

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

Milady Beautiful



RED NOSES

One of the most annoying and unsightly of the common skin troubles is the roseea, whose characteristic symptom is a red nose with more or less redness on other parts of the face.

The precise cause of acne roseea is not thoroughly understood and doubtless varies in individual cases. It is known, however, that possible causes include indigestion, constipation, and immoderate use of tea, coffee and alcoholic drinks.

Regular outdoor exercise should not be neglected. In fact, anything that contributes to the building of robust health is helpful in curing the skin disease we are considering. Special treatments for the face should be included in the daily regime.

Tomorrow—Beauty Questions Answered.

A Morning Smile

A bishop was paying a visit to a certain parish, and decided to address the children of the Sunday School. He had noticed many posters referring to the "Bishop's Visitation," and accordingly began his talk by asking the children the meaning of the word Visitation.

MOTHER OF TWINS HELPED

Restored to Health by Taking Lydia E. Pinkham's Vegetable Compound

Mitchell, Ont.—"I had little twin babies and for quite a while after I was so weak I could not do my work because of pains all the way up my legs at the back. I also had headaches and got very little sleep. I took Lydia E. Pinkham's Vegetable Compound, and soon I was able to get up and do my work. I have taken three bottles and I am fine, do my work without trouble and am gaining in weight and strength. I will gladly recommend the Vegetable Compound to anyone."

For the Cook

CUPID CAKES

Three cups of flour and one and one-half cups of oatmeal or rolled oats put through the food chopper, one cup of coconut, one and one-half cups of sugar, one teaspoon of vanilla, half a cup of butter or a substitute, one cup of sweet milk, one-fourth of a level teaspoon of soda, one fourth of a level teaspoon salt, three teaspoons of baking powder. Cream the sugar and butter together thoroughly, then add the milk and mix well. Sift the flour once before measuring then add the flour sifted at least twice, together with the baking powder, salt and soda. Mix together the coconut and oatmeal, and add to the rest. Lastly, add the chopped raisins and vanilla. Drop the mixture from a spoon on a greased baking pan, and bake for about 20 minutes in a hot oven.

Lessons in English

WORDS OFTEN MISUSED: Do not say, "I know that you done it." Say, "did it." OFTEN MISPRONOUNCED: dis-pu-tant. Accent the first syllable, not the second. OFTEN MISPELLED: exhort; note the h. SYNONYMS: model, original, pattern, standard, prototype. WORD STUDY: "Use a word three times and it is yours." Let us increase our vocabulary by mastering one word each day. Today's word: DISAPPROBATION; disapproval; unfavorable, judgment. "I wish to express my disapprobation."

Household Hints

Washing Clothes To make clothes wash easily, soak them over night in cold, soft water, into which one tablespoonful of ammonia to each bucket of water has been added. Dressing A delicious and easily-prepared dressing is made by adding India relish and catsup to plain mayonnaise. Chilled Feeling If one has a chilled feeling after being out in the cold, drink a cup of hot milk, at hot as can be borne. E. Vance, 62, recently won a one-mile foot race over P. McKenna, 60, at Belfast, Ireland. Bolivia is claiming to have the loftiest capitol in the world, La Paz being 12,470 feet above sea level.

A Fashion a Day



IT'S SMART!

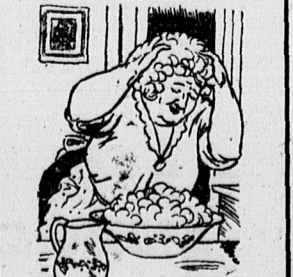
The shirred fullness at centrefront creating youthful flare is what makes Style No. 388 so outstandingly smart. The simple molded bodice gives an extremely smooth slender neckline. The collarless neckline is finished with small self-fabric bow. It is really picturesque in supple printed silk crepe in burgundy and beige coloring, the new smart daytime combination. To copy it exactly takes but 3 3/4 yards of 40-inch silk crepe for the 36-inch size. Think of it, how moderate the cost will be, for an exceptionally stunning dress. It is designed in sizes 16, 18, 20 years, 36, 38, 40 and 42 inches bust. Crepe satin, georgette crepe, chiffon, and wool crepe fashionable fabrics. Pattern price 15 cents in stamps or coin (coin is preferred.) Wrap coin carefully. We suggest that when you send for this pattern you enclose 10 cents additional for a copy of our Spring Fashion Magazine. It's just filled with delightful styles, including smart ensembles, and cute designs for the kiddies.

Modern Etiquette

BY ROBERTA LEE Q. When a new acquaintance leaves and says, "I am very glad to have met you," what should one say? A. One should merely respond with a cordial, "Thank you." Q. Does a marriage announcement require a gift? A. When an announcement alone is received, no gift is necessary. Q. What is the most fashionable entertainment of the day? A. The afternoon tea.

The Daily Argument

AUNT HET



"Women can keep secrets as well as anybody, but I ain't never seen one that could wash her hair without tellin' somebody before night."

POOR PA



"Betty's bean took my niece to a dance, an' because my niece met him here at the house Ma says she's underhanded, like her mother."

Glimpses OF THE GLOBE

STATUE'S STORMY LIFE ENDS

The stormy life of the statue of King William III, which has stood on a monument in the Pleasure Ground at Boyle, Ireland, for nearly 60 years, seems at an end. During a recent night it was thrown from its high pedestal and a large Republican flag was hoisted in its place. About 20 years ago the head was cut off the statue, which has remained headless since. In recent years, during the occupation of the military barracks by British troops raiders tarred the headless king, removed a sword which was in one hand and replaced it with a laurel branch. Before its erection in the Pleasure Ground, the statue was on Boyle Bridge, from which it was thrown several times into the river. It now is in such hopeless condition that it may never be erected again.

SAY BRIDE WILL LIVE AGAIN

In the belief that the body as well as the soul of Mrs. Wal Sheng Yl Miao, the Chinese bride who was strangled on her honeymoon by her husband, will live again, relatives recently requested that the body be disinterred and returned to China. The request was complied with, and four men, working by storm lamps, opened the grave in the churchyard at Crosthwaite, England, near the scene of the murder, and moved the body at night. The coffin was hermetically sealed and put into another coffin before being shipped to Hongkong. The request was in conformity with a general belief in China regarding resurrection. It is understood that the mother of Miao, who was executed for the crime, tried to get his body to take back to China, but was refused.

CLAIMS CURE FOR EPILEPSY

That he has discovered a cure for epilepsy is the claim of the director of the snake farm at Port Elizabeth, South Africa, who says his announcement follows a long series of tests by a number of South African doctors. Snake venoms in disiccated and sterilized form were distributed among the practitioners who used them in treatments. At first results were not entirely satisfactory, though every case reported relaxation in intensity of the disease after injection of the poison, and apparently ordinary hysteria was completely cured. After six years' work in blending venoms the director says definitely that epilepsy is curable. He cites the case of a man who had been an epileptic in aggravated form since childhood, and after a full course of injections, has been free from fits for 20 months. The experiments are to be continued. Fully 1,000,000 street accidents, of which 40,000 were fatal, occurred in England in the past 10 years.

Handbook Of Charm For Girls Dorothy Dix Completes List Of Requirements

A Charming Personality Also Includes Fundamental Integrity, a Spirit of Independence, Simplicity in Manner and a Knowledge and Respect for its Own Worth

6-BE MODEST. The eternal ideal of maidenhood is the rosebud still wet with dew, not a flower that has been tramped into the mud of the street, and that is bruised and scarred, with all of its freshness and sweetness gone, and the nearer a girl lives up to this illusion with which we have invested her time of life, the better for her.



Many girls for the sake of having good times cast all modesty and reserve into the discard. They let every Tom, Dick and Harry kiss them. They joyride and stay out in parked automobiles until they become a scandal in their neighborhoods. Often they even barter away their honor for a few dates. They say that men don't want shrinking violets in these days. They want the bold sunflowers. These girls do not realize that the kind of man who is willing to marry a girl without purity is the sort of a man who is not fit for any girl to marry. A man may not be a model of all the virtues himself, but if he has any decency left in him he wants for his wife and the mother of his children a woman who has kept herself unspotted from the world, a woman without any past that has to be covered up, a woman whose mind and heart and lips are clean. He doesn't want a wife who has been man-handled, and who is a better judge of bootleg liquor and has a larger repertoire of salacious jokes than he has. It is true that the rounders of both sexes marry each other and it is equally true that they keep the divorce courts busy.

7-BE GENUINE. Be yourself. Don't copy-cat people who are richer or more socially prominent than you are, or some girl who has a winning way with men.

If you are a working girl, be proud, that you have intelligence enough to hold down a good job instead of pretending that you are Miss Astorbilt who has gone into an office for a lark. Many a girl fails in business because she adopts a Grand Duchess men in selling stockings and high-hats her customers so that they go to some less condescending personage to make their purchases.

Many a girl loses a good husband by dressing so far beyond her station in life that she scares off the young men who are just starting out in business, and who are afraid to tackle a wife who says that she couldn't live without Paris importations and who intimates that she spends all of her evenings at high-priced night clubs. Every man likes simplicity in a girl, and no girl ever yet failed, to make a hit with men who was just homely and comfortable and helped man with the dishes, and bragged about making her own dresses and hats.

Cultivate your own personality instead of understudying some other girl. If you were both sedate, you can never acquire the art of being a cut-up any more than you could change your eyes from blue to brown, but you can have a sweet dignity that will be far more attractive than any monkey-on-the-stick business.

8-BE HONEST. Don't be a gold-digger. Don't hint. Don't try to work men. You have no idea how grateful men are to a woman who is easy on their pockets, nor how they admire one who isn't a hold-up artist. Eat all that you need to sustain you until you can get back to the family icebox before you leave home. Cultivate a preference for street cars to taxis, and men will rise up, and bless your name.

When you accept a man's attention and let him spend his good money on you, be honest enough to pay him back by being pleasant and agreeable and making him feel that you appreciate the good time he has given you. Don't be one of the little pickers who will get some easy mark to take them to a party, and then spend the evening dancing with everybody else but him.

Your Friendship

Your friendship is a golden spring From which I rise refreshed and strong; Your friendship is a window light At evening when the road is long.

Your friendship is the sight of palms Across the desert's wind-worn face; Your friendship is a flower that springs To beauty in a dreary place.

Your friendship is a harbor calm Where storm-wracked ships may safely ride; Your friendship is a firelit room Where warmth and peace and love abide.

By Floris McLaren.

Women's Institute Meetings of P.E.I.

MORELL EAST. A paper was read entitled "My Financial Career." Correspondence re sanatorium read and attended to, and bill ordered paid. A bracket lamp is to be bought for school. Mrs. Wm. Ronahong will entertain the next meeting.

LAUNCHING Roll call was answered by nineteen members with "My earliest Recollection." The members having no story to tell paying a fine of 5 cents. Plans were made for a whist party and dance. A recitation "The Tired Mother" was enjoyed. Next meeting is to be at home of Mrs. Aeneas P. McDonald.

ALLISTON. A new door is to be put up and painted and windows painted in school. A new chair was purchased for school. Reports of committees were heard, and new committees appointed. Next place of meeting will be Mrs. Jas. Thompson's.

PETERS ROAD WEST. The members plan on holding a bazaar. Each member to make something toward

NEW GLASGOW ROAD. A concert was to be held, and fee of 25 and 15 cents charged. A new school committee was appointed and seven members enrolled. Place of next meeting is home of Mrs. Frank McRae. A box was sent to Orphanage. UNION VALE Nine members and a large number of visitors met, at home of Mrs. E. Bryan. Roll call was answered by naming some Canadian city, and telling what it is noted for. A flag pole is to be placed on school. Mrs. McPhee and Mrs. Ramsay were appointed to visit the sick. Two new members were enrolled. Mrs. Turpel will entertain next meeting. Plans for pantry sale were discussed, and members decided to buy two seats for school.

9-BE SELF-SUPPORTING. Make yourself proficient in some gainful occupation by which you could support yourself comfortably if the necessity arose. That is the best insurance that any girl can take out against the hazards of life. It will give you independence and poise to know that you can stand on your own two feet and support yourself. It will enable you to get the good things that money buys for yourself, instead of having to wheedle them out of somebody else.

It will keep you from having to marry to get a meal ticket and permit you to wait until Mr. Right comes along. If by chance you make a mistake and marry Mr. Wrong, you do not have to endure the martyrdom of an unhappy marriage, as do the women who have to go on living with men who mistreat them, or men whom they have come to hate, because they would starve if they left them. Only the women who have a good trade are free women.

10-BE A LITTLE QUEEN. Don't chase boys. Make them chase you. Don't telephone boys and ask them why they haven't been to see you. Make them feel that it is a favor when you answer their telephone calls. Don't write three letters to a boy's one. Be so long answering him that you will have him guessing whether you have developed pen paralysis.

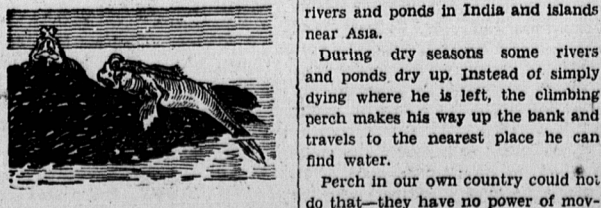
Don't forget that boys can fit more have a good time without girls than girls can without boys, and that if girls would hold off more, men would come on more. Nothing interests a man more than to ascertain why a girl isn't interested in him.

Girls write their own price tags, and the higher they hold themselves the more men value them. DOROTHY DIX.

UNCLE RAY'S CORNEI

FISH WHICH HOP ON LAND

When we speak of fish we commonly think of them as being in water. Yet there are fish which have learned to live out of water for hours or even days.



Curious fish of the North Celebes which can climb out of water. after Hickson)

Among the fish which spend part of their time out of water are the mud-skippers. They are seen along the coasts of the Indian ocean, amid rocks or on muddy flats. Mud-skippers are small fish with two fins in front which serve almost like legs. With those fins and their tails in motion, they can hop or skip about the shore. Sometimes a mud-skipper, clinging with its fins to a rock, while its tail is kept in the water. At other times it climbs clear out of the water and hops around the beach. The food of mud-skippers is com-

posed largely of insects and shellfish. Many of their hops are for the purpose of catching a tiny flying creature. There is another interesting fish, known as the climbing perch, which can live out of water for a much longer time than the mud-skipper. The climbing perch is a native of rivers and ponds in India and islands near Asia. During dry seasons some rivers and ponds dry up. Instead of simply dying where he is left, the climbing perch makes his way up the bank and travels to the nearest place he can find water. Perch in our own country could not do that—they have no power of moving while out of water except by aimless flipping around. They die from lack of water for their gills if kept in air too long. A climbing perch, on the other hand, has a sac inside its body which is used for storing water. This water gives wetness to the gills, so that it may breathe. The fins are almost like those of common fish, but the climbing perch is able to make its body stretch out and then contract. The result is motion on much the same principle as the motion of a snail, have you ever watched a snail "walk"?

PURITY FLOUR advertisement featuring an illustration of a flour roll and text: 'So Easy to Make! (Purity Flour 5-hour Dinner Rolls) Here is a pleasing change in the daily menu - crispy, delicious Dinner Rolls - full of nourishment and richly satisfying in flavour. Made best with Purity - the flour of strength and quality. See Recipe below. 1 1/2 cups tepid milk, 1/2 cup tepid water, 1 compressed yeast cake, 1 tablespoon sugar, 1 teaspoon salt, 1 tablespoon each of lard and butter, 1 egg, 5 cups Purity Flour. Dissolve yeast in the water, add to milk with the salt, then beat in 2 1/2 cups flour. When light, in about an hour, add the sugar, the shortening (melted), the egg and balance of flour to knead, shape into dinner rolls and let rise to double in bulk and bake in moderate oven (375°). Send 30c to us for the famous Purity Flour Cook Book and get a sack of Purity Flour from your dealer. BEST FOR ALL YOUR BAKING WESTERN CANADA FLOUR MILLS CO. LIMITED, HEAD OFFICE - Saint John, N. B. BRANCHES FROM COAST TO COAST'.