

Woman's Realm Social and Personal Fashions Literature

Dorothy Dix Says—

WISE GIRLS CAN ASSAY LOVE DEPTHS IN "SWEET NOTHINGS"

Vanity, However, Makes Many Believe Everything Young Men Tell Them

DEAR MISS DIX: I am a young man just beginning to step out among the girls. Of course, I take in all the parties and dances and I find it very easy to say pretty things to every pretty new lass. Do you think that a young fellow should be governed by a sense of honor and not make love to a girl unless he means it and is going to end it by popping the question, or that the girl should have intelligence enough not to consider all the soft talk a boy hands her as a bonafide proposal?

JOHN

GIRLS MUST RECOGNIZE SALVE

ANSWER: I think any girl should have gumption enough to be able to assay a boy's conversation at its true worth, and to distinguish between a flirtation and the sort of intentions that are with intentions. When a youth tells a maiden that she has the loveliest eyes he ever saw and that there is something different about her from any other girl he ever met, and that she is the dream girl for whom he has been seeking all his life, she should let these dulcet sounds carry one ear and go out of the other. Thereby a pleasant time is had by one and all, and there is no woman who does not like being flattered, and there is no man who has a nifty line with women who does not like to exhibit it.

The trouble is that many girls have so much vanity that they believe everything of a complimentary nature that a man says to them. Particularly they believe that every man they encounter falls for their charms, and this makes it dangerous to jolly a girl who may think that you are asking her to marry you, when you are merely attempting to make light and pleasant conversation.

Many a man has found himself engaged to a young woman who put her own interpretation upon his words. So this makes it inadvisable for you to go around making indiscriminate love. This is a pity because it cramps the style of many an amateur Romeo and prevents many a girl from having even one hour of love-making in the moonlight to remember.

The prettiness that men say to women are like the flowers that spring up along the arid pathway of life and that they like to gather up treasures. The world would be a poorer place if we had to dig down and grub these up to see if they had any roots.

So go along and scatter your compliments broadcast, and may Heaven protect you from a breach of promise suit.

DEAR MISS DIX: I am a schoolgirl of 18 desperately in need of good advice. I have a friend who is a married man, but he is a very nice man and I hate and loathe him, but I do not know how to rid myself of him. My father is a widower and I keep house for him. He goes out every Friday night and I am left alone and this man takes advantage of knowing that to come to the house, pretending that he wants something. He seizes me in his arms and kisses me, no matter how I struggle and protest.

I told him that he had no right to treat me that way and that I was going to tell his wife, but he did not care him off. I have threatened him so many times that it does not bother him now but I am scared. What can I do about it? Shall I tell my father, although this man is his friend? Or shall I tell his wife about the affair? TERRY.

FATHER'S FRIEND DANGEROUS TO GIRL

ANSWER: Tell your father about it, and if he is anything of a man, to say nothing of being a father, he will see that this loathsome old Leharo keeps his hands off of you and comes no more to the house. You are in terrible danger, so act at once. If there is no other way of avoiding this man, go out yourself the night your father is not at home. An old man who has his filthy eyes upon a young girl is more dangerous and meretricious than any young man. So beware of him.

There is no use in your going to his wife, because he would lie out of it and probably accuse you of pursuing him. It is your father who should have to protect you.

A DAILY READER

NECKING NOT FOR SOLDIERS' BRIDES

ANSWER: It is too much to expect of a young girl that she should be cut off from all the pleasures of her age all the time that her husband is in the army and do nothing but sit at home and knit sweaters and worry over her Tom, Dick, or Harry. Hence I can see no objection to her going around a bit with the crowd of boys and girls she has been accustomed to going with, provided that they DO go in crowds and not in pairs.

But it is a very different thing when she resumes the petting party with some drafty boy friends called off when she married her soldier. That made all kissing and caressing and love-making taboo, and she is breaking her marriage vows when she does it.

Certainly any wife who had a particle of affection for her husband, or a spark of patriotism in her, would not wish to add to his anxieties that he is undergoing on some battle front by keeping him tormented with jealousy by picturing her in the arms of another man. It is because so many soldiers have their morals shot to pieces by their anxieties about what their wives are doing while they are away from them that makes the high commands in the army frown on war marriages.

DEAR MISS DIX: In our office we have been arguing about the type of clothes a "flapper" wears. One party thinks that the term is applied to the type of girl who wears flashy clothes and spike-heeled shoes. The other party says it is used to describe a girl who wears best tweeds, low-heeled shoes and has a generally don't-care attitude. Which of us is right? E.B.

LONG RIVER W. I.

The September meeting of Long River W. I. was held at the home of Mrs. Elmer Paynter on Tuesday evening, Oct. 21st. The president presided and meeting opened in the usual manner. Roll call was responded to by 18 members and 5 visitors. Minutes of previous meeting were read, approved and signed. The reports of different committees were then given and new committees appointed for the coming month. Sick, Mrs. Dan Campbell, Mrs. J. S. Dunning and Mrs. Allan A. Campbell, School Mrs. Edwin Bernard, Mrs. Oliver Paynter, programme, Miss Vera Brander and Mrs. Allan A. Campbell, Miss Elva Mackay, Irene Paynter and Vera Brander were appointed to collect for Salvation Army appeal. The leaders of sewing club were re-appointed for the coming year, Mrs. Murock, MacLeod and Mrs. Oliver Paynter assistants. A committee was appointed to prepare Christmas boxes for boys overseas, boxes to be packed at the home of Mrs. A. C. Johnstone. Mae Found kindly invited members to her home for the October meeting, when roll call will be answered by each member passing in a quilt patch or bleached flour bag. The National Anthem brought meeting to a close.

WHAT CEREAL'S BEST FOR MY FAMILY?

NO OTHER NATURAL CEREAL GIVES YOU WHOLE-GRAIN OATS VITALITY ELEMENTS SO RICHLY!

More than any other natural cereal, whole-grain oatmeal helps make up shortage of meat's great vitality food element, Protein—without which children can't grow properly and adults cannot have real stamina. Also leads every natural cereal in vitamin B₁, essential to good nerves, digestion and energy! More and more mothers are serving big delicious bowls of hot Quaker Oats for breakfast every day—and insuring extra growth and stamina protection for their families. Serve your family the "one best cereal" now that so many other valuable foods are rationed!



QUAKER OATS

A Morning Smile

JUST CURSORY

Judge (questioning elderly woman who saw the wreck): "Isn't it true that the plaintiff made only a cursory examination of his damaged car?"

Woman: "Good gracious, yes. It was an excursion to put my hands over my ears."

TOO FAMILIAR

The bus was starting in the midst of a torrent of rain, when the conductor put his head inside and inquired: "Will any gentleman get outside and oblige a lady?"

"She can come inside and sit on my knee, if she likes," said a passenger, jocularly, and, to his great surprise, in bounced a buxom woman, who forthwith appropriated the offered knee.

After a time the man got into a conversation with his burden, and asked her where she was going. On hearing her destination, he exclaimed: "Bless me, that's my house."

"Yes, sir," replied the woman, blushing. "I'm the new cook!"

THE COOK'S CORNER

Butterscotch Apple Pie

1-4 cup brown sugar
1-2 deep uncooked, nine inch pie shell
6 to 8 medium apples
3 tablespoons brown sugar
1 tablespoon butter
1 tablespoon mild-flavoured fat
3 tablespoons flour
cup milk
Sprinkle 1-4 cup brown sugar over the bottom of the uncooked pie shell. Peel apples and slice thinly; fill the pie shell, heaping apples slightly in the centre. Cream 3 tablespoons brown sugar with the fat and the flour until well blended. Crumble the mixture over the top of the apples. Pour the milk into a pie and bake in a hot oven, 400 degrees F. Until top is brown and apples are tender, about 45 minutes. Cool and serve.

Squash Puff

3 cups mashed squash
1 cup soft, stale bread crumbs
1-2 teaspoon salt
1-2 teaspoon pepper
1-2 teaspoon baking powder
2 egg whites
1 tablespoon melted fat
1 tablespoon brown sugar
Combine squash, bread crumbs, salt, pepper and baking powder. Fold in the stiffly beaten egg whites. Turn into a greased casserole, brush over with melted fat and bake in a moderately hot oven, 375 degrees F., until well puffed and set, about 40 minutes. Six to eight servings.

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in the Guardian as a regular feature each day. This feature is designed to help persons who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the Wartime Prices and Trade Board.

Q. In about a month I am going to rent my farm. Do I have to complete any rental forms of the Wartime Prices and Trade Board? A. No. Land rental is not covered solely for agricultural purposes are exempt from the rental regulations.

Q. Recently the Prices Board announced an increase in the ration of honey and syrups. Does this mean that now can get more than a half pound of sugar with my "D" coupon?

A. No. The pound per coupon sugar ration remains unchanged.

Q. Is mince meat among the commodities rationed?

A. No. Mince meat may be purchased without surrendering coupons.

Q. What is the new honey ration?

A. One pound of honey or one section of comb honey may now be purchased with one "D" coupon.

PACK LAUNDRY IN LAYERS

The government would like as many people as possible to do their laundry at home, but if despite this, you are too busy with war work or other duties to accede to their request you can still save precious man-hours for overburdened laundries by packing your laundry bundles in layers.

This method, incidentally, will speed the return, for proper packing enables a sorter to handle a third more work.

For climbing to make repairs about the house, use a ladder, not boxes, mackinets or other makeshifts. Set the ladder firmly on the ground, at a safe angle. Face the ladder and avoid carrying objects such as nails and screws while standing in the tub or holding onto a faucet.

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The practice of running up and down stairs is an open invitation to accidents. Always walk, and

Living & Leisure The Woman's Realm

DARK DAYS

Beware of desperate steps; the darkest day of the war is just ahead. Lived till tomorrow, will have passed away.

"COACHMAN'S COAT" OF VELOUR

NEW YORK—For the sophisticated woman who demands severely tailored clothes in keeping with the dictates of fashion, one designer presented a custom order line to meet her specifications. Highlight of the presentation was a mannishly cut "coachman's coat" in black wool velour. The jacket, midway in length between the hip and knee, had a rounded hemline, cut away in front, and a form fitting and flared modestly at the hem. Revers facings were of flat Persian lamb. It was worn with a slim skirt and a gold and black sweater type blouse, interchangeable with other skirts in the wardrobe.

Sherwool cocktail suits and dresses featured Rodier woollens and were discretely trimmed with insets of velvet, felle and satin. Double-surfaced men's woolen suiting was worked both ways of the fabric, one in a tailored suit trimmed with Safari seal, the other with the reverse side of the fabric. Two colors were featured—slate blue and rain. The number of evenings and afternoon dresses in this collection reflected a demand for this type of clothes.

RESTAURANT DINERS

"First come, first serve" is the rule in restaurants. Since restaurants, cafes and hotels are rationed on a quota basis, the situation may arise when there are not sufficient diners to fill the restaurant. The number of diners who dine there, if there is not enough to serve everyone, late-comers will have to select other items from the menu.

HANGER SACHETS

Do you know that a scrap of chiffon, organdie, lawn or velvet makes a most effective moth-repellent? Coat-hanger sachets, to be included in a Christmas package or tucked in a card or letter? Attach a length of ribbon, looped to slip over the hanger.

HINTS ON ETIQUETTE

If our country's flag is used to cover in restaurants and hotels, it should be at the head and cover the left shoulder of the deceased and the casket should be carried from the altar to the grave. The ground nor be lowered into the grave.

SMART NEW BOLEERO IS WAIST-LENGTH

NEW YORK—The smartest and newest suit in a recent showing was one with a snug, waist-length bolero of black wool. The bolero was cut in a simple, straight-line style with a coat with a double row of buttons. The skirt was slim as a rule of trousers. The bolero blouse worn under the jacket had a single frill that fell over the right lapel. This was suggested by the rule of Rochester.

Oddly enough, a major portion of the modern and very sophisticated clothes derived their styles from the costume of the 18th century. The boleros were double-breasted with high and wide revers. The boleros that had buttons and fastened the double-breasted front were solid four-leaf clovers. Pockets on the coats were deep slanted affairs edged by a double fringe of the material. Other coats were of lilac wool (truly Victorian) dark green and gray jersey tweed.

A special drawer, section of a dresser or a rack should be provided for knives and other sharp tools are involved in 14 per cent of the home accidents in the United States. Make all cutting done in the kitchen active. The knife should be held in the other hand, hold the blade with the dull side toward the palm of your hand.

To eliminate accidents in your bathroom, the towels and towels within easy reach before using the tub and hold on to something secure while stepping in and out of the tub. Never touch light switches or electric appliances while standing in the tub or holding onto a faucet.

For climbing to make repairs about the house, use a ladder, not boxes, mackinets or other makeshifts. Set the ladder firmly on the ground, at a safe angle. Face the ladder and avoid carrying objects such as nails and screws while standing in the tub or holding onto a faucet.

The practice of running up and down stairs is an open invitation to accidents. Always walk, and

take extra care when wearing high heels, mules or clogs. Look where you step and use the handrail. In a doorway at the head and foot of stairs where there are toddlers. When carrying glass or sharp objects, be especially careful.

STAINLESS SNUFF

White snuff, praised as a product which does not stain the handkerchief, is one of the United Kingdom's new products.

RIDER HAGGARD'S FAMILY

Lady Haggard, widow of Sir Henry Rider Haggard, famous novelist, who died at her Ditchingham home in Norfolk, at the age of 83, had been in ill health for five years. Three daughters survive. After cremation at Norwich, Lady Haggard's ashes were placed in the family vault at Ditchingham Church beside those of her husband.

MIRRORS NECESSARY FOR QUICK PHOTOS

LONDON, Oct. 8 — (CP) — Fighter planes which swoop on enemy positions and come back with photographs in great detail, do it with mirrors. That was one of several facts disclosed by Air Commodore J. L. Vachell in the magazine Aeroplane.

Normal photographs, he explained, are difficult to obtain because at a height of only 50 feet, the speed of the plane causes the picture to be blurred with even the fastest shutter.

To overcome this difficulty a mirror is fitted to the lens at an angle of 45 degrees so that a picture of the target just attacked is taken backwards under the tail.

Night photography has made the greatest development. Vachell wrote. A complete set of pictures is taken by our night bombers and the attacks can be checked in every detail.

"We know exactly where the bombs have been dropped and of ten the actual bomb burst can be seen," he added.

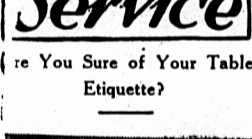
He revealed, too, that a mobile unit has been established to speed delivery of army reconnaissance photographs to the leading troops. Film magazines are dropped to it by parachute and the prints are turned out as quickly as at the home base.

YOU WOMEN WHO SUFFER FROM HOT FLASHES

If you suffer from hot flashes, dizzy spells, irregular periods, are weak, nervous—due to the "middle-age" period—take a woman's tonic, Dr. E. Pinkham's Vegetable Compound. It's helped thousands upon thousands of women to relieve such symptoms. Pinkham's Compound is a fine stomach tonic! Worth trying! Made in Canada.

Home Service

Are You Sure of Your Table Etiquette?



The "Plate-Passer" Annoys Ah, such refinement—she thinks! But passing plates on and on only annoys other guests who wonder, "Who invited HER?"

It's correct to be guided by the host, who indicates which plate is whose. Usually the woman on his right is served first. If you are helping yourself to a dish near you, you might offer it to the person next you—but no elaborate passing!

Sure of such points—which are so easily learned—you can make such a charming impression. At the start of the meal, you let your partner pull out your chair for you. At the end, you leave your chair as it is—not awkwardly pushing it back in place.

You don't leave unpleasant pictures in people's minds—biting into a whole piece of bread, eating sticky iced cake with your fingers, or break the bread as you eat it, use a fork with iced cake. And chicken bones? How to eat asparagus, asparagus?

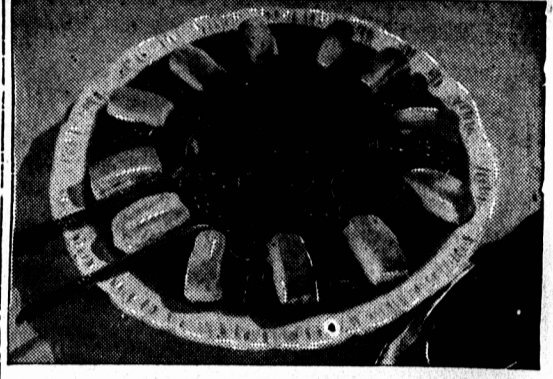
Our 32-page booklet tells how to eat these and other foods. Describes correct use of silver, when to use fingers; gives dinner etiquette for hostess and guest—course by course. Explains what to do at teas, buffet parties, restaurants, clubs.

Send 15c in coins for your copy of GOOD TABLE MANNERS to The Guardian Home Service, Charlottetown, P.E.I. Be sure to write plainly your name, address, and the name of booklet.

Name _____
Street Address _____
City _____ Province _____

WEEKLY WARTIME FOOD HINTS

Martha Logan, Swift's Famed Home Economist, whose weekly cooking columns is a regular feature of this page. Look for these valuable hints every Monday.



Simmering's the Secret

You get the most from meats in groups C and D by slow, moist cooking

The bones in meats give extra value in meat stews. These extend the appetizing meat flavour and make the most of its nutritional essentials by combining with other foods.

Meat stew is a time saver, too. It is as good, or better, served the second day—may be cooked at any time and reheated at the dinner hour. Wide variation can be obtained by different seasonings and different combinations of vegetables.

For instance, try SAVOURY STEW WITH VEGETABLES:—

- 2 lbs. stew meat (Beef, Veal or Lamb)
- Flour 2 bay leaves
- 1 1/2 tsp. salt 2 stalks celery cut in 1" pieces
- 1 1/2 tsp. pepper 1 green pepper sliced
- 2 slices dripping 1 green pepper sliced
- 2 onions chopped 4 carrots sliced
- 2 cups tomatoes Potatoes quartered as 3 cups boiling water required.

Cut meat in small cubes, roll in flour seasoned with salt and pepper, brown in hot fat with the chopped onions. Add bay leaves, tomatoes and boiling water. Simmer with bones if they came with the meat for 1 to 2 hours. Remove bones, and add celery, green pepper and carrots, and potatoes. Simmer till vegetables are done. Serves 6 to 8.

For other thrifty and appetizing meat recipes send 10¢ for Martha Logan's famous hand book of meat cookery: "Meat Complete," to Swift, Canadian Co. Limited, Dept. ME28, Montreal.

Needlecraft For The Home

BLACKOUT BLACK For Evening Wear For after dark activities you will need a lovely feminine frock such as this. It's cut with a sweetheart neckline lightens the darkness of the frock, and also makes it more formal in appearance. Make it up in the very richest crepe or rayon you can find, and you will have a dress that is mighty flattering. Style No. 3606 is designed for sizes 10 to 20. Size 16 requires 3 yds. 39-in. fabric. Pattern is hand-cut to fit. See how this standard Measurements and includes chart with step-by-step instructions. Send 20¢ for Pattern. Write your name, address and style number. Be sure to state size you wish.

Name _____
Street Address _____
City _____ Province _____

DO THIS If Child Has a Cold

Don't take needless chances with untired remedies. Relieve misery in this home-proved, double-action way.

PENETRATES to upper breathing passages with medicinal vapors. STIMULATES chest and back muscles like a warm-hot poultice.

Now to get all the benefits of this combined PENETRATING-STIMULATING action, as shown above, just rub throat, chest and back with Vicks VapoRub at bedtime. Then... see how this family standby goes to work instantly—3 ways at once—to relieve coughing spasms, ease muscular soreness or tightness—bring grand relief from distress! Its soothing medication invites restful, comforting sleep—and often by morning most of the misery of the cold is gone. Try it tonight.

NEW MINERAL SOURCES MOSCOW—(CP) — Large deposits for iron and steel plants have been discovered in eastern Siberia and the Far East. Manganese deposits almost completely cover the requirements for Siberian metallurgy.

WORLD'S TALLEST GRASS Bamboo is considered the tallest growing grass in the world. TRANSATLANTIC LIFELINE Land lease in 1942 was more than five times the total for 1941.

WHOLESAOME GOODNESS in every cup

THERE'S a wholesome goodness in Baker's Cocoa that will please and benefit every member of your family. Baker's is a quality cocoa—the result of over 160 years' experience in fine cocoa making.

The 1 lb. economy size package makes up to 90 servings. Good for baking as well.

BAKER'S COCOA

C113 BRAND A Product of General Foods

Here's the Way to Deal with COLDS!

You can enjoy greater freedom from colds this winter if you treat them promptly. This winter, you are too busy with war work or other duties to accede to their request you can still save precious man-hours for overburdened laundries by packing your laundry bundles in layers.

This method, incidentally, will speed the return, for proper packing enables a sorter to handle a third more work.

DESIGN NO. 732

There is no more simpler way for children to learn their prayers than by a beautiful wall hanging such as this one. This is a twin sampler of the evening prayer. Hot iron transfer pattern No. 732 measures about 9 by 12 inches with complete instructions.

To order pattern: Write, or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown, Guardian.

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