Woman's Realm—Social and Personal—Fashions—Literature

Living & Leisure
THE WOMAN'S REALM

MARRIAGE

There is to marriage only this:
The joy that's in the morning kiss,
The kiss of welcome in the gloam
That greets the toiler coming home.

There is to marriage little more
Than dreams of all that lies before,
The countless joys the children hold,
Their love at last when you are old.

The faithful friends who haste to share
The sorrows all who live must bear,
The home with love and faith aglow,
Are all that marriage can bestow.
(Copyright, 1949, Edgar A. Guest.)

Obstinate stains under the fingernails will disappear after washing out some article in Naptha soap.

Cook raisins or other fruit in a little water for a few minutes and add (hot) last, to fruitcake batter. The cake will be lighter and the raisins will not sink to the bottom.

A very satisfactory clothes sprinkler may be made by punching holes in the top of a vinegar bottle. Remove lining from the screw top. Grand for sprinkling your house plants, too.

Mrs. Lasby, seen with one of her children, will run farm, while trust company will run affairs. Her husband, Archie, husky, well-to-do farmer, disappeared on night of July 11, and no trace of him has been found since.

A TABLE OF MANY USES!

Here are some convenient ways to use your card table. Accessory table at canning time, (covered with heavy paper or oilcloth), back rest for an invalid (propped up with legs folded), typewriter table, screen when bathing the baby, tea table for garden or lawn. The top may be waxed, shellacked, or have a removable linoleum cover.

WINTER COATS ARE LOOSE AND FULL

PARIS — Your new winter coat simply must be loose and full, say Paris designers. The classic length is that of your dresses, with a few exceptional three-quarter models. The height of elegance is a voluminous coat worn over a simply moulded dress.

Still on the subject of coats, make sure that you choose a reversible cloth. Linings are all but forgotten this season and all the smartest coats are in reversible velor-cloths, blanket-cloths and pile-cloths.

Better English
D. C. Williams

1. What is wrong with this sentence? "He endorsed the back of the check."
2. What is the correct pronunciation of "aviation"?
3. Which one of these words is misspelled? Lavalliere, liquedate, linguist, lingerie.
4. What does the word "volition" mean?
5. What is a word beginning with gra that means "a gift"?

ANSWERS

A. Merely say, "He endorsed the check," as endorse means to write on the back of. 2. Pronounce both a's as in day. 3. Liquidate. 4. The power of willing; exercise of the will. "In choice and volition, we have the two factors of the will."—Hopkins. 5. Gratuity.

Chill Recipes From "Canada's Kitchen"

Cabinet Ministers and office boys, stenographers and livestock experts, in fact all the civil servants who work in the majestic Confederation Building in Ottawa, have been meeting with tantalizng odours as they enter the Wellington Street structure these fall days. The aromas have been emanating from the immaculate little white room in the basement, dubbed "Canada's Kitchen", where home economists of the Consumer Section, Department of Agriculture, have been experimenting with new ways of making that favourite relish, chill sauce.

And the economists of the kitchen have come up with some ideas. Uncooked Chili is one. It is actually an uncooked pickle. Another one can be cooked either on top of the stove or in the oven, a feature that keeps it out of the way and requires stirring only towards the last hour of cooking.

The recipes, complete with advice and ideas, are available on request from the Dominion Department of Agriculture.

That Body Of Yours
By James W. Barton, M. D.

HELPING THE CHRONICALLY ILL

At times when we look at this world of ours with two recent wars, all our maimed young and now middle-aged men, and the feeling of uncertainty of the future, we may become discouraged. On the other hand as we look at the other side of the picture — workmen's compensation, old age pensions, social security, societies to help the blind and hard of hearing, institutions for tubercular patients, for feeble-minded, and many other welfare organizations — we can see how the world has really advanced in unselfishness, and is not entirely a world of greed.

Some weeks ago I spoke of how the sympathy of so many unselfish individuals was being extended to men, women and children who are chronically ill, living day after day and night after night in pain, weariness and loneliness.

In May an organization was formed in Chicago known as the National Commission on Chronic Illness. This represents the culmination of a year's work on the part of four organizations previously mentioned—The American Hospital Association, The American Medical Association, The American Public Health Association, and The American Public Welfare Association.

I believe it is only fair that we should again state the goals of this Commission on Chronic Illness: (1) to modify the prevailing attitude that chronic illness is hopeless, to substitute a dynamic program designed as far as possible to prevent chronic illness, to lessen its disabling effects, and to restore its victims to a socially useful and economically productive place in the community; (2) to define the problems arising from chronic illness among all age groups, with full realization of its social as well as medical aspects; (3) to coordinate separate programs for specific diseases (tuberculosis, arthritis, diabetes, etc.), with a general program designed to meet more effectively the needs common to all chronically ill persons; (4) to clarify relationships among professional groups and agencies working in the field of chronic illness and (5) to stimulate in every state and community adoption of a well rounded plan for prevention and control of chronic illness and for the care and rehabilitation of the chronically ill.

DOROTHY DIX SAYS—

Clinging To Past
Lone Widow Should Close Up House, Seek Companionship, Useful Work

DEAR DOROTHY DIX: I am a widow, 55 years old, no children. My husband died two years ago. I loved him devotedly and since his death I have been trying to keep house for myself. I cook so little it is not worth the trouble, as I have no interest in getting up a meal just for myself and no appetite to eat it after it is cooked. I have nothing to do but to think about my loss and I weep all the time. My nature is full of love and kindness and I am so lonely. What shall I do?

HEART-BROKEN WIDOW

ANSWER: I don't know anything more pitiful than the way women sacrifice themselves to their "things"—the way they cling to the shell of a house and a few sticks of furniture after the spirit that made the house a home is gone. They will live on alone in houses in which they are frightened to death. They will endure semistarvation because it doesn't seem worth while to get up a regular meal just for themselves. And all for the sake of living under a roof in which they have once been happy.

Nothing is more common than to hear a woman say: "I just can't break up my home," but when a woman's husband dies and she has no children of an age to live with her, the very thing she should do is to break up her home and go where she will have companionship, and where everything she sees and touches does not remind her of her bereavement.

TAKE JOB

If you cannot afford to live in a boarding house or hotel, be sensible enough to put your pride in your pocket and get a position as housekeeper in some family where there are little children on whom you can bestow your affection, and where you can make yourself a part of the family life. Or else get in some philanthropic work. Anything that will bring you in contact with people and make you feel that you are of some use in the world.

DEAR DOROTHY DIX: I am a boy of 18, very much in love with a girl of 19. My father is sending me to college and is planning on putting me through a dental school when I finish. My girl says it will ruin my life for her to marry me now and that my family would always blame her for marrying me at this time. I run around a great deal and being young, she is afraid that I will continue to do so after marriage. I think I could stop this. I am positive that she is the one for me and I fear that if I have to wait for three years someone else will come between us. Shall I marry her and let my father support us until I get through school or shall I take a chance on losing her by waiting three years? Talk to me as if I were your son.

DOC

ANSWER: No boy in the world at 18 is fit to marry. He hasn't come to himself. He hasn't the faintest idea of what sort of man he is going to develop into nor what sort of woman he is going to want for a wife when he is grown up, and not once in a hundred times does a very youthful marriage turn out successfully. It isn't fair to yourself and it isn't fair to the girl, and she has more intelligence than you have by not being willing to enter into it.

As for the danger of losing her by waiting until you are ready to marry, that is as nothing to the danger of wishing that you hadn't married her if you do marry her. If you really love each other, your love will stand the strain of a three year's wait.

Certainly you have no right to marry and dump a wife down on your father to support. That is as unmanly an act as any lad can

(Continued on page 9)

The Stars Say—
By Genevieve Kemble

For Friday, October 21

THE auguries ruling important transactions on this day are complex and conflicting. While promises seem encouraging, and the mentality seem able to cope with unforeseen circumstances, yet the day could be lost by either impulsive inclinations or by the development of a strange, curious or unpredictable event. Unexpected involvements might concern purely personal factors.

For the Birthday

Those whose birthday it is, may feel impelled to summon their clever, shrewd and possibly unique talents in furthering original plans and purposes. And while the judgment seems sound, the mind alert, and plans established on secure foundation, yet a rash move, an impetuous inclination, or some untoward event may undermine all calculations. The intrusion of personal or romantic affairs may be radical in its power to thwart. Resist impetuous emotions or urges.

A child born on this day, may be well equipped with novel ideas, backed by good reason and judgment, but an impulsive drive may upset its noblest plans.

Morning Smile

The energetic traveling salesman, eager to see a big business executive, finally bludgeoned his way past the various secretaries at the end of a rush day in the office.

"Salesman, eh?" snorted the big man. "Do you know my secretaries have thrown out thirteen salesmen already today?"

"Yes, sir", said the salesman. "I'm them."

School Lunch Is A Vital Problem

One of the most important items of the fall school opening, and one of the countless worries it brings to the homemaker, is the preparation of school lunches. Not only do the lunch-toters demand variety, but they must also have nutritious food.

The Consumers Section of the Dominion Department of Agriculture suggests each school lunch contain milk; some meat, fish, eggs, dried beans or peanut butter; a vegetable or fruit, or both; breads, fats, or sweets to round it out.

If the school child cannot buy milk at school or where lunch is eaten, include it as milk, soup or cocoa in a thermos. The home economists of the Department suggest milk in puddings can be taken along in small mayonnaise jars or waxed paper containers, but be sure the lid is on tight!

To handle the demand for variety, produce odd designs in sandwiches—cut them with cookie cutters or like jigsaw puzzles. Try a new filler once in a while.

Cook's Corner

Barbecued Beef-Potato Balls

¾ pound beef, ground, ¼ pound pork, ground, 1½ cups grated potatoes, ½ cup grated onions, ¼ cup chopped green pepper, 1½ teaspoon salt, ¼ teaspoon pepper, ¼ cup margarine.

Combine ground meat, potatoes, onions, green peppers and seasonings and shape into balls. Place in a greased baking pan and pour the barbecue sauce over the meat. Bake in a moderate oven 375 degs. F. for 30 minutes.

Barbecue Sauce

Mix together 2-3 cup dill pickle juice, 2-3 cup chili sauce, 4 drops tobasco sauce, 4 teaspoons Worcestershire sauce, 1 teaspoon salt, 6 tablespoons diced dill pickle. Serves 6.

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Born In Montreal Woman In Bermuda Turns Politician

By DOROTHY ROE

PAGET, Bermuda, Oct. 20 -(AP)- When the surreys and the 10-horse power taxis get into traffic snarl in Bermuda, the gal who has to straighten them out is Montreal-born Mrs. Edna Watson.

One of two women members of Bermuda's parliament, Mrs. Watson is a bland, blonde woman of genteel manner, who looks as if her proper background would be an English garden party.

Actually, she manages to run much of Bermuda's government business, conducts a succesful group of guest houses, runs a farm and in her spare time works as a physiotherapist at the local military hospital.

At her stately home, Scarrington Lodge, she is every inch the hostess, intent upon her guest's comfort. In parliament, she is considered a political power to be reckoned with. Discussing her surprising and recent political career over fragile coffee cups and old silver at her home here, she said:

"I never had considered going into politics. The nice Bermuda men always have considered woman's place was in the home.

"We have had woman's suffrage here only since 1944, you know. The 1948 elections were the first time a woman could run for office. The thing all came up very suddenly. I was asked one Thursday to stand for parliament. The next Thursday I was in."

Mrs. Watson made no speeches, did no campaigning. Instead, she took an advertisement in the local newspaper to publish her platform, which included: Old age pensions, courses in hotel training in the locals schools and social security. She said:

This was an unheard-of method of seeking public office, but apparently it worked. Anyway I was elected."

Holds Cabinet Status

Now she is chairman of the transport control board and the social welfare board, two of the most important committee posts in the Bermuda House of Assembly.

The problem of planning an adequate transport program for Bermuda, which until recently allowed no automobiles on the island, keeps her busy most of the day. Some of the old residents want to go back to the horse and buggy days. Others seek to raise the present 20-mile speed limit for automobiles (still limited to 10 horsepower).

What Mrs. Watson wants to do is plan an over-all transit system with ferries and buses, so that Bermudians can get to and from work without depending on taxis, as most of them do now.

Mrs. Watson was born in Montreal and came to Bermuda with her husband after he was gassed in the First World War.

For a time the Watsons ran a farm, raised horses and generally enjoyed life, while Mrs. Watson filled the roles of wife and hostess. But, a graduate of McGill University and a former physiotherapist with the Canadian army during the First World War, she needed wider interests.

After her husband's death she enlisted again with the Canadian army during the Second World War. Returning, she expanded Scarrington Lodge into a series of guest houses, continued her truck farming and apparently managed to have no idle time. When the opportunity arrived to enter public service, she managed to work that in also.

Needlecraft
FOR THE HOME

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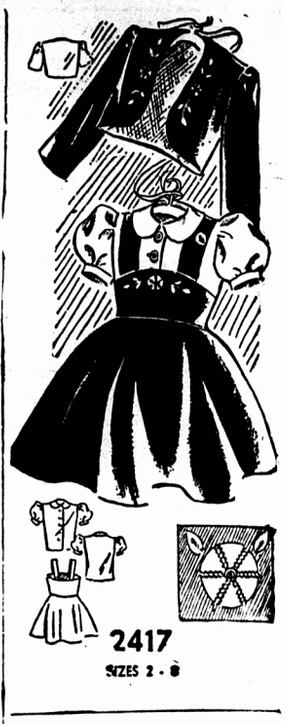

2417
SIZES 2 - 8

Household Scrapbook
By Roberta Lee

Copper Coin Swallowed

A copper coin swallowed may be rendered harmless by a diet of bread and milk, giving nothing sour, as this would corrode the metal. Also give the raw white of an egg three times a day, and a dose of castor oil every night.

Coffee Stains

Coffee stains, even where there is cream in the coffee, can often be removed with glycerin. Brush the glycerin on the spots, then wash them with lukewarm water.

Paint Brushes

Seldom-used paint brushes should be wrapped in a piece of cloth and suspended in a jar of kerosene, or better, linseed oil.

How Can I !!!
By Anne Ashley

Q. How can I clean black lace?

A. Put into alcohol, and churn up and down until the liquid foams. If very dusty, repeat the operation; squeeze the lace out, slap between the hands, pull out the edges, and lay between brown paper, smooth and straight. Leave under a weight to dry.

Q. How can I keep plants moist?

A. Water-soaked newspapers twisted around the roots of the plants, against the dirt, will keep the plants moist.

Q. How can I prepare bazed grapefruit?

A. Halve the grapefruit and after putting cinnamon, sugar, and butter on it, place it in the oven. Serve hot. It is delicious.

Modern Etiquette
By Roberta Lee

Q. How are invitations to the second marriage of a young widow worded?

A. In the same way as the usual invitation, in the name of her parents or nearest relatives, as, "Mr. and Mrs. Robert Johnson request the honor of your presence at the marriage of their daughter, Mary Johnson Smith, etc." You will note, of course, that the full name of the bride is used.

Q. When writing a "thank you" letter to a relative who has sent a check as a birthday gift, should one say how the money is going to be used?

A. Yes; it is always nice to do this whenever any gift of money is received.

Q. Is it obligatory that a host or hostess meet their out-of-town guests at the railroad station?

A. Most certainly. This is their first duty.

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