

Woman's Realm :- Social and Personal :- Fashions :- Literature

You, too, can have a Beautiful Skin



If you go about it the right way... Fruit-a-tives stimulates FIVE vital organs to work naturally.

Fruit-a-tives MAKE AND KEEP YOU WELL

For The Cook

RISSOLE OF CHICKEN

By R. Albedtella, Chef de Cuisine, Royal York Hotel

Chop boiled chicken in small pieces; add a few mushrooms finely chopped; cook with a little white sauce and reduce to paste; season to taste and put in pan to cool.

ROAST STUFFED CHICKEN

By C. Scarbatt, Chef de Cuisine, Chateau Laurier.

Into saucapan put 2 tablespoons butter and chicken fat, 2 oz. chopped onion, a little bacon or ham diced and friend colourless in butter; add thyme, sage, salt and pepper, chicken liver diced, about 1/2 lb. bread crumbs, and 2 eggs. Stir well, stuff chicken and truss. Oven should be from 400 to 450 degrees F.

ROAST MILK-FED CHICKEN

By Leon Tobias, chef de Cuisine, C. P. S. "Empress of Australia"

Make stuffing with fresh bread crumbs, chopped parsley, pork sausage and seasoning. Paroli breast of bird with same truss up; roast bird in sharp oven; serve with chicken gravy and bread sauce.

Cheese Adds Zest To Salads

Try Cheese Biscuits Made With A Baking Powder Dough, or Crunchy Cheese Straws

Cooler weather means a new interest in food and cooking, and many of the dishes that were put aside during the hot summer months become desirable. Salad accompaniments are just such a concoction.

When the salad formed the principal part of many meals, bread and butter or rolls were naturally served with it to bring the meal into proper balance.

There are innumerable crackers or wafers on the market that make excellent salad accompaniments. Every housekeeper will find it well worth her while to learn the different brands and varieties and use them as they suit her needs and pocketbook.

Cheese crackers can be prepared for toasting before the meal is served. Then while the table is being cleared for the salad, slip the crackers into a very hot oven or under the broiling flame.

CHEESE STRAWS

One cup stale bread crumbs, 1-4 cup milk, 1-2 teaspoon salt, 1 cup grated cheese, flour.

Combine crumbs, milk, salt and cheese and mix thoroughly. Sift over flour to make stiff enough to handle. Roll on a lightly floured board into a thin sheet. Cut in strips four inches long and 1-4 inch wide. Bake fifteen minutes in a moderate oven.

PEAR CHIPS

8 pounds pears, 4 pounds sugar, 1/2 pound preserved ginger, 4 lemons, 1/2 tablespoon ground ginger.

Select pears which are fresh and not over ripe. Remove stems, quarter and core. Then chip into small pieces, but do not remove the skins.

MOTHERS, MIX THIS AT HOME FOR A BAD COUGH

Saves \$2. So Easy! No Cooking!

You'll be pleasantly surprised when you make up this simple home mixture and try it for a distressing cough. It's no trouble to mix, and costs but a trifle, yet it can be depended upon to give quick and lasting relief.

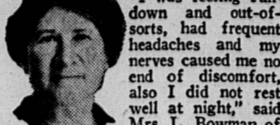
Make a syrup by stirring 2 cups of granulated sugar and one cup of water for a few moments until dissolved. No cooking needed. Get 2 1/2 ounces of Pinex from any druggist, put it into a 16 oz. bottle, and fill up with your sugar syrup. The 16 ounces thus made costs no more than a small bottle of ready-made medicine, yet it is the most effective remedy that money can buy.

CORN GEMS

2 cups golden bantam corn cut from cob, 1/2 cup milk, 2 tablespoons melted butter, 2 eggs, 1/2 teaspoon salt, 2 cups flour, 3 teaspoons baking powder.

Use fresh, uncooked corn when it

Rundown, Out-of-Sorts



Woodstock, Ont.—"I was feeling rundown and out-of-sorts, had frequent headaches and my nerves caused me no end of discomfort, also I did not rest well at night," said Mrs. L. Bowman of 683 Princess St.

A Morning Smile

SLANDER AND CALUMNY

He was a very respectable man, and when his doctor advised him to take up golf he hesitated, because he had heard that golfers drank and used bad language.

Easy Teething

"Baby cut all his teeth with no trouble, thanks to BABY'S OWN TABLETS," writes Mrs. Thomas Stewart, Hamilton, Ont.

BABY'S OWN TABLETS

Dr. Williams' BABY'S OWN TABLETS for teething troubles, upset stomach, simple fevers, colic, colds, constipation, sleeplessness, or whenever he is cross, restless and fretful.

Advertisement for Dorothy Dix, featuring a portrait and text about life's struggles.

Life is Never the Same From One Generation to Another, so How Can Parents Live Their Children's Lives for Them? Much Better to Help Them Develop Strength to Decide Their Own Destinies

Most of the struggle between the older generation and the younger is over the question of personal liberty. It is the fight of the young for freedom and the battle of the old to hold them prisoners.

the young to go forward, free and unhampered, and the determination of the old to hold them back.

The old say: "We are older. We are wiser. We have had more experience than you have had. Listen to our warnings. Let us hold you by the hand and we can keep you from stumbling and falling and hurting yourselves."

And the young reply: "Life turns wisdom into foolishness because life is eternally different. The circumstances are never the same and no situation occurs twice. Your experience cannot teach me anything because my problem will not be your problem, and because my mind, my temperament, my talents are different from yours."

"Let me go. Let me try my strength. Perhaps I shall fall and hurt myself, but my wounds will teach me to walk more warily. No doubt I shall make mistakes, but out of them I shall learn something I will never have known if I had followed your copybook rules."

"If you love me, do not try to keep me hidden away from danger. Brace me up with the courage to meet it bravely when it comes. Do not try to keep me unspotted from the world, ignorant of its temptations. Teach me how to resist them. Let me be my own master. Let me make my own fate. And, good or bad, I shall be happier in it than I would be in any that you could devise for me."

"After all, my father and my mother, you cannot go through all the long journey of life with me. Sooner or later we must part company and then, if I have not learned to walk alone, if I have leaned on your strength instead of my own, if I have looked to you for guidance instead of depending on my own judgment, I must fall by the wayside and perish. So let me free and let me go my appointed way."

This is the cry of the children of today. They have broken with the old patriarchal tradition that gives the parents the right to decide their lives for them and to choose their occupations and pick out their husbands and wives for them and to settle their uprisings and down-sittings. The privilege of deciding their own destinies they arrogate to themselves.

Undoubtedly, they go too far in throwing off parental restraint too early. Undoubtedly, they could learn much from the wisdom of their elders. But somehow, some way, through suffering, through sacrifices, through a thousand blunders they muddle on to a happiness and content and a success that they never know in any existence that father and mother arrange for them and hand them on a silver platter.

But the point is, so far as parents are concerned, that it is a condition and not a theory that they confront. The old order has passed and the new is established.

Youth has emancipated itself. Even feminine youth. The old way of controlling children by force is a dead-letter law at which they mock, and the only way it can be done is through diplomacy and guiding them so subtly they do not feel the tug of the silken rein, and by making them feel so free they do not know they are bound. After all, it is the locked door that makes a prison. Leave it on the latch and it becomes a pleasure

What the Fashionables are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annabelle Worthington

The puffed sleeves gives the impression of a broadened shoulder, without actually adding any breadth to the bodice. The seaming of the skirt lessens hip bulk with vertical lines that create height to the figure.

The original used the two surfaces of black crepe satin. Rough crepe silk is another suggestion you'll like. Make the vest of white seep.

Novelty wool and silk crepe mixture, wool crepe and transparent velvet are modish mediums. Style No. 902 is designed for sizes 36, 38, 40, 42, 44, 46 and 48 inches bust.

Size 36 requires 4 1/2 yards 39-inch with 1/4 yard 39-inch contrasting and 1/4 yard 35-inch lining. Price of Pattern 15 cents in stamps or coin (coin preferred.) Wrap coin carefully.

Form for requesting the dressmaking pattern, including fields for Name, Street Address, City, and State.

Research by an Illinois automobile club has shown that driving at a speed of sixty miles an hour is three times as expensive in fuel and upkeep as at forty five miles an hour.

ant dwelling place and the mad desire to escape from it has gone.

Wise are the parents who realize that their children grow up and reach a place where they do not need their fathers and mothers, and who, when that time comes, send them out into the world with their blessing.

And wiser still are the parents who prepare themselves for the inevitable hour when their children will spread their wings and fly from the home nest by providing themselves with interest and occupations and amusements so that they will not be left utterly desolate when their youngsters are gone.

If there were no other argument for husbands and wives making an effort to keep their love alive and in close sympathy with each other, it would be that they would have to depend on each other for companionship after their children are gone. Yet most married couples lose sight of this fact. They let the children crowd them out of each other's hearts and then when their youngsters leave them for their own husbands and wives they find that they are indifferent strangers, with nothing to say to each other.

We speak of children as a gift from God. Far better to regard them as just a loan that we shall have for a few years to beautify our houses and make them gay, but which we shall not grudge giving up when the time comes for them to go to homes of their own.

And far, far better for us to make our own lives so full of interests that we shall not be parasites upon our children and compelled to suck our joy out of their lives. DOROTHY DIX.

ZORA The Invisible

By J. R. WILMOT

With pipe clenched between his teeth, Peter Blayne wrestled with a problem that mainly concerned Sonia Gaynor. If it had not been for her it would have been quite different. But most women who enter the lives of men cause an upheaval that at the time is not quite so welcome as it might be.

That was how Blayne felt about it. Here he was in love with a girl who didn't care as much as a row of pins for him. She probably hated him and she certainly had very good reason for such an attitude. It was a strange situation and not altogether to his liking. There was something curiously unnatural about it, but he had no doubt that some day she would perceive the juvenile folly of her ways and realize how desirable a person he was.

Osbert Dwyer—in love no doubt with her father's murderer. That much was perfectly clear.

It was this fact that puzzled Blayne. If Sonia Gaynor really suspected that Osbert Dwyer had had a hand in the mysterious death of her father was it likely that she would go so far as to continue the relationship with this extraordinary young man?

Reason told him that she wouldn't. Yet it was quite apparent to Blayne that the girl had been shielding her lover during the few moments he had spent with her at the interview.

Could it be true that he had misinterpreted the girl's character? Was she absolutely impervious to horror and a sense of common decency? Might she not be a Gorgon and that she had incited this impressionable young man to dismiss Montgomery Gaynor from the chaotic scheme of things that we call life? Blayne felt that he must examine the problem from every angle and by a process of logical elimination arrive at a solution.

There was, undeniably, a prima facie case against Dwyer. On his own admission he had every reason to want the expeditious disposal of the man who stood between him and Sonia. That provided the motive for the crime as clearly as made y) mitter. From Blayne's point of view—and this was what was troubling him—the arrest and conviction of Dwyer would leave him absolutely free to pursue his love of Sonia Gaynor.

Love is an unreasonable emotion. Most men in love have only one thought—possession. Few will allow anything to stand between them and their desire. That was how Blayne regarded Dwyer that he would be so easy. An excellent case could be prepared against the young man, and on circumstantial evidence, particularly as Scotland yard had to satisfy the public that they were not negligent in their activities, a conviction would be the most likely thing.

But was it right? That was the other side to the problem. Blayne had already had the young man's assurance that he was innocent. That not his hand, but another's had struck the diamond merchant down. But Dwyer would have to prove that. Protestation of innocence is simply the logical sequel to arrest. It becomes a fetish—an obsession, and most jurists, he knew, were impervious to such declarations.

would yield to his declaration of love? Consciously Blayne knew that she would not, because by now she would probably know all about his conversation of that morning at Gloster Road.

He climbed back into his car with a feeling of utter helplessness. He must place the full facts before Inspector Webster and let him judge.

At four-thirty he was due at the hospital, and the little car raced along the white ribbon roads at a reckless pace, but Blayne, for once in his life was utterly insensible to speed.

Outside the hospital he drew up swiftly, and an exclamation of surprise fell from his tight lips. Just in front of him opposite the hospital gates was a car he recognized instantly. The last time he had seen it was in a garage at Oaktree. He looked again to make quite certain, and a puzzled frown fretted across his brow as he alighted.

The empty car outside the gates belonged to Sonia Gaynor. What could the girl possibly be doing at the hospital at this hour of the day? An alarming thought crossed his mind instantly as he walked briskly up the white stone steps towards the massive oak door that was standing slightly ajar.

CHAPTER XVII.

In which Sonia pleads for her Lover Sonia Gaynor felt incredibly nervous as she sat in the comfortable room where she had been requested to wait for Dr. Blayne by the hospital commissioner, and she looked a rather pathetic little figure in black when Blayne opened the door and advanced into the room.

The pair looked at one another for a moment without speaking, their eyes meeting fearfully. "When I saw your car outside man (and could he escape the fact just now," said Blayne, "I thought that Dwyer was innocent?) Would that Dwyer's conviction meant that Sonia

Miss Gaynor. You don't know how relieved I am to find that I was wrong."

A thin smile flitted across the girl's pale features. "An accident has happened—but not to me," she told him, enigmatically. "But perhaps you can guess what it was I came to see you about. Someone at your rooms told me you were expected here this afternoon. Quite a polite man he was."

"That would be Hooker," murmured Blayne. "I couldn't get along without Hooker, and I don't think he could get along without me, either. But I'm afraid that guessing is not one of my accomplishments. Hadn't you better tell me all about your accident?"

"I don't quite know how to begin, said Sonia, a trifle helplessly, "but the fact is I've just come straight along from Gloster Road, Hampstead, from seeing a friend of mine." Sonia Gaynor paused suggestively, her eyes watching the keen face of Peter Blayne, who had drawn up a chair beside the table.

"Ah!" he exclaimed, seriously. "Could it possibly be that you have been to see a new patient of mine? A Mr. Dwyer? I prescribed for him this morning. Perhaps you can tell me how you found him?"

The girl's eyes flashed, scornfully, he thought. "You will forgive me, Dr. Blayne, but I am in no mood for rallery just at present. I should be obliged if you will be serious."

"I am perfectly serious, Miss Gaynor. The young man whom I called upon this morning was most certainly in need of a visit from a physician. But perhaps he has been telling you of our other conversation, which was not quite—shall I say, professional in the strictest sense?"

"I am in his confidence—completely, Dr. Blayne." Peter Blayne was beginning to experience a sense of acute discomfort. He sincerely wanted to spare

this girl who meant so much to him, as little pain as was possible, and yet. (To be continued)

Weighing only forty pounds, a salboat for two persons has been invented that can be folded and carried on an automobile baggage rack or a persons back.

The population of the Netherlands East Indies recently was estimated at 61,000,000, an increase of about 23 per cent, since a census was taken in 1920.

Advertisement for Minard's Liniment, 'King of Pain', for corns and warts.

Administrator's Notice

The undersigned administrator Cum Testamento Annexo of the personal estate and effects of William Aubrey Mutch, late of Hopeton, Lot 48, in Queen's County, in Prince Edward Island, Farmer, deceased, testate, hereby notifies all persons indebted to the said estate to make immediate payment to him at the office of Bell & Mathieson, Solicitors, Cameron Block, Charlottetown, and all persons having any claims against the said estate are hereby required to present the same, duly attested at the office aforesaid, within twelve months from this date.

IN THE MATTER OF THE VOLUNTARY WINDING UP ACT

15 George V, Cap. 9.

NOTICE OF SPECIAL GENERAL MEETING of R. J. MacNEILL BLACK AND SILVER FOX COMPANY, LTD.

NOTICE IS HEREBY GIVEN that a Special General Meeting of the shareholders of the R. J. MacNeill Black and Silver Fox Company Limited will be held in the office of Ellis Stewart at Northam in Prince County in Prince Edward Island on Thursday the twenty-fourth day of November A. D. 1932, at the hour of two o'clock P. M. for the purpose of passing a resolution requiring the said Company to be wound up under the provisions of "The Voluntary Winding up Act, and for the purpose of appointing a liquidator or liquidators for the liquidation of the said Company and for the giving of consequential directions, and for the transaction of such other business, as may be incidental thereto. Dated this twenty-seventh day of October, A. D. 1932.

WILLIAM H. ELLIS, President. J. ELLIS STEWART, Secretary.

5760-10-31-121-

Minard's Liniment cures Neuralgia- Minard's Liniment rubs out Pain.

AUCTION SALE

To be sold at Public Auction at Pinette on Tuesday the 8th day of November at 2 p. m. at the premises of the late Nell McDonald, Crop, Stock and Farming Implements belonging to said Estate including 15 tons hay, 1 horse, several milk cows and young cattle. E. E. McDONALD, Executor.

J. A. MacDONALD, Auctioneer. 5678-10-27-ts-ws-41.

TENDERS

Sealed tenders will be received by the undersigned up until noon, Nov. 3rd, 1932, for the restaurant and checking concession, 1932 and 1933 hockey and skating season. Highest or any tender not necessarily accepted. For further particulars apply to W. G. GILLESPIE, Mgr. Charlottetown Forum Ltd. 5778-10-31-31

FARM PROPERTY FOR SALE

At North Wiltshire, by Auction, Thursday, Nov. 3 (next day if rainy,) highly improved farm of 78 acres, together with stock, crop, household furniture and farm implements including gasoline engine, grain cracker, seed grain grader, and high quality cream separator. Sale at 1 o'clock. L. L. Jenkins ALEX MacRAE, Auctioneer

Advertisement for Milburn's Heart and Nerve Pills, featuring a portrait of Mrs. Fred Bingham.