

Woman's Realm Social and Personal Fashions Literature

Living & Leisure THE WOMAN'S REALM

SMILE OF YESTERYEAR

Last night I saw you once again. You hadn't changed, my dear. You smiled the same remembered smile.

I knew in yesteryear. How good it was to talk with you. The time had been so long. Without your voice to comfort me. And keep my spirit strong. But suddenly you slipped away. I could not reach your hand. How could a dream become so real. I cannot understand.

—Hilda Farr.

RATHER MIXED

After a spell of dry weather there was a heavy fall of rain, and an Irish farmer said to his neighbor. "An hour of rain like this will do more good in ten minutes now than a month of it would do in a week at any other time."

If carrots are cut julienne fashion, in long thin strips, before cooking, they add an attractive note to a vegetable plate.

Ready-prepared sandwich spread makes a good seasoning and gives the proper consistency to deviled eggs. Salt, pepper and paprika may be added if desired.

Wedding anniversary symbols for the first 10 years in order are: paper, cotton, leather, books, wood, iron, copper, bronze or brass, electrical appliances, pottery, tin or aluminum.

If your husband refuses to wipe dishes, claiming that it is not a

Modern Etiquette
By Roberta Lee

Q. When a hostess gives a dinner party in a restaurant, is it all right for her guests to add to her tip upon leaving the table?

A. This would be extremely helpful to the hostess and would give the impression that her guests considered her tip as insufficient.

Q. Is it all right for a business man to use his business letterheads when he writes his social letters to his office?

A. No; he should keep a box of correspondence stationery in his desk for this purpose.

Q. What is the correct way to eat a peach at the table?

A. A small silver knife should be provided, the peach cut into quarters and conveyed to the mouth with the fingers.

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Better English
D. G. Williams

1. What is wrong with this sentence? "He wasted the better part of his fortune."
2. What is the correct pronunciation of "really"?
3. Which one of these words is misspelled? Nuisance, nueter, nutritious.
4. What does the word "flagitious" mean?
5. What is a word beginning with "nu" that means "to overflow"?

ANSWERS

1. Say, "He wasted most of his fortune." 2. Pronounce re-al-ly, e as in me, and three syllables, not rill-ly. 3. Neuter. 4. Shamefully criminal. "No villainy or flagitious action was ever yet committed that . . . that a lie was found to be first or last the principal engine to effect it."—South. 5. Inundate.

WINDBURN

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That Body Of Yours
By James W. Barton, M. D.

SHAPE OF YOUR STOMACH IMPORTANT TO HEALTH

Some years ago an X-ray specialist published a set of diagrams showing four different shapes of the stomach. He used these to show physicians, and sometimes the patient, the shape of the stomach examined, and why certain symptoms arose because of this shape. If symptoms were present and the shape of the stomach were normal and no ulcer or cancer were present, it was good evidence that such symptoms were caused by nervousness and emotional disturbances.

The four types of stomach are:

1. The stomach with a shape like a syphon with the large end uppermost. This is called a hyper (above) tone stomach, with strong muscular walls and with such a downward slant toward the small intestine that it soon empties its food into the small intestine. This is considered a normal stomach.
2. The stomach with the shape of the letter "J." The food remains in the stomach longer than in the first type, but does not have to climb any distance before it is emptied into the small intestine. This is considered a normal type.
3. This type has the shape of the letter "U," the left side reaching to half the height of the right. This has less than the normal power.
4. The fourth, still like the letter "U," has the left side almost as high as the right, with little or no tone or muscular power.

In their book "Byways to Health," Dr. Thomas D. Wood and Theresa Dandill outline these four shapes of the stomach, and advise that those who have a stomach of the shape of the third and fourth should not drink much water at meal time. "Since water seeks its lowest level, it is far more difficult for a stomach of weak muscular tone to pass water than solid food."

Stomach number one is empty of food two or three hours, number two in three or four hours, number four in five or six hours.

Individuals with a poor muscular tone (numbers three and four) would do well to lie on their right side for 10 to 15 minutes before lunch and before dinner. This helps food to flow or syphon into the small intestine.

Working Wife

Spouse's Rightful Place Is At Home If Husband Can Support Her

DEAR MISS DIX: My wife and I have been married 13 years and have two daughters, one 12 and the other 10. I have earned a good living for my family and before the war my wife never worked out, but while I was in the Army she decided to get a job in a war plant.

Now the war is over and I am back at my old job, making a comfortable living, and have bought a home and have it nicely furnished. I am anxious for my wife to give up her position and let me support the family, as I am amply able to do so. She is now a clerk in a grocery store. I feel that it is her duty to make a home for the children and me, but she positively refuses to do so. I love my wife and children very much, but I am afraid that if she keeps on with her job and neglecting her home and family, our marriage will end in divorce. Can you advise me on this situation, because I am at my wits' end?

CONFUSED

EATING YOUR WAY TO HEALTH

Be sure you are getting the proper all-round daily diet for your type of build, occupation, etc. Send today for Dr. Barton's handy book, "Your Way to Health." Just send 10 cents and a 3-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y.

Cook's Corner

APPLE GINGERBREAD DESSERT

3/4 cups sliced apples
1/3 cup sugar
1/2 cup shortening
1/4 cup brown sugar
1 egg well beaten
2 cups sifted flour
2 teaspoons baking powder
1/4 teaspoon soda
1 teaspoon ginger
1 teaspoon cinnamon
1/4 teaspoon salt
1 cup light molasses
1/2 cup hot water

METHOD: Pare, core and slice

How Can I!!!
By Anne Ashley

Q. How can I remove old putty?
A. Use a hot soldering iron, or red-hot poker, over the putty. Do not let the iron touch the glass, or it might crack it. Or, cover the putty with soft soap and allow it to stand for several hours; it can then be removed with any sharp instrument.

Q. How can I relieve a bad head cold?
A. Place a piece of camphor in an old saucer, set it on the fire and after burning for a few minutes, blow it out and inhale the camphor fumes. This has often proved effective.

Q. How can I remove varnish from fabrics?
A. By saturating with turpentine, rubbing between the hands, and then sponging with alcohol.

Oil on Clothing

To remove oil spots from clothing, first wash out all the dust from the great spots with warm water in which is sprinkled a few drops of ammonia. Then cover the spot with paste made of fuller's earth and ammonia. Let stand for a day or so, then lay blotting paper over the spot and press with a hot iron.

Lemon Meringue Pie

Lemon meringue pie will be difficult to cut if the pie knife is wet with cold water before using. This prevents sticking.

Tan Shoes

Sweet cream is excellent for cleaning white or tan shoes. Put it on a cloth and rub it thoroughly.

Morning Smile

Muriel was one of the most popular girls in town, and when she married the church was crowded. After the ceremony friends rushed to kiss the bride. After about half an hour, the breathless girl looked puzzled and looking down at a little man, she said: "I don't know you. Why are you kissing me?" The little man scratched his head.

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Ex-King of Belgians May Visit North America

On his way to Cuba for a holiday, called King Leopold of Belgium, right, is seen with, from left, Mme. Ferrier, his daughter Princess Charlotte, his heir, Prince Baudouin, and Princess de Rethy before he left Switzerland. He may visit the U. S.

Ellen's Diary
By an Island Farmer's Wife

"Well, Ellen," James said softly, bringing me to wakefulness this morning, thereby interrupting a very sweet dream I should like to have followed to a conclusion "here's when we've got to get up and go to our farming again." Not that we do not enjoy picking up the threads of work left idle at weekend. On the contrary it is with renewed energy and interest we come again to the farm-work after our day of rest. Stormy indeed was our yesterday, snow falling lightly to leave us enclosed in a world with narrowed horizons. At times drifts whirled along the face of the slopes and only an odd sleigh passed along the road which now winds through a field to reach the summit of the hill. Church services came to James and myself by Radio. Nor on a quiet Sabbath as it was, do we drink only at one stream of thought but rather are able to find inspiration and food for reflection and enjoyment in listening in to all religious denominations who in reverence "name His Name." We enjoy the strange peace and calm which accompanies all such services. As yet Jamie does not wholly share our liking. Recently, during a period of sacred music, he deliberately and quietly turned off the machine. "But Jamie!" I protested we like that! "I do too!" Jamie answered, adding in a bored tone "but only on Sundays!" The charm of the day comes back to me now, the air of tranquility which took its cue from the silent old mill in the valley and the winter-hed fields and trees.

Today the pattern of our living changed to its busy tempo as we came to our farming again. From the time I slipped an exploring hand beneath a stout matron whose loud cackle had distracted me while on my way to the milking shed, the day died—and later there has been little leisure for men or women. A warm brown egg was the reward for my detouring and by lantern light I saw little of James today, in the morning catching chance glimpses of him about the choring and by afternoon he and Jock disappeared altogether. They returned at twilight, Fard in the van and they carried a load of bedding straw dim figures all, in the gathering darkness.

In the morning grand-daughter well wrapped came calling to prattle of cats and cows and bow-wows. Mittens and scarf were shed while she went to her varied interests here. Among the mail, Jeanie fetched a letter which at a glance I knew was from Judy. Bearing news of her skating, it told of her enjoyment of the skating season at present. "And do the youngsters come from the corner row to skate on Kristy's Pond as they did when I was there?" she asked, not knowing I suspect the old fashioned winter which has come to The Island to bury a depth of snow. Indeed the pond beyond has been now lost trace of in the white of the field beside. Before too long however a shy frog will begin a roundelay there to be taken up by scores of voices and echoed in the depths of humans' hearts. And Spring will have come to set white clouds to floating along a hilltop and the glint of sunshine to the freed waters of streams and ponds.

For a herald of it came too by today's mail: the first of the seed catalogues beloved by garden lovers, its pages gay with blossoms to make one forget their household cares and dream of a bright Summer to come. Friendly faces are there to greet one like those of old-fashioned and dependable old-fashioned that one had neglected for a time but not forgotten. And so one remembered and made plans for a bed of gay Nasturtiums for small hands to pick and flourish at the robbing; a row of dahlias, prim and colorful; Sweet Peas like pastel butterflies on the wing and feathery bachelor's buttons so cool their bells their name. But it is a married man's buttons, I must now replace for James tugging at a suspender sighs and says dolefully: "I wonder where I can find a shingle nail, Ellen?"

Until tomorrow — Diary — Good-night.

ABLE TO SUPPORT WIFE

But these drawbacks do not appear to exist in your case. You are able and willing to support your wife. You offer her a good home and she refuses it, either because she wants more money to spend, or she gets a kick out of having her own pocketbook, or because she likes the excitement of working in crowds.

Many other women, like your wife, who tasted blood money during the war, have refused to give up their jobs and go back home to their husbands and children. This is one of the main causes of juvenile delinquency, which is our greatest headache right now. For no woman can make a real home when she is giving most of her time and her strength and her interest to her job. Nor can she be an adequate wife and mother when her ambitions and thoughts and plans are centered in her work instead of her children, and when she seldom knows where her children are or what they are doing.

It takes all that any woman has of heart and brain and patience and diplomacy to run a house properly, make her husband happy and rear children into fine men and women. And there is just no arguing the question. The undomestic and unmaternal woman never should marry.

OVERWORKED NEIGHBOR

DEAR DOROTHY DIX: In our neighborhood is a woman who has a girl, four, and a baby, nine months old, whom she parks with the neighbors up and down the street several times a week. She doesn't ask if it is convenient. She just dumps the kids on us and goes. The little girl is chain lightning, and the baby howls and screams. She never offers one penny as payment for our services; just says: "I'll do something for you some time."

Now I am not well and the children make me very nervous. Don't you think she should get wise as to how she is taking advantage of us?

DISGUSTED

ANSWER: No, I think she is the wise one and you are the dum-dums and that if you had a particle of spunk about you, you wouldn't stand for her unloading her responsibilities upon you. You would let her nurse her own children.

I can't be very sorry for people who allow themselves to be made doormats. Just tell this woman that you are not running a baby-sitting resort and stand by it, and that will end the whole trouble.

DEAR MISS DIX: I am a girl of 15 and am having parent trouble. Every time I come home at about 3 A.M. from a date, my father is waiting up for me with a hairbrush. The minute I get my coat off he turns me across his knee and spanks me. The last time he didn't even wait until my date left. He spanked me so hard with his slipper that I can't sit down.

I think I will run away so that I can date and drink all I want to. He is spoiling my health with his paddling. My mother is no help. In fact, she wields a wicked hair brush, too.

ANSWER: Evidently your parents got out their hair brushes too late to save you. Certainly no girl who has had proper supervision and whose father and mother have done their duty by her, even things about roaming the streets at three o'clock in the morning, or plans to leave home so she can get drunk and go with any heel who will date her.

apples. Arrange in parallel rows in a well greased square pan. Sprinkle with sugar and place in a moderately hot oven (400 deg. F.) for about 10 to 12 minutes — while preparing the gingerbread batter. Cream the shortening and gradually cream in the brown sugar. Beat in the egg. Sift the flour and then measure and sift again with the baking powder, soda, spices and salt. Add the hot water to the light molasses and mix well. Now add the sifted dry ingredients to the creamed mixture alternately with the molasses and water mixture, a small amount of each at a time. Pour the batter over the partially cooked apples and bake in a moderate oven (350 deg. F. for about 45 minutes, or until done. Remove from the oven and turn onto a cake platter immediately. Serve with cream, or with a custard sauce, if desired.



Cupid's message for Valentine's day always demands flowers, and romance is still the No. One challenge to florists everywhere. To glamorize your sentiment either locally or via flowers-by-wire, FTD stylist Alyn Wayne designed this coat corsage of solid carnations to suit the day (lower left). For extra heart interest at that Valentine's dance, advance from the good cause with a stunning hand corsage like this (lower right). White roses and stephanotis, tulle and ribbon are the floristry trick. For this year's Valentine hostess gift or table piece, stylist Wayne suggests (above), this foamy cascade of snapdragons, jonquils, atacia and pompons—set off by appropriate heart-of-butterfly paper lace.

The Stars Say--
By Genevieve Kemble

For Tuesday, February 3

IT is probable that an indomitable tendency to rush head-on into putting over new projects or to speed up those already established, may come to grief or run into disagreeable, unhappy and unproductive situations. A turbulent, over-zealous and aggressive attitude, accompanied by poor judgment or an inclination to gloss over facts and figures, may result in mistakes and inharmonious personal encounter. Impractical or excessive urges may prove disastrous. Those whose birthday it is today find themselves in a year of defeat and distress, largely because the projects or revision of old ones or the outlook seems fair, and likely to be nullified by obscure judgment, want of proper understanding of facts and vital issues as well as a tendency to meet resistance and lack of progress and conduct. The energies might better be centered on due study of prospects with new agreements, needful change or improvements rather than "flying off the handle" and beguiling personal strife. A child born on this day may be energetic and aggressive, but his tendencies may be too strenuous and its judgment not able to cope with underlying situations. "I don't know. When I joined the queue outside I understood it was for razor blades!"

Household Scrapbook
By Roberta Lee

Morning Smile

Muriel was one of the most popular girls in town, and when she married the church was crowded. After the ceremony friends rushed to kiss the bride. After about half an hour, the breathless girl looked puzzled and looking down at a little man, she said: "I don't know you. Why are you kissing me?" The little man scratched his head.

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