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THE CHARLOTTETOWN GUARDIAN

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FRIDAY, OCTOBER 28, 1927

FALL IN DAIRY EXPORTS.

IN the current monthly letter of the Bank of Montreal the following paragraph occurs:

"Dairy product exports are much less than last year, to such a degree indeed as to suggest enquiry into cause and action to remedy."

In The Guardian's despatches yesterday we are told that at the convention of International Association of Dairy and Milk Inspectors now being held in Toronto only one Canadian delegate is present, and he is the president of the Association. This is the first time in eighteen years that the Association held its annual convention in Canada. The press despatch adds, "It is greatly regretted by the members that Canadian members have stood aloof from the proceedings."

It will be observed that the Association is international, made up of United States and Canadian dairymen. The United States Association being more numerous, it is quite reasonable that the majority of annual meetings have been held in the United States. It is possible also that, by their majority, United States delegates would so dominate a convention that Canadian action would be to a large extent overruled. This, however, does not justify the aloofness of Canadian members of the Association. If there are differences of opinion between the two countries, the annual convention is the place in which to thresh them out.

The Bank of Montreal's comment regarding the falling off of dairy product exports and the desirability of making enquiry into the cause, taken in conjunction with the above press despatch from Toronto, is very significant.

At the recent Liberal Conservative convention in Winnipeg the status of agriculture, as the basic industry of Canada, was strongly stressed. If Agriculture is our basic industry—and undoubtedly it is—then dairying is the basic industry in agriculture. There can be no successful agriculture without dairying. Even in the Western provinces where "wheat mining" has been prosecuted for nearly half a century, it is becoming increasingly evident that the soil will not continue indefinitely to produce wheat or any other one crop. Mixed farming is rapidly taking the place of wheat mining—which is not farming. This being so, Canada's interest in dairying must be more than ever stressed. The falling off in export of dairy product points to a condition which is not encouraging and the suggestion of the Bank of Montreal that enquiry should be made with a view to finding the cause and providing a remedy, is timely.

CUBAN POTATO DUTY.

AS intimated in our recent despatches the Cuban Government has increased the preference on United States potatoes from 12 to 35 cents per sack of 180 pounds. Hitherto potatoes both from United States and Canada have been subject to the same duty, namely, 65 cents per sack of 180 pounds. The preference of 35 cents, increased from 12 cents, to the United States gives that country an advantage to an extent of 47 cents over the Canadian shipper, a very considerable handicap to the latter.

Heretofore we competed successfully against a twelve cents preference in the Cuban market. The handicap was largely offset by the superior quality of Canadian potatoes as compared with American. This advantage we still have as have lost much of their summer against the 47 cents handicap, but freshness, still retain their greenness and in our moist atmosphere will remain green until covered by snow and the Canadian producer.

What the outlook in the Cuban market is, under the new conditions, it is too early to attempt to predict. That the new situation will make a difference cannot be denied, but we have held our own in the past against unfair competition and we can do it again.

The new arrangement was, of course, made on the recommendation of American farmers who had a perfect right to protect themselves in a market over which the U. S. government had influence. It should be a lesson to us in the matter of protection.

PUBLICITY.

EVERY business man knows the value of advertising, indeed no business can be successfully carried on without it. A city or a province is just as much in need of advertising as the private business concern and no city or country can become successful without it. Every large city in the world has become large and prosperous through the power of advertising and many of those cities have spent millions on publicity—and they find it pays.

To give a city a reputation for pleasantness, hospitality, entertainment, is to set people talking about these qualities in certain cities, and men and women who are thinking of "going somewhere" for a vacation are invariably attracted by these and similar qualities. Visitors and holiday-makers do much to build up a city or a country and the kind of reception they meet when visiting is a strong factor in the building up. Our city and province have been more than ordinarily fortunate during the past season in the number of conventions, visitations and other gatherings which have been held here.

We are fortunate also in the fact that for all these visitations we were blessed with good weather. As a result our visitors were highly pleased and the majority of them will come again. One of the great services performed by the P. E. Island Publicity Association, in addition to the literature sent out, was in being largely instrumental in bringing so many groups of visitors during the summer. This has done very much to advertise the Garden of the Gulf as a favorite summer resort.

It is hoped that, now that the season is over, such arrangements as may be possible will be made in good time to secure large group visits for next summer. Convention cities are not too plentifully scattered over the country and Charlottetown has so far proved itself to be an ideal one. We need lots of these and now is the time to invite them and prepare for them.

EDITORIAL NOTES

Potato digging was moved on another stage yesterday and many acres have been harvested. Shipping also was advanced somewhat.

Some idea as to the amount of rain that has fallen during the present season may be had from the fact that new springs have opened on the roads over some of the hills in the hilly parts of the Island. Some idea also may be had of the neglect of overseers who allow the streams from these new springs to run along the road to the bottom of the hill, making an almost impassable gully.

In this country there is no climatic monotony. One season follows another, bringing wholesome change. The green clad trees of a few weeks ago are now stripped like athletes for their wrestling with the winter storms. The fields, although they have lost much of their summer greenness and in our moist atmosphere will remain green until covered by snow and the Canadian producer.

Notes by the Way

LATEST statistics of the Young Men's Christian Association in Canada and the United States show a total membership of 1,005,714, an expenditure over \$57,000,000, compared with \$54,000,000 last year and \$21,000,000 ten years ago. The membership this year for the first time passed the million mark and the total net property and funds of the Association has more than doubled in the past ten years.

Reform of the Senate is again in the air. It is an old story now. So long ago as 1893 there was a Liberal convention held in Ottawa at which a Senate Reform plank was laid down in the party platform. It affirmed that "the present constitution of the Senate is inconsistent with the Federal principle in our system of government and is in other respects defective, as it makes the Senate independent of the people and uncontrolled by the public opinion of the country, and should be so amended as to bring it into harmony with the principles of popular government."

At that period the Liberal Conservative party had been 18 years continuously in power and the membership of the Senate was largely made up of men of that party. Three years later the Liberal party gained power with Laurier as Prime Minister and held office straight away for 15 years. During that period so many old Senators died and so many Liberals were appointed to take their places that the party in power soon had a majority in both Houses. And nothing more was heard of Senate Reform during the Laurier regime.

Under the Borden and Meighen Administrations the Conservative appointments to the Senate were sufficient to restore the majority to that party. Premier King began appointing Senators in January, 1922, and has since appointed some 20 or more, so that the Conservative majority is now but small. On the last day of the session of 1924 he belatedly took up his parable in favor of Senate Reform. The time had come, he said, when the Commons of Canada should seek to gain rights similar to those which have been obtained by the Commons in England. The government had been criticized before the session opened. Bills passed by the House had been rejected by the Senate. When the House next assembled he would take steps to provide a remedy.

At the session of 1925 a paragraph in the Speech from the Throne announced that Parliament would be asked to sanction the calling of a conference between the Federal and Provincial Governments to consider the advisability of amending the B. N. A. Act with respect to the constitution and powers of the Senate and in other important particulars. But on the last day of the session the Premier in reply to Mr. Meighen admitted that no conference with the provinces had been called, but hoped that something would be done during the recess. But nothing was done about calling the conference. During the recess, on the contrary, Premier King made a speech which led many to believe that no conference would be called.

In that speech the Prime Minister stated that he was exacting a pledge from all the good Liberals he was appointing to the Senate that when the time came they would support his proposals of Senate Reform. This statement aroused press criticism and other comment and inquiry. Newly appointed Senators did not like to have it made known that they are pledged, and it is freely stated that a number of them have denied making any pledge when they were appointed. The Ottawa Journal "understands that the truth is that no pledge of any kind was asked for and none was given."

Be that as it may, after long waiting, the question of amending the B. N. A. Act for the purpose of changing the constitution of the Senate is to come before a conference, but not the conference that was promised. It is to come before the Conference of Premiers, which has to do with taxation, provincial subsidies and other important matters quite foreign to Senate Reform, and will meet in Ottawa on November 3.

That the King Government will control a majority in the conference may be taken for granted, but nothing that the conference may decide or recommend can take effect until it shall be sanctioned by Parliament. In the Commons it is probable that the Government can count upon a safe majority in the Senate, it is different. It seems unlikely that a majority can be found in that House who will vote to limit or abate any of its present constitutional powers or rights.

In this Jubilee year the Fathers of Confederation and their work in forming the Constitution of the Do-



By James W. Baxter M.D.

SQUEEZING THE LIVER

I write often about the gall bladder and how the eating of food, particularly fats, causes it to empty the bile into the intestine, so that these foods can be so changed that they will be absorbed into the blood.

Now in testing out the activity and shape of the gall bladder by the means of dyes, certain instructions are given to the patient. One of these is "we have advised patients, therefore living out of hospital, to take as little exercise as possible between the time of the administration of the dye and the completion of the test. We have found that strenuous exercise has, at times, a definite effect in emptying the gall bladder."

Just think of that for a minute. The gall bladder holds bile and when that bile is emptied into intestine, it does three necessary things for the system.

First, it emulsifies or breaks up the fats so that they can be absorbed into the blood. Second, it is a natural antiseptic, that is it helps to destroy poisonous matter or organisms in the intestine. Third, it is a natural purgative tending to make the muscular parts of the intestine move the contents of intestine along.

You can thus see that how important to health a threefold job like this really is.

Bile not only flows from intestine but flows directly from liver also. And exercise not only helps to empty the bile from the gall bladder, but actually squeezes the liver, and so helps to squeeze the bile onward from liver to intestine.

In fact, the old Roberts dumb-bell drill, now about a half century old, one of the exercises was a "liver squeezer." It consisted of placing one bell at side of body with knee straight, and other bell well overhead and then alternating and doing the same movement on opposite side.

Likewise in the Sandow free hand drill, with knees straight, one arm is extended down to side as far as possible, and the other curled under armpit, and the exercise then repeated on opposite side.

These exercises squeeze the liver. Another exercise is just simply running. Running makes you breathe deeply, and so the floor of your chest goes down and squeezes the liver.

Hence any exercise that causes enough exertion to make you breathe deeply is a liver squeezer. Remembering all the jobs done by the liver, and the three special jobs done by the bile, it should certainly be worth our while to see that the liver is squeezed by exercise daily.

Daily Selections FOR Guardian Readers

October 28, 1927
THE CRY OF A WOUNDED HEART.—But do thou for me, O God the Lord, for thy name's sake. Because Thy mercy is good, deliver thou me. For I am poor and needy, and my heart is wounded within me. Psalm 109: 21, 22.
PRAYER: O Lord, my God, I cried unto Thee, and Thou hast healed me.

MIND CURE
Think health, and health will find you
As certain as the day,
And pain will lag behind you,
And lose you on the way.

Think love, and love will meet you
And go wherever you go,
And fate can no more treat you
Like some malicious foe.

Think joy, and joy will hear you
For thoughts are always heard;
And it shall nestle near you,
Like some contented bird.

Whate'er your sad condition—
Whate'er your woes or pains—
Bright thoughts shall bring fruition
As surely as God reigns.

The Land We Love
By Frank Yeigh

Canada's Fossil Forest

Q. Where is Canada's Fossil Forest?
A. Canada's fossil forest, or one of them, is found on Mount Murchison Stutfield in his book, wrote: Climbing to 9000 feet on Mount Murchison, we found a group of rocks consisting so it seemed of petrified stems of pine trees that had been broken off about a foot above the ground with numerous fossilized accretions around their base. It has been suggested that these trees are the remains of some gigantic prehistoric seaweed. In any case their existence in such a state of preservation must be accounted very remarkable.

Minion have been much praised. Now, within the Jubilee year, the attempt is being made to wreck the great fabric of which the Fathers were the architects and builders. This is attempted for purely partisan purposes. In a better spirit the Fathers had sunk all party differences. The duty of the hour is for all true Canadians to rally to the support of the Constitution and its fulfillment. The Senate and save them from the wreckers.

The Public Forum

This column is open for the discussion by correspondents of questions of interest. The Charlottetown Guardian does not necessarily endorse the opinions of correspondents.

UNLAWFUL SHOOTING OF WILD GEESE

Sir,—Permit me to call attention to unlawful chasing and scaring of wild geese in East River this morning, the 25th. About ten o'clock, a motor boat pursued the large flock of geese that had fed in the river all night. Several shots were fired and the whole flock driven away. We have a law, very unfair to Island sportsmen, yet those who are law abiding would like to get all the chance the law allows. It is very aggravating that lawless and selfish persons prevent them from getting a shot in a lawful way.

It is but fair to all law abiding sportsmen that such chasing and scaring of the birds should be stopped at once. If such works are allowed to continue there will be no sport for any one.

I am, Sir, etc.

SPORTSMAN

USE CANADIAN OR WELSH COAL

Sir,—After the Board of Railway Commissioners of Canada studied the question of railway rates on grain for months, they ordered the rate from Armstrong to Quebec to be \$3.67 per ton, there don't seem to be any sound reason why Alberta coal should not be transported to Ontario, (a lesser distance in many cases), for the same rate, and keep from fifty to one hundred million dollars of Canadian money at home.

This would make much more employment, and considerably improved times in Canada. Newspaper reports of a few days ago mentioned that about one third of our coal imports now come from Wales. If so, why can't the other two thirds come the same way, especially if Alberta cannot deliver it to us.

If coal is being carried to us 3000 miles by water, surely our own C. N. R. Railway, with a superabundance of unused rail capacity, as well as car capacity for more than half the year, could carry it 1000 miles or more, and keep that much more money at home.

Assuming that Welsh coal is suitable for gas and by-product material, why not coke Welsh coal in Montreal, or get light draft ocean vessels to bring it right up to central Ontario.

However, with a superabundance of good Canadian coal in Alberta, as well as a superabundance in Nova Scotia, why should Ontario and a part of Quebec, in fact all central Canada, have to worry about, and use imported coal.

If the reason we are not getting sufficient coal from Alberta, Nova Scotia, or Wales, is the fear of displeasing our good neighbor the United States, then the sooner we act in Canada's best interests the better, and if we do create their displeasure to the extent of their putting an embargo against their coal coming to Canada, this would be the greatest benefit that could happen to Canada, and especially if it were followed by most other United States products, because I can't think of an article we get any quantity of from the United States, that we could not do quite as well without.

If we don't happen as yet to have the courage to embargo the export of our raw materials generally, the sooner we adopt that courage the better.

I am, Sir, etc.

W. O. SEALEY

DR. STRATTON TRIES TO EFFECT CURES

NEW YORK, October 27.—The Rev. John Roach Stratton prayed over and anointed thirty men, women and children in Calvary Baptist Church last night in a demonstration of his belief that the laying on of hands applied to the church today as it did in New Testament times. Of the group that had knelt before him, said Dr. Stratton at the end of the service, one woman suffering from neuralgia was cured. Led by a little lame girl, the group of applicants for Dr. Stratton's ministrations assembled in a small anteroom at the conclusion of the evening service and to free themselves of a wide variety of afflictions. Praying aloud and crying for Divine intervention for release from the bondage of their illness, one pretty bob-haired girl, her teeth chattering, stood as in a trance, while Dr. Stratton and another anointed her with oil.

Exhorting his listeners to have faith in the teachings of Christ, Dr. Stratton recalled the biblical legend of healing which relates the curing of palsies by the church elders through application of prayer and anointment with oil.

After a period of prayer, the pastor and elders placed their hands on those kneeling before them one at a time, each was anointed with oil and Divine help was asked to free the person of his affliction.

"God, in His Holy Book, says He will heal you if you have faith," Dr. Stratton told the group. "Stand on that promise. Do not let the devil fool you, for he is the father of every lie in the world and the originator of all evil. He will try to discourage you. Do not let him, but stand on the promise of God."

For white, cream and meat sauces blend the butter and flour in a saucpan. First melt butter, add flour, stir till well mixed; then add liquid, a little at a time, stirring all the time till thick and smooth.

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Modern Etiquette
By ROBERTA LEE

Q. At the theatre should a man's folded coat be kept on the lap or placed on the back of the chair?
A. Either is correct.
Q. When must a girl stop her correspondence with men friends?
A. As soon as she becomes engaged.
Q. At dinner, how much time may be spent at the table?
A. Not more than an hour and a half.

HOUSEHOLD SCRAP BOOK
By ROBERTA LEE

Kitchen Utensil

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