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Living & Leisure

THE WOMAN'S REALM

When the heart of man was it ever less than a treason to go with the drift of things, to yield with a grace to reason, or a love or a season?
—Robert Frost

CHECKUP ON SHOE SIZE

A child's feet are capable of astonishing growth between spring and fall. That's why pediatricians warn mothers to be careful about putting youngsters' feet back into school shoes which finished their term last spring.

Summer exercise has helped to promote growth of feet, these experts say. They also point out that bare-footed activity during the vacation months frequently causes changes in the shape of growing feet.

For these reasons, a new check-up on shoe size and last for your child is urged, a service which reliable shoe stores will obligingly perform.

As for the kind of shoes needed for growing feet, experts insist upon sturdy, well-made oxfords with strong but supple uppers. To provide shape-retaining support for tender arches, flexible leather soles are needed.

The kind of shoes which should not go to school, according to our experts, are sneakers and other flimsy footwear designed for play. These shoes are not intended for breaks on hard pavements, and if worn for such, may cause disabilities.

PITFALLS LURK IN NEW STYLES

Don't make expensive wardrobe errors this fall by buying extreme new styles which may turn out to be wrong for you.

This warning comes from the chic owner of a smart New York woman's shop, who thinks that the radical new fashions offer many pitfalls for the unwary.

The two she cites are the infant silhouette and the infantile look.

"The infantile look emphasized in new styles can be fatal to a woman over 40," says Wilma. She also thinks that the average woman of any age will have trouble wearing the so-called "infanta" or "barrel" silhouette.

There's more advice from this

lady merchant which, if heeded, will steer you past other pitfalls lurking in the new fall fashion.

If you are in doubt, wait to buy until stylish extremes have settled to a sensible medium. If you simply can't wait, buy a simple dress with a neckline, bustline and hip-line that you'd like anyway, no matter which way the style wind blows. This middle-of-the-road choice should have a long hemline, she maintains, and says that you can always modify that to suit both the fashions and your personal whims.

A MANICURE IN HASTE IS REPENTED AT LEISURE LATER IN THE EVENING

To be "groomed to the fingertips" should be the year-round resolution for all of us. Hours of time spent on coiffure and makeup will be wasted if the picture is spoiled by grubby hands. A hasty coat of nail polish is not enough. Beautiful hands are a result of daily care.

Daily care should include application of cuticle softener and nail cream to ward off painful hangnails. Finger and palm callouses will soon disappear if you soak hands in warm water, apply soap to the hardened skin and rub gently with a pumice stone. Keep hand lotion near the wash basin, and use it as often as you bathe your hands.

The time for a manicure, incidentally, is not 10 minutes before the party, but a day ahead. A durable professional-looking manicure takes time. It means gently pushing back the cuticle and smoothing rough spots, shaping nails, coating fingers with oil or lanolin and soaking them in soapy water.

After they are rinsed and dried, you are ready for polish base and polish. But all your effort will be misapplied if polish isn't given a good 15 minutes to dry. If you're the nervous type, sit down with a book and time will pass quickly.

The lack of a fireplace needn't leave a room without a centre of interest. A good substitute is a long shallow table, chest or bookcase placed against the wall under a large mirror and flanked with matching chairs or love seats.

SOLVE PROBLEM OF WEARING TIE

During the recent heat wave, a Southern gentleman solved the necktie problem by carefully folding a bright-colored tie and carrying it, handkerchief fashion, in his shirt pocket.

He declared it was much cooler to wear a tie in his pocket than around his neck and yet he figured that by having a tie in evidence he was conforming to the dictates of etiquette.

Mark Twain, according to legend, once solved the necktie problem in just such a sensible fashion. Chided by his wife for calling on a visiting great lady without his necktie, the humorist carefully snatched up his necktie and sent it to the lady by way of showing her he really owned a necktie and had gone without one purely from choice.

So long as men haven't the cour-

KING COLE
TEA AND COFFEE
YOURS TO ENJOY

Modern Etiquette

By Roberta Lee

Q. What preparations should be made for a home wedding?
A. These preparations are usually the same as those made for any tea or reception. The decorations are a very important feature, and there must, of course, be music.
Q. When a man brings flowers to a girl, should she thank him for them, should she also write a note of thanks later?
A. This is not necessary.
Q. Is it all right for a guest to use any acceptable in sight for an ash tray?
A. No. He should always ask for one if there is none at hand.

KISS YOUR TIRED FEELING GOODBYE!

Pepples Many Suffer Low Blood Count—And Don't Know It.

The baffling thing about low blood count is that you can weigh about as much as you ever did—even look healthy and strong, yet feel lousy. You haven't got enough red blood corpuscles. It is their vital job to carry life-giving oxygen from your lungs throughout your body. And just as it takes oxygen to explode gasoline in your car and make the power to turn the wheels, so you must have plenty of oxygen to explode the energy in your body and give you going power.

Get Dr. Williams' Pink Pills today. They are wonderful for the help they give in increasing the number and strength of red corpuscles. Then with your blood count up, you'll feel like bounding up the stairs as if you were flying on air. Ask your druggist for Dr. Williams' Pink Pills today.

age to shed their neckties with the warm weather, the Southern gentleman probably has as good a solution as any to the problem. Why don't men just wear it in the pocket? That proves they have a tie. It shows they know what etiquette demands.

It brightens up their clothes, which is supposed to be the only real reason for a necktie anyhow, but it allows them to go with their collars unbuttoned instead of suffering from a tight collar and a thick tie around their necks.

And it really isn't any sillier than the way women have solved the glove problem. They carry gloves when etiquette demands they wear gloves but convenience and comfort say otherwise.

DOROTHY DIX SAYS—

Marriage Success

Recipe Given By Happy Couple Includes Love, Compromise

DEAR MISS DIX: A young couple who claim to have solved the problem of how to be happy though married give the following recipe for making it a tasty dish for which they never lose their appetites. The husband says: "Of course, a married couple must be in love with each other and must give each other continual indications of their affections. I'll bet my wife tells me she loves me 20 times a day. We have had similar social and financial backgrounds and we have similar tastes. She is always thinking of little things to do to please me or for my comfort. She isn't afraid of work. She doesn't mind denying herself small things for something better in the future. She doesn't try to keep up with the Joneses. "She doesn't nag or pick quarrels and is jolly and pleasant to live with. She is never too busy, socially or otherwise, to cook me good meals, and she loves to surprise me with something tasty and new. She always keeps herself and the house neat and clean. She never argues. And she is friendly to my friends."

PULL TOGETHER

The wife says: "He still holds me on his lap at meal times. We make marriage a 50-50 proposition and pull together. My husband doesn't take me for granted. He always tells me how much he loves me and notices all the things I do for his pleasure and comfort. He is tender and kind to me and doesn't mind washing the dishes when I have a bad headache. We never quarrel. When we have differences of opinion we compromise. My husband is a home-lover and on his day off he is always fixing things about the house for my convenience.

"He remembers all anniversaries. He never leaves for work without kissing me good-bye, and when he gets off work he comes straight home instead of going to a tavern. He doesn't drink, smoke, or gamble. The trouble with most wives is that they don't appreciate a good husband and they expect too much. I am perfectly satisfied with my husband and love our home, but I would be happy with him if I had to live in a tent. When a man comes home from work he wastes peace and quiet, not a wife who is always plying herself. He wants to feel that she made a good match, too. I try to match my husband's moods."

A HAPPY COUPLE

ANSWER: On the principles that an ounce of experience is worth a pound of theory, I present these rules for making marriage a success to the many young couples who have joined the queue to the divorce courts. They have worked for this young couple who have put their heads and their backbones as well as their hearts into marriage, and they will give equally good results to any other husband and wife. For, after all, there is no occult mystery about how to make a marriage happy. It is just for the big contracting parties to use as much tact in trying to get along with each other as they do with strangers. And it helps a lot if they have sense enough to pick out husbands and wives who have the same background and taste and have been reared on the same kind of pie that they have.

(Continued on Page 3)

Better English

D. C. Williams

1. What is wrong with this sentence? "I began the work last week."
2. What is the correct pronunciation of "mesmerize"?
3. Which one of these words is misspelled? Blamable, inflammable, consumable.
4. What does the word "filicide" mean?
5. What is a word beginning with pa that means "to cover with excuses"?

ANSWERS

1. Say, "I began the work," or, "I have begun the work."
2. Pronounce first syllable mes, not mess.
3. Inflammable. 4. Act of murdering a son or a daughter; also, the parent who does this. (Pronounce fil-i-sid).
4. First and second 'i' as in side, accent first syllable.
5. Palliate.

Morning Smile

EXPERIENCED
Jock had had a little too much to drink and he was feeling very happy as he passed through the turnstile.

"How long have you been doing this?" he remarked to the man who punched his ticket.

"Oh, said the ticket collector, "nearly thirty years."

Jock studied his ticket carefully. "You do it very well," he said appreciatively.

TRIED HARD

An old lady was arguing with the driver about the cost of the taxi ride.

"I tell you the price you are charging is poor people who have been bombed out of our homes is ridiculous. Do you think I have been travelling in a taxi for years for nothing?"

Jock studied the driver, "but I'm jolly well sure you've tried your hardest."

Ellen's Diary

By an Island Farmer's Wife

We found an edging of ice on the mill pond this morning, an unmistakable surface of it along the nearer side which disappeared presently when the sun climbed above the eastern hills and slipped quietly into our valley. But the smoky haze of Autumn hung above the stream, for the time, hiding from sight far gables and the red-brown of distant, early plowed fields. Cool but calm and beautiful, we found it, the water through the gates making a melody which appeared loud in the stillness prevailing. Winds had not then left their fortress, not even a vagrant breeze to tease the leaves of the lawn trees. The milk pails on the rack were frostily cold and the cats lay down their dainty paws hesitantly on the crisp grass as having assembled at the separator house they preceded us in a body to the milking.

James had sad news about our cat family. In a cradled spot in the straw of the barn floor he had found the warm lifeless body of a newly-born kit-cat. "Oh!" I said, thinking of how Jamie, whose heart could embrace every kitten on the island, would receive the news. "Yes," James remarked watching the company ahead of us "we can all afford to lose any!" I saw it, but whose it was we could not determine. Perhaps it belonged to Tabby. I think not, for whatever else may be said against her, she has always been an ideal mother. She would have stayed with her small one, and been desolate over the loss. It must have belonged to that grey and white missy cat from the house on the hill or her mother, who comes up the short cut to join with ours at the cat pan.

"I reckon, Ellen," James said when he drew our milking stools close to our respective heifers "if we finish that grading up there in good time this afternoon, we may have time to make a beginning at the potatoes. It's getting into the month, you know, and from this now, every day counts. There it was then: the potato digging had come. For the women kind the signal to have our houses in order and our outboards full. No ordinary requirements are now to be met at meals for 'the digging' is a hungry job. Today then we worked feverishly to wash these pots and pans of all the Saturday's work must be advanced—the ends of cleaning as well as the bakings. I must also rinse a few articles and while spreading them, linger outdoors to enjoy the echo of the blue jays' call and to follow the flight of the wild ducks into the trackless blue down the river. To stop a few minutes in the glory of today's sunlight to gather clusters of seeds: cosmos and small tagetes and marigolds so pridal with their gold and red. I had some perennials grown from seed sown last spring, which in shady places have survived the heat of the Summer, for even as this year's loveliness departs one plans for the one to come. "I shall move that shrub or cone tree to another location, and here or over there I must plant some well loved blossom" so ones thought as on into the Spring season, which when on considers it is not at all "just around the corner" but will nevertheless appear in "due season."

Today's baking included pies and along with apple so generally a favorite and which have much appeal when produced at lunch time in the potato field I made a pair of pumpkin pies, rich in "sugar and spice and everything nice" from one that had recently been sunning its cheek in Karolyn's garden. "Yes," James said "you're welcome to it—we've got plenty left yet for Halloween." It is always so long between bakings of these that I am obliged to take out a cook book to familiarize myself with the details of making. As it was added to the mixture. They appear to be rather thin, though this deficiency will be overcome by the addition of a topping of sweetened whipped cream, done in a jiffy now that days are cooler, adding an especial appeal to make it a dish "fit for a king" and perhaps relished most of all by workers hungry from an afternoon at the digging.

"Two cart loads the men of the family dug and gathered towards

Cook's Corner

APPLE DUMPLINGS

2 cups flour
1/4 teaspoon salt
4 teaspoons baking powder
3 tablespoons shortening
1/2 cup milk (approximately)
6 apples
Sugar and cinnamon
Mix and sift flour, salt and baking powder. Cut in shortening. Add milk to make a soft biscuit dough. Roll to 1/4 inch thickness. Cut dough in six squares. Place core and pared apples in centre of each. Fill cavity of each apple with mixture of sugar and cinnamon. Draw dough up around apple. Pierce dough with fork. Place dumplings in buttered baking-dish and bake in moderate oven (350 F.) until apples are tender—about 40 minutes. Serve with cream and sugar or a hot caramel sauce. Preparation: 15 minutes.

EAT AND ENJOY THIS DAILY TREAT!

BUTTER-NUT BREAD

always fresh

Eastern Baking Limited

Household Scrapbook

By Roberta Lee

A Bad Habit
Don't borrow other people's glasses to read just because they seem comfortable to you and you think the same thing is the matter with both sets of eyes. Eyes are too precious to take such silly chances with them. Have your eyes refracted by a reliable specialist and have your own prescription filled.

Hems on Curtains
Your marquisette curtains will be very pretty if simply made with one-inch side hems. A three-inch bottom hem, and long enough to reach either to the sill or the bottom of the apron, either length being in good taste.

Keeping Plants Moist
To keep plants moist for a day or so, sink a tin with a hole punched in it beside the plant, with the hole toward the root. Fill the can with water and cover. The water will drip for a day or so.

How Can I!!

By Anne Ashley

Q. How can I get the color in wash materials?
A. Add a little sugar of lead to four quarts of water, dissolve, and soak the goods for about 12 hours. Then rinse and dry in the shade.
Q. How can I prevent black spots on boiled potatoes?
A. These spots will not appear if a teaspoon of vinegar is added to the water while they are boiling.
Q. How can I give a better flavor to tea?
A. A delicious flavor will be imparted to the tea if a piece of dried orange peel, one inch square, is added to each drawing of tea.

evening making what they term "a start" at the digging and at the same time declaring the new year at the other farm open. Quite proud of the excellent storage space it affords, James tells me the amount saved today. "Looks like" "a smelt in the Bay of Fundy" I completed his thought for him, James nods and now that the moon is above the old birch says with a smile which just might be ingratiating: "It's all hands on deck—and early tomorrow, Ellen!"
Until tomorrow — Diary — Good night.

Needlecraft FOR THE HOME

PEPLUMS PREFERRED
Heralding the new hip interest in this vivacious V-necked frock designed with slanting double peplums in front—to cause ripples of excitement wherever you got your choice of sleeve length.

No. 2259 is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40 and 42. Size 36 requires 3 1/2 yards 39-inch.

Send 20c for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish, include postal unit or zone number in your address. Address Pattern Department, The Charlottetown Guardian.

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For Eczema—Skin Troubles

Make up your mind today that you are going to give your skin a real chance to get well. Go to Hughes Drug Co. Ltd., The Jenkins Pharmacy or any good drug store and get an original bottle of Moore's Emerald Oil—that lasts many days because it is highly concentrated.

The very first application will give you relief—the itching of Eczema is quickly stopped—eruptions try up and scale off in a very few days. The same is true of Itching Toes and Feet, Barber's Itch, Salt Rheum, skin troubles.

Remember that Moore's Emerald Oil is a clean, powerful, penetrating Antiseptic Oil that does not stain or leave a greasy residue. Complete satisfaction or money back.

I TRIED NOT TO SHOW IT—but that whisper stopped me cold!

"IF YOU DON'T TELL HIM—I WILL!"

HOW EMBARRASSING THAT WHISPER WAS!

"I was talking to a small group at a club meeting. Then I heard someone whisper 'B.O.' I was so humiliated I stammered like a kid."

"On the way home, my wife was sympathetic, even said it was her fault for not choosing Lifebuoy as the family bath soap."

SO MANY PEOPLE ARE ASKING FOR LIFEBOUY THESE DAYS!

WHAT A WONDERFUL WAY TO STOP "B.O." THIS LATHER MAKES ME FEEL LIKE A NEW MAN!

YOU CAN COUNT ON US, JIM!

HOW TO STEP UP PROTECTION AGAINST "B.O." (Body Odor)

Tests prove that Lifebuoy not only stops "B.O." but that you can build increasingly better protection against "B.O." by bathing with Lifebuoy every day. Try it for just seven days. See how fresh and clean your skin feels. A daily Lifebuoy bath stops "B.O." faster, gives you longer-lasting protection.

USE IT DAILY.

A LEVER PRODUCT

"Next day, she got several notes so we began to build up a defense against 'B.O.' with daily Lifebuoy baths."

"Lifebuoy's lather really tones me up. Lifebuoy gives me the all-over protection I need."

"Feels new seem easier to meet, more friendly, since I started using Lifebuoy daily."

Lifebuoy Soap

Lifebuoy Soap