

Women's Realm Social and Personal Fashions Literature

Helpful Hints For The Women Folk

WHEN FATHER PRAYS The name "Rotten Row," given a famous London street, is a corruption of the original name, "Route du Roi," or King's Street. London hospitals are hiding valuable radium supplies each night in underground wells, for safety in case of air raid. Here is a very good use to which old towels can be put. From the least worn parts make a pair of gloves in the shape of babies' gloves with a stall for the thumb and all the fingers together in one stall. Next time you wash your hair, slip your hands into these towels when you are ready to dry it. Massage your head vigorously with your gloved hands, and you will find that you dry your hair far more easily than when you just rub it with a towel. A Los Angeles hat company owns a hat worth \$10,000—more than its weight in gold. It contains the signatures of more than 250 celebrities. Observation of Christmas in England was forbidden by act of Parliament in 1614. Charles II later revived the feast; the Scots however adhered to the Puritan view. Benzene and benzene are two different substances. To add to the confusion benzene originally was called benzine and now often is called benzol. Rabbit fur is sold under 98 trade names, such as Baltic Lion, American Seal, Baltic Black Fox, Black Lynx, Belgian Beaver, French Sable, Galiand Squirrel, Australian Cony and Erminette. A law in Topeka, Kans., limits each household to five cats. Fat-tipped mice store up their winter supply of body fat in their tails.

New Under-arm Cream Deodorant safely Stops Perspiration

1. Does not rot dresses—does not irritate skin. 2. No waiting to dry. Can be used right after shaving. 3. Instantly stops perspiration for 1 to 3 days. Removes odor from perspiration. 4. A pure white, greaseless, stain less vanishing cream. 5. Arrid has been awarded the Approval Seal of the American Institute of Laundering, for being harmless to fabrics. 15 MILLION jars of Arrid have been sold. Try a jar today! ARRID 39¢ a jar At all stores selling toilet goods (also in 1½ and 5½ jars)

Barbour's ACADIA BAKING POWDER Dependable Economical Because DOUBLE ACTING WE CHEFS USE

Dorothy Dix's Letter Box

Nobody Has Learned the Secret of Re-awakening a Dead Love, so Each Wife Must Solve Her Own Individual Problem if Such Ever Confronts Her

Dear Miss Dix—My husband and I have been married seventeen years. We have four children, the oldest, girl of 16. My husband is 40 and he has fallen in love with a girl of 23. He begs me to divorce him so he can marry her. Says that he loves her more than he ever cared for me and that he gets more happiness out of being with her than he ever did with me. He gets \$225 a month salary and says that if I will let him go he will give us all he can to help support us. He has no complaint to make against me. He doesn't love me any more and loves the girl whose parents have turned her out of the house because of her affair with him, which has lasted more than four years now. I still love my husband and don't know what to do. A BROKEN-HEARTED WIFE.

Answer: And nobody can tell you what to do, because nobody knows how to reawaken a dead love any more than they know how to breathe the breath of life into a corpse. If your husband has tired of you and has found happiness with another woman, that is that. It is a fixed fact that he is just as much lost to you as if he were buried in his grave.

True, you can still hold his body bound to you by law, but you will find small comfort in that when you know that his heart and soul have escaped you; that every minute he is with one who takes care of him, who spent away from his Lady Love and that he hates you for standing between him and happiness. So whether you let him go or stay, it is a heartbreak to you.

And there is another question you must consider—the financial side. It adds to the bitterness of the tragedy that when a man wrecks the home he and his wife have built together he so often leaves her and the children with no roof over their heads. The salary that has kept one family comfortable makes scant rations for two. And it goes without saying that the preferred woman gets the most of the pay envelope.

Your husband promises to give you and the children what he can to help you when he leaves you. Compel him to make a definite legal settlement on you, or else you will get nothing. And prepare yourself to support your children. Fit yourself for some work that you can do. You will need it and it will do more than anything else to keep you from brooding over your trouble.

Companionship or Motherhood? Dear Miss Dix—I have been married three years and have a darling little girl whom my husband and I simply adore. We are very congenial and have our fun together, as I love fishing, hunting and all outdoor sports. I cannot go with him as I have no one with whom I can leave my baby and no money to pay someone to take care of her. My heart aches to go with him, to be a companion to him in doing the things that we both love, but I have to stay at home while he and his men friends go. We both want more children when we can afford them, but will that solve our problem? Will I have to choose between my husband and a family? Please suggest some way that I can be a companion to him, for I love him more than anything else in the world. PERPLEXED WIFE.

Answer: For everything we get in this world we have to pay the price, and the price of motherhood for the woman unable to hire trained baby nurses and nursery governesses is slavery. A mother who does her duty by her children can't lock up the baby in the house and leave it alone while she goes to a cocktail party or the movies. She can't leave little Bobby and Sally to take care of themselves for a couple of days while she goes off on a jaunt with her husband. She has to park her youngsters on her family and friends while she takes a trip.

Her business is to be with them continually, to see that they don't get hurt; to catch the first sniffle, to give them proper food and rest, to do the million services that children require, and she should either do that cheerfully or not bring any poor, little, helpless creature into the world to be neglected. Don't worry about not being able to go off with your husband and his fishing trips. Of course, being a gentleman, he would say that he just loves to have you along, but women are always a nuisance on a stag party and there isn't a man in the world who doesn't like to get off now and then with just men.

(Continued on page 10, Col 2)

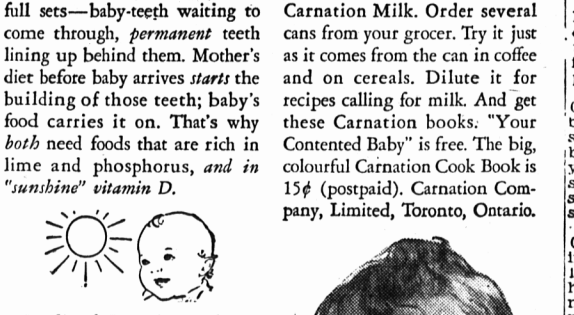
pleasant. They found that the children who lived in the smallest homes around there were very kind and well trained. It gave me the chance for an enlightening talk on values and to point out they would be utterly unhappy all the rest of their lives if they based their friendships on what their neighbors have in worldly goods. Of course, all children are normally proud of new things. Every child struts when a new rig is laid, a new car is delivered, or mother gets a new dress. We have to permit that for it is so human to strut when we get something new, but don't let snobbish instincts blind them to true values.

IF NOSE "FILLS UP" AT NIGHT Here's One Successful Way To Get Welcome Relief

IF YOUR NOSE gives you a lot of trouble at night—fills up, makes breathing difficult, spoils sleep—just put a few drops of Va-tro-nol up each nostril. RESULTS ARE SO surprisingly good because Va-tro-nol is expressly designed to relieve distress in the nose and upper throat, where transient congestion hinders free breathing. Enjoy the comfort Vicks Va-tro-nol brings... tonight!

BABY HAS MORE TEETH THAN YOU

es, even a day-old baby. Two full sets—baby-teeth waiting to come through, permanent teeth lining up behind them. Mother's diet before baby arrives starts the building of those teeth; baby's food carries it on. That's why both need foods that are rich in lime and phosphorus, and in "sunshine" vitamin D. Learn more about Irradiated Carnation Milk. Order several cans from your grocer. Try it just as it comes from the can in coffee and on cereals. Dilute it for recipes calling for milk. And get these Carnation books. "Your Contented Baby" is free. The big, colourful Carnation Cook Book is 15¢ (postpaid). Carnation Company, Limited, Toronto, Ontario.



Irradiated Carnation Milk is a splendid source of lime, phosphorus, vitamin D. That's one reason so many baby specialists prescribe it. Other reasons are its sterile safety, its uniformity, its convenience in preparing baby's feedings, its economy, and above all its greater digestibility. Of course you don't have to have a baby to use Carnation Milk. Because it is double-rich, smooth, creamy it does a wonderful job in cooking, and saves money on the table when used in place of cream.

Carnation Milk IRRADIATED A CANADIAN PRODUCT

Lenten Meditation

By Rev. James Henry Larson

Relax and visualize, the endlessness of the Universe. Then ask yourself the question, "Who made it?" Is there any answer that really satisfies? Let us say that God made the Universe. Who is God? "God is a spirit, infinite, and perfect; the source, support and end of all things. Spirit includes LIFE & PERSONALITY." How can we know God? Jesus answered this question in his sermon on the mount, "Blessed are the pure in heart, for they shall see God." If we believe that God made the universe then we must call him; Almighty Creator. The one who planned all the heavenly bodies in the universe, and started them on their various circles. God is everywhere revealing his power in men, movements, and growth. God knows all things and little by little reveals to the minds of men his plans for progress and comfort of his creatures, to whom he promises peace, joy, and perfect love; if we follow his plans and obey his commands. Men if you would obey God you will find you have a happy family about you; and find your place in his church, where you can develop the spiritual powers within you. This is God's command. In school we learn how to develop our minds; in our work we develop our personality; in church we learn how to develop our souls. When the people of the world learn how to obey the commands of God, then we learn how to live together in peace, and develop the resources of the world for the benefit of mankind. Begin to know God in the home, in the church, in your work, and you will soon learn his workings in the Universe.

BACK TO CYCLE DAYS

WASHINGTON (CP) — Motor car industry's big cost of petrol and elimination of German competition has brought an exceptional boom to the British cycle industry, Commerce department bulletin reports.

YOUR INDIVIDUAL HOROSCOPE

(By FRANCES DRAKE) (Copyright, 1939, King Features Syndicate Inc.) Look in the section your birthday comes in, and find what your outlook is, according to the stars. For Thursday, February 8, 1940 MARCH 21 to APRIL 20 (Aries) — You should feel energetic, cheerful and ambitious this excellent day. Be sure to have sturdy foundation beneath your bright and creative ideas and plans. Gains indicated through effort. Personal and industrial matters equally favored. APRIL 21 to MAY 20 (Taurus) — Changes for the better and fresh openings indicated today. Several planets in "beneficent" aspects should encourage you to speed up your activities in all branches. Make new try's advertise your wares and your ability. Time, too, for romance and recreation. MAY 21 to JUNE 21 (Gemini) — Mercury, the Moon and the Sun emanate generous and favorable rays. Push business and other money matters but be sure to keep emotions sensibly under control lest you misjudge. Private interests sponsored. JUNE 22 to JULY 23 (Cancer) — Get behind your work and other activities with all your capability and keep mentally, Cancer friend. You should make splendid headway in all your affairs and pave the way for further advancement throughout the year. Exploit your entertainment qualities! JULY 24 to AUGUST 22 (Leo) — Written matters, advertising, selling, making advantageous contacts, conferences, agreements, newspapers and periodicals' interests, sound investments among the many favored issues. AUGUST 23 to SEPTEMBER 23 (Virgo) — Especially responsive to Virgoans' artistic, analytical and literary talents. You in mechanical or other of the more physical activities: Lend a new twist and finesse to your work; be agreeable progressive, expressive. SEPTEMBER 24 to OCTOBER 23 (Libra) — Coming under especially benefic vibrations: Judges, lawyers, secretaries, accountants, brokers, bank and government employees, you in diplomatic, naval and army services, teachers and students, specialists in mechanical lines. P.M. should be pleasant. OCTOBER 24 to NOVEMBER 22 (Scorpio) — Bury every trace of irritability, doubt and worry and let your day's duties and schedule have the full filling of your cleverness, chery attitude and keen mentality. Good luck. NOVEMBER 23 to DECEMBER 22 (Sagittarius) — Splendid for finishing incomplete matters, starting new projects, checking stock, manufacturing, selling, building and making bids for contracts. Step ahead! DECEMBER 23 to JANUARY 20 (Capricorn) — You may find matters of a general nature moving faster today than those of a strictly private character. Double your efforts in all constructive issues and necessary duties. JANUARY 21 to FEBRUARY 20 (Aquarius) — Technical engineers,

Success of Famous White Feather Cake

Recipe ...

DEPENDS UPON FLOUR USED

One of the specialties served to the guests at Westview Lodge, North Tryon, P.E.I., is "White Feather Cake". When asked for the secret of her success in making this delicious cake, Mrs. Inman, the owner of Westview Lodge, said, "I have found I cannot make it successfully with any other flour except Robin Hood. I have tried to but had no luck, so now I always use Robin Hood Flour." Generously she gave the recipe for the cake which has become the favourite among her guests, and we invite our readers to try it for themselves. But remember what Mrs. Inman says—"The real secret of success back of this recipe is the use of Robin Hood Flour." You soon discover that not only for "White Feather Cake" but for white bread, buns, tea biscuits

or any home baking, Robin Hood Flour is the real secret of baking success. WHITE FEATHER CAKE 2 1/2 cups sifted Robin Hood Flour 2 cups sugar 3 1/2 tps. baking powder 1 cup milk 1 tsp. vanilla 1/2 tsp. salt Measure sifted flour, add baking powder and sift together three times. Cream butter thoroughly, add sugar gradually and cream together till light and fluffy. Add flour mixture alternating with milk, a small amount at a time. Combine after each addition until smooth. Add vanilla, fold in egg whites beaten stiff but not dry. Bake in three greased and floured layer pans in rather a slow oven 325°F. fifteen minutes, then increase slightly and bake about 15 minutes until cake starts to draw from pan. Spread lemon filling between layers and on top. Gvangeline HOME BAKING SERVICE ROBIN HOOD FLOUR MILLS LIMITED

Robin Hood Flour Milled from Washed Wheat

THE COOK'S CORNER

ORANGE CUSTARD 2 eggs; Half cup sugar; 1/2 cup orange juice; Three-quarter cup evaporated milk; Half cup water; 1/2 tsp. salt; Grated rind of orange; 1/2 tsp. vanilla; One-eighth tsp. almond. Beat the eggs slightly and add the sugar gradually, then the orange juice and rind and salt. Sald the milk and water and pour over the egg mixture. Mix well. Add the flavorings. Four into custard cups. Place in a pan of boiling water. Bake at 350 deg., for 25 to 30 min. or till done. (Test in the usual way by inserting a knife in the center, and if it comes out clean, the custard is done).

Smartest Fashions And Winter Styles

Jackets and blouses are just what you need to brighten up your frocks. If you have a dress that seems dull after many wearings, use a quick, striped bolero and matching sash, and see what she does. A fitted jacket blouse makes a new costume when teamed with a skirt or suit. For dressier moments, bow trimming and peppy short sleeves do the trick. Add a tailored bolero of flannel to a silk sport dress for added warmth and a gay note of color. Style No. 3137 is designed for sizes 14, 16, 36, 38, 40 and 42. Size 36 requires 1 1/2 yards of 39-inch fabric for long sleeved jacket; 1 3/8 yards for short sleeved bolero and sash; 1 5/8 yards for long sleeved bolero. Send fifteen (15¢) (coin is preferred) for pattern. Write plainly your Name, Address and style number. Be sure to state the size you wish. Style No. 3137 Size . . . . . Name . . . . . Street Address . . . . . City . . . . . Province . . . . .

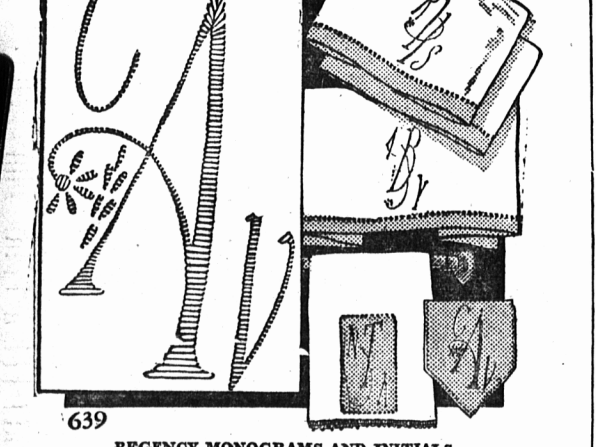


PEPPYS MADE HIS OWN LONDON—(CP)—Ten million diaries were printed in England for 1940, the Stationers Company reveals. It is the 125th year in which diaries with space for recording notes, have been printed.

For Bad Winter Coughs, Mix This Remedy at Home

Quick Relief. Big Saving. So Easy. No Cooking. This well known recipe is used by many thousands of housewives, because they have found that it gives them an effective, dependable remedy for distressing winter coughs. It's so easy to mix—a child could do it. From any drugist, get 2 1/2 ounces of Pinex, a compound containing Norway Pine and palatable guaracol, in concentrated form, well known for its effect on throat membranes. Then make a syrup by stirring two cups of granulated sugar and one cup of water a few moments, until dissolved. Stir in Pinex at all, and takes but a moment. No cooking needed. Put the Pinex into a 16 ounce bottle and add your syrup. This gives you 16 ounces of cough remedy, unusually quick-acting and dependable, and you get four times as much cough medicine for your money. It never spoils, and is very pleasant—children love it. You'll be surprised by the way it takes hold of severe coughs, giving quick, satisfying relief. It loosens the phlegm, soothes the irritated membranes, and helps clear the air passages. Money refunded if it doesn't please in every way.

To-Day's Popular Design By Carol Aimes

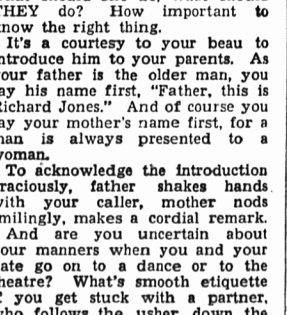


DESIGN NO. 639 We wondered at the unusual number of letters asking for initials. We think you show good judgment. There is nothing like a graceful initial or monogram to decorate household linens of all kinds, purses, scarves, lingerie and wearables of all descriptions. These are most dignified in design, the letters softened by tiny flowers and leaves which may be worked in colors. The pattern includes transfers for complete three-letter monograms and single initials in three sizes, also two boxes (frames), diagrams of stitches and all directions for working. To order this design, write your name and address on a piece of paper and send with 15 cents in coin or stamps to Needlework Department, Charlottetown Guardian. To Charlottetown Guardian Needlework Department. Design No. 639 NAME . . . . . STREET . . . . . CITY . . . . . PROVINCE . . . . .

HAVE YOU HEARD about the Canada Starch Home Service Dept., directed by Mrs. H. M. Aitken, famous Cooking Authority? It offers a wide range of valuable recipe and other booklets FREE. CROWN BRAND CORN SYRUP FREE Write now for the Booklet entitled "82 Cakes a Year". Enclose a label from any Canada Starch Product and address The Canada Starch Home Service Dept., A, Box 129, Montreal.

Are Your Manners Above Criticism?

Be Folsed When Beans Call The first call of a new admirer, what a critical occasion it is! For now the girl is revealed in her home background, her manners and the manners of her family are on parade. Should she introduce her parents, what should she do, what should THEY do? How important to know the right thing. It's a courtesy to your beau to introduce him to your parents. As your father is the older man, you say his name first, "Father, this is Richard Jones." And of course you say your mother's name first, for a man is always presented to a woman. To acknowledge the introduction graciously, father shakes hands with your caller, mother nods smilingly, makes a cordial remark. And are you uncertain about your manners when you and your date go on to a dance or to the theatre? What's smooth etiquette if you get stuck with a partner, who follows the usher down the aisle? Our 32-page booklet gives the answers to these and dozens of other etiquette questions. Tells the correct thing for dances, teas, motor-ing, visiting, the theatre, other occasions—for the younger and older set. Send 20c in coin for your copy of Etiquette: The Correct Thing To Do to the Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet. Name . . . . . Street Address . . . . . City . . . . . Province . . . . .



A Morning Smile

TAKING NO CHANCES "I want to give you notice, ma'am," declared the maid. "I am getting married." "But Maria," said her mistress, "could you not wait a month until I get a new maid?" "I couldn't," risk it ma'am. "I don't know Harry well enough." THE REAL PART Dancing Master—You must mind your feet carefully if you want to learn the new dances. Pupil—Never mind the feet, professor. What I want to get is the boys.