

Woman's Realm :- Social and Personal :- Fashions :- Literature

Canadian Cookery For Canadian Women

By Mari Moore. Specially contributed to The Guardian, for Guardian Readers.

CHOICE POTATO DISHES

By Mary Moore

Thursday or Friday night may often find your supplies very low. We usually purchase pea-mealed back bacon in the piece (it keeps much longer than when sliced) and have it on hand for emergency meals or for flavoring—and when a lean night rolls around.

Casserole of Potatoes and Bacon is a favorite. For six people peel 8 medium sized potatoes and slice them very thin (about 1-8 inch thick) into a large baking dish or casserole and completely cover with warm milk and grate over the top a little onion—or a few extremely thin onion slices will do. Sprinkle with salt and paprika and place in larger dish in which there is a little warm water and bake in oven of 300 deg. Fahr. At end of first half hour cover entire surface with strips of pea-mealed back bacon cut 1-4 inch thick and finish baking—about 20 minutes more will cook the bacon through. Serve with tomato catsup.

Hongroise Potatoes Wash, pare and cut potatoes in

one-third inch cubes until you have 3 cups; parboil in a very little water for 3 minutes then drain. Add 1-3 cup butter, and cook over very low heat until potatoes are soft and very delicately browned. Melt 2 tablespoons butter, add a few drops of onion juice, 2 tablespoons flour, and pour on gradually one cup hot milk. Season with salt and paprika, then pour it over one beaten egg yolk. Pour sauce over potatoes, and sprinkle with finely chopped parsley.

ECONOMICAL SUPPER MENU

By Mary Moore

We offered a prize, in a miniature contest we held in our kitchen this week, for the best economical supper menu. Here was my choice: Baked pork hocks with sauer kraut and dumplings, steamed cooking figs, Canadian cheese, toast. Either pork hocks or shanks may be purchased very cheaply. The sauer kraut if bought in the bulk comes very cheap too. Boil the pork hocks in water to cover until tender. Then pour some of the liquid over the sauerkraut and heat it in a separate dish. Put the dumplings over the boiling meat to cook for the last 8 or 10 minutes.

Dumplings

Two cups flour, 4 teaspoons baking powder, 1 teaspoon salt, 4 tablespoons lard, 2 tablespoons butter, milk to make a moist batter. Sift flour, baking powder and salt together and cut in shortening and blend in with finger tips. Add just enough milk to make a stiff but still moist batter and drop by tablespoons on hot stew. Cover immediately and allow to steam for 8 minutes, when you may test them, but do not remove the lid before this.

Steam the figs in the strainer over the bottom of the double boiler, then chill them and serve on same platter with strips of Canadian cheese, and with toast which has been made in the oven, buttered, and then returned to the oven to crispen.

QUEEN VICTORIA MAY BE TALKIE CHARACTER

LONDON, Mar. 30—There is a project afoot—it looks like coming to fruition in a few months' time—for the production of a large scale talkie in which Queen Victoria will be the leading figure. The idea comes from Maurice Elvey and a leading British organization is already taking preliminary steps towards the production. Mr. Elvey has arranged to use the group of "Palace Plays", written by Laurence Housman as a basis for his film. These little pieces, delicate in texture and perfect in understanding, are based on actual incidents disclosed by Queen Victoria in her letters.

What the Fashionables are Wearing

By Annabelle Worthington

Today's model shows a charming caped sleeved style which is carried out in a gay coral-red crinkly crepe silk print.

It is extremely jaunty, chic and youthful. If you please, you can omit the long sleeves as seen in the small back view.

It would be difficult to find anything more simple to fashion. You can make it at a minimum cost.

Style No. 594 is designed for sizes 14, 16, 18, 20 years, 36, 38 and 40 inches bust.

Size 16 requires 3 3/4 yards 39-inch. Plain crinkly crepe silk in grey blue, beige or pale grey are lovely suggestions for spring that can be worn all through the summer.

Price of Pattern 15 cents in stamps or coin (coin is preferred.) Wrap coin carefully.

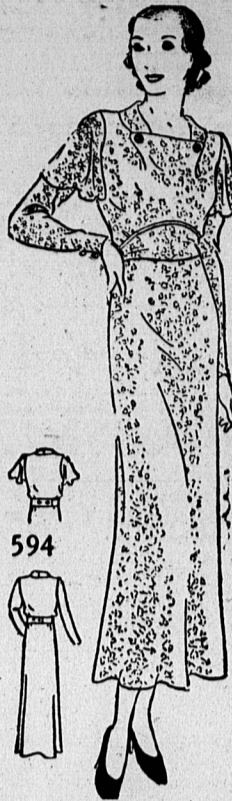
No. 594. Size

Name

Street Address

City

State



A Morning Smile

After a careful survey of the display in the windows, Macpherson entered the shop and approached the counter.

"I want," he said, "a cheap coat-hanger."

"Yes, sir," said the assistant. He took out a drawer. "These are two-pence each," he added.

Macpherson pondered over the collection for a while, then shook his head.

"He's ye nothin' cheaper?" he asked.

"What about a nail?" suggested the assistant.

Clerk: "I have received a letter from a firm asking for a reference for that man Brown who used to work here."

Manager: "Tell them that he is a rogue and a thief, and that anything he knows he learned from us."

A certain doctor charged 7s 6d for the first visit, and 5s for subsequent ones. A new patient thought he would save 2s 6d, so he said, when going into the consulting-room, "Good morning, doctor; here I am again!"

The doctor looked at him and said, "Oh, yes; you are going on all right. Take the same treatment as before."

These little pieces, delicate in texture and perfect in understanding, are based on actual incidents disclosed by Queen Victoria in her letters.

For The Cook

PORK ROASTS

- 8 pork chops
1/4 cup fat
1 teaspoon grated onion
1/2 teaspoon salt
2 teaspoons poultry seasoning
1/4 teaspoon pepper
1/2 cup boiling water

2 cups stale bread crumbs Have the chops cut very thick and an incision made on the top of each for a pocket. Prepare the stuffing by melting the fat, adding the onion and crumbs and stirring until the crumbs begin to get brown. Add seasoning and boiling water, cooking slightly before stuffing the chops.

Insert a toothpick to close the opening in each chop and place in hot fat for a few minutes to brown. Remove to baking dish and bake from twenty to thirty minutes, until tender.

CHOCOLATE CAKE

- One-fifth pound butter
One cup brown sugar
One egg
One-half cup milk
One-half cup hot water
One-half cup cocoa
One teaspoon baking soda
Two teaspoons baking powder
One and one-half cups flour
Flavoring

Method: Mix hot water, cocoa and soda, and set aside. Cream butter and sugar. Add egg, well beaten; add milk and cocoa mixture. Add remaining ingredients and flavoring, if desired. Beat till smooth, and pour in greased cake tins and bake thirty minutes in moderate oven.

If We Ha Divorce Without Alimony Dorothy Dix

Kill the Graft in Alimony and You Will See a Decline in Divorce — Matrimonial Grifters and Fair-Weather Wives Would Then Hold on to Hubby With Both Hands

I see in the papers, as Will Rogers would say, that the validity of the alimony decrees of Reno are to be contested. This is the first real body blow that has ever been struck at divorce. For, as all honest people will admit, it is not so much had husbands as easy money that sends so many women to the divorce courts, and if you would delete the alimony you would stabilize matrimony.

There is nothing in our alleged modern civilization that is so disgraceful as the fact that divorce has become just as much a racket among unprincipled women as bootlegging has among men. A large class of women have made a graft of wrecking homes and breaking up men's lives. They enter into the most binding of all human contracts with no intention whatever of fulfilling it. They perjure their souls without even a qualm of conscience by taking upon their lips the most solemn of all oaths that they do not even mean to keep.

In former days the woman who married for money expected to make some return for it. She expected to live with a man as his wife, to bear him children, to keep his house and make him comfortable. But the woman who marries for money nowadays doesn't intend to make any return for the support that the man gives her. She doesn't intend to even be bothered with him any longer than it will take her to establish an alibi that will go with some senile sentimental Judge before whom her trial for divorce takes place.

So after a very brief span of matrimony she discovers that she and her husband are incompatible in temperament, or that he inflicts mental cruelty upon her by protesting at her extravagance or criticizing her pies. Or he trumps her ace in a bridge game, or he objects to having her entire family saddled upon him, and forthwith she takes her woes to the divorce court and is granted a decree absolute with alimony that enables her to live in comfort and often to support a second husband as long as she lives.

No one can deny that there are plenty of women who marry for the sole purpose of acquiring alimony. They have no affection for the men they marry, no intention of sticking to their bargains, and they never make the slightest effort toward making their marriages a success because their real desire is not for a loving husband, but for an ex-husband whom they can hijack into supporting them.

Aside from these matrimonial grafters, there are the women who marry in good faith, but who throw up their hands and quit cold when they find out that their husbands are he-men instead of godlings, and that marriage isn't a fairy-story romance.

Nobody can deny that the number of these fair-weather wives would be greatly diminished and that there would be very few divorces if there was no alimony.

If every woman knew that when she left her husband she would have to go out and support herself, that she would have to walk instead of riding in a car, that she would have to live in a cheap room in a boarding house instead of having a comfortable home, she would think a long, long time before she divorced her husband just because she had lost her taste for him or he had some little peculiarity that irritated her. It is the old human desire to get something for nothing, to get money that you didn't have to work for, that lures many and many a wife into the divorce court.

There seems no fair and just reason why men should be penalized more in marriage than women are, nor why a man should be compelled to continue to support a woman who has perhaps made his life a hell on earth. After all, marriage is a sporting proposition in which a man takes as much risk as the woman does, and if it turns out badly and they find out that they are maladjusted and cannot live in peace together, she no more loses out than he does. Many women are honest and gallant enough to accept this view of the situation and refuse to ask for alimony, but most of them demand the last cent they can wring out of their husbands as payment for the wreck of a marriage that they did as much to ruin as he did.

The original justification for alimony was that a woman was a poor, helpless creature who would starve if her ex-husband did not provide for her. But nowadays that contention is not valid. Nearly every woman in these days of feminine emancipation is trained to an occupation by which she can earn her own living. Many women have money of their own. Many have better paying jobs than their husbands and are more

Potter & Moore's MITCHAM LAVENDER

THE ORIGINAL FRAGRANCE Direct from England



IN SOAPS AND TALCUMS

THE refined quality of Potter & Moore's famous Toilet and Beauty Specialties is notably expressed in Complexion Soaps of unusual fineness of texture—Soaps that are rich in lather and beneficial to the skin—and in Talcum and Dusting Powders of exceptional lightness and smoothness. Fragrantly perfumed with the original Potter & Moore's Mitcham Lavender.

Soaps—10c to 50c a cake. Talcum in Glass, 50c; Dusting Powder, 50c. At Drug Stores and Beauty Counters MITCHAM LAVENDER PRODUCTS by POTTER & MOORE, LTD. Perfumes, Bath Crystals, Liquid Bath Salts, Face Creams and Powders, Sachets, Shaving Bowls, Shaving Sticks, POTTER & MOORE, LIMITED - Lavender House, LONDON

Potter & Moore's MITCHAM LAVENDER

competent. And there is no reason why these financially independent women should collect money from men who are literally enslaved by having to pay them alimony. Often second wives and little children, as well as the men themselves, are denied the necessities of life because most of a man's earnings have to go as tribute to the alimony racket. Of course, if a woman has given the best of her life to a man and she has worked by his side and helped him build up his fortune, she has a valid claim on all that he has, and if they decide to separate she has a right to half of his property, the community property they have earned together and which is as much hers as his. It is unthinkable that a good old wife should be turned out to starve like a worn-out old work horse because her husband falls for a flapper. But this kind of couple seldom wants a divorce, and when they do, the husband rarely refuses to make a generous settlement on the wife. I think that before every young couple marry they should make a contract in which it would be definitely set forth what proportion of the property the woman is to receive in case of divorce. And I believe that no woman should be given alimony unless she can establish that she has done her duty as a wife and made an effort to make the marriage a success. Kill the graft in alimony and you will see a decline in divorce. DOROTHY DIX.

EDWARDSBURG CROWN BRAND CORN SYRUP

The economical and delicious table syrup. A nourishing sweet for the whole family. THE CANADA STARCH CO. LIMITED, MONTREAL



Now Strong and Healthy thanks to EAGLE BRAND

"I CANNOT speak too highly regarding Eagle Brand," says Mrs. R. Scott, 52 Willingdon Apts., Regina, Sask. "I have found it very beneficial as a body builder for young children. I started my boy on Eagle Brand when he was 6 weeks old. He is now 2 1/2 years and the picture of health and energy. I love everything to Eagle Brand and can recommend it to any mother who has a delicate baby."



The Borden Co. Limited, 113 Trade, N.S. Please send me new edition of "Baby's Welfare." Name Address Prov.

SWEET VANITY By RICHARD GOYNE

"I'll see to that, Cynthia. You run along and inspect the troops. Honi Soit!" The password on his lips, he turned and went out, searching for Derek Coward, a friend of his, and a member of their set, whom he found in the entrance hall making his way towards the refreshment bar.

Mothers . . . try this FAMOUS HOT BREAKFAST



Nature provides, in wheat, all the cold-fighters, energy-builders, that bodies need. And watch the youngsters' eyes shine, appetites pick up, when you serve 100% whole wheat in that time and trouble-saving breakfast—Shredded Wheat—HOT!

SHREDDED WHEAT MADE IN CANADA BY CANADIANS OF CANADIAN WHEAT

And have you tried SHREDDED WHEAT as a porridge? Easy to make... economical too.

- 1 Break up two or more Shredded Wheat Biscuits in a saucepan.
2 Add 1 cup of water for each Shredded Wheat Biscuit and salt to suit your taste.
3 Stir occasionally, boil for 5 minutes and serve steaming hot with milk or cream.

Cynthia hesitated only to fix a

Sore throats Quickly relieved by rubbing on VICKS VAPORUB

self from his companion and hurried out of the hall. Cynthia tossed her head as she turned away. She flew, then, into the shadowy maze of corridors about the hall. In seemingly countless places she discovered members of the Band, all of them in fantastic fancy-dress costumes, and all of them armed either with dummy weapons or wine bottles.

The Black Band were ready for the maddest freak in its history, and Cynthia's mind had conceived it. She left them and hurried off to a waiting room, where she had secreted a leather suitcase an hour before. Dicky had brought it in his car, since Peter had escorted Cynthia from the house.

She went in, locked the door, switched on the light and began to undress.

Ten minutes later Cynthia emerged. Had Peter seen her, as she stood there in the empty corridor, peering up and down, he would have been staggered. No cabaret dancer could have chosen a more daring attire than she wore, now. A filthy, trivial creation of frill and flower, barely covering her knees, cut scandalously low at the breast, barely reaching above the waist at the back, leaving uncovered the pink, waxen supple young arms and shoulders.

Her lips were scarlet under a liberal application of cosmetic. The long lashes of her dazzling eyes were pencilled and heavy. Her cheeks were flushed with an unnatural colour that rouge had urged.

The whole effect was bizarre, savouring of the cabarets of Montmartre, or the dance halls of Ostend.

slipken black mask over her eyes, and then she fled to another round of her hectic followers.

Group by group she mustered them, joining Dicky Smythe last of all. She found him waiting behind a curtained doorway admitting directly into the hall where the guests were dancing.

epilogue to her challenge: "Now, Peter Cavendish, you will see my way of wounding you. After to-night you'll be glad enough to release me."

Nevertheless, her white hand trembled as it went to her lips, pressing a silvery whistle against her mouth.

Then she stiffened, flashed a glance at her smiling companion, shot out her free hand to the silk-cord by the curtains, and wrenched them open.

"Now!" Cynthia blew a shrill blast on the whistle, sending high, echoing notes through the shadowed corridors. Out of the darkness streamed a horde of laughing, hysterical, reckless pierrots and pierettes, gladia-lators dancing girls, Spaniards and Throless and Portuguese—tumbling over each other in their mad release from an impatient waiting, pouring like a stream of noise and colour in the horrified throng in the hall beyond.

And Cynthia Marland, her lips parted in hysterical slyness, defiant laughter, was at their head, waving them on to their fair-brained escapade.

"Everything's ready," she told him, excitedly. "And now, Brother of Beanfeasts, to shock Midley once and for all!"

In that moment she paused, and looked away. He saw her stiffen, and knew what she was thinking. Her narrowed eyes set upon the thick curtains before them, through a parting in which she could see the brilliant array beyond, her scarlet lips framed the words of a grim

Dr. Wood's Her Five Children Had Heavy Colds

Mrs. M. Arsenault, Kensington, P.E.I., writes: "I am the mother of five children, and last winter they all had heavy colds. I tried all kinds of medicine, but none seemed to do them much good. At last I got Dr. Wood's Norway Pine Syrup and their colds had soon disappeared. I consider it the best cough medicine I have ever bought."

Price 35c. a bottle; large family size 65c; at all drug and general stores; put up only by The T. Millers Co. Ltd., Toronto, Ont.

CHAPTER VI

Peter Cavendish barely knew the young man, Derek Coward, who approached him while he was chatting with several members of the Council interested in his business enterprise in the town. Coward touched his arm and drew him urgently aside.

"A telephone call has come through from the Manor, Mr. Cavendish, he announced. 'You are wanted there urgently. I do not know what it is, but the butler said something about illness.'"

Peter started in dismay. "Illness—?" It was the last thing on earth he would have expected, but he was devoted to his maiden aunts who ran his home with splendid efficiency. "All right," he said, quickly, "I'll return at once. Thanks."

He excused himself, looked round for Cynthia, and failing to find her, hurried out of his waiting car. He drove furiously up the hill road, wondering what on earth could have happened in his absence.

When he hurried into the hall of Midley Manor and questioned the elderly butler, that dignified servant stared at him askance.

(To be Continued.)

NOTICE

Re the notice which appeared in the Guardian of March 20th from Parker A. Horne, I wish to say that Parker A. Horne has never paid or never been asked to pay any bills contracted by Horne Bros, since 1928, as I myself have carried on the business of Horne Bros, W. L. Horne and intend to do so in future. HOANE BROS. Per J. BEAGH HORNE, 8656-3-21-11.

NOTICE

The public are hereby notified that I have no connection whatsoever with Horne Bros., of W. L. Horne and have not had since the year 1928 and I will not be responsible for any debts contracted in that name. Dated March 28, 1933. PARKER A. HORNE, 8640-3-30-21.

FARM FOR SALE IN CANADAVOY

The undersigned offers for sale his farm of 105 acres with house and barn, 50 acres now ploughed and in good state of cultivation, balance lumber and hard wood. Near school and churches and railway station. Apply to W. F. JARDINE, Head Hillsboro, R. R. No. 1, P. E. Island, 8617-3-20-67

FOR SALE

As I am leaving this country I will sell cheap for cash 1 Easton incubator 600 eggs. 1 coal burning brooder 1600 chicks, 1 Chevrolet Sedan Model 1926, 1 trailer. AAGE TIMM, Wood Island Mills, P. E. I. 8642-3-27

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FARM FOR SALE

I offer for sale, a farm situated a Pleasant Valley, Lot 21, 1 1/2 miles from Elliot's Station, School Church and Mills, 2 1/2 miles from Fredericton Station, Church and Stores. Farm consists of 109 acres 70 acres cleared, balance covered with Hard and Soft wood. Land in excellent state of cultivation. Never failing spring running through farm. Dwelling house, and all out buildings in good repairs. For inspection at any time. For further particulars apply to W. F. STEVENSON, Box 186, Bradabane, R. R. 2, P. E. Island. March 30th.

The Bankruptcy Act SALE BY TENDER

In the matter of the Estate of Heath M. Chisholm, North Tryon, P. E. I., General Store Keeper. Sealed tenders will be received by the undersigned up to 5:00 o'clock in the afternoon of Wednesday, April 5, 1933, for one or more of the following parcels: PARCEL NO. 1—Book Debts. PARCEL NO. 2—Store Fixtures and Furniture. PARCEL NO. 3—Stock in Trade. PARCEL NO. 4—Real Estate, consisting of Lot in North Tryon 7 1/2 x 30 ft., with store built thereon, the latter including wall shelves, but no other interior fixtures. Inventories of the above assets can be seen at the office of the undersigned Bank of Nova Scotia Building, Charlottetown. CANADIAN CREDIT MEN'S TRUST ASSOC. LIMITED, S. K. S. MEMMING, Agent. 8619-3-29-64