Woman's Realm · Social and Personal · Fashions · Literature

First Choice Today!

RED ROSE COFFEE "is good coffee"

As good as RED ROSE TEA

If The Bough Breaks

By LOIS MONTROSE

Tam wondered impatiently why her mother must diverge upon this subject now. Faced by mature codes Tam found them dull. All she had demanded was granted, and so suddenly She had yearned to rebel, she had wanted powerful gates shut against her young face so that she might try out the pounding of cavalry. Instead, the gates were graciously opened. They were opend by a wave of her mother's hand. "Here are the Elysian fields, ride forth and try them."

Constance was going to seal up the matter about Arthur Carmichael and that she would do with tact and calmness. And she would arrange for Tam to go away, to set out on the new objective. Inconsistent and frivolous. Constance, but really splendid.

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Tam's hand was not steady as she signed a check for advance rent. She felt stifled and shy with people who moved in a different social circle, and that was because she wanted to be so friendly they treated her with suspicious aloofness. This young man, now, who had shown her the rooms—he averted his thin melancholy face when she spoke, and seemed embarrassed by her frivolous little comments. The slight information he gave was grudging. His mother was not in, but he would show the apartment. While Tam explored it he stood by stiffly and he accepted her check with poor grace.

She took possession that same afternoon and he scarcely spoke as he passed her in the hall. The long narrow hall stretched back to the door of the sitting room which was rather large, with a fireplace, bookshelves, and French windows opening into a small fenced courtyard. The bedroom was barely large enough for couch chest and chair, while the bathroom had a lavish amount of space and many deep shelves across one end. And there was a curtained alcove fitted with gas plate, tiny ice box and cupboard. Unpacking, Tam carefully placed a new cook book in the cupboard.

As a penelty for this nonsense her father had decreed that she live on half her allowance. He couldn't, he said, permit her to become the prev of fortune hunters. Constance agreed: "The kind of young man you are looking for would be frightened away by Millicent Destinn. You had better cal yourself Millicent O'Shanter."

But Tam was finding it a great and exhilarating adventure. It was like being born again in a fresh world. In Maine, during the summer, she had behaved with decorum. She had even learned to cook a few things—scrambled eggs, Welsh rarebit, with biscuits, (with prepared flour.) And for some unknown but stalwart purpose she had refreshed her study of French, chemisty and biology.

Afer her first hysterical outbursts Annabelle had taken to a kind of patient moaning. Here was another skeleton which would startle George when he came (poor innocent) for the wedding in February. Surely he would think Tam a bit mad. And wasn't she? One didn't jilt a Carmichael in order to live in furnished rooms in central Philadelphia and meet threadbare climbers. Annabelle talked it over with Arthur on their frequent evenings together.

"Don't worry," he said. "She's young and she feels the need of experience before tying herself down. Her impulses are as quick and easy as the margin release on a typewriter. I hope she uses the margin release a lot before she marries me."

"You still think she will?" Annabelle studied his charming, rugged face, his stalwart gray eyes and genial mouth. Although he was only thirty-two his brown hair was frosty at the temples.

"It's inevitable," he said. "I haven't yet failed to get anything I wanted.' That was harsh, but he added simply, tenderly, "She will come back to me."

Uninvited by Tam, Annbaelle appeared at the Latimer apartment one afternoon. Tam threw

(Continued on Page 3)

Cook's Corner

ONION SOUP

This gourmet's delight is not at all hard to prepare and is guaranteed to become a family favorite. You will require six medium onions, sliced; two tablespoons of mild-flavored fat two tablespoons of flour, 2/3 cup of milk, one quart of well-seasoned bouillon, six slices of toast and ½ cup of grated cheese.

Cook the onions in boiling water to cover for 30 minutes, then rub through a sieve. Melt fat, blend in flour and gradually add the milk, stirring until thickened. Add sieved onions and bouillon, blending well. Simmer 30 minutes. Place a slice of toast in each soup plate, add soup and sprinkle with grated cheese. This makes about a quart of soup, sufficient for six servings.

CHEESE PUFFIT

1 cup left-over cooked meat
1 teaspoon minced onion
2 tablespoons shortening
2½-inch slices soft bread
¼ pound fresh yellow cheese
2 eggs, separated
½ teaspoon salt
¼ teaspoon paprika
1 1/3 cups milk
1 tablespoon shortening (additional)
1 tablespoon chopped parsley

Put meat and onion through the grinder. Pan-fry 3 minutes with 2 tablespoons shortening, place in the bottom of a greased casserole. Break bread, including crust, in small pieces. Cut cheese in small, thin slivers; combine bread, cheese, beaten egg yolks and heated milk, add salt paprika and the additional shortening. Let stand at least 20 minutes. When ready to bake add parsley and fold in the stiffly beaten egg whites. Pour over meat in baking dish. Set in a pan of water and bake in a slow oven, 325 degrees, for 45 minutes or until a silver knife inserted in the centre comes out clean. This souffle won't fall if it has to be kept warm for a short time before serving.

How Can I !!

By Anne Ashley

Q. How can I prevent custard from curdling?

A. Place the custard cups in a pan half filled with cold water instead of hot water. The custard will heat more gradually will be firm, and without a drop of whey.

Q. How can I keep cut flowers?

A. Cut flowers will keep for a long time if a small quantity of camphor, or charcoal, is dissolved in the vase or receptacle.

Q. How can I reduce the tannic acid in coffee to a minimum?

A. Grind the coffee very fine, put in a linen cloth, and pour boiling water over it.

Household Scrapbook

By Roberta Lee

Overshoes

The child's overshoes and rubbers will be kept in pairs if a spring clothespin is brightly painted with the child's name printed on it and fastened to the overshoes. The name will identify them quickly.

Frosted Vegetables

The frost can be taken out of fruits and vegetables by placing them in cold water, allowing them to remain until all indication of frost has disappeared.

Blood Stains

To remove blood stains from garments, hold the stained material under cold running water. This will also remove some fruit stains.

Morning Smile

SCARED

A little girl was taken by her father to an old-fashioned church for the first time. She stared for a while at the old Highland minister, shut up in a box pulpit, thumbing the Bible and waving his arms about.

Then, unable to stand it any longer she whispered in a frightened voice: 'Father, what'll we dae if he gets oot?"

"My husband," remarked a matron to a group of friend's, 'was a confirmed smoker with a tobacco heart when I married him a year ago, but today he never touches the weed."

"Good," said one of the group. "To bread off a lifetime habit requires a strong will."

"Well, that's what I've got," said the wife.

NONE BETTER AT ANY PRICE!

WHY PAY MORE?

GIFT SLIPPERS

DESIGN NO. 1153

These attractive slippers are inexpensive items to crochet. Cotton strips from the scrap basket are used. Pattern No. 1153 contains complete instructions for making all sizes.

To order. Pattern: Write or send above picture with your name and address with 20 cents in coin or Postal Scrip to Needework Bureau Charottetown Guardian.
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Name

Street Address

City Province

Dorothy Dix Says—

No Barometer of Love

Man Asks What to Expect Of Girl And Love

DEAR MISS DIX: I am a young man thinking about love and marriage, and I would like to ask your advice about these matters.

(1) How can a man be sure he is really in love? (2) What are the factors which destroy love? (3) What are the factors which increase love? (4) What are the harmful effects of petting? (5) What does a woman want most in a man? (6) What is the ideal age for marriage? (7) What gifts does a girl appreciate most from a man?

I shall appreciate greatly your reply to these questions.

ROBERT

ANSWER: No questions concerning the problems of love and marriage can be answered definitely, because the reply is bound to depend so much on the personality of the questioner and his background. But here is my guess to the reply of your queries:

NO REAL HARD FAST RULES

(1) No man can be absolutely sure he is really in love because our emotions fluctuate and the individual who charmed us today may leave us cold tomorrow. Also it is possible to discover characteristics which you never suspected in the party of the other part and that may turn your love to loathing.

(2) Factors which destroy love are selfishness, temper, tyranny, stinginess, coldness, deceit. (3) Factors which increase love are generosity, nobility, altruism, sweetness of disposition. (4) The harmful effects of petting are that it incites to sexuality and immortality. (1) What a woman wants most in a man is love, tenderness, strength and the feeling that she can trust him and depend upon him.

(6) The divorce records show that the best age for marriage for men is in the latter twenties. By that time a man is generally ready to settle down and able to support a family. (7) The gifts that a woman appreciates from a man depend on her taste. A man doesn't have to worry about what that is because she hands him enough hints to leave him in no doubt about what she wants.

DEAR DOROTHY DIX: I am a girl, a freshman in high school. I am an adopted child, but I did not know it until the other day when, as I was entering my home, I heard my mother telling a friend that if she had not adopted me she and my Father could have more things and go to more places together. The shock of that has upset me and broken my heart.

My Mother does not know that I heard her. Shall I tell her? Or shall I pack up and run away?

J. C.

ANSWER: Don't think of such a thing as running away, because that would only make more trouble for you. In the first place, the police would arrest you for being a vagrant and that would leave a blot on your name that you would never live down. And, in the second place, it would be very dangerous, for there is no place in which a runaway girl is safe from the wolves who are on the prowl looking for helpless little lambs.

Don't take what your adopted mother said too seriously. Very few real mothers and fathers have sense and tact enough not to always be throwing up to their children how much they have cost them, and how many things they could have and do if they were not tied down by children, and how they could spend their money on themselves instead of buying clothes and sending their youngsters to school. They don't really begrudge their children the things they do for them. It is just their way of bragging about how generous they are, and their bid for their children to show them some appreciation and gratitude.

If I were you, I would tell my mother that I had heard what she said. Tell her that you do appreciate all of her goodness to you, but that if she will just let you stay with her until you get an education and are able to make a living, you will work and pay her back for all you have cost her.

DEAR MISS DIX: I am in love with a man who has been going with me for three years, but so far he has never given any indication of what his intentions towards me are. He never mentions love or marriage. Don't you think three years is long enough time to wait on him?

V.V.

ANSWER: It certainly is. It is two years too long. If a man doesn't pop the question in that length of time, his attentions are without intentions.

Modern Etiquette

By Roberta Lee

Q. Would it be good manners for a girl to ask her dinner partner for a cigarette?

A. Yes, if her dinner partner is forgetful enough not to offer her a cigarette without this reminder.

Q. What would be a suitable phrase for a wife to use when introducing her husband to another woman?

A. "Mrs. Barnes, may I introduce my husband to you"?

Q. Is it obligatory to tip a servant in a home where one has spent a single night?

A It's customary to do so if the servant has done some special service.

Better English

D. C. Williams

1. What is wrong with this sentence? "The whole bunch of children are going to attend."
2. What is the correct pronunciation of "oppress"?
3. Which one of these words is misspelled? Indubitable, inevitable, illegable.
4. What does the word "inefficacy" mean?
5. What is a word beginning with te that means "unreasonable contempt of danger"?

ANSWERS

1. Say, "The whole group of children." 2. Pronounce the o as in of, not as in no. 3. Illegible. 4. Want of power to produce the desired effect "He realized the inefficacy of his efforts." 5. Temerity.

BUSY CHRISTOPHER

Costa Rica was discovered by Columbus in 1502.

DO YOU SHOW YOUR AGE?

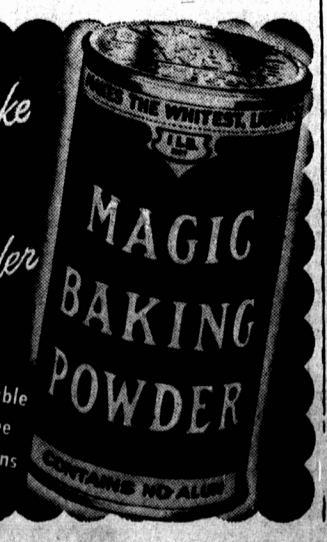
Many women lose the charm and vitality of youth all too soon! Eating too much rich food and taking too little exercise—they feel middle-aged, "slowed down", tired all the time. They begin to show their age—to develop "middle-age spread."

What a boon when they hear about Bile Beans—the favourite British remedy for keeping fit and trim! This gentle regulator, made from 10 pure vegetable extracts, helps offset the effects of too much fatty food and too little exercise.

So get Bile Beans—"The Medicine That Wakes Up Nature"—and enjoy that "grand-to-be-alive" feeling that puts a sparkle in your smile! Your druggist has BILE BEANS—over 7 million boxes sold last year. Get Bile Beans today. 51

Bake a Better Cake with Magic Baking Powder

Dependable for Three Generations



Ellen's Diary

By an Island Farmer's Wife

James was able to find a little leisure this morning, to read in his old arm-chair. Not altogether at ease but at times pausing to look over his glasses at the weather, to be certain he was not frittering away time that should go towards field work. After breakfast, when he had finished the last of his choring, and I had the dishes done and was going on to other pressing duties, he asked: "Couldn't we have a few chapters more of that book we were reading last evening?" But, dear me, no farmer's wife dares to sit down in the middle of these short mornings to read a book. The dinner preparations were to be taken care of and, because I had volunteered, that pumpkin preserve to be made. But first the liquid that had come from the sugar and the vegetable, while it awaited my pleasure, must be drained and the flavorings added, before this was put on the new stove to boil. James understood, that it was only duty calling that kept me from the reading and at once he picked up a favorite but lately neglected farm paper and was soon lost in its pages.

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But not entirely. There was, as I said the weather and then anything of mutual interest, he read aloud, as I worked between kitchen and pantry. It is a very nice way of obtaining knowledge. James reads to thoroughly digest every word, while I confess, there are occasions when I barely skim—and miss much in the practice. The wind had more than a suggestion of winter in its complaining, then, as it came to us out of the North and I thought, how well some one years back had built for us, down in this valley, surrounded as we are by the sheltering hills. It was snug and extremely comfortable in the old kitchen, let the Island winds of today threaten and whine as they liked in the tree-tops! Neither, I thought, must a house be a mansion, to hold peace and content. Often it is found in a cottage, with a horse-shoe over the door and a "Welcome" on the mat, here it is that hard-working farm folk find contentment in their homely toil taking it up each day "with laughter and kind faces." There alone, can often be found true happiness. "Ellen" James spoke from behind his paper "Did you know that 78 percent of The Island is cultivated—that a larger proportion of people live off the soil here than in any other Canadian province—unless it be Saskatchewan?" I believe I expected the number to be even higher, and then as I recalled certain motoring I had done in the past, and remembered not only slopes but lovely level places, that once was cleared by the brawn and vision of Island pioneers, now thickly studded with small and larger spruce, I remarked: "Unless some one gets busy soon on the unoccupied farms, the per cent will run considerably lower. Of course, wood and lumber have an important place in Island farming but it seems a shame to allow once-clear land to go back to woodlands. "That's so" James agreed, and then with a start of surprise glanced towards the clock. Even on dark rainy days, like this has been, the mid-day feeding at the stables comes on apace.

• • •

We left the porch at the same time, he to the barnyard, I following the well-worn path that leads to the house across the lane. I went to pick up something for our own mid-day meal. Jeanie had a roast: we had none. I went to beg a few slices. Inviting fragrances met me as I opened her door. Sniff, sniff, went my mother-in-law nose, endeavoring to separate these. The roast—yes and besides, it may have been pie or it could have been a dessert that sent out another tantilizing odor to tickle my nostrils. Jeanie was busy knitting at a gray work-sock for Jock quite methodically following tested directions as she turned a heel and at the same time reminding me that I must hunt up those needles of mine that since the Spring have been used mainly to clear a sizable avenue through James' pipe. On the stove, several pans bubbled and steamed the way to a cooked dinner. There was soft music from the radio and from a window through the rain, I saw the stream between its twin wooded banks, run swiftly and troubled to join the river below, and nearer me, and partly hidden behind a screen of evergreens, I caught a corner of the old weather-beaten mill. It's a good way of life I thought, and it's a nice place to live—on an Island farm.

• • •

There is a powdering of snow on the ground again tonight and I draw my chair nearer the fire, for the air is decidly cooler. Jock and Jeanie have gone across the fields on a hike to Rob's. James too has disappeared, gone "kayleying" to the house on the hill. No fair rival for James' affections (Whist woman! to mention so painful an eventuality, in connection with Island farming) have I over there, for it is purely a bachelor's abode, James slipped his pipe and tobacco in his pocket before he set out and I have a notion, many farm activities will be discussed in the smoke wreaths. But he will return presently and just to keep my favor in his sight, I must place the kettle nearer the heat, and in the chilliness of tonight, be prepared to brew for him, a measure of "the cup that cheers."

Until tomorrow—Diary — Goodnight.

123 YEARS AGO

The first constitution of Chile was promulgated in 1822.

PIMPLES

Cuticura helps clear up blackheads, eczema, pimples. Contains valuable medicinal ingredients. All druggists. Buy today! Made in Canada.

CUTICURA SOAP and OINTMENT

Living & Leisure

THE WOMAN'S REALM

AN ALPHABET OF LIFE

Attend carefully to the details of your business.
Be prompt in all things.
Consider well, then decide positively.
Dare to do right, fear to do wrong
Endure trials patiently.
Fight life's battle bravely, manfully.
Go not into the society of the vicious
Hold integrity sacred.
Injure not another's reputation or business.
Join hands only with the virtuous.
Keep your mind from evil thoughts.
Lie not for any consideration.
Make the right sort of friends.
Never try to appear what you are not.
Observe good manners.
Pay your debts promptly.
Question not the veracity of a friend.
Respect the counsel of your parents.
Sacrifice money rather than principle.
Touch not, taste not, handle not intoxicating drinks.
Use your leisure time for improvement.
Venture not upon the threshold of wrong.
Watch carefully over your passions.
'Xtend to every one a kindly salutation.
Yield not to discouragement
Zealously labor for the right:—
And success is certain

No kind of liver needs to be scalded before cooking. If the recipe calls for grinding the liver, however, it is easier to handle if first dropped into hot water and simmered for a few minutes.

RIDICULE FAILS TO KILL A STYLE

The self-styled "King of Slacks" who makes 75 per cent of the trousers women wear despite all masculine protest, says the demands for women's slacks is four times what is was last year.

Says the slacks king: "Every knock has been a boost; the ladies are wearing slacks to breakfast, slacks to shop in, slacks to study in; slacks to lounge in, slacks to work in."

Now there is a tip-off to the men who hate the things on women. "Every knock has been a boost."

Has It Ever Worked

As a matter of fact have men ever persuaded women to change their minds about anything by going in for ridicule? Masculine ridicule didn't keep women from getting the vote. It didn't keep them from bobbing their hair. It hasn't kept them from careers. It hasn't even made them shun silly hats.

In all these issues when the men have showed their disapproval in ridicule the women have just become more determined than ever to do exactly as they please.

That probably isn't just plain cussedness on the part of women, but springs from their intuitive knowledge that once a woman starts letting a man tell her what she can and can't or should and shouldn't do, she has let herself in for a lifetime of bullying.

Approval Might Work

So when men take a stand against a feminine trend it becomes an important issue to women.

It's a safe bet that slacks would lose a lot of their popularity if, instead of ridiculing them, men said: "What a sensible style—practical, inexpensive, comfortable, and the fact that they aren't alluring isn't really important at all."

Old Southern darkey soliloquizing: "When Ah asks de Lawd to send me a chicken, Ah hardly evah gets a chicken. But when Ah asks de Lawd to send me after a chicken, Ah always gets me a chicken."

ORIGINATED COCKTAIL

Antoine Peychaud, a New Orlenas apothecary, in the late 18th century, started serving cognac and bitters concocted in a double ended cup called a "coquetier." Americans named the drink after the shaker and called it "cocktay." From that version came our present form of "cocktail."

KEEP JEWELLERY ALWAYS CLEANED

Jewellery clean-up day is a pre-holiday must. Wash your diamonds' dirty faces and remove the film of soot and grime from your costume jewellery pieces so they will be ready to glitter at holiday social affairs.

There are special liquid cleansers just for jewels. You should also have a small brush or old toothbrush on hand to scrub the unusually dirty or hard-to-get at crevices. String the articles to be cleansed on a thin wire or cord and immerse into the jar of liquid cleanser, agitating the string slightly. Rinse in clear water and dry on a soft cloth.

A small diamond ring looks larger and twice as bright when cleaned. And old costume pieces which, because they are dimmed with dirt, have been tucked away, can again rise and shine on the neckline or pocket of your holiday frock

As turpentine is expensive, for paint manufacture a turpentine substitute is made from a petroleum distillate (white spirit) for a thinning agent.

Although owls rarely ever kill a bluejay, bluejays detest owls so greatly that they will attack a stuffed owl for hours.

Paper becomes available to the western world in the eighth century and the Chinese are credited with using it 1,000 years before that.

MAKES SUGGESTION

The Duchess of Devonshire, president of the Derbyshire Federation of Women's Institutes, described facilities for mothers in railway waiting room as "dirty and most unsuitable." The federation suggested that on every long distance train there should be a compartment where travelling mothers could feed their babies and attend to their needs at a nominal charge.

GLANDULAR LUBRICANT

The oil glands in the lower layer of the human skin secrete a natural lubricant which escapes from the pores and spreads out over the surface.

Save Money By Mixing Cough Syrup at Home

It's So Easy! Needs No Cooking. Gives Very Quick Relief.

Even if you're not interested in saving good money, you surely want a highly effective relief for coughs due to colds. So try mixing it yourself, in your kitchen, and be ready for a surprise.

It's so easy to mix, anyone can do it. Make a syrup by stirring 2 cups of granulated sugar and 1 cup of water a few moments, until dissolved. No cooking is needed. Or use corn syrup or liquid honey, instead of sugar syrup.

Put 2½ ounces of Pinex (obtained from any druggist) into a 16 oz. bottle. Then fill up with your syrup. This makes 16 oz. of cough syrup, about four times as much for your money. It tastes good—children like it. It never spoils, and lasts a family a long time.

But what you'll like most is the way it takes right hold of a cough. It loosens the phlegm, soothes irritation, and helps clear the air passages. Eases soreness, and lets you sleep. You'll say it's hard to beat for results.

Pinex is a special compound of proven ingredients, in concentrated form, well known for its quick action on throat and bronchial irritations. Try it, and if you're not really delighted, your money will be refunded.

Needlecrafts FOR THE HOME

GIFT DE LUXE

A really impressive Christmas gift, yet you can run up this blouse in no time at all; and make it out of very little fabric. Front and back are cut in just one piece. An excellent style to wear with suits or for an evening blouse.

No. 2990 is cut in one adaptable size, requiring only 1½ yards 35-inch for any version.

Send 20 cents for Pattern which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal unit or zone number in your address.

Address Pattern Department The Charlottetown Guardian.
Pattern No. 2990

Name

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MORE SHOES IN JUNE

LONDON —(CP)— Thirty million more pairs of shoes will be on sale in British stores by June next stated Major F. J. Stratton, government controller of footwear production. By that time, he said, there should be a normal supply for everyone.

Girls! Do you suffer from NERVOUS TENSION

On 'CERTAIN DAYS' Of the Month

? ? ? ? ?

Do functional periodic disturbances cause you to feel nervous, so restless, jittery, highstrung, perhaps tired, "dragged out"—at such times?

Then don't delay! Try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms. Pinkham's Compound is one of the most effective medicines for this purpose.

Pinkham's Compound is what is known as a uterine sedative because it has a soothing effect on one of woman's most important organs.

It is made from wholesome roots and herbs (plus Vitamin B_1). It HELPS NATURE. *A very sensible thing to do!*

Buy a bottle of Lydia Pinkham's Compound today. Just see if you're not delighted with results. Follow label directions.

Lydia E. Pinkham's VEGETABLE COMPOUND