

# Woman's Realm / Social and Personal / Fashions / Literature

## Happenings of The Week

**Field Marshal Alexander, Governor-General designate of Canada, will receive the honorary freedom of the city of Londonderry at a ceremony on the ancient city walls on October 20. Belfast will similarly honor the Field Marshal, who is a native of Ulster, on October 17.**

**Lady Helen Violet Graham, 86, who had been in the Queen's service since Her Majesty first became Duchess of York, died recently at Auchmas, Drymen, Glasgow. She was the eldest daughter of the fifth Duke of Montrose.**

**Members of the 430 Club are leaving today and Sunday on their annual outing. This year the week is to be spent over the Cabot Trail and a pleasant holiday is being looked forward to.**

**Mrs. Gordon Chandler left by plane yesterday for Moncton where she will visit her parents, Mr. and Mrs. Walter Harquail before joining her husband recently appointed to the Bank of Commerce in Windsor, N.S.**

**Regretful farewells were said to Mrs. "Bob" Davis who left Monday for Montreal on her way to New York. Mrs. Davis is a delightful companion and her annual visits to the Charlottetown Hotel are always anticipated by her friends.**

**Mrs. John Caron and two children, who have been summering with Mrs. Caron's parents, Mr. and Mrs. G. Gordon Hughes at Inkerman has left for Montreal.**

**Miss Audrey DeBlais, who has been spending the holidays with her parents, Mr. and Mrs. N. H. DeBlais, has returned to Montreal to take up her studies at McGill University.**

**Mrs. Dennis who has been spending several weeks at the Charlottetown Hotel left Monday for Sydney where her son is in the R.C.N.V.R. service.**

**Lt. Selma Owen, Nursing Sister with the States Army overseas has arrived in New York where she will visit before coming to spend a holiday with her mother Mrs. W. W. Owen and family.**

**Miss Margaret Lawson, after a delightful holiday at Inkerman with her parents, Mr. and Mrs. J. A. Lawson, leaves this morning to resume her studies at Queen's University, Kingston, Ont.**

**Mrs. Kobrinzky and little son Peter who have been residing with the former's parents Mr. and Mrs. A. Bert Davidson, while her husband was overseas, left yesterday by through plane to Winnipeg where she will join Major M.T. Kobrinzky, M.D., R.C.A.M.C. and take up residence.**

**Wishes for her early return home go to Mrs. Duffy, wife of Judge C. G. Duffy who is at present in the Toronto General Hospital, having gone up for an operation on her hand.**

**Mr. and Mrs. Oswald Wright of Digby, N.S., who have been spending the past few weeks guests at the Charlottetown and enjoying their holiday among former home friends, left Thursday on return.**

**Deepest sympathy is extended to Mrs. J.T. Ibbot of St. Paul's Rectory in the death of her mother, Mrs. Adams Shand, which occurred at her home in Saint John last week.**

**Mr. and Mrs. Peter Campbell, Woonsocket, R.I., accompanied by Mr. Samuel Campbell, Jr., N.W.T., sons of Mr. and Mrs. Sam Campbell, formerly of this City and now of Pictou, N.S., were visitors here this week. The former, who began his journalistic career here has periodically returned to renew old friendships. He is Managing Editor of the "Woonsocket Call." The latter is visiting the City after an absence of 19 years, most time of which was spent in the northland and is finding great pleasure in renewing old acquaintances.**

**Mrs. J. D. Hyndman and her sister, Mrs. Bolton Magrath, Chicago, are spending a short time at St. Marguerite in the Laurentians. Mrs. Magrath will return to Ottawa with Mrs. Hyndman.**

**The Earl of Kimberley's engagement to Miss Diana Evelyn Leveson Gower, daughter of Hon. Piers Leveson Gower, to the King and Lady Leigh, has been announced. An officer in the Grenadier Guards he succeeded to the title on the death of his father in an air raid in April, 1941.**

**Mrs. E.F. Greene, Southampton, Conn., who has been spending several weeks at the Charlottetown Hotel, has returned to her home in New York where she will visit before coming to spend a holiday with her mother Mrs. W. W. Owen and family.**

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**Mr. and Mrs. Donald Samson who were recently transferred to Montague where Mr. Samson has been appointed manager of the Bank of Nova Scotia, are being very cordially welcomed. For the last three years he has been manager of the Worell branch of the Bank of Nova Scotia in Saint John, N.B. Mrs. Samson is the former Miss Louise Richardson of Woodstock, N.B.**

**The Duke and Duchess of Windsor came back to France Saturday arriving aboard the Argentina in a pouring rain. "I'm dying to see the new fashions, but I will not be able to buy anything—it is much too expensive," the Duchess told one of the reporters who boarded the Argentina before the couple went ashore. The Duke and Duchess expected to proceed direct to Paris by automobile. The Duke, receiving reporters aboard ship, said: "I have no definite plans about what I am going to do, and I do not know when I am going to see my mother." After a stay in Paris, he said, he is going to Cap D'Antibes, where he has a house. "I am happy to see France again, but I quite realize that it is a different France from the one I knew before." The Duchess, the former Wallis Warfield Simpson of Baltimore, also expressed pleasure at being back in the country where she was married in 1936. "I am very happy to see France again," she said, "but I understand how unhappy she is. When a French reporter asked the Duke if he knew that the food situation was bad in this country, he replied: "I know, but I have taken the precaution of bringing some food with me."**

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**BACK FROM DUBARRY SCHOOL**

*and full of Beauty Information!*

**OUR beauty consultant has just taken a special course at the Richard Hudnut Dubarry School. She has returned simply aglow with beauty secrets and ideas... She's eager to help you with them.**

**If you want to look younger, lovelier... let her tell you all about the new Dubarry Beauty-Angle Treatment! It stimulates the circulation naturally and will do wonders for your complexion. If you want to know what make-up to wear with the season's new colors... she can help you achieve a new smartness and glamour.**

**Come in and consult her. You'll be so glad you did!**

**THE JENKINS PHARMACY**

100 WATERLOO STREET  
CHARLOTTETOWN, P.E.I.

## Now In Charlottetown



Shown here as they arrived in Quebec City last week are two Nursing Sisters. They are left to right: N/S Ruby Atkinson, Havelock, King's County, N.B., who served in South Africa, Italy and Egypt, and N/S Marie Jorie Cox, Charlottetown, P.E.I., who served in South Africa, and arrived home over the weekend to visit her mother, Mrs. Reg. W. Cox. (Canadian Army Photo.)

## ELLEN'S DIARY

By an Island Farmer's Wife

I had a busy night of it. Mr. D. said when he came down to the kitchen this morning, I stopped my fire-lighting in concern. The look-out room, where he slept was well lit by a study and table. It is always a quiet, peaceful spot. No sound to disturb ones rest. Unless it might be the water at the overflow on the dam. Or in summer a robin's call or perhaps a bit of chattering in a nearby chimney, among the swallows. But mostly the lullaby plays a soothing lullaby. We scarcely notice it, and only to remark on its music. And now that nests are empty and birds flown, I knew it was none of those things. Could it be I asked myself, now that as James told me "they're coming in from the fields", a small mouse had staked a prior claim? Not that I have ever seen the like happen but I have read it somewhere and the "wee timorous" creatures have no respect for the social standing of the occupant. "Rich man, poor man, doctor, lawyer" are all the same to Madam Mouse. However, as I presently discovered it was no rodent, that caused Mr. D.'s activities in the "silent watch-dog" dream, he told me, "I was working at and when he came home from town on this market day, I was driving him to unload the truck. There were some other things, two sacks of flour we supposed. We emptied them into the bin. There was four in the last one but you know what was in that second one? I had no idea. "Peasants," Mr. D. said, "shelved ones at that and all the rest of the night. I've been picking peanuts out of that flour. We should have been more careful and looked at the letters on the sack" he said, moving over to the sink for his morning ablutions.

James' dream, and I'm beginning to suspect that man leads a double life in the flesh with me and then away in his dreams, would not bear relating. I thought I caught a wistful far away look in his eyes when I asked him to disclose them. Perhaps last night he ruminated, checked, summed, moonlight trails not with a gray-haired lady but once again, as in

## HOW CAN I !!

By Anne Ashley

**Q.** Must boiling water be used for making coffee?  
**A.** Cold water may be used instead of boiling water when making coffee. When cold water is used, heat the beverage only until the boiling point is reached.

**Q.** How should cut glass be washed?  
**A.** Wash in hot soap suds. Lay the air dry it. Shine with a Turkish towel, as it leaves no lint and serves this purpose better than ordinary toweling.

**Q.** How can I give a good polish to unvarnished furniture?  
**A.** By rubbing well with tea-ax and turpentine.

the long ago, with the "girl of his dreams". After breakfast, in the rain, Mr. D. went with Jack in the car to a neighbor's where he inserted a door in a wall, so that a farmer's boy wife might lessen her steps while at her housework. Busy housewives in country and city, on whom of all people, the welfare of the nation rests, should have every convenience to help them in their daily tasks. Then they can budget for research and experiments in the cookery field and also for recreation. For years in many a farm-home, precious time and stone have been wasted in a circuitous route between kitchen and dining-room or pantry when in a short while by merely waving the substantial wand of a saw and a hammer, conveniences are born. So at least one lady on this Alderlea road, is happy tonight, for long at last, thanks to Mr. D., a wish has come true.

A wish of my own came true this afternoon when I found a bit of leisure for reading. It was when a brisk wind from "out of the west" had blown every gray cloud away and the sun was touching the entire countryside with a fairy brush and beaming in a window beside me. I read an installment of "The Higher Hill". Said it is today, with hostilities continuing between the South and North (1812) and all of the McEspin brothers down David, in the thick of it. In today's story, Mat-hair Anne goes to her long home.

## Dorothy Dix Says—

### JOB OF REARING CHILDREN Parents Should Imbue Confidence But Not Ego

One of the difficult problems that parents confront is how to teach their children self-confidence without giving them the swell head. They don't want their youngsters either to undervalue or overvalue themselves. They don't want their Johnnies and Sadies to be either worms of the dust or strutting peacocks, and how to strike a happy medium between the two requires a bit of doing, as the English say.

Our grandparents escaped having to wrestle with any such heart-rending questions in rearing their broods. In the good old days, when babies were considered the result of nature and not a psychological study, and the "problem" child had not been invented, and parents brought up their children in the fear and admonition of the Lord and with their good right hands, there was just one point of view on the subject. It was that children should be kept humble.

Parents felt it their sacred duty to crush every sign of self-esteem in their offspring as soon as it made its appearance. They regarded flattery as a fit food on which to nourish infantile character. Probably they were just as proud of their children as modern parents are of theirs, but they never let the youngsters discover it. They would have bitten their tongues off before they would have told Mary that she was a beauty, or Johnny that they suspected him of being a genius.



### EGOTISTS ESCAPED

The result was that only those who were born egotists escaped having an inferiority complex. You can't be told, from your cradle up, that you are homely, or awkward, or dull, or that you can't aspire to the career you crave to follow, without believing it and having your faith in yourself killed.

For vanity is the very foundation stone of success. We write our own price tags, and if we don't believe in ourselves, no one else will believe in us, either. The pretty girl would never become Miss America if she didn't flaunt her good looks in everybody's face and ballyhoo her charms. The timid boy who has been taught to distrust his own ability never gets anywhere. It is the men who believe that they can do things, who do them.

Granted that vanity and self-conceit are not endearing qualities in those who possess them, and that the woman who is always boasting of her beauty and bragging of her conquests, and that the man who monologues about how great and wonderful he is, and tells you about how much money he has made, or that Shakespeare never wrote anything that compared with his last book, are hard on the general public. Yet, aside from the never-ending joy that derive from their self-admiration, they have a quality that the self-abnegating lack. For it is better to boast than to be in wine, better to stick out your chest too far than to have one that is concave.

So, while parents should not bring up their children to think too well of themselves and their abilities, neither should they teach them to think too ill of themselves. They should take the middle path between egotism and the inferiority complex. That was best done by a mother I knew who would first stimulate her children's ego by telling them how they had done their work, and then give their vanity another shot by saying: "But you can do better than that."

## MODERN ETIQUETTE

By Roberta Lee

**Q.** What should one say when an apology is offered?  
**A.** Acknowledge it courteously and sincerely. A reluctant acceptance would be just as rude as not accepting at all.

**Q.** Is it all right to ask a person to return books which he has borrowed?  
**A.** Yes, if a reasonable length of time has elapsed, one need not hesitate to do so.

**Q.** What is the meaning of "remolade" when on a menu card?  
**A.** A Sauté of olive oil, vinegar and mustard.

She was so lovable a character, I felt as if a lady whom I had known well and admired, because she had given me the benefit of her wise counsel and the strength of her faith, had suddenly gone and my world was the poorer for her going. And then David, her baby whose name was the last on her lips, slim and so young, a stripling of a lad, and so many in recent sad years, was lost to a cause. "The pipe played a lament over him," Felicity MacAlpin, wife to Peter, absent at the war, cares for her two children and the farm, confessed a spy and it is all interesting reading—if as I said, sad. I look forward eagerly to the next paper.

And the teaching gear was hauled in to Rob's this afternoon, because at Alderlea the work is not, (Continued on Page 10)

## HOUSEHOLD SCRAPBOOK

By Roberta Lee

**Cleaning Windows**

Never try to clean a window when the sun is shining on it. Wait until the sun has passed that side of the house. The glass will never be clear and brilliant unless this is practiced.

**Meat Loaf**

Try using crumbled crackers when preparing meat loaf instead of stuffing to make the usual crumbs. The result will be a meat loaf that is light and fluffy.

**A Painting Hint**

When painting around the window panes, remove the spots of paint from the glass with steel wool.

## TWO ATTRACTIVE RUGS

**DESIGN NO. 996**

Oblong and oval rugs are easy to place in two corners and may be used effectively in any room in the house. Pattern No. 996 contains complete instructions.

**To order pattern: Write or send above picture with your name and address with 5c stamp in coin or Postal Note to Needlework Bureau Charlottetown Guardian.**

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## Living & Leisure THE WOMAN'S REALM

**Little kitchen, you're my taroona. For 'tis here and here alone that my rule is held supreme. And I reign a royal queen. Here I come and day by day I sing the precious hours away—singing blithely while I make piecily blacquity pies and cakes. Little kitchen, would you hear why this cooking art is dear? Then the secret will impart—'Tis the way to someone's ear.**

**THE BENEFICIAL STRETCH**

Not all men stand erect, and Dr. Francis Heilebrandt, of the University of Wisconsin, School of Medicine, after a careful study of facts, tells us that nature is a soft engineer, and a natural standing position is rather than a stiff and rigid stance is the best. She found that a person standing with his feet relaxed, and allowing himself to sway back and forth slightly, can stand for an indefinite time, while one who remains rigidly upright collapses in a short time. The doctor concludes that the natural position is one in which the knees are slightly bent, and the shoulders slightly rounded, and the trunk leaning slightly forward.

**HOW TO LAUNDRY COTTON CORDUROYS**

If you have a bright summer corduroy jacket or slacks suit you clean launder at home yourself, retail manufacturers tell you. Corduroy needs gentle washing in lukewarm water and mild suds. Do not wring it out, it calls for plenty of soap. Squeeze gently through the garment but do not rub or wring. Rinse thoroughly in at least two changes of lukewarm water, always lifting the garment so the nap is not crushed. Do not wring out corduroy. Instead, lift it from the tub and roll it in a Turkish towel to remove excess moisture; then hang on a wooden hanger to dry in shape. For best results, hang your corduroy coat or suit out of doors to dry rapidly.

When it is almost dry, brush carefully with a soft clothes brush, following the nap to keep it smooth. Press on the wrong side, with a moderately warm iron only.

**DO IT WITH BREAD CRUMBS**

"Twice as far? Yes, twice as far." Ground meat for patties and meat loaves can be made to go twice as far by adding breadcrumbs as a stretcher. They can't be beat! Use soft stale crumbs—cup for cup with the meat. Season well; use sounds simple; gentle squeezing in rinsing and rolling in a towel to remove moisture.

**NEVER WEAR SHOES LONGER THAN NECESSARY AS THE THREAD ROPE AND WEAR FASTER WHEN LEATHER IS WET.**

**ROUTINE—OLD AND NEW**

The belles of 1827 followed an intricate cleaning routine for silk stockings. "Half a pint of gin, four ounces of soft soap and two ounces of honey well shaken then rub silk with a sponge (wetted with the washing) through until you have a forgoing mixture upon a table, which you put over water in the 'c' colors and prevent muddiness. Sounds simple; gentle squeezing in rinsing and rolling in a towel to remove moisture.

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**IF AFTER LAUNDRING, THEN NAPKINS STILL SHOW TRACES OF LIPSTICK, try soaking them in milk for half an hour. If some stains still remain, sponge with cleaning fluid.**

**The pleasure of travel only exists, as a matter of fact, in retrospect and seldom in the present, at the instant when it is being experienced—Elysians.**

**No one can draw more out of things, books included, than he already knows. A man has no east for that to which experience has given him no access—Friedrich Nietzsche.**

**BELL-RINGING RETURNS**

Hundreds of Britons now are enrolled as bellringers, an official of the Central Council of Bellringers reports, and soon there may not be enough bells to give all new enthusiasts practice. "Young girls and older women especially are enrolling in the official side." "The public missed the bells during war-time and ringing masters everywhere now report boom business. A lot of ring bell-ringers, who have travelled thousands of miles through England, Scotland, and Sweden, to ring bells, say women ringers think it good for keeping the figure slim.

## Army Nursing Service Chief Retires



Colonel Dorothy MacRae, R. R. C. (left), Matron in Chief of the Royal Canadian Army Medical Corps Nursing Service, has retired from Active Service. Her post will be taken over by Lieut. Colonel Agnes Neill, R. R. C., (right), of Toronto. (Canadian Army Photo.)

## Needlecrafts FOR THE HOME

**FASHION FOR FALL**

Tuned to the times in a coat dress with the new high neckline and wonderful broad shoulders. The slim, semi-princess lines are easy to wear, and so easy to sew.

No. 2002 is cut in sizes 12, 14, 16, 18, 20, 40, 42 and 44. Size 36 requires 3 1/2 yards 38-inch.

Send 20 cents for pattern which includes complete sewing guide. Print your name, address, and Style Number plainly. Be sure to state size you wish. Include postal note or some name in your address.

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