

# Woman's Realm Social and Personal Fashions Literature

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**Queen Pays a Visit**



Her Majesty the Queen recently visited the Caldecott community home for children at Mersham-Le-Hatch, near Ashford, Kent. The queen is wearing a dove gray outfit, with matching Tam-o-Shanter hat, decorated with a large red rose.

**DOROTHY DIX SAYS—**

**Old Man's Flirtatiousness**

**Elderly Wives Should Laugh Off Grandpa's Deviltries**

**DEAR MISS DIX:** After reading the problem about middle-aged husbands having affairs with young girls, I am moved to tell you how I solved it. My husband, who is well past 50, was having an affair with a young waitress and I found out about it.

I didn't reproach him, cry over it nor make any fuss. Instead I would say to my husband: "Let's go eat tonight at the restaurant where your Girl Friend works. She is so pretty and young I like to look at her." Or if we had company at home and couldn't step out, I'd say to the others: "Be sure to go to the restaurant where Miss So-and-So works. She is my husband's Girl Friend and is no nice and attractive." And so on and so on.

I simply fed him up with flattery of this girl and I guess at last he soured on his stomach. Any way, it cured him and everything is fine with us now.

**L. L.**

**ANSWER:** Thanks for the recipe for curing an old man's flirtatiousness. I am sure it will prove efficacious in almost every case, for elderly men's attacks of romance are seldom fatal. At about his age Grandpa is apt to have a little touch of wanderlust and think he would like to step out with some girl young enough to be his granddaughter, but nothing serious happens if Grandpa is smart enough to throw roses instead of bricks at the affair.

**SENSE OF HUMOR NEEDED**

The trouble with elderly wives is that they lack a sense of humor. They think their husbands should get their age. So when they see their rheumatic John's capering around little kids, they take it seriously and dissolve in tears and reproaches—which is a fatal mistake, for it causes Grandpa to feel real devilish and that he must be a wog among the girls. He even gets a kick out of knowing he makes Grandma jealous. But the real play would be for Grandma to just laugh it off and say that Grandpa always was a lady-killer, and to invite the little gold-digger to a party.

**DEAR DOROTHY DIX:** Is it possible to be in love with three men at once? I seem to be in just that predicament. One man is a soldier, one is a jack-of-all-trades and the last is a prize fighter. I seem to love all three of them.

Please tell me what to do. I seem to be all mixed up.

**R. H. C.**

**ANSWER:** I should think you would feel like a custard pie, all mixed up in three romances. Not being acquainted with any of the fascinating gentlemen with whom you are in near-love, I cannot help you much about your choice; but it seems to me that each of them has his points.

The soldier is always attractive to women because brass buttons certainly do something to a man that make him almost hypnotic and irresistible to a girl, so that's that. The jack-of-all-trades would fill a long, felt want in every wife's life, for it would be fine to have a husband who could fix the plumbing and repair the leaks in the roof and hang pictures and do all the thousand odd jobs that most wives have to nag their husbands into doing.

As to the prize fighter, I am a little dubious. He might be too handy with his fists when the dinner was mean and the bills too high. But you never can tell how a man is going to turn out as a husband. You simply have to pay your money and take your choice.

**DEAR DOROTHY DIX:** Is it true that the reason that most of the marriages that turn into divorces are failures is because most of the couples are failures before marriage?

**CURIOS**

**ANSWER:** Probably. For the thing that makes a marriage a failure or a success is the kind of people who marry. Any man or woman of intelligence, good principles and self-control will make a good marriage. It is the selfish and neurotic people who fill the divorce courts.

**That Body Of Yours**

By James W. Barton, M. D.

**AN EMPTY BOWEL MAY NOT BE A HEALTHY BOWEL**

The average healthy individual cannot understand why the sales of cathartics and laxatives amount to many millions of dollars yearly. He finds no need for them or perhaps takes a dose of Epsom salts or a purgative pill two or three times a year.

Now there is no question but that a number find a pill laxative or an enema helps to clear the mind and body at times, but the great majority of those using these "helps" regularly gradually could find themselves able to do without them, if they gave the matter a little thought.

In the first place, it is found that those using purgatives too often have become what is called colon-conscious (the colon is the medical name for the large bowel, the large intestine). These individuals think of this lower bowel as a reservoir carrying pounds of waste matter which, if not removed within a few hours, will be absorbed into the blood and poison the body. Accordingly, they believe that by removing this waste matter at once, they escape many ills.

What about wastes in the bowel? Do they do harm if not removed daily?

I have spoken before of the research work done by Dr. Walter Alvarez, Mayo Clinic, in which he showed that a daily bowel movement was not absolutely necessary, that many enjoyed perfect health with a bowel movement every second or third day. While the blood did absorb some of the poisons in the waste in the bowel, the "tired" feeling was caused by the heaviness or weight of the wastes dragging on the nerves of the bowel.

While half the cases of constipation are caused by irregular habits in not going to stool immediately after breakfast, and not eating enough rough food such as cereals and leafy vegetables, there are at least as many cases of irregular individuals where rough foods are eaten to prevent constipation in whom the irritation of the bowel by rough foods causes a spasm. This spasm interferes with and prevents wastes being pushed along the large bowel and out of the body. Because the spasm "blocks" the bowel, he takes more rough foods and frequent purgatives, aggravates the condition and then becomes colon or bowel-conscious.

The constipated individual should follow his physician's advice as to diet and health habits, including calmness of mind. An X-ray of the stomach, small and large intestine, and a dye test and X-ray examination of the liver and gall bladder may reveal some physical cause for the constipation.

**CONSTIPATION**

It has been estimated that there are more persons with constipation than there are without it. For information on this subject, send today for Dr. Barton's helpful booklet entitled "Constipation". To obtain it, just send 10 cents and a 3-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y.

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No. 2380, the blouse, is cut in sizes 10, 12, 14, 16, 18 and 20. Size 16, long sleeves, 2 1/4 yards 39-inch; short sleeves 1 1/2 yards 39-inch.

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**MOUSES 2380 (SIZES 10 - 20) SKIRT 2289 SIZES 22 - 34 IN.**

## Living & Leisure THE WOMAN'S REALM

**He stopped to pat a small dog's head—**

A tiny thing to do;

And yet the dog, remembering,

Was glad the whole day through.

He gave a rose into the hand

Of one who loved it much;

"Was just a rose—but, oh, the joy

That lay in its soft touch!"

He spoke a word so tenderly—

A word's a wee, small thing;

And yet it stirred a weary heart

To hope again, and sing!

—Selected from "The Silver Lining" by E.B.

**BE NEITHER NAGGER NOR PERFECTIONIST**

A common complaint of wives is "My husband won't do anything around the house. If I want a job done I have to do it myself." Such women profess to envy women who are married to men who do the jobs around a house that men are expected to do.

But actually most women who make that complaint are one of two types.

Either they are perfectionists who have to have a job done just exactly so and according to their own ideas and standards and who will never let a man live down a less-than-perfect job.

Or they are the independent souls who would rather do a job themselves than wait for a man to get around to doing it.

The man who does the man's share of the job of home-making is usually married to a woman who expects him to do just that; who can get him to work at a task without nagging him; and who—if necessary—is willing to wait until he is in the mood.

**Admiration, Not Envy**

So the woman whose husband is Mr. Fixit around the place shouldn't be envious. She should be admired. And her tactics should be studied.

**For chances are that if a perfectionist or an independent type of woman had married him, he wouldn't be Mr. Fixit at all.**

In turning a husband into a Mr. Fixit a little helplessness on the wife's part works miracles.

Add drained prepared horse-radish, salt, sugar, freshly ground pepper and onion juice to whipped cream for a sauce to serve with cold ham or luncheon meat. This sauce is also delicious with cold salmon.

**JACKET MAKES SLACKS BECOMING**

Women who appear to the best advantage in slacks are those, who, like well-dressed men, think that jackets should be worn with trousers.

Jackets help to hide the figure faults of women which slacks are famous for showing up. Even the woman with a mature figure who hesitates to wear slacks can dare to, if she will take the trouble to add a suitable jacket. By "suitable" is meant a man-styled jacket.

Now that such jackets make useful additions to a winter wardrobe, they can be worn with comfort to make hips that loom too full in slacks or to make a tiny waistline look less feminine in belted trousers.

Just as many gentlemen choose double-breasted jackets for their slimming effects, so should women who are wise enough in this respect to take their dress cues from men.

Here's a good combination for a cocktail spread. Combine cottage cheese with finely chopped dried beef, chopped roasted almonds, salt to taste and enough mayonnaise to hold the mixture together. It's delicious on small crisp crackers.

## Household Scrapbook

**Blankets**

If a pair of blankets are not quite long enough for the bed, cut them apart at the fold and insert a strip of outing flannel, the same color as the blankets. This is the part that is tucked in at the foot of the bed and is out of sight.

**Brown Sugar**

To soften hard or lumpy brown sugar, place it in a shallow pan in the oven for a few minutes. Then cover with a damp cloth to keep it soft and moist and put away in a cool place.

**Eyelashes**

The growth of the eyelashes will be stimulated if they are rubbed with pure vaseline every night before retiring.

**Better English**

D. C. Williams

1. What is wrong with this sentence? "Are you through reading the paper?"

2. What is the correct pronunciation of "zoology"?

3. Which one of these words is misspelled? Relinquish, reminiscence, remittor.

4. What does the word "exemplify" mean?

5. What is a word beginning with "fi" that means "having a limit"?

**ANSWERS**

1. Say, "Have you finished reading the paper?" 2. Pronounce zo-o-l-o-j-i, first and third o's as in obey, accent second syllable. 3. Reminiscence. 4. To illustrate by example. "These acts exemplify his nobleness." 5. Finite.

## Morning Smile

**Wonderful**

He had never been outside Canada, neither had she, but both were recounting their experiences abroad.

"And Asia, ah, wonderful Asia. Never shall I forget Turkey, India, Japan—all of them. And most of all, China, the celestial kingdom. How I loved it."

She held her ground.

"And the pagodas; did you see them?"

"Did I see them?" She powdered her nose. "My dear, I had dinner with them!"

## How Can I!!!

By Anne Ashley

**Q.** How can I avoid catching cold?

**A.** Most colds are contracted by living in dry, hot rooms, insufficient exercise, keeping on wet shoes in the home or office, or coming too close contact with a person who already has a cold.

**Q.** How can I prevent the window greens from rusting when storing them for the winter?

**A.** Paint them with kerosene before packing them away and they will not rust.

**Q.** How can I bleach linen materials?

**A.** Sour milk is excellent for bleaching linen materials, as well as cotton.

## Modern Etiquette

By Roberta Lee

**Q.** What would be a good, brief note of condolence to send to a friend who has lost a parent?

**A.** "Dear Jane: Words are inadequate to express my regret, but I am thinking of you with the deepest tenderness. Sincerely yours."

**Q.** Is it correct to use the knife for cutting a salad?

**A.** Always use the fork, if possible. However, if the salad proves too difficult or awkward to cut with the fork, a knife may be used.

**Q.** Is it the usual procedure for the bride to remove her veil before being seated at the breakfast table?

**A.** No; she retains her veil.

## Cook's Corner

**STUFFED BAKED POTATOES**

6 potatoes

1/2 cup finely chopped bologna or some left over meat

1/2 cup white sauce

Salt and pepper

1 egg yolk

**METHOD:** Bake potatoes 30 minutes in hot oven. Cool slightly. Cut 1/2 inch slice off top. Scoop out center, leaving thick shell. Cut removed portion in small cubes, mix with meat and white sauce, and season to taste. Refill shells and put on tops. Brush with egg yolk.

**Enjoy that real tomato flavor!**



**AYLMER CATSUP**

YOUR FAMILY DESERVES AYLMEER QUALITY

slightly beaten, and diluted with 1 tablespoon water. Arrange in buttered baking dish and bake in hot oven 15 minutes. Serves 6. Cheese may be used instead of meat. 1/4 cup grated for 6 potatoes.

**"Be Lovelier Tonight!"**



**"Lux care makes skin lovelier" says JOAN LESLIE**

"A Lux girl? I certainly am!" says lovely Joan Leslie. "It's wonderful the way Lux Soap facials give skin fresh new beauty. I work the fragrant lather well in. As I rinse and then pat with a soft towel to dry, my skin is softer, smoother—really lovelier!"

This is a complexion care that really makes skin lovelier! In recent Lux Toilet Soap tests by skin specialists, actually 3 out of 4 complexions improved in a short time! Don't let neglect cheat you of romance. Take the screen star's tip—be lovelier tonight!

**JOAN LESLIE**

star of Eagle-Lion's (Hollywood) **"THE NORTHWEST STAMPEDE"**



**LUX TOILET SOAP**

LEVER PRODUCT

## The Stars Say--

By Genevieve Kemble

For Thursday, November 4

A PARTICULARLY lively, eventful and fast-moving trave of circumstances is forecast, in which high hopes and wishes may be pushed with alacrity, acumen, with increasing scope and promise. Shrewd and astute tactics well-studied and executed with dispatch and vigor, could go far on the way to cherished goals. But such fine enterprise and ambition could profit by some wise semblance of keeping within bounds not in extravagant or "flash-in-the-pan" maneuvers. Shun extravagance, false promises, overplaying, in all manner of relationships and contacts.

**If It Is Your Birthday**

Those whose birthday it is, may prepare for a particularly lively, progressive and fast-moving pace, with new and ambitious ideas, hopes and wishes, well on the way to perhaps spectacular accomplishment. The energies and mental faculties are stimulated to sagacity and high adventure, with shrewd insight and astute manipulation. However, there is danger of being over-confident, lured by false promises, or by an urge to over-play, exaggerate or "plunge." Large and expensive ideas may beckon, but thrifit sound judgment and discretion may say "saver dividends." This precaution applies also to personal or emotional contacts.

A child born on this day is well endowed with enterprise, initiative, versatility, but may be easily victimized by its own enlarged ideas or the fluency of false words or schemes.

**MILK FOR CALCIUM**

The equivalent of the calcium in a pint of milk can be found in 3 1/2 pounds of carrots, 12 1/4 pounds of beef, or 37 pounds of potatoes.

**TO-NIGHT! tempting DINNER ROLLS!**

for finest results use **FLEISCHMANN'S YEAST**

● How the family will cheer when you bring that fragrant plate of Parker House rolls piping hot from the oven! 'Tis a treat you can often repeat—because they're so easy to make with quick-acting, dependable Fleischmann's Yeast.

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