Mines, have also been presented with Prayer books. There are now sixteen members of St Peter's Cathedral on active service, and so far as known twenty-three former members. Seventeen of these belonged to the choir, and sixteen were baptized by Canon Simpson.

**REWARD \$100**  
The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors do so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.  
A. J. CHENEY & CO., Toledo, O.  
Sold by all Druggists, 75c.  
Take Hall's Family Pills for Constipation.

**Coal**  
Hard and Soft  
All Kinds of  
The Best Quality and  
Lowest Prices  
at  
**Geo. E. Full's Coal Yard**  
Phone 278

**FOR PATRIOTIC PURPOSES.**—Mons Andre is a delightful speaker. Hear him tonight in St. James Hall at 8 p. m. 3555

**AT HOME.**—Mrs. Edward D. Nicholson was "at home", 13 Fitzroy St., on Wednesday afternoon of this week. 3520-10-19m2L.

**WOMEN'S INSTITUTES.**—The regular meeting of the Darnley Women's Institute will be held on Wednesday, 20th, in the school house. Miss Sterns will be present.

**TRAFALGAR DAY.**—It is certainly our little bit when we provide the bandage for the wounded soldier. Trafalgar Day envelope collection provides a rare opportunity. 3512

**S. S. SENLAC.**—The steamer Senlac is due in Summerside early this morning. She will have a large outward cargo for St. John's Nfld., consisting of 40 tons hay, 1,000 bags potatoes, 200 bags oats, 60 sheep, 10 cattle.

**ODD FELLOWS' SOCIAL.**—The Odd Fellows will hold a social and smoker in their hall this evening at 8.30 o'clock for the officers and members of the Order who are going overseas. All Odd Fellows in the city are requested to attend.

**CORNWALL.**—Cornwall Methodist Church missionary meeting, Thursday, October 14th. The visit of the Rev. R. G. Fulton, First Methodist Church, Charlottetown, was greatly appreciated by pastor, officials and all concerned. His address was a most powerful and interesting one, and words of appreciation were heard in many instances.

**ILLUSTRATED LECTURE TODAY.**—All children of the city, whether attending the public schools or not, will be welcomed to Mr. Andre's lecture on the war. 150 beautiful views of the war and the story of an eye-witness. St. James's Hall at 4 o'clock this afternoon. Admission 10 cts. 3522

**ALL HAVE BEEN THERE.**—One of the infantry sergeants had a squad of about a dozen raw recruits at the park on Monday morning putting them through the rudiments of drill. He was taking great pains with the men, and the men were doing their best under the circumstances. In a few days they will be able to take their place with those who have been "through the mill" and give a good account of themselves.

**PREPARING FOR WINTER.**—The Armouries are being fitted up as winter quarters for the infantry now being recruited in this Province. So far as the work has gone there is every indication that there will be little cause for complaint on the part of either officers or men. The sleeping and eating accommodation will surely be all right and the other departments are being equally well attended to.

**HEALTH OF ANIMALS.**  
Two Bulletins of premier importance have recently been issued from the Health of Animals branch of the Federal Department of Agriculture at Ottawa, of which Dr. Torrance is the Veterinary Director General. Both can be had free on application to the Publications Branch of the Department.  
The first, number 17, is entitled "Enterohæpatitis of Black-head in Turkey." Chas. H. Higgins, B. S., D. V. S., of the Biological Laboratory is the author. While the disease has been known to affect all species of fowl, it is usually seen in its most aggravated and fatal form in Turkeys. Dr. Theobald Smith, of the United States Department of Agriculture, made an investigation in Rhode Island during 1894 and 1895, but it was not until 1900 that the first mention was made of it in the Experimental Farms Report of Canada. It has since, however, been repeatedly reported upon in the biological laboratories both at Ottawa and Guelph. Dr. Higgins says that the losses from the disease have been enormous, which supplies excellent reason for a close study of the bulletin. "The extent of these losses," he further says, "is well indicated by the fact that two decades ago a single small island (Block Island) off the Rhode Island coast, provided two tons of marketable birds each year. Five hundred pounds are not available in the same locality today. Statements are also current that in localities in Ontario where ten carloads were to be had eight years ago it is now difficult to secure two carloads. The reason given for the falling off in production is the difficulty in rearing stock that can withstand this infection." This quotation is sufficient to indicate the importance of this bulletin, which treats of the origin and course of the disease and of its prevention and cure. Appropriate plates and colored illustrations add to the value of the publication.

**SHIPPING NEWS**  
Reported outwards:  
Sch. Albert P., Capt. Thos. Parrior, for Pictou, N. S.  
Sch. Brilliant, Capt. Robert Bonnell, for Pictou, N. S.  
Reported inwards:  
S. S. Senlac, Capt. James Kemp, from Sydney.  
S. S. City of Ghent, Capt. Beattie, from Halifax.  
Sch. Pearl, Capt. Alfred Murphy, from Ship Harbor, N. S.  
Sch. Kimberley, Capt. J. Whittle, from Pictou, N. S.  
Sch. Albert P., Capt. Thos. Parrior, from Port Hastings.

**WANTED TO KNOW.**  
"Pa?"  
"Yes, my son."  
"Are an army's right and left wings what it flies with?"

**BRIGHTER CHILDREN**  
Children are probably brighter to-day than a generation ago—but are they stronger? That's a grave question. So many pinched faces, dulled eyes and languid feeling make us wonder if they will ever grow into robust, healthy men and women.  
If your children catch colds easily, are tired when rising, lack healthy color, or find studies difficult, give them Scott's Emulsion for one month to enrich their blood and restore the body-forces to healthy action.  
Scott's Emulsion is used in private schools. It is not a "patent medicine," simply a highly concentrated oil-food, free from harmful drugs. It causes no harm; it improves blood, it benefits lungs and strengthens the system. Your druggist has it—refuse substitutes.  
Scott & Bowne, Toronto, Ont.

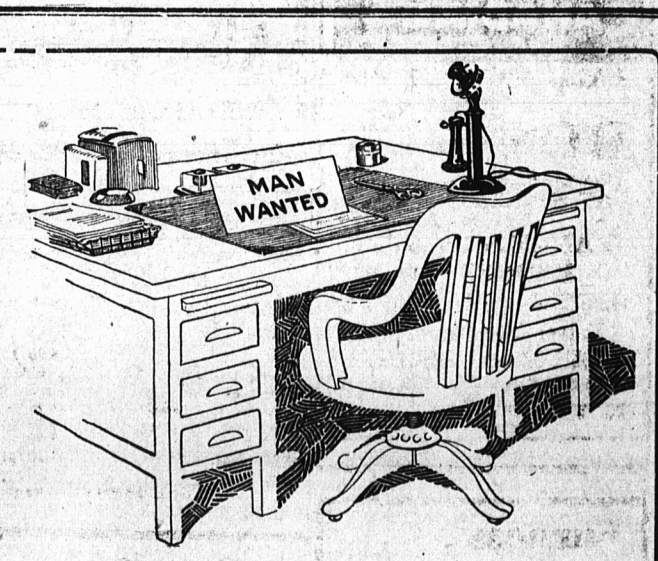
**DO YOU SUFFER FROM BACKACHE?**  
When your kidneys are weak and torpid they do not properly perform their functions; your back aches and you do not feel like doing much of anything. You are likely to be despondent and to borrow trouble, just as if you hadn't enough already. Don't be a victim any longer. The old reliable medicine, Hood's Sarsaparilla, gives strength and tone to the kidneys and builds up the whole system. Get it today.

**RED CROSS FUND COLLECTION**  
The adjourned public meeting of those interested in the Trafalgar Day collection in aid of the Red Cross Society was held on Saturday afternoon in the Legislative Chamber. A representative gathering of ladies and gentlemen were present. Mr. Percy Pope occupied the chair.  
A publicity committee to advertise the Red Cross campaign was appointed consisting of Mr. Joseph McCarey, Mr. George E. Full and Mr. Moran. It was agreed that the envelopes for subscriptions should be delivered by the lady collectors at each residence, beginning on Monday and collected on Thursday, Oct. 21. An offer was made by Mr. McCarey on behalf of the mail carriers to deliver and collect the envelopes, but it was considered that a personal call from lady collectors would be more effective. The offer of the mail carriers, however, was greatly appreciated and a vote of thanks was tendered Mr. McCarey and through him to the mail carriers for their generous offer of assistance. It was agreed to ask Mr. Newberry, Assistant Provincial Secretary, to communicate with the Mayor of all incorporated towns with a view to action on behalf of the schools. All collections will be forwarded to Mr. Newberry not later than Oct. 25.

**SUMMERSIDE SHIPPING**  
—Sch. "Alhambra," Captain Farer, arrived Saturday from New York with Hard Coal.  
—Tern Sch. "Bearer," Captain Pettipas, arrived Saturday from Louisburg.  
—Sch. "Enterprise," Captain Maillett, arrived Saturday from Miramichi.  
—Sch. "J. B. Martin," Captain Razart, arrived today from Point du Chene.  
—Sch. "William Darieson," Captain King, sailed Saturday from Mulgrave.  
—Sch. "A. C. Mulhall," Captain Boudreau, sailed Saturday for Buctouche.  
—Sch. "Iona," Captain Lord, finished discharging coal for I. T. Holman, Limited, and sailed Saturday for Crapaud.  
—Captain Isaac Razart of the Sch. "J. B. Martin" is now going with the Sch. "Mailbar," and Captain Joseph Gallant of the Sch. "Mailbar" is going to take on the Sch. "J. B. Martin."

**The People's Theatre**  
MATINEE DAILY AT 3 o'clock  
ADMISSION MATINEE 5c NIGHT ADULTS 10c CHILDREN 5c  
Last Chance to See The Vitagraph Broadway Star Feature  
The Lady of the Lighthouse  
THREE PARTS  
EPISODE FIFTEEN  
The Broken Coin  
Tomorrow's the Day and Thursday when The New York Motion Picture Co. Presents  
"The Cup of Life"  
5 Remarkable Acts 5  
A True to Life Drama Endorsed by Clergy and Press

**TO HAVE PLUMP ARMS**  
Many of the outdoor games will enlarge the muscles and round out the arms, though most of them have a tendency to develop one more than the other. If this has been your trouble, pay particular attention to the smaller one, giving it more exercise than the other.  
But for those who have thin shapely arms, the following group of exercises will prove very beneficial. Lie flat on the back on the floor, wear no tight clothing and take slow breaths, expanding the chest as far as possible with each exercise.  
Slowly describe the motions of a circle, drawing the hands and arms back until they touch the head; then bring them back to the sides, holding them tense and straight. Repeat this several times, increasing the number as you become accustomed to the work.  
Raising the hands forward from the floor, bring them as far back as possible, touching the floor above the head; lower to former position.  
Place the hands on the hips, then thrust the arms out directly to the side, above the head, straight before you and downward. After each movement return the hands to the hips.  
If you have some dumb-bells or Indian clubs or balls or even weight that you can hold easily in your hand, you have another very efficient method of obtaining plump, pretty arms. Raise the arms forward and upward over the head, holding the elbows stiff and the clubs as high as you can; then lower them to the sides and down. Next, swing the arms in circles, one at a time, from front to back and from back to front. These are very simple exercises, but it is best to begin so. More complicated ones can be attempted later.—Woman's World for November.



**Many Positions Carrying Large Salaries**  
are open today to men in every walk of life. But the men must possess vigorous bodies and keen, active minds.  
Success-making mental and physical activity relies largely upon right living wherein the right kind of food plays a most vital part.  
In many cases the daily diet lacks certain of Nature's elements essential to energizing and upbuilding the mental and physical faculties. Most white flour products, such as white bread and many other commonly used foods, are in that class.  
A food especially designed to offset this lack—

**Grape-Nuts**  
—made of wheat and malted barley, supplies all the nutriment of the grains, including the mineral salts—sturdy builders of brain, nerve and muscle.  
Grape-Nuts is thoroughly processed, ready to serve from the package, fresh, crisp and delicious. Then, too, there's a wonderful return of the power to "do" and to "be" for the small energy required in its digestion.  
After repeated set-backs thousands have found a change to right eating means forging ahead.  
"There's a Reason" for Grape-Nuts  
Made in Canada Sold by Grocers everywhere.  
Canadian Postum Cereal Co., Ltd., Windsor, Ont.

**Children are keen judges of a good balm and whenever my children get cut or bruised, they run home at once to have Zam-Buk applied. They have found that it takes the soreness and smarting out of a wound or sore very quickly. It is a marvellous healer.**  
So writes Mrs. B. Hubert of Van Horne St., Toronto, and she adds:—"It was a long time before I tried Zam-Buk, but now I have used it I would never be without it. I have also found it very effective for piles."  
Mothers! Take the lesson home! If you have not yet tried Zam-Buk, now is the time. Send us a 1 cent stamp for return postage (Zam-Buk Co., Toronto) and we will mail you a trial box, or get a 50 cent box from your druggist or stockkeeper.  
For piles, eczema, abscesses, varicose sores, ulcers, cuts, burns and skin injuries and diseases, this great herbal balm is without equal. Used throughout the world. Refuse harmful substitutes.

**The BLENDED Flour**  
IT is the blending of the wheat—the accurate balancing of Ontario fall wheat with a proper proportion of western wheat—that makes "Beaver" Flour such a splendid baking flour, uniform in strength and quality at all times.  
This is why "Beaver" Flour is equally good for Bread and Pastry. Try it. Your grocer has it.  
DEALERS—write us for prices on Feed, Coarse Grains and Cereals.  
The T. H. Taylor Co. Limited, Chatham, Ont. 180

**PLEASE**  
We have just issued our Quarterly Accounts and would consider it a favor if our friends would bring them in and have them marked PAID.  
We Need the Cash in our Business  
**Morris--Smith--Beer**

5c Buys The **ISLAND QUEEN**  
You'll never know how good a 5c cigar can be until you smoke  
**THE ISLAND QUEEN**  
5c  
2430-10-14Mthst3mos.

**Hartt Shoes**  
\$5.00, \$6.00 and \$7.00  
Hartt Shoes are in a class by themselves.  
Built without a fault in a factory that specializes only on Men's High Class Shoes.  
See our window display  
**D. Gordon & Co.**  
3365-10-9MSuthf.

**Poultry Notice**  
Beginning October 1st, I will buy Fowl and Chickens dressed and undrawn. All shipments promptly attended to  
**J. D. JENKINS**  
Charlottetown