

Household Economy

How to Have the Best Cough Syrup and Save \$2, by Making It at Home.

Cough medicines, as a rule, contain a large quantity of plain syrup. If you take two cups of granulated sugar, add one cup of warm water and stir about 2 minutes, you have as good syrup as money could buy.

If you will then put 2 1/2 ounces of Pinex (50 cents worth) in a 16-ounce bottle, and fill it up with the Sugar Syrup, you will have as much cough syrup as you could buy ready made for \$2.50. It keeps perfectly. Any housewife can easily prepare it in five minutes.

And you will find it the best cough syrup ever used—even in whooping cough. You can feel it take hold—usually stops the most severe cough, in 24 hours. It is just laxative enough, has a good tonic effect, and taste is pleasant. Take a teaspoonful every one, two or three hours.

It is a splendid remedy, too, for whooping cough, croup, hoarseness, asthma, chest pains, etc.

Pinex is the most valuable concentrated compound of Norway white pine extract, rich in gualacol and all the healing pine elements. No other preparation will work in this formula.

This recipe for making cough remedy with Pinex and Sugar Syrup is now used and prized in thousands of homes in the United States and Canada. The plan has often been imitated, but never successfully.

A guaranty of absolute satisfaction or money promptly refunded goes with this recipe, if the genuine Pinex is used. Your druggist has Pinex, or will get it for you, if you ask him. If not, send to The Pinex Co., Toronto, Ont.

SUMMERSIDE ARKETS

Corrected for every Wednesday and Saturday issue.

Table listing market prices for various goods like Eggs, Turkeys, Potatoes, etc.

THE CENTRAL GUARDIAN

It Pays to buy in this Province.

DELICIOUS CONFECTION. will be on sale for those who wish to buy some and help the poor—People's Theatre tonight. 1489.

LANDSCAPE GARDENING.—Under the auspices of the Charlottetown Board of Trade, an address is to be given by Mr. J. A. Clark, Superintendent of the Experimental Farm, on the subject of landscape gardening. The address will be delivered in the Board of Trade rooms on Thursday, March 26th, at 8 p. m.

BUSY SECTION.—If one wants to see the hustling up of human life at this early season let him visit the North Shore of P. E. I. especially of Rustico where lobster fishermen have taken advantage of the early season. There are to be found very few unemployed in some kind of preparation for fishing either lobsters, codfish or Mackerel.—R.

ANOTHER FOX CO.—The Guardian understands that the Royal Investment Exchange are now getting under way another big fox proposition to be known as the "John Agnew Fur Farms Ltd." This will be one of the biggest fox raising schemes placed on the market. It will be the interest of intending investors to wait until the prospectus is published. 1488M31.

HOW THE UNFRIENDLY MICROBES ATTACK US

Since Pasteur's great discovery of the bacillus of anthrax, the part played by microbes in the universe has been generally grown in importance, until it is now thought by many men of science that they are the chief factors in its life.

Plants, as everyone knows, take carbon from the carbonic acid gas found in the atmosphere, turn it into starch, cellulose, sugar and oils, and thereby store up energy. When the plant is eaten by an animal, it furnishes the eater with glycogen and fats, which are in their turn converted into muscular work. The energy thus put at the disposal of living beings comes in the first instance from the sun, but it is made available largely by means of microbes.

Microbes prepare the soil for vegetation and agriculture, and accumulate in the earth the nitrogen that we absorb with cereal food. They even help to break up rocks, and thus to produce earth that can be worked, while they are among the chief agents of fermentation and digestion.

Yet in spite of all this, microbes have for the majority a bad name, and most people look on them rather as the enemies of life than as its helpers and friends. This is largely due to the behavior of a relatively small class among them who are agents and effective causes of certain mortal diseases by reason of the poisons of toxine which they manufacture in the system.

One has only to mention the bacilli of tuberculosis, or diphtheria, or smallpox, and the virio of cholera to show how terrible is their work in this respect; and yet these dreaded agents of death are in themselves a kind of sport, being species which the struggle for existence through which all organisms pass, has armed with the weapons they are against us. Most of them are parasites which can only live at the expense of an animal or vegetable host and in a medium which they have to create for them with another medium; and the reverse of the picture was shown when another investigator succeeded in producing bacilli introducing autochthonic or disease causing bacilli by introducing into the peritoneal cavities of guinea-pigs and rabbits microbes whose normal function is to reduce to their chemical constituents as quickly as possible the tissues of dead plants.

Fortunately for us, if the parasite can thus use means for making good his habitation at the expense of the hosts, the best is not without allies which enable him to make harmless the parasite. The most efficient of these are in the majority of cases the leucocytes or white corpuscles of the blood, which act, as is often said, as policemen in arresting and rendering harmless the invader.

MOIR'S CHOCOLATES are the best we have ever handled—They are so luscious and wholesome—everyone likes them best—The assortment is ideal—plenty of nuts, fruits, and snowy cream centres. These high-grade chocolates are absolutely pure and ALWAYS FRESH at "The Central Drugstore" E. A. Foster Sunny-side. Mtf.

FOX OPTIONS.—We have a few options that can not be beaten for quality or price, delivery sure. P. B. Island Fox Exchange and Realty Co. Ltd., Summerside. 1479-3-4mtf

Mutual Interests

We believe that your interests are ours so far as your Bread supply is concerned, the moment you begin to use

Stewart's Cream Bread

Telephone 211

or call at our store we will be glad to serve you.

FOXES.—High Grade Class A options are for sale. At the Bellance Exchange 88 Great George St., Charlottetown. 1480.

MISS GORMAN'S classes are being organized and she has engaged Miss Jean Blanchard as pianist for evening classes and Miss Bessie Blanchard for afternoon classes. 1484.

NEW HORSE.—Mr. David A. Sherren of Crapaud passed through the city yesterday to his home with a beautiful draft mare he purchased from his brother-in-law, Mr. John E. Carrier of Earncliffe. It is understood he paid a handsome sum for it.

POLICE COURT.—At the Police Court yesterday morning the case against Geo. A. B. McDonald, charged with a first offence against the Prohibition Act, resumed. At a previous hearing Lewis Wood swore that he had bought a bottle of whiskey in the "Two Macs" Drug store, one of the clerks whom he did not know having sold it to him. His statement was that he bought the liquor on St. Valentine's Day, Feb. 14th and paid 60 cents for it. Yesterday morning the defendant and his staff gave evidence. His Honour, having heard Counsel on both sides, reserved judgment. Call this morning for two other prohibition cases were returned to the 20th inst. One "drunk" Daniel Stewart, was fined \$5 or 20 days.

EGG CIRCLE.—A large meeting of farmers was held in Belle River school-house on Feb. 28th with a view to forming an egg circle which would enable them to co-operate in shipping. The meeting was addressed by two poultry experts, Mr. Marcelles, a practical poultry keeper of Ontario and P. A. Benson, Dominion poultry Representative. The addresses were interesting and instructive proving the advantages of shipping regularly, only fresh clean eggs, also the profits to be realized from the careful breeding, feeding and housing of poultry. It was proposed to unite the districts of Belle River, Flat River, Melville and Wood Islands, West, in one system to be called the "Two Rivers Egg Circle". Mr. William Martin acted as chairman and good order prevailed. The following directors were appointed—James Gillis, Peter Stuart, Peter Martin, Belle River; Wellington Compton, Flat River; John R. Ross, Flat River; John Martin, Jr., Wood Islands; Murdoch Gilmore, Melville. John R. Ross was appointed delegate to attend a convention of Representatives from the different egg circles of the island to be held in Charlottetown, March 18th for the purpose of uniting all in their work. Mr. Thomas Bears, Belle River has been appointed Business Manager of the Circle and it is hoped to have the circle in successful operation in time to handle the Spring's supply of eggs.

You will find here a splendid array of preparations for increasing the quality and condition of your horses, cattle, sheep, swine and poultry. All the leading brands of stock preparations are here. Especially popular is the Royal Purple Line comprising a complete list of preparations for poultry and stock that ever crossed a counter. Prices range from 25c. to \$1.50. The MacKinnon Drug Co., Corner Great George and Kent Sts. Mtf.

Tell Us Or Tel-a-Phone

During the cold and disagreeable weather, cultivate the telephone method of shopping. We want you to use the convenience of our Prompt Free Delivery Service

Some one is always waiting at our end of the line to take your order. Phone us for drug-store goods—no matter how small the order may be. "What you buy—We stand by"

Johnson & Johnson The Quality Drugstore Cor. Kent & Prince Sts.

One of the reasons why dainty women prefer to patronize this stock is because they are sure of always finding here

Everything for My Lady's Toilet

The leading makers of perfumes and toilet preparations send us their best products—we have everything that desire or fancy could want in tooth and hair preparations, lotions, powders, washes and creams for the complexion, manicure sets, brushes, toilet sets—in fact everything for a dressy lady's dressing table.

The 2 Macs

149 Gt. Geo. St.

MORE BOYS TO BE BORN THAN GIRLS.

During the next twenty years it is probable that many more boys will be born than girls, and it is expected that this disproportion will be large enough to make up for the present over-supply of women. There are too many women in the world is very evident. The suffrage movement and other plans to give women more independence are largely due to this female over-supply. If there were an exactly equal number of men and women; and if each lived equally long, there would be no need for women to enter business life, because there would be a husband for each one. As it now stands there are not enough husbands to go round and this brings such an element of chance into the marriage question that most girls think it wise to safeguard themselves against the possibility of never marrying, or learning to make their living in some other way.

The younger a woman is when she gets married, the more likely that most of her children will be girls; the older she is at marriage, the greater the likelihood that her children will be boys. Recent investigations have shown that where women have become mothers at nineteen years or younger, there was an average of forty-four girls to twenty-nine boys born. In the case of women who were between nineteen and twenty-four years of age when mar-

ried, the figures showed an average of fifty-three girls forty-five boys. Between the years of twenty-four and thirty-two, the proportions gradually become less, and between the years of thirty-two and thirty-six, boys and girls were born in equal proportions. From thirty-six to forty-two, the proportion was fifty-two boys to forty-one girls and between the ages of forty-two and forty-eight, it was sixty-four boys to twenty-seven girls. The two or three preceding generations have been as notable for marrying young as the present generation is waiting until later in life. It follows that the preceding generations had more girls than boys, and that the present generation is likely to have more boys than girls.

The larger the number of girls, the greater opportunity a man has to make his choice and the less he feels the need of haste. Where women are few, a man is more likely to take advantage of the first opportunity to secure a wife, lest other chances should not arise. Again, the girl who is self-supporting is well aware that marriage implies the stoppage of many privileges and she is, therefore, less ready to respond to the advances of a lover. The high cost of living also helps prohibit early marriage. All these conditions tend to delay the age of marriage. Our grandmothers married when they were seventeen or eighteen years of age, our mothers when they were twenty-one



THE STANDARD ARTICLE SOLD EVERYWHERE REFUSE SUBSTITUTES

or twenty-two. During the last ten years the average age of marriage had advanced to twenty-four or twenty-five. The rate of delay is increasing and shortly will have reached the point at which more boys will be born than girls, and for a generation or two boy babies will be in the majority, and girl babies will be few and far between. Within two or three generations this will make more men than women in the world, and will of itself make a tremendous difference in the whole question of women's sphere and women's work.



IS YOUR COAL BIN EMPTY?

If so please remember that we can supply you with good coal both hard and soft Also kindling wood.

A. Pickard & Co

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To Cure a Cold in One Day Use LAXATIVE BROMO QUININE Tablets. Stop the Cough and Headache work of the Cold. Druggists refund money if it fails to cure. E. W. Grove's signature is on each box. 25 cents.

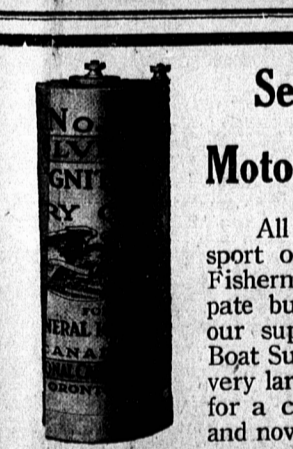


Bright Twist, Hickey's Bright Cut, Rival, Master Marine Smoking Tobacco, Black Twist and Combination Twist Chewing Tobacco. Hickey & McHolson Tob. Co., Ltd. Charlottetown, P. E. I.

R.C.T. Will Cure Your Cold

If you want to cure your cold you need to use R. C. T. R. C. T. is Rexall Cold Tablets and it is the best remedy money can buy. We guarantee this preparation to bring about prompt and absolute relief or we will refund every cent you paid for it. Price 25c

McKinnon Drug Company Cor Gt Geo and Kent Streets



See Our Line of Motor Boat Supplies

All who are followers of the sport or Motor Boating, Lobster Fishermen and those who anticipate building a boat, should see our superior showing of Motor Boat Supplies. The assortment is very large. We looked everywhere for a complete line to offer you, and now we can place before you the best and cheapest stock of this kind we have ever shown. If you cannot call, write or phone us your order. We will be pleased to receive it, and we can assure you that you will be pleased also:—

Pick Your Wants from this List

- Columbia Batteries 27c ea. Battery Connectors 3c ea. Battery Testers 1.50 ea. Portable Lamps Boat Hooks Row Locks Galv'd Hinges 25c a pair Brass Hinges Gasoline Engine oil 60c gallon Spark Plugs 1.00 each Marine Oil 75c gallon Filtered Gasoline 30c gall. Brass Motor Horns Holzapfells Copper Paint 65c quart White Enamel Galv'd Pulleys Jeffrey's Marine Glue Jeffrey's Yacht Glue Boat Scrapers Arctic Cup Grease Ready Mixed Paint 55c per quart Screw Drivers 10c up. Combination Pliers 50c pr Galv'd Boat Nails

The Rogers Hardware Co LIMITED.

Moore & McLeod The busiest store on Charlottetown's busiest street

Get a dozen Shamrock Napkins 4.50 ones for \$3.00

These Napkins are not "seconds". They are high grade perfect—beautifully finished goods. They come in about a dozen different patterns—they are as fine and smooth as satin. They are made of the finest, purest linen. They are 22 inch size, and they are just the sort of thing that particular people delight in.

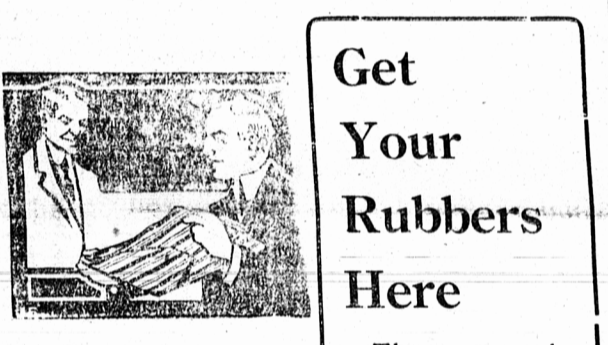
The regular price is 4 50 per dozen. We bought a lot, at a bargain. We offer them at 3 00 per dozen. If you want any—get them promptly.



GREETING! Look at our Spring Stetsons—

Spring Hats all the way through—and distinctively Stetsons—bright, snappy, fresh styles—lively colors—striking models.

The kind of Hats you want to wear and we like to sell—in short; Stetsons. Come look around—it's a cheery sight.



Get Your Rubbers Here

There are rubbers and then again—there are other rubbers. There are rubbers that wear out in a week—and rubbers that stand by you all season through.

This store sells the stand by kind Men's Women's Child's

YOU SAVE ON RUBBERS BY BUYING RUBBERS HERE.

A Style for Every Man

The new Spring Suitings just in, comprise hundreds of different patterns, colors, and weaves, every one new and fashionable. You might select any one of them and not go wrong.

If you are looking for strictly high grade Tailored Clothes we invite you to inspect, our new fashions, and our workmanship. We know the needs of the good dressers, having catered successfully to them for years, and our service is yours, at prices always moderate.

Just Try Us for Your Spring Suit

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