

Woman's Realm/Social and Personal/Fashions/Literature

Living & Leisure THE WOMAN'S REALM

MY HANDS COULD LIFT
Dear Lord, these clumsy hands of mine
Could never sweep a harp's gold strings
And bring forth melodies divine.
(My hands were made for common things.)
But should there come some day to heaven's gate
A child with lonely fears,
My hands could lift and cuddle him
And dry his tears.
And, Lord, I know this voice of mine
Would never blend with heaven's choir.
Though touched by miracle, it could not be
Attuned to a celestial lyre.
But I could hum a simple, crooning song.
To comfort the alarms
Of one who, in that throng, might miss
His mother's arms.
Martha Sparrow Anderson.

AIRY CONTAINER
One housewife keeps her potatoes in a wire waste paper basket. It allows the air to circulate through the contents and has nothing about it to attract insects. Besides, she can readily see shape and sizes of the potatoes.
The country housewife who is able to get meat only when the butcher drives to her home will tell you to wipe the joint of meat with diluted vinegar if it is on the verge of going bad.

OPEN FROM THE TOP
When working in a steamy kitchen, take time to lower the windows from the top. You will be in no draft that way and that steamy heavy feeling from so much cooking will be gone in a second. If housewives would pay more attention to this they would not be so tired at the end of preparing a big meal.

NEW HOUSE DRESSES
When washing that colored cotton dress for the first time, be sure to put about a tablespoon of salt in each quart of water used. Use vinegar in the same proportion in the rinse water. It will keep and brighten the colors.

A DARNING IDEA
When darning woollen socks or stockings, use wool for the up and down and stitches and knit thread for the crossway ones. The darn will last about three times as long as an all-wool one. Another method is to thread your needle with one wool and one knit thread, and then darn as usual.

Nutritious sandwiches to put into a lunchbox may be made from peanut butter, cheese, egg, baked beans, fish or meat. Adding a layer of chopped cabbage, shredded carrot or diced green pepper plus mayonnaise or salad dressing will make the sandwiches taste better.
Raisins may be cooked along with prunes to add variety to a dried fruit dessert.

How Can I!!!
By Anne Ashley
Q. How can I prevent the metal tops of salt shakers from corroding?
A. They will not corrode if they are covered on the inside with melted paraffin. Open the holes with a pin while the paraffin is molting.
Q. How can I take away stains from coat collars, and remove the shiny appearance that betrays the age of a man's suit?
A. Rub with a suspended of ammonia in which enough salt has been added to make a soft paste.
Q. How can I keep egg yolks for several days?
A. By covering them with cold water until needed.

Washing machines kept in a cold place, such as an outside porch, should be brought into a warm room several hours before using. Otherwise, the oil or grease in the machine may become stiff and the starting load may blow a fuse in the circuit.
Doughnuts are delicious when heated, sliced and spread with cream cheese and chopped nuts.
If you have boiled eggs as well as fresh eggs in the refrigerator and cannot remember which is which, twirl them. A cooked egg will twirl easily while a raw egg will hardly make one turn.

COLLECT GEAR WHEN YOU LEAVE
Do you make it a practice to look back to see if you have forgotten anything when you go away from a place where you may have left gloves, umbrella or packages?
If you don't this is a good practice to adopt. The women who makes a habit of the back look will never be guilty of the forgetful lady's unhappy faculty for annoying people.
Hostesses can be irked by guests who put them through the routine of a household search after a visit for missing possessions. Male escorts are irked by the necessity to go back into a restaurant or movie theatre to search for gloves and other forgotten objects.
Back look taken before you leave a place will make such searches unnecessary.
The back look is a good practice to adopt for still another reason. You stand a much better chance of reclaiming your possessions if you look around for them before you leave than you do if you send a retriever back later to grope under tables, around chair seats or in aisles.

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The Stars Say--
By Genevieve Kemble
For Wednesday, March 3
BENIGN surgeries are for a day of thrilling adventure, tension, excitement, in which the mentality, emotions, feelings and aspirations are eyed to the nth degree of desire and expectancy. And although the activities, inclinations and forces may be pitched to the romantic idealistic or unrealistic, yet is found a deep, profound and dependable undercurrent for the enduring, for the laying of firm foundations even in the midst of fantastic and chimerical vision and goals. With diligence, reflection and calmness great dreams could come true.
Those whose birthday it is are confronted by a year of dramatic exciting, adventurous and bewildering events or experiences, in which the feelings, emotions, energies and impulses seem to run riot to a bewildering and bemused culmination. With sudden uprooting, radical change, revamped plans and objectives, it might seem a ruinous and disruptive program. Yet at base there is a structure of solidarity, wisdom, good sense and conservation to warrant the prospect of sensational moves with erratic and irregular performance or seeming defeat, turning into secure, enduring and far-reaching crises and gratifications.
A child born on this day may have exceptional ingenuity, talents and versatility; while romantic and impulsive, yet has a sterling and dependable character at its core.

That Body Of Yours

TINY "STONES" IN APPENDIX CAUSE SYMPTOMS
Some years ago, surgeons found in some cases of appendicitis what appeared to be small stones found in grapes, and immediately the news spread that grapes caused appendicitis. This almost put the growing of grapes out of business. Fortunately, some research workers carefully examined these supposed grape stones, and found they were made up entirely of "dried out" waste material from the food—that is, the feces or waste of the lower bowel. Since that time grapes have been eaten without any thought about appendicitis.
However, these little seed-like pieces of waste matter called fecaloliths or coproliths can cause disturbance in the appendix and account for many cases of so-called chronic appendicitis. Sometimes colic—believed caused by the passage of a kidney stone through the tube carrying urine to the bladder—really is caused by these little hardened pieces of waste matter.
Many years ago, a young physician suggested that appendicitis was caused by eating "gassy" foods, which caused so much gas pressure in the lower bowel that it closed the opening of the appendix into the bowel, waste matter got "dried out" too much and caused these hardened "stones" to form. Irritation of the lining of the appendix by these stones caused catarrhal appendicitis, which often became infected, causing pus, and requiring immediate operation.
In "Radiology," Syracuse, N. Y., Dr. S. F. Thomas reports the cure of these hardened waste matter "stones" in six patients between the ages of six and 56 years. In five of these cases the stone or stones had caused a thickening of the wall of the appendix, as Nature tried to prevent the stone from breaking through the wall under pressure. Dr. Thomas points out that this pressure against the thickened wall may be the cause of the colicky pain in chronic appendicitis.
The suggestion is that when chronic appendicitis is suspected, an X-ray of the abdomen, patient lying on his back, should be made to make sure that a little fecolith or stone is not present.

REST FOR ALL CONCERNED
And this is no reflection on the female sex. On the contrary, it redounds to their credit. They are only fulfilling the career for which Nature created them and that keeps the world going. It would certainly be a lonesome old place, with weddings as scarce as hens' teeth, if we had to depend on men doing all of the courting.
Also, it is to men's advantage for women to pick out their husbands, for it enables them to get what they wanted, and a contented wife is always a good wife who is breaking her neck to please her husband. A disgruntled, fault-finding, nagging wife is almost invariably a woman who married her opportunity instead of her heart's desire.
Of course, most men believe that they are great lovers who could teach Clark Gable tricks in how to sweep a woman off of her feet, and undoubtedly many girls do respond to the whirlwind tactics in courtship. Then, there are many smart girls who play hard to get, which also works with men who flatter themselves that they have an irresistible technique that no maiden can resist. But there are no figures on this, either. And there is no method by which to tell which course ends in a happy home and which in the divorce court.
The ideal marriage is one in which the husband and wife cherish an equal devotion to each other, but this state of bliss seldom happens in real life, where, as a cynic once said, "in marriage one loves and one permits oneself to be loved." This is not wholly true, but it is true enough to cause many a heartache.
So, it seems to me that in marriage women should have the privilege of choosing their mates and putting forth every effort to win them, because a woman's happiness is so much more centered in her husband, her children, her home than a man's is. It is Leap Year, girls, go to it.

Cook's Corner
By Roberta Lee
Household Scrapbook
By Roberta Lee
Modern Etiquette
By Roberta Lee
Better English
By D. C. Williams

Dorothy Dix Says—

Leap Year Courtship
Women Conceal Methods Of Pursuing Husbands
Two lads, who describe themselves as "Curious Young Men," desire to know if there is available a record furnishing a reasonably correct per cent of the present-day marriages wherein the woman does the pursuing and proposing. Also, they want to know how many of the marriages wherein the woman pops the question have been truly happy and successful ones. They are trying to find out whether marriages have a better chance for success when the man follows the old role of Romeo and the woman his clinging Juliet, or whether it makes for happiness in marriage for the woman to take the initiative in the courtship.
Well, sons, naturally there are no statistics on the subject, for there are two secrets no woman ever tells. The first is her age. The second is how she got her man. You can ask every married woman of your acquaintance what her husband said when he proposed, and every one of them will tell you that she has forgotten, which you can believe or not as you please. But the one thing you can bank on is that if at the crucial moment the timid lover showed signs of weakening and backing out, his sweetie exclaimed: "Oh John, this is so sudden!" and fell into his arms.
So there are no available figures to show how many women have promoted their marriages, but I would say that a conservative estimate is about 99 per cent of them. For in the great majority of cases it is the woman who sees the man she wants for a husband before he sees her, and who sells him the idea that she is the maiden he has been looking for all of his life.

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Ellen's Diary

By an Island Farmer's Wife
Like a distress that comes suddenly to annoy one but ceases presently and is gone and swiftly forgotten so yesterday's chill searching winds and frosty drizzle went out of mind in today's pleasant weather. For who would wish to recall those in the delights of this day brought to James and me by a pair of sparrows outside our bed-room window. They chattered brightly there, perched on a branch of the old creeper which in Summer spreads and climbs up towards a gable. And who having been abroad in it was not fascinated by the peace and beauty of this night with a moon at full flooding the countryside with its mellow light? It made a Winter wonderland out of the scene, the crisp snow sparkling beneath its magic leaving the shadows dim and pleasantly mysterious in contrast. And all so calm and lovely. As serene as the face of one who having seen much of it through long years has learned to accept life's lessons with calmness and grace.

But someone of our farmers at Alderlea must have caught sight of an adverse sign in the blue of today's sky to make it an excuse for an intensive cleaning up, stables and sheds. More than one trip was made between barnyard and field and more than one of the horses were used at the hauling as the day wore away. The threshing gear was brought out of storage at the other farm this afternoon, and when the dusk war softly supplanting the gorgeous sunset colors in the West, and lighting odd tapers of stars, white it lingered a moment to wait for the moon, there were loads to be fetched from a truck on the highway, in the neighborhood of the corner store. I overheard the two—and then three, farmers talk this over this morning. "It would be just as well to get some feed in, this fine day," James said "there just might come bad weather and no hauling—and what then?" That was a question that needed no reply. With James or the younger fellow in the house across the lane at Alderlea, I fancy there will always be provisions for the stock; stove pipes will be cleaned regularly, and slippery places about the yards and lane made safe.

This evening the Dramatic Club, as yet only in its infancy, met in conference at the home near the corner over which the English girl comes to our community in recent years, presides. The husband was a young lad, only the other day, it seems to James and me and indeed we can go back easily to many years before he was born to "mind" this or that in our chatting. But now old in experience if not in years, he has left the tragic and fateful years of the war behind, he having been among the first of The Island boys to go overseas. The son a slight, fair lad who buses himself with his trucks and cars and sleds as does Jamie is, I believe, the most travelled of all the children in the district having come when only a babe to



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arms from the land of his mother's people with her to our Island shores.
There was no sound of him during our forgerathering and the only signs were odd toys left idle, to be taken up again, I suspect, by small eager hands in the morning. And our hostess—what of her, new to our ways? She is pretty much like the rest of our housewives. Kindly, genuinely glad of our visit and happy about the cause which drew us together, and perhaps a little worried as I might be over our entertaining, especially when lunch time drew near. I had hoped she might set a new precedent and serve us lightly but as customary a succession of delicacies appeared. Indeed as I regard James resting now on the couch I cannot quite understand his recent request for "a bite to eat, when you've done with your writing, Ellen."
James had roused to glance at the clock when I came lightly into the kitchen returning. "And what did you-all have to deliberate about, that kept you so late?" he wanted to know. "Oh, I answered drawing a long breath from walking up the grade of the street, I've had a good many items to consider." "And I suppose—but no, there wouldn't be any other of the farmers' wives there. They would be home figuring out their work for tomorrow. Getting their men off to bed early to be rested for their day in the woods or if they happened to intend to crash-stalk and slippery places about the yards and lane made safe."

the time I'm afraid I had forgotten about that gear being nailed! Until tomorrow—Diary—Good-night.
TIPS FOR WIFE ABOUT HIS JOB
"Every wife ought to work for one week in her husband's office," says a wife who did just that, and was glad to get back to her job as fulltime housewife.
"If she did," the correspondent added "she would ever afterwards meet him at the door in the evenings with a chair ready to carry him into the house."
It is too bad that most wives have so little understanding of the demands the breadwinner's job makes on him in the course of a day.
Going downtown to an office sounds so simple to the woman who stays home.
She can't understand why he comes home at night tired out, and more in a mood for peace and quiet than for chatter. Or why he dislikes stepping out.
If she could work beside him for a week she would be more understanding.
But, of course, it works both ways. No man, without spending a week running a house, managing one or more small fry, cooking the meals, washing the dishes and doing the laundry, can possibly understand why his wife gives him a dirty look when he comes home at night and asks innocently, "What have you been doing all day?"
The reason why husbands and wives don't have more respect for each other's jobs is simply that they actually know so little about them.
ADOPT FRENCH STYLES
Annabella, star of the French and American stage and screen, prefers the "bell" silhouette to the "umbrella" silhouette. Her wardrobe, chosen at Christian Dior's, in Paris, includes a salmon satin dinner gown. She is wearing her skirts 11 inches from the ground.

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Morning Smile
The mistress entered the kitchen and threw up her hands in horror. "My goodness, Jane!" she cried. "What a kitchen! Every pot and dish is dirty. The table is a perfect litter. It will take you all night to clear things up. What have you been doing?"
"It is not so much what I've been doing, ma'am," replied Jane, "but your daughter has just been showing me how they boil a potato at her cookery school."
The bride was ordering her first ton of coal. "What kind of coal did you want?" the dealer asked. "Kind?" explained the bride, puzzled. "Are there different kinds?"
"Oh, yes," answered the dealer. "For instance we have egg coal and chestnut coal."
"I'll take the egg coal," the bride promptly decided. "I'll be cooking eggs faster than I will chestnut."

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