"The grain of Mustard" for health

Don't refuse the mustard when it is passed to you. Cultivate the habit of taking it with meat, especially fat meat. It stimulates the digestion and aids in assimilating your food.

but it must be Colman's

238

The drop of dew which hangs from the blade of grass reflects a sky as vast and as pure as the immense ocean in its azure plains.

We often do more good by our sympathy than by our labors, and render to the world a more lasting service by absence of jealousy and recognition of merit than we could ever render by the standing efforts of personal ambition.

It is of no consequence of what parents any man is born, so that he be a man of merit.

Economy is in itself a source of great revenue.

HICKEY'S
BRIGHT CUT SMOKING TOBACCO

Strike a light and the first puff reveals the fact, that you are going to enjoy the best smoke you ever had. It is manufactured from pure Virginia leaf and the smoothness and fragrance of this tobacco cannot be surpassed.

HICKEY & NICHOLSON TOBACCO CO., LTD.
Manufacturers Charlottetown

COAL

We have now in stock and to arrive coal of the best quality from the best high grade standard mines, namely Albion Nut, Stove and Round, Old Sydney, Dominion and Springhill Screened. We also have best quality of Hard Coal in Chestnut and Stove sizes recently arrived from New York, all of which we are selling at lowest prices for present delivery.

Besco Coke, Hardwood and Softwood always on hand.

All orders will have our best attention, whether large or small. Prompt service, obliging carters.

Telephone 176 for your fuel requirements.

Prices in carload lots quoted on application.

W. D. GILLIS & CO.

84-mwf 6i.

FOXMEN

Now is the time to disinfect your ranches and dip your foxes.

Consult Us

We will tell you the best "DISINFECTANT" for pens and houses and how to mix it. The most reliable INSECTICIDE for dipping and what proportions to dilute to get sure results.

OUR DALMATION INSECT POWDER is the finest grade made.

Fox Capsules

All leading makes.

MacKINNON DRUG CO.
THE REXALL KODAK STORE
P. O. BOX 332 PHONE 219

E. R. Brow
146 Richmond Street
Charlottetown
Fire, Life, Accident, Sickness and Plate Glass Insurance at Lowest rate.
Agent at Summerside, Lloyd Lewis,
Good Strong Stock Companies.

THE CENTRAL GUARDIAN

SHOP from Holman's Catalog

HUGHES DRUG STORE will be the only Drug Store open this afternoon and evening.

FOR PRINTING OF EVERY description call on the Guardian Central Job Printers, Phone 133. 2880-5-tf.

COAL ARRIVALS.—The Schr. Urania is discharging a cargo of Albion Nut Coal for W. D. Gillis & Co. Telephone 176.

REV. R. W. LINDSAY will preach next Sunday, Annandale 11 a. m., St. Peters Bay 3 p. m. and Dundas 7.30 p m

FOOT TROUBLES.—Attention is drawn to Messrs. Alley & Co.'s advertisement telling that Dr. Scholl's foot expert will be at their store Wednesday, August 6th, during the forenoon and at the Queen Hotel in the afternoon. 8-5-2i.

THAT LOGAN BERRIES CAN BE GROWN on this Island as in British Columbia and California has been demonstrated by an amateur gardener in Charlottetown. The products of canes obtained in Victoria two years ago are bearing fine large berries here this year,—as was demonstrated to the Guardian yesterday.

MEMBERS OF THE VARIOUS Boards, of Trade and representatives of Farmers' Institutes throughout the Province are invited to attend the annual meeting of the Associated Boards to be held at the Board of Trade Rooms, Market Building, Charlottetown, Wednesday August 6th. at 2.30 p. m. Tickets for the evening meal at Cafe Paul 6.30 p. m. can be obtained from the Secretary of the Charlottetown Board at the afternoon meeting. 3420-8-6 1i.

MEMORIAL SERVICES for those of our soldiers who died in the Great War will be held in the Geddie Memorial church at French River on Sabbath next—the 10th at 230 p. m. The Rev. Mr. Spriggs Church of England Minister at Kensington and the Rev. George Millar, Presbyterian minister of New London, will be in charge of these services. An offering will be taken for the upkeep of the Soldiers' Monument. This is an annual event looked forward to by a large community.

NEW GLASGOW — CH'TOWN EXCURSION.— Arrangements for the excursion to Charlottetown under the joint auspices of the Rotary Club and Mayflower Tennis Club have been completed. The day set aside for this outing is Wednesday, August 13th. The trip will be made in the good ship Hochelaga which will depart from Pictou at 12.15 o'clock and will arrive at Charlottetown at 4 p. m. Returning the steamer will leave Charlottetown at 9 p. m. Harry Murray's Dramatic Company will accompany the party and will present one of their popular plays at Charlottetown that evening and the Murray Orchestra will play on the boat. It is probable; but arrangements have not been completed that the Stellarton Band will accompany the party. It may be said also that the Rotarians, Golfers and Tennis players of Charlottetown are receiving and entertaining the party from New Glasgow.—New Glasgow News.

OPEN THIS AFTERNOON and evening Hughes Drug Co., Ltd.

COAL ARRIVALS—For A. Pickard & Co., schr. Kitchner and Eldora with Old Sydney Screened and F. D. Cook with Albion Stove. 3415-8-6,1i

DO WHAT YOU INTENDED— You intended to buy RED ROSE ORANGE PEKOE TEA the last time, but you forgot. Perhaps you will remember the next time. We hope so.

CHURCH OF SCOTLAND.—The Sacrament of the Lord's Supper will be dispensed in the Kirk at Murray River on Sabbath 10th. Preparatory services on Thursday at 2 p. m. and on Saturday at 6.30 p. m. The Session will meet Sat. after divine service. Mr. E. C. Robertson will assist the minister.

THE ANNUAL CONVENTION OF THE CHURCHES OF CHRIST will be held at the New Glasgow Christian Church, Aug. 8th-10th. The first service will be Friday at 7:30 p. m. The general public are cordially invited to be present. Delegates coming by train are requested to notify Preston Campbell New Glasgow and will be met at Hunter River station. A. P. Hodges Minister.

::Whether the corn be of old or new growth, it must yield to Holloway's Corn Remover.

PERSONALS

Miss Gertrude Maynard has returned to her position in the Children's Hospital, Boston, Mass., after spending a months vacation with her parents Mr. and Mrs. Edmund Maynard, Northam, P. E. I.

::The cheapness of Mother Graves' Worm Exterminator puts it within reach of all, and it can be got at any druggist's.

FALLEN ARCHES
and
OTHER FOOT TROUBLES CORRECTED
by
Dr. Scholl's
METHOD

Dr. Scholls foot expert will be at our store on Wednesday, August 6th, where he may be consulted free.

ALLEY & CO., Ltd

Note, Wednesday being a half holiday Mr. Gleason will be at the Queen Hotel on the afternoon of Wednesday, where he will be pleased to see those calling upon him for consultation.

ALLEY & CO LIMITED
FASHIONABLE FOOTWEAR

STOCK QUOTATIONS

HALIFAX, Aug. 5—Quotations furnished by Ward and Johnston. Members Montreal Stock Exchange.

Bell Telephone	133
Brompton	32¼
St. Lawrence Flour	74
Ottawa Power	—
Cuba Cane Sugar	—
Cuba Cane Sugar Pfd.	62¾
Pan American Petroleum	56⅛
American Can	125
Brazilian Fraction	47¼
Howard Smith Pfd.	—
Howard Smith Com.	—
Spanish River Preferred	114¾
Spanish River Com.	108
Steel Company of Canada	—
British Empire Steel 1st	—
Penmans	—
Abitibi	59
Shawinigan	130½
Laurentide Pulp	87¾
Canadian General Electric	—
Canadian Steamship Com.	103¾
Canadian Steamship Pfd.	—
Asbestos Com.	—
Dominion Bridge	—
Montreal Power	170⅝
Winnipeg Electric	—
National Breweries	55⅛
Atlantic Sugar	—
Atchison	106⅝
Am. Car & Foundry	170
Am. Locomotive	80
Am. Smelting & Refining	—
Anaconda Copper	36½
Canadian Pacific Railway	149
New York Central	106½
Crucible Steel	54¾
International Paper	55¼
Kelly Springfield	15
Mex. Petroleum	—
International Mer. Marine	—
Press Steel Car	—
Reading	61
Southern Pacific	94¾
Studebaker	38½
Union Pacific	141¼
Utah Copper	—
U. S. Steel	108½
U. S. Industrial Alcohol	75

MONTREAL EXCHANGE

1934 Victory	103.30
1933 Victory	105.20
1922 Victory	—
1937 Victory	107.50

BANKS

Bank Commerce	181¾
Bank Royal	220
Bank Montreal	238
Bank Nova Scotia	250

Corn, Sept. 115¼. Dec. 105⅝. May 106⅜.
Oats, Sept. 50⅞. Dec. 54¼. May 56½.
Wheat, Oct. 139. Dec. 134¼. May 138⅛.

The Markets

SUMMERSIDE MARKET

Dairy butter	25—28
Eggs per doz.	24
Potatoes	50
Oats per bushel	45—50
Hay	$11
Hides	4½—5½

SOURIS MARKET

Butter	28
Eggs	20
Oats	65—70
Potatoes	65—70
Hay	$10—$12

MURRAY HARBOR

Butter	28
Eggs	23
Oats	—
Potatoes	—

CHARLOTTETOWN MARKET

Eggs	25—27
Butter	33
Oats	60—62
Hay	55
Pork	9½
Potatoes	55
Straw	30

MT. STEWART MARKET

Butter	30
Eggs	20
Potatoes	60
Hay	$13

MONTAGUE MARKET

Butter	25—27
Eggs	21
Oats	60

There are not words enough in all the languages to express the merest fraction of a man's experience in an hour.

AN EXCITING MOMENT IN "THE CAT AND THE CANARY"

Eleven Cities In U. S. Grown Into 100,000 Last Year

(Canadian Press)

WASHINGTON, Aug. 5.—Eleven cities in the U. S. have grown into the 100.000 population class during the last year. Estimates of population ofthe principal cities of the country as of July 1, this year, show there are 79 having 100,000 or more as compared with 68 last year. The Census Bureau in preparing the estimates did not calculate the population of some of the rapidly growing cities, such as Detroit, Los Angeles, Seattle, Denver, Akron, Bridgeport, Houston, and Spokane. The population of the country on July 1 is estimated at 112,078,611.

New York has passed the 6,000,000 mark. Chicago is approaching 3,000.000 and Philadelphia the 2,000,000 mark, while Cleveland is somewhat short of a million. Detroit, for which no estimate was made, likely has passed the million mark as its population was estimated at almost 996,00 a year ago.

The estimates of population of some of the cities in the 100.000 class follows:

New York, 6,005,504; Chicago, 2,939,605; Philadelphia, 1.951,076; Detroit not estimated; Cleveland, 912,502; St. Louis, 812,698; Baltimore, 784,983; Boston 776,783; Los Angeles, not estimated; Pittsburgh, 625,915.

San Francisco, 548,284; Buffalo, 545,273; Milwaukee, 492,087; Washington, 486,936; Newark, 445,636; Minneapolis 417,280; New Orleans, 409,534; Cincinnati, 407,835; Kansas City, Mo. 359,650.

::Miller's Worm Powders, being in demand everywhere, can be got at any chemist's or drug shop, at very small cost. They are a reliable remedy for worm troubles and can be fully relied upon to expel worms from the system and abate the sufferings that worms cause. There are many mothers that rejoice that they found available so effective a remedy forthe relief oftheir children.

Minard's Liniment for Rheumatism

Remarkable Find By Archaeologists

(Canadian Press)

PHILADELPHIA, Aug. 5.—What Babylonian scholars have regarded as the clapper of a bell since it was found at Nippur in 1907, has proved to be a priceless treasure—the bronze sceptre of King Dungi, or Ur, who ruled in 2270 B. C. the University of Pennsylvania announced today.

The sceptre was found by the archaeologists of the University Museum. It was supposed to be a bell clapper with a broken shaft. It weighs ten ounces and is six inches in length with cuneiform inscriptions at the enlarged end. When the bronze piece was held as though it were suspended in a bell none of the scholars could read the inscription. The object was placed in the vault atthe museum with other Babylonian material for further study, remaining there 17 years.

Recently Dr. Leon Legrain, curator ofthe Babylonian section was cleaning the collection. He chanced to pick u pthe supposed clapper and hold it as though it were a blackjack. In this position the cuneiform was decipherable. He instantly recognized the word "Dungi." Then began the task of deciphering the entire inscription, which states that it is the royal sceptre of the ruler of Ur. This is followed by the name of the King—Dungi.

Farewell Presentation

A large number of relatives and friends gathered at the home of Mr. and Mrs. Jas. A. MacIntyre, Grand River, Lot 14, to bid their son Rev. Father Alexander, a pleasant journey and God-speed, before his departure for Delorame, Man.

Father Alexander was called home some weeks ago to attend the funeral of his youngest brother, Wallace, who died in San Francisco, Cal., June 16th.

Father Alexander has been in the West for the past four years, and his many friends, relatives and boyhood chums enjoyed his pleasant and endearing company while visiting what he still loves best, "The Island." He was presented with an address and purse on Sunday evening, July 27th. In grateful and feeling terms he replied thanking the people for remembering his needs as a missionary, and speaking of his long to be remembered trip to dear old Grand River.

Following is the address.

Reverend and Dear Father:— On this, the eve of your return to your duties in a distant Province, we have gathered to bid you Godspeed and to express, if only feebly, our appreciation of your ability and talent as a priest of God, your congenial and sunny disposition as a companion, and your splendid good fellowship as a citizen.

A few short weeks ago, both young and old, looked forward to your homecoming with almost childlike anticipation and pride.

That homecoming, though happy, was tinged with a sorrow which each one of us felt at heart, but you have given us a lesson of fortitude in the hour of trial which shall not soon be forgotten.

Our pride in a son of good old Grand River may be pardoned when we consider how you have succeeded in the face of many difficulties and hardships, which could only be surmounted by a self-sacrificing character such as you possess.

Fain would we bid you stay longer amid the scenes of happy childhood for to us, your visit has been all too short. But since we are powerless to stay the old, old command of Father Time, "Onward," we wish you a pleasant journey to your Western home and pray that your labors in God's vineyard may be crowned with God's choicest blessings. Please accept this gift, though small in itself, it carries with it the love and respect of your numerous friends and relatives of Grand River, which, if we may quote your own words, is the best place in the world.

Given at your parental home, St. Ann's, Sunday July 27, 1924.

Your Children's Health
Home canned Cherries will preserve it

The health of children in winter requires careful attention.
You can do a lot toward keeping it good by laying in a generous supply of home-preserved fruits and vegetables.
Start now while supplies are cheap and plentiful.
It means delicious, healthy food during winter with a marked saving in food costs.
Our recipe book, containing eighty tested recipes, will help you. Send in the coupon.

DOMINION GLASS CO. Limited
10 MONTREAL DEPT. C

Canning Cherries
Choose fresh, sound fruit. Stem and wash. Pack in jars, skim off impurities, and fill with boiling hot syrup made in proportion of one pint of sugar to two pints of water. Place rubbers and tops in position. Put the filled jars in the boiler, in water about half-way up the jars. Water should be warm, not hot. Place lid on the boiler, bring to the boil and boil for 15 min.

Use Perfect Seal Crown Improved Gem JARS

SEND IN THIS COUPON
DOMINION GLASS CO. Limited, Montreal
Please send me your free book, containing eighty tested preserving and canning recipes.
NAME .....
C ADDRESS .....
Free RECIPE BOOK

Walking For Months With Fractured Spine

(Canadian Press)

MIDDLETOWN, N. Y., Aug. 5.—After walking around for three months suffering somewhat, A. W. Menzies of this city, discovered he had a fractured spine. The fracture resulted from an accident while Menzies was working as brakeman for the Ontario and Western Railroad.

::Asthma Can be Cured.—Its sufferings is as needless as it is terrible to endure. After its many years of relief of the most stubborn cases no sufferer can doubt the perfect effectiveness of Dr. J. D. Kellogg's Asthma Remedy. Comfort of the body and peace of mind return with its use and nights of spund sleep come back for good. Ask your druggist; he can supply you.

For Sore Feet—Minard's Liniment.

Two Women You Know

THERE'S the one who puts on her street costume, dabs a bit of powder on her nose and sallies forth to shop. She looks here, there and everywhere. She hunts and hunts and h-u-n-t-s. When she arrives back home she is jazzy and jaded—all mussed up, mentally and physically.

There's the other who really has learned the shopping art. She reads the advertisements before she starts out. She finds out exactly what she wants and where to get it. Then she goes straight down-town and right to the store that has it. In this way she saves time, money and effort. She gets home fresh as a daisy and ready to get the family a good dinner or supper as the case may be.

And the moral is—"A Straight Line Is the Shortest Distance Between Two Points."

Read the Advertisements