

Woman's Realm / Social and Personal / Fashions / Literature

Living & Leisure THE WOMAN'S REALM

And what is the future, happy one?
—A sea beneath a cloudless sun:
A mighty glorious dancing sea
Stretching into infinity.
—Emily Bronte

Boiled smoked tongue should be allowed to cool in the liquid in which it is cooked for at least one hour after its cooking time. Then it may be removed and skinned.

MAVERICK RUSTLER

The word maverick, an American term for stray cattle, recalls a Texan, Samuel Maverick, who took advantage of the turmoil caused by the Civil War to appropriate any stray cattle he found.

MODERN MANNERS

Strict rules of etiquette say that it is bad taste to make personal remarks, but surely it is not improper to tell a friend she looks pretty as long as this is not overdone. Praise for well-doing is always good taste.

NOTES IN PIANOS

Many good pianos have been damaged by moths in the fells. The vacuum cleaner attachments, if used carefully, will prevent this.

Muscles that have not been extensively used all winter should not be overtaxed now that good weather is here, say health authorities. Spring usually brings a little ambition—but take exercise gradually.

The French way of topping broiled fish with a mixture of melted butter, lemon juice and silvered almonds is a good one for company meals. Toast the blanched almonds in the fat before adding the lemon juice.

BRING OUT FLAVOR

A dash of salt is wonderful on grapefruit. It brings out the natural flavor and decreases sourness.

For a fancy snack hollow out large dill pickles and fill the tunnel with seasoned cream cheese; chill and slice.

How Can I!!!

By Anne Ashley

Q. How can I strengthen new glassware?

A. By placing it in a vessel of slightly salted water, letting it come to a boil slowly, then boil thoroughly, followed by cooling slowly. The slower this treatment, the more effective will be the result.

Q. How can I dry a sweater properly after washing?

A. Lay the sweater on a flat surface, turning from time to time. It will not stretch and will be soft and dry.

Q. How can I save time when necessary to lard or butter a pan?

A. If waxed paper is cut into squares and kept in a convenient place for this purpose, it will save much time.

Ellen's Diary

By an Island Farmer's Wife

And so James shod himself in his leather work-boots this morning and with a like expression to that seen on the faces of small lads first freed from their confining foot-wear on an early summer day in the long ago, he stepped off lightly to his work. Quite snatching it has been today and last night until well past the appearance of the evening star, bright above a tree-crowned hill. Now, poor fellow, he is trying to assemble a bite of lunch for himself in the pantry—a piece of bannock it will be, made not as once from oatmeal but instead from a choice wheat flour though mixed rather hastily in an effort to use the dinner fire for the baking. I made it with cream today, succumbing to the words of an old-time saying "there's nothing too good for the cook or her husband! Whether or not it is spread with butter and honey or molasses, I can only conjecture at the moment. Sufficient to know it is sustaining and acceptable fare to James especially now that the cover of the creamer has been lifted with a loud: "Ping!" and a premature skimming done there.

"Good milk," James calls this, and now coming to his armchair to eat out of hand he comments on the excellence of his takings.

SOME WOMEN OLD WHEN YOUNG

The woman who fails to respond to friendly overtures from people seems old, no matter how young she is.

Don't allow any tendency to repel friendliness develop into a trait which can rob your personality of its liveliest attractions.

The trouble with many women who give out with a tepid response or actually freeze up when amiable overtures are made to them is that they don't know how to respond. Yet any woman can learn how.

She can force herself to respond. She can learn to obey natural instincts. She can begin by forgetting many of the stuffy rules of behavior which govern her reactions.

Here's a good test of your ability to respond. Suppose some impulsive friend, or person who would like to be friendly, calls you up on a nice spring day when you are busily engaged in housework and suggests joining her for a stroll in the park. Is there enough spirit in your personality to be sparked into activity by this suggestion? Or are you so hedged in by routine or concepts of conventional behavior that you respond with a polite "No, thank you"?

If you refuse such an invitation, you can be sure that your impulsive friend won't be inclined to ask you again. That in itself may be cause for worry. But what should be cause for worry is that you may be proving your inability to respond by such a reaction. There is something to worry about.

GIFT OF YACHT TO ROYAL PAIR

London—Princess Elizabeth and her sailor husband, the Duke of Edinburgh, will enter yacht racing soon in a new dragon class yacht given to them by the exclusive island sailing club of Cowes, Isle of Wight, the Daily Telegraph reports today.

Since the dragon class yachts are only 29.2 feet in length and normally carry a crew of three it is to be expected that the Royal couple, when racing, will be working members of the crew, the yachting correspondent of the paper said.

"It is known that the princess will use the same racing flag as that carried by the late King George V's famous Britannia," the report adds.

The dragon is of Norwegian origin, a one-design class of 20 square metres sail area, specially intended as an inexpensive racing boat.

Dorothy Dix Says—

Cradle Snatcher

Boy, 16, Advised Against Marriage To Woman 30 Years Old

DEAR MISS DIX: I am a boy 16 years of age, fondly in love with a girl 30 years old. I have recently quit school and plan on getting married, as I feel quite capable of supporting a wife since I have acquired a part-time job.

My mother objects to the marriage, because she is definitely old-fashioned and thinks the difference in our ages will interfere in our future happiness, but I know that this will not happen. My fiancée agrees with me and thinks that we should not delay our wedding. After all, we can get a home of our own after a few years, and in-law trouble should not occur while I board at home.



What do you think, Miss Dix?

ANSWER: I think that yours is the most remarkable case of calf love probably on record. It is practically historic in the annals of courtship and cradle-snatching, for never before have I heard of a pipsqueaker seeking the hand of his grandma in marriage.

Why a woman of 30 wants to marry a boy of 16 can only be accounted for on the ground that she wants to take a child to rear, for certainly she could have little interest in common with a boy who is at the football and ice cream soda time of life. Your case would be amusing if it were not so tragic, for if you go on with this unsuitable marriage, you are bound to wreck your life. Can't you see for yourself that none of the arguments you bring forth for marrying this elderly woman will stand on their own feet?

INSUFFICIENT INCOME

You say that you are capable of supporting a wife as you have a part-time job. Can't you realize that you cannot earn enough at a part-time job to buy peanuts? Also, you say that you expect to live on your parents and board at home until you make enough money to have a home of your own. That will be a matter of years and years.

But the main argument against it is that at 16 a boy doesn't know his own mind about anything. It changes with the wind. And if you marry a woman of 30 when you are 16, you will be so tired of her that you will be trying to divorce her before you have even reached the age when you should seriously think about marriage.

DEAR DOROTHY DIX: I am a married woman and my husband is very good and kind to me and we are very happy, but the great disappointment in our lives is that we have no children. Do you think this need ruin our lives?

WORRIED.

ANSWER: Certainly not. Such an idea is perfectly morbid. Get it out of your head as soon as possible. It is natural and right that every married couple should wish for children, and undoubtedly life gives no keener thrill to a woman than when she feels a baby's head upon her breast, and a man feels no greater joy than when little arms cling around his neck, but children can sometimes be a curse as well as a blessing.

If you and your husband feel that the presence of a child in your household is necessary to complete happiness, why not adopt one? The asylums are full of orphan children crying for parents.

DEAR DOROTHY DIX: I am a bachelor, very much in love with a young lady. She seems to like me, but she is continually asking me how much money I have and what I will give her after we are married. Would you advise me to marry her, or pass her up for some woman who doesn't appear so interested in my income?

WONDERING

ANSWER: Well, a woman who was interested in nothing but my pocketbook wouldn't make a hit with me if I were a man. I would want a wife who married me for love instead of money. If you marry her, her theme song will be "Gimme, gimme," and it will grow very monotonous to you after a while. So my advice to you is to give her the air and look around for some woman who loves you for yourself alone.

5. What is a word beginning with inf that means "without limits of any kind"?

BETTER ENGLISH

D. C. Williams

1. What is wrong with this sentence: "There was a luxuriant growth of ferns in the yard." 2. What is the correct pronunciation of "lamentable"? 3. Which one of these words is misspelled? Pastural, pastime, pasteurization. 4. What does the word "diffuse" (verb) mean?

1. Say, "There was a luxuriant growth of ferns." 2. Pronounce lam-en-ta-ble, first a as in add, second a as in ask, accent first syllable. 3. Pastoral. 4. To pour out so as to spread in all directions. "How easy it is for one benevolent being to diffuse pleasure around him." — Irving. 5. Infinite.

Modern Etiquette

By Roberts Lee

Q. When the guest of honor at a luncheon is seated at the right of the hostess, who should be seated on the other side of this guest?

A. The most intimate friend of the hostess, or someone who is helpful in entertaining the guest.

Q. I have something noticed a man holding a cigar in his mouth while in conversation with a woman. Isn't this rude?

A. It is extremely discourteous. A man should remove his cigar or cigarette from his mouth while conversing with either a woman or another man.

Q. If a man meets a woman acquaintance as they are both about to board a streetcar or bus, should he pay her fare?

A. This is not necessary, but is very often done. However, it most certainly is not to be expected by the woman.

Cook's Corner

RHUBARB JUICE

(About 2 Cups)
4 cups cut rhubarb, 1/2 cup boiling water.

Do not peel rhubarb. Bring rhubarb and water to a boil and cook slowly 5 minutes. Strain through a jelly bag. The juice will keep several weeks in the ice box or it can be poured into sterilized bottles, partly sealed and processed for 30 minutes in the boiling water bath. It is excellent for flavoring and bringing refreshing tartness to desserts and fruit drinks. About 2 cups concentrated juice.

RHUBARB RELISH

3 1/2 pounds of sliced rhubarb
1 1/2 pounds of brown sugar
1 cupful of corn syrup
1/2 cupful of cider vinegar
1 teaspoonful of ground cloves
1 teaspoonful of ground cinnamon

Wash the rhubarb and cut into half inch pieces, leaving the skin on. Weigh, put into a preserving kettle and add the remaining ingredients. Put over heat, stir constantly until the sugar is dissolved and then simmer until the mixture thickens. Pour into hot sterilized jars and seal.

That Body Of Yours

By James W. Barton, M. D.

PSYCHONEUROSIS IS AN EMOTION GONE WRONG

"Psychoneurosis is an emotion gone wrong" is the simple definition given by Dr. Roy Brillinger, Ontario Hospital, Canada, in "Canadian Medical Association Journal."

If the emotion is frustrated, prevented from being accomplished, or if we are disappointed because we can't have our own way about it, then we behave in an unusual manner.

A frustrating experience becomes an actual illness when inner unrest disturbs the normal actions of various organs or processes of the body. Thus our sleep, digestion, or mental or physical ability can be so disturbed by a frustrated emotion or disappointment that actual or real symptoms occur with stomach, nerves, heart or other organs.

A frustrated individual is just as sick as one whose symptoms are caused by actual disease of the body.

Dr. Brillinger, in accordance with the classification of the American Psychiatric Association, arranges all psychoneurotic conditions into seven groups:

1. Hysteria. The emotional conflict in the patients mind provides an excuse for avoiding an unbearable situation—vomiting, loss of speech, diarrhoea, convulsions. Pointing out the cause to the patient cures many of these cases.

2. Compulsive Neurosis. Fears, obsessions, and compulsive acts as repeating meaningless actions, thoughts, or words which spring from a disinclination to make decisions. When the physician finds the cause, the patient is helped to make his decisions.

3. Neurasthenia — mental and physical tiredness. Tired all the time, pressure at top of head and pains in neck and spine, deep depression. Change of surroundings usually helps.

4. Hypochondriasis. Patient's health is his chief body. Treatment is a new interest or hobby.

5. Reactive Depression — an abnormally sad reaction to grief and sorrow, often with anxiety and physical complaints. Usually vanishes with new interests. Electroshock may help.

6. Anxiety State — fear reaction, breathlessness, palpitation of the heart, weakness, headache. The symptoms disappear when cause is removed.

7. Mixed Psychoneuroses. A combination of several disorders. Electroshock treatments and reassurance by the physician usually helps.

NEUROSIS

Neurosis — believing you have a physical ailment when none exists — is becoming increasingly common. Send today for Dr. Barton's informative booklet on this subject, entitled "Neurosis." To obtain it just send 10 cents and a 3-cent stamp, to cover cost of handling and mailing to The Bell Syndicate, in care of this newspaper, Post Office Box 19, Station G, New York 19, N. Y., and ask for your copy.

THE ROSE AND PINEAPPLE

Design No. E-1235

The lovely rose file chair set is finished with the ever popular pineapple design. Pattern No. E-1235 contains complete instructions.

Needlework Book No. 100 20 cents. Crochet Knitting Book No. 101 20 cents.

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BUTTER-NUT BREAD

The Stars Say--
By Genevieve Kemble

For Thursday, May 13

Household Scrapbook
By Roberta Lee

You can polish and clean your silverware without using polish by boiling a handful of rhubarb in a quart of water, putting the silver in this for five minutes, and then rinsing in clear hot water and wiping dry.

Leather Chairs
Clean the leather chairs by rubbing them with a soft cloth dipped in ordinary milk—or better still, in beaten egg white. When they're dry, go over them again with a clean soft cloth.

Dog Biscuit Substitute
To make use of stale bread, place it in the oven and let it dry out until hard. Then use it with the dog's meat and gravy instead of dog biscuits.

CHANGE of LIFE?

Are you going through the functional "middle age" period peculiar to women (38 to 52 years)? Does this make you suffer from hot flashes, feel so nervous, high strung, tired? Then do try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms. Pinkham's Compound also what Doctors call a stomachic tonic effect.

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Needlecraft FOR THE HOME

BREEZE SLEEVED

Play time will be gay time for little girls in this crisp frock cut with cool armhole ruffles and a graceful skirt. Or, with the same pattern you can top it off with puff sleeves and a contrasting collar.

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MISSSED A FORTUNE

Alexander Graham Bell tried to persuade Mark Twain to invest \$500 in his telephone invention, but the author loaned the money to a friend who went bankrupt three days later.

MUFFINS MAKE THE MEAL

MAGIC APPLE MUFFINS

2 cups sifted flour
3 eggs, Magic Baking Powder
1 1/2 cups sugar
1/2 cup milk
1/4 cup oil
1/2 cup applesauce

2 eggs well beaten
1 egg well beaten
2 cups shortening
1/2 cup milk
2 apples, shredded

Sift together dry ingredients; add eggs, milk, melted shortening and apples; mix all together quickly. Bake in well-greased muffin pans in hot oven (400°) about 20 minutes. Makes 12 muffins.

MAGIC BAKING POWDER

MAGIC MAKES THE MUFFIN!

VEL works magic!

cleans with or without suds
CUTS DISHWASHING TIME IN HALF

VEL cuts grease instantly!
NO streaks!
NO soap scum!
NO dishpan ring!

VEL makes hard water act soft... gives any water amazing new cleaning power!

VEL keeps NOODLES SOFTER... STOCKINGS SMOOTHER, LOVELIER
VEL is not a soap, so no dulling soap film! No soap feeding!

VEL washes better in the lukewarm water safest for woollens, slips, blouses... so fine washables stay fresher, brighter.

Works Bubble Bath Magic Tool. Put VEL in tub, run water full force. Primal Occurs of lasting fragrant Bubbles—and no ring around the tub.

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P.S. My hands love VEL
by actual test milder than luxury soaps.