

Woman's Realm :- Social and Personal :- Fashions :- Literature

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The HOUSEWIFE and HER ACTIVITIES

SCHIAPARELLI SHOWS NEW SOFT CLOVE PINK

There is a new soft pink in vogue now in Paris, called "Gloflee" (a clove-pink), and a grayish mauve called "Jasmin de Nuit." The new brown is a real "Black Iris," and it has a certain dignity and charm that are very impressive. These are from Schiaparelli.

Being a woman of most independent tendencies, Schiaparelli has done a right-about-face on the shoulder situation and tells you herself that "the outline is completely reversed, showing width at the neckline and buoyancy below the knees—coats and many dresses fall bell-shaped from normal shoulders. There is all the dash and boldness of Goya in the big hats, broad belts and full sleeves. Note the spiral moulding of the figure in evening dresses, the looped up, uneven hemline, the low décolletage, softened by folds of tulle, lace or flowers.

And we'd like to say a word about the flowers and where they are worn. One lovely creation in the new clove-pink has a deep front décolletage, and from it sprout, bloom and trail waistward, a neat garden of brilliant blue cornflowers!

"Daisy" is a common term applied to almost anything in the way of a bloom with strap-shaped ray flowers about a solid centre. It is the type form of the largest order of flowering plants, botanically speaking, the composites, so called because each individual flower as "daisy" is in reality a composite arrangement of one head many small flowers in one head. Daisies of various forms are among the most graceful and decorative of all the garden flowers and always popular for cutting.

A great home aid toward keeping food in good condition in hot weather is a well-selected set of containers. They may be made of glass or earthen ware, enamelware or aluminum for covered dishes in any of these materials are excellent for storing foods, both cooked and raw.

All perishable foods should be put away as soon as they come from the market. Milk, fresh vegetables, fruits and meats deteriorate quickly and must be prepared promptly for the refrigerator and stored. Cleaning foods before putting them into the refrigerator keeps the ice box tidy and saves ice or electric current.

that have been served buttered for the first meal may reappear in vegetable or combination salad, or reheated in cream sauce or baked with cheese. Vegetables and meats that have been prepared with milk require special precautions. The milk should be actively boiled if there is a change of any one dish being left over. After the meal the whole should be quickly cooled and stored at once in the coldest part of the refrigerator. All creamed dishes really should be used within twenty-four hours. If you must keep them more than twenty-four hours, bring quickly to the boiling point, boil vigorously for a few minutes, and cool quickly on the morning of the second day. Then they may be kept on ice safely for another twenty-four hours.

BREAD AND BREAD CRUMBS Bread and Bread crumbs require particular care in hot, humid weather. Crumbs and odd slices of bread should not be allowed to accumulate in the bread box. These not useable for toast should be dried thoroughly in a cool oven and saved for crumbing. Frequent scalding and sunning of the bread container helps to prevent mold, too. Butter toast should never be stored in the bread box. It's wisest to buy flours and cereals in small quantities while the hot weather lasts. Dry foods delivered in paper bags should be turned into glass or metal containers to guard against mice and weevils. Flours, cereals and sugar should be kept in air-tight cans. Crackers and ready-to-serve cereals which lose their crispness quickly if exposed to the air, may be preserved by placing in the open for ten or fifteen minutes. They should be cooled before serving.

SANDWICHES KEEP FRESH Sandwiches for tea may be made hours ahead of time if they are wrapped in wax paper and put in a cool place. These include sandwiches of brown bread and cream cheese, white bread with date and nut paste, cheese and olives on nut paste, white bread, anchovy paste and cream cheese, peanut butter and raisin bread.

A THOUGHT FOR THE THOUGHTFUL "Who wastes his time throws life away. He liveth long, who liveth well. All else is being flung away: He liveth longest who can tell Of true things truly done each day."

FOX DYED IN ALL PASTEL SHADES The fox family is blinking a beady eye and winking a warty tail to see itself taking on such a strange array of colors. The leopard, nor the zebra her stripes but there seems to be nothing to keep the fox from blooming in all the pastel shades from pea-green to sky-blue.

Heim it is who likes horizon blue fox, especially for those choice summer capes and caplets combined with soft, light-weight fabrics whose only excuse for existing at all is because of their

THE COOK'S CORNER

The hotel boots was puffing away at a cigar when a visitor, thinking he would have a little fun at the boy's expense, asked him if he always smoked cigars. "Yes, sir, pretty often," answered the boy. "What brand do you smoke?" "Robinson Crusoe," the visitor pondered a little. "I have never heard of that brand," he admitted. "It's a name I've given 'em myself," answered the boy. "You're a guv'nor, Old Crusoe was a castaway."

For the third week in succession the dentist's surgery maid reported that there was a man in the waiting-room who declined all invitations to see the dentist. "Perhaps he's nervous," said the dentist. "I'll go and see him." So he entered the waiting-room and asked if he could be of any service. "No, thank ye," replied the visitor, blandly. "I just dropped in because ye see, I'm reading a serial in one o' your papers."

Indians Enjoy Treaty Holiday

(By The Canadian Press) REGINA, July 4.—Two hundred Indians have broken camp here and returned to their reservations following their annual pilgrimage to the city to collect treaty money and enjoy a holiday. I. C. Reid, Cree Indian old-timer who remembers Regina when it had only one street, came with members of the Piapot, Pasqua and Qu'Appelle Indian reserves in the Qu'Appelle Valley. The government treaty allowance is \$5.00 a head for each Indian on the treaty list. "We have a little trouble trying to get the children out of the talkies," Mr. Reid said. "They like them so much they plead to stay all night." He said the old-timers didn't understand them and perhaps were just a little bit afraid. Among the Indians was Ben Pasqua, chief of the Pasqua reserve who, with his friends, spent hours at a soda fountain where "the ice cream makes you feel like winter inside."

NUDIST PICTURE CANNOT BE SHOWN

OLD ORCHARD BEACH, Me., July 7.—The selection of this seashore resort apparently weren't taking any chances on allowing the nudist colony here. They notified the proprietor of a moving picture house today that the showing of a nudist picture billed to be exhibited here soon was forbidden. At the same time, the town fathers issued orders that women bathers avoid certain scanty types of bathing suits.

frank and undeniable feminine charm. Pale pink fur for soft white, grey, beige or a deep rose wool coat is one of the items found in smart luggage going southwards toward the Riviera. Another summer coat combines crepe de chine and fox in two tones of brown.

Accessories take the color of the fur of the coat, being dark or light, and jewelry is worn sparingly but with a greater discrimination than ever before. Each piece, whether a ring, pin or necklace, has a definite reason for being worn and complements the ensemble.

SET OF HEALTH RULES TO ACT AS GUIDE

- Below are health rules as given in a recent number of the British "New Health Magazine." 1. Diet—Include in the daily food wholemeal flour and bread, milk (one pint at least for children, whenever possible) green vegetable leaves (cooked and raw) and some fresh fruit (especially orange, lemon, apples or tomato). 2. Plesh Foods—Eat flesh foods (butchers' meat, fish and fowl) in strict moderation. Milk, cheese and eggs are good and sufficient substitutes for flesh foods. One meat meal a day is, as a general rule, sufficient. 3. Internal Cleanliness—Avoid constipation. Endeavor to have an action of the bowel at least twice a day. This should be effected by suitable diet (see rule 1) and regular habits. 4. Water—Drink water freely, or its equivalent in fruit drinks, or other non-alcoholic beverages. These should be taken between as well as at meals, and especially on waking. 5. Fresh Air—Avoid close, stuffy rooms. Work and sleep when possible with the windows open, but not in a direct draft. 6. Sunlight—Take every opportunity of allowing the fresh air and sunlight free access to the skin. 7. Clothing—Wear only light, porous underclothing which will enable free action of the skin to take place. Clothing and collars should be loose, avoiding the constriction of any part of the body. 8. External Cleanliness—Equally important to the healthy functioning of the skin is the daily bath and cleansing of the entire surface of the body. 9. Clean Mouth—Keep the mouth and teeth scrupulously clean. Brush the teeth and gums at least night and morning, particularly just before going to bed. No food should be taken after the nightly cleansing of the mouth. Keep teeth brushes clean and dry. Eat some coarse, hard food every day.

Have You the Key To a Happy Marriage? Dorothy Dix Passes On Magic Formula To Wives

Four Little Words Contain the Secret of How to Keep a Husband Happy and Glad He Married You. "Wonderful," "Yes," "Love" and "Thank You" Are the Open Sesame to a Man's Heart

The famous novelist, Louis Bromfield, who knows the hearts of men and is himself a contented husband, gives this advice to wives: "Keep on telling your husband how wonderful he is. Don't ever stop using the word. Say it over and over again. No man ever gets tired of hearing it."

So speaks an oracle, and how profound is the wisdom that he utters we have continually exemplified before us. For we have daily occasion to observe that the girls who are the most popular with men are neither the high-brow nor the beauties nor mother's little helpers, but the maidens who have the faculty of looking up adoringly at a man and breathing, "How wonderful!"

Not only does the most brilliant conversationalist compete in vain with a little nitwit whose whole repertoire of talk consists of only those two magic words, but they are the "open sesame" to the most invulnerable masculine heart, and simply by repeating them in the proper tone of voice many a girl finds the treasure of a good husband.

And that these be words to conjure with after marriage as well as before is also abundantly proved. For husbands tire of domestic wives and good wives and clever wives and industrious, efficient wives and saving wives, and even of the wives who are good-looking, but no man wears of the wife who puts him on a pedestal and burns incense before him, and tells him how wonderful and intelligent and handsome and big and strong and brave he is.

No man ever got enough adulation to satisfy him, and it is only when a wife grows weary of singing her husband's praises and celebrating his virtues that he begins to look around for a more appreciative audience. As long as a wife makes her home-brewed flattery strong enough, he is content to drink at home.

But while "wonderful" may be the keyword to the puzzle to which a woman is married, there are three other words which she should also include in her vocabulary and which would be an ever-present help to her in times of trouble. The first of these is YES. The wives who yes-yes their husbands are never those who have to fear the platinum blondes in their offices or who spend their old age trying to collect alimony.

They have discovered the secret of how to tame and domesticate wild animals. For husbands have two manias. One is an obsession about having the head of the house and having their wives ask their opinion and advice on every subject, and the other is a complex about losing their freedom in marriage.

Now, as a matter of fact, men don't care a button about whether their wives belong to this club or that, or whether they have the living room done in green or brown. They only want to have their authority to decide the question made manifest.

Nor have all husbands roaming feet, but they want to feel free to go out of an evening without asking their wives' permission. And the wider the wife flings the front door, the more likely they are to sit by their own fireside. Hence the wives who yes-yes their husbands keep out of arguments and avoid breakfast-table spats and are able to do as they please, and have husbands who are as domestic as the house cat.

The next word in the wife's vocabulary should be LOVE. Sweetheart—darling—whatever petting endearment she used in her courtship. Women have a queer idea that heart hunger is strictly a feminine complaint and one from which men never suffer. Barrels of feminine tears are shed over the fact that husbands take their wives for granted and cease all love-making at the altar.

But it never seems to occur to wives that their husbands may be as starved for affection as they are and long for some expression of love, some show of tenderness, some indication that they are regarded as something more than a meal ticket and purveyors to the children of real lace baby caps and sport cars. There would be very few unfaithful husbands if every wife included in her daily dozen some expression of love for her husband and told him that he was still her Prince Charming, and that she thanked Heaven on her knees for having bestowed him upon her.

Another word that women should never cease saying to their husbands is THANK YOU. Most wives never use it. It is simply not in their vocabularies. They take everything their husbands give them as no more than their due and complain because it isn't more. That is what makes supporting a family a chore. A man works himself to death and never gets even a "thank you" for his labor.

It is so easy to do things for people who appreciate them. It is so hard to have to do things for people who display no gratitude. It would take the drudgery out of many a man's hard and monotonous labor for his wife to make a fuss over everything he gave her. It would make life a joy and a triumph instead of serfdom for many a man if his wife told him over and over again that no hero had anything in courage or gallantry over the poor man who spends his life slaving for his family. It would loosen up many a tightwad's purse if his wife begged of the pretty frocks and jewels he gave her and if she thanked him for making her life soft and easy.

The Koran bids the faithful keep their lips moist with the name of Allah always upon them. Many a husband would think he had found Paradise on this earth if his wife kept WONDERFUL, YES, LOVE and THANK YOU on hers. DOROTHY DIX.

98 OUT OF 100 WOMEN REPORT BENEFIT



Here's Help for Working Women Mrs. M. Windscheffec, 732 Margaret Street, Oshawa, Ontario, says: "I work at a machine in a factory and do my household duties as well. I am on the verge of Change of Life. Your Compound strengthened me. I have no pain such as I used to suffer. I feel better than have for years." This medicine will relieve periodic pain and discomfort. Let it help you as it has helped others. LYDIA E. PINKHAM'S VEGETABLE COMPOUND 700,000 women endorse it

Lumber Workers End Walkout

(C. P. By Guardian's Special Wire) NEWCASTLE, N. B., July 4.—A large majority of some 400 lumber mill workers who had been on strike in this district since Friday morning ended the walkout today by voting in favor of returning to work. Concessions were made on both sides after a meeting this morning between operators and employees, and conciliation efforts yesterday by Hon. L. P. D. Tully, Premier and Minister of Lands and Mines. The men did not receive their demanded minimum rate of 20 cents an hour, but wages of workers earning less than \$1.50 per day at the Fraser Companies, Ltd., mill at Chatham, Head, were increased to that amount, the same minimum rate as paid at G. Percy Burchill's mill at South Nelson. No increase was granted by the latter company.

MARIE DRESSLER IMPROVES BUT UNLIKELY TO RECOVER

SANTA BARBARA, Calif., July 5.—Physicians still found no hope for Marie Dressler's recovery, but the 62-year-old film star had improved to such a degree today that she was allowed to take solid food. Physicians, treating her for complications of uremic poisoning and cancer which brought her close to death last Thursday, said it was the first time in two weeks she had been able to digest anything except liquid nourishment.

A Morning Smile

Salad Mayonnaise Two eggs, 1 teaspoonful salt, 1 teaspoonful mustard made with vinegar, 1 small tin condensed milk, 1 teaspoonful brown vinegar, buttermilk the size of a walnut. Beat the eggs, add salt and made mustard. Beat well, add the milk and beat again, then add the butter, melted, last of all add vinegar. Continue beating the mixture thoroughly, then bottle and cork up. This will keep a long time, and if too thick when wanted for use, more milk can easily be added.

Jam-Making

The first is suitable for any kind of fruit. Have pound for pound of fruit and granulated sugar. Boil first for 20 minutes, after the jam begins to boil. Stir and skim all the time. Put at once into hot jars, and screw or tie down at once. Rhubarb and Date Jam: To every lb. of rhubarb, cut into small pieces, add 1/2 lb. of stoned dates. Proceed as above. Third Recipe—Rhubarb and Pineapple: To every lb. of rhubarb add 1/2 lb. of pineapples and 1/2 lb. of dates. Cook as before. To each lb. of rhubarb and peel, add 1/2 lb. ginger and two lemons and 1 lb. sugar.

Will Soon Start On Long Flight

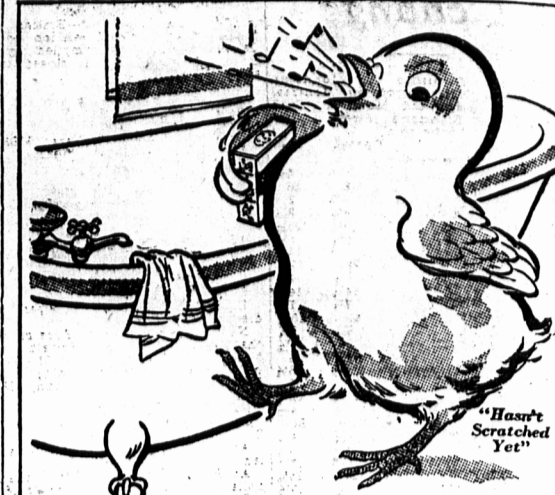
(C. P. By Guardian's Special Wire) TORONTO, July 4.—In an attempt to beat the world's non-stop distance record to 6,500 miles, with a monoplane that Captain James Molloy was unable to get into the air last October, Leonard C. Reid, formerly of Montreal, and A. E. Ayling, British flyer, hope to take-off from Wasaga Beach, north of Toronto, within two weeks. They have rechristened the Seafarer II, and added 15 percent more take-off power. The plane is called "The Trail of the Cariboo." It is being assembled here. Bagdad, goal of the Molloyes, is also the goal of Reid and Ayling who arrived here today and said they hoped to make test flights before the end of the week. Neither has yet visited Wasaga Beach, resort on Georgian Bay. "We have added outside air intakes to the motors, which operate when the throttle is wide open," Reid explained. "When only nine-tenths open these automatically close and cut down the gasoline consumption. It works out so that we will have 15 percent more power at the take-off than the Molloyes and they were able to get a few feet off the ground without this added power." Reid said the flight was a purely sporting venture. The flyers are backing themselves. They plan to follow the St. Lawrence River route to the Atlantic and follow the great circle route after passing over Newfoundland.

WOMAN EXPLORES TELLS OF VISIT TO CONVICT CAMP

PORT OF SPAIN, Trinidad, July 5 (CP).—With two suitcases and a box of paints Miss May Mott-Smith, woman explorer, artist, lecturer, and author visited the French Convict settlement at Cayenne and brings back a woman's story of conditions there. She is one of the very few of her sex that have ventured into this territory where men are punished for their crimes, banished for years from their homeland to sweat under a blistering sun. But the woman explorer did not find the conditions of cruelty and hardship that outsiders talk about. "Cayenne has been oversensationalized by some writer who cooked up a story to suit his editor," Miss Mott-Smith said. "What impressed me most in Cayenne was the number of convicts who are able to walk the streets just as ordinary people," she declared. "Cayenne convicts work as domestic servants or ordinary workmen. In fact, all the reliable labor in Cayenne is done by convicts," she continued. Desperate cases were not allowed at large, she explained, but were isolated in convict settlements. "The only worm in the whole system is the libere custom," Miss Mott-Smith stated. "By this system even after a man has served his full term, he has to put in an equal number of years as a libere, which is something equivalent to being on parole." Convicts who attempted to escape received harsh treatment. "While I was there two men who tried to escape were shot as the penalty," the woman explorer declared. But Miss Mott-Smith did not go there to study convict conditions. She went here to paint, and in 30 days she produced 20 pictures which she will show in British and American exhibitions. The globe-trotter who transfers her impressions on canvas as she goes was asked what country in the world she liked best. "That is difficult to answer. Your country, Trinidad, has the most beautiful trees, and I have seen the tall trees of California and the stately trees of England and France. But I can say that Russia is the place I should least like to live in," she answered. While here Miss Mott-Smith was the luncheon guest of the Governor, Sir, Alfred G. Hollis.

MacDONALD TO SAIL FOR CANADA JULY 12

LONDON, July 5.—Prime Minister Ramsay MacDonald will sail on board the Canadian Pacific liner not announced.



A CHEERFUL CHIRP as he goes to work!

He's as happy and gay as he can be, for he knows how easy it is to clean with Bon Ami. And Bon Ami not only cleans bathtubs quickly and easily, it also protects their glossy surface—keeps it smooth, nicely polished and unscratched. What's more, Bon Ami doesn't leave gritty sediment in your tubs or basins... doesn't collect in and clog up drains... doesn't redden your hands. Buy a package of Bon Ami. See for yourself how much better it cleans your bathtubs—and how much nicer it is to use than coarse, gritty cleansers.

BON AMI the scratchless cleanser...



FACINATING SUMMER STYLES Illustrated Dressmaking Lessons Furnished With Each Pattern

Two ways to make it! Filled double collar or with caplet shoulders as in the miniature view. You can make it for a very small cost. It's so delightfully cool and sheer in cotton chiffon voile print as the original. Printed organdie is another idea you'll like in coral or blue. Dotted handkerchief-finish lawn also makes up charmingly in this model. With the caplet shoulders, linen, tub pastel silks, checked seersucker, novelty cottons, etc. are exceedingly smart mediums. Style No. 420 is designed for sizes 14, 16, 18 years, 36, 38 and 40 inches bust. Size 16 requires 3 1/2 yards of 39-inch material. Price of PATTERN 15 cents in stamps or coin (coin is preferred.) Wrap coin carefully.

Form for pattern order: No. 420. Size, Name, Street Address, City, State.

A Delicious Meringue

Most women welcome any new sweet which is easy to make and quick to prepare, and strawberry meringue is just the thing for the hot summer days. Take a sponge ring or cake and cut it in halves with a cutter just a shade smaller than your sundae glasses. Place the sponge rings at the bottom of each glass and pour over just enough custard to moisten them. Now hull three-quarters of a pound of strawberries and cut each one in half, arrange on top of the sponge in the glasses, and sprinkle thickly with castor sugar. Next make a little arrowroot sauce, using 1/4 gill water, 1 tablespoonful of sugar, and carmine for coloring. Boil the sugar and water, then mix the arrowroot with with a little water. Pour on the boiling water, stir well, and return to the pan; add the coloring with a skewer; don't colour too much at first, let the arrowroot boil till it thickens, and you will find that the colour deepens too. Four times sauce over the strawberries in the glasses. Make the meringue, then first smooth a certain amount over the berries, and afterwards take a forcing pipe and pipe each glass prettily. Place a fair share of whipped cream on top of each, dredge with caster sugar, place one strawberry on each glass, and cut a few leaves out of some angelica. Duchess of Richmond July 12, it was announced to-day. The prime minister, on a three-months holiday, will be accompanied by his daughter Isabel. The prime minister's Canadian itinerary was a close.

HAZELBROOK WOMEN'S INSTITUTE

The June meeting of the Institute was held at the home of President Mrs. Russell Jones with quite a large attendance of members and visitors. The minutes of last meeting were read and adopted. The school and sick committees were re-appointed. Plans were made to hold a social at the home of Mrs. James Wood on Wednesday evening 4th and if not fine to be held at the ladies of the Institute are playing cakes. Mrs. Russell Jones and Mary Coady were appointed to attend the Convention in Charlottetown. Pearle Jones and Mary McLean as substitutes Miss George McLean very kindly invited the ladies of last meeting for the July meeting. Roll Call to be answered "We'll See." Miss Jones served a delicious lunch much enjoyed by present. Then Miss Pearl Jones and Leo Coady presented instrumental music. Meeting closed with National Anthem and a close.