

# Woman's Realm :- Social and Personal :- Fashions :- Literature

**FOR THE WOMAN READER**  
BY FLORENCE RIDDICK BOYS

### WOMEN IN GOVERNMENT

All over the world, women are taking a larger part in government. Contrary to the fear of many men, before woman suffrage came into being, women have not clamored for place in politics. Only a few have reached after political positions. Most women now in office were handed the job, either by appointment, for their own merits, or to succeed a husband after his death.

In thirty-eight of the forty-eight states of the United States, there are 146 women in the legislatures, and the national Congress includes seven women. In Conservative England, a few women have found a place in Parliament. Even in countries where women are supposed to live lives of seclusion, a talented woman will occasionally rise to a place in the government. We take it as a good omen that women have not, in any considerable numbers, sought offices in the government, but that they have been able to fill them with ability and honor when these positions came their way.

Even without holding office, to any extent, woman suffrage has had a beneficial effect on government. The woman is interested and informed, sometimes more so than her husband, and her influence is felt. Manifestly unfit candidates are unlikely to get their votes; and tickets and policies must be more wisely selected. With women in the field, greater attention is given to matters which concern the home, education and welfare. Women are learning practical politics, slowly but surely, and it is probable that future generations will see a gradual increase of women in the government, until men and women share this larger homekeeping about as they do the management of their own homes.

### THE LINOLEUM

As floor coverings, linoleums are more attractive than ever. The newer patterns are large and rather bizarre looking. Color combinations are good. There are many futuristic designs, like the crazy-patchwork patterns Grandmother used to make in bed-quills. Many patterns imitate stone flagging, and some are like tiled floors, brick floors or mosaics. They resemble less wall-paper designs and look more like something to walk on.

Lacquered linoleums are something new. They are finished with a hard, glossy varnish and are easy to keep clean. The inlaid linoleums are the more expensive. The pattern goes clear through and there is no printing to wear off in spots. A heavy piece of inlaid linoleum should stand hard usage for years, and look well as long as it is doing it. It has a waxed surface and shows the dirt more easily than the varnished linoleums, and it requires re-waxing from time to time, but it is an elegant and durable linoleum.

Do not use strong soaps or cleaning powders in cleaning linoleum, as they contain abrasives and alkalis which will injure the finish. Wash the linoleum with a luke warm suds of mild soap. Inlaid linoleums should be waxed once a month with floor wax. This prevents the dirt from being ground into the grain of the linoleum and produces a pleasing luster.

When linoleum is laid it should be pasted or cemented over a layer of

### FASHIONS, FADS, FOIBLES.

A string of pearls is the most popular necklace in Paris.

Capes, never out of style, are going strong again. The new coats have them. You are hardly in style unless your suit or coat boasts either a scarf or a cape.

Back-fullness in skirts is coming back; or shall we say returning? Soft, fluttery chiffons and georgettes are signs of spring. They come in gay flowered designs, a riot of color. Modernistic is a note in the new design, whether the figure be on the linoleum, the wall-paper or milady's gown. With all this influx of color, white will hold its own for summer wear.

Hip-line jackets are a fashion and an economy innovation. They are economical in that they convert the sleeveless blouse or evening dress into a street or afternoon frock.

Montreal is to have one of the world's largest seaplane harbors, an enclosed stretch of the St. Lawrence river nearly a mile long by half a mile wide.

### Sparkling Eyes And Rosy Cheeks

The Birthright of Every Girl With Rich, Red Blood in Her Veins.

The dull eye that goes with bloodlessness is a sure sign of misery and weakness. Anaemic—that is bloodless—girls and women have dull, heavy eyes with dark lines underneath. But this is not all. Anemia works havoc all through the system; girls grow painfully weak and irritable; they are breathless and incapable of much exertion, while older women who are anaemic complain of being "never really well."

There is only one way to bring brighter, better health for pale, pinching girls and women. That way is to invigorate the body with new blood—rich, healthy blood that imparts strength and restores the bright eyes and rosy lips of perfect health. That Dr. Williams' Pink Pills make new rich blood and bring health and strength has been proved in thousands of cases. One such case is that of Miss Margaret White, Parry Sound, Ont., who says: "I was attending high school and as examinations were coming on I was working hard, and began to feel easily tired, and often had severe headaches. When I sat down to a meal I felt that I did not want to eat. I went to a doctor who told me that I was anaemic. I took his medicine, but made little progress. Then my aunt, who had great faith in Dr. Williams' Pink Pills, got me a supply and I began taking them. I soon noticed that my appetite was improving, that the headaches came less frequently and that I was not so easily tired. I went away to camp for my holidays, taking the pills with me and taking them regularly. The result was that I returned home a healthy girl, my weight increased, my cheeks grew rosy and every ache and pain had vanished. I strongly recommend every weak girl to give Dr. Williams' Pink Pills a fair trial."

If your dealer does not keep these pills you can get them by mail at 50c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

### NICE WORDS WON'T DYE a dress or coat...

Neither pretty pictures nor colorful adjectives will dye a dress or coat. It takes real dyes to do the work; dyes made from true anilines.

Next time you have dyeing to do, try Diamond Dyes. See how easy it is to use them. Then compare the results. Your dealer will refund your money if you do not agree they are better dyes.

You get none of that re-dyed look from Diamond Dyes; no streaking or spotting. Just fresh, crisp, bright new color. And watch the way they keep their brilliance through wear and washing. They are better dyes because they contain plenty of real anilines—from three to five times more than other dyes. But you pay no more for them than for ordinary dyes.

The white package of Diamond Dyes is the original "all-purpose" dye for any and every kind of material. If will dye or tint silk, wool, cotton, linen, rayon or any mixture of materials. The blue package is a special dye for silk or wool only. With it you can dye your valuable articles of silk or wool with results equal to valuable articles of silk or wool. Remember this when you buy: The blue package dyes silk or wool only. The white package will dye every kind of goods, including silk and wool. Your dealer has both packages.

### Diamond Dyes

Easy to use Perfect results

AT ALL DRUG STORES

### Health Services of Canadian Medical Association

**WHAT TO DO IN AN EMERGENCY**

The person who deals best with an emergency is the one who has thought out previously what to do, and who, when the emergency occurs, keeps calm, goes ahead and does things according to the plan.

When there is sudden illness, or when an accident occurs, someone must take charge. Unless there is some person present who is more capable than yourself, this falls upon you.

First of all, send one person to call a physician. Do not delay in doing this because the life of the individual who is ill or injured may depend upon prompt treatment by a physician. No matter how well trained you are to handle emergencies, it is advisable to place responsibility upon a physician, who is the one recognized to deal with sickness and accidents.

There is no doubt but that many lives are saved each year by trained emergency workers. Thanks to the services they give and the example they set, many difficult situations are met. It is the untrained person who, in his desire to do something, does harm. The trained worker knows his own limitations and does not do harm because he knows what NOT to do as well as what to do.

In these emergency cases, if you are not assisting, do not form one of the curious crowd who so often hinder those who are helping. If you are assisting, the following suggestions may be helpful.

In general, it is well to loosen any tight clothing the patient may have on. Do not be in a hurry to move the patient; any movement may cause damage to an injured part. Keep the patient lying down, with the head low. If a part is injured and clothing must be removed, cut off the clothing in preference to moving the injured part. After an injury, there is usually a condition of what is called shock. Shock should be treated by keeping the patient warm. Blankets or overcoats are placed under, over and around the patient. If possible, hot water bottles should be placed under the armpits and around the body, care being taken not to burn the patient. If the patient is conscious, giving him a hot drink.

Questions, concerning Health, addressed to the Canadian Medical Association, 164 College Street, Toronto, will be answered personally by letter.

## Dorothy Dix Letter Box

### When it is a Mother-in-Law's Duty to Interfere. How Can a Mother Win Her Son's Confidence? The Fiance Who Refuses to Keep Regular Dates.

Dear Miss Dix—My son is a fine, intelligent man of refined tastes and habits. He is successful in business and provides a nice home with all the modern luxuries and comforts for his wife. She is a good woman, but she has no regard for the niceties of life. Although she is young she is permitting herself to get fat and sloppy looking. She goes about the house in slovenly clothes and doesn't even bother to dress up much when she goes out. Her house is always untidy and when my son comes in the evening he finds any kind of an ill-served, scraped up meal that is as often as not served from the kitchen stove to his plate.

The inevitable result is happening. My son is disgusted with his wife and ceasing to care for her. He is getting to stay away from home as much as he can, and I fear I'm falling in love with a neighbor woman who is trim and tidy and snappy, and a good cook and housekeeper, everything his wife is not. I tremble for my son's happiness and the stability of his home. What can I do?

ANXIOUS MOTHER.



Answer: Your son's wife needs a job that will jar her wisdom teeth loose, and it seems to me that you are the one who will have to administer it, which is a pity, as mother-in-laws are not so popular that they can afford to be the bearer of unpleasant news.

However, it is not so much being persona grata with your son's wife as saving him and his home that concerns you, and while it may offend your daughter-in-law to be told a few plain and unpalatable truths, the time will come when she will thank you and realize that you have been her best friend. Or else, if she fails to take your advice, she will spend many bitter hours reflecting what a fool she was not to heed your warning.

Tell her that if there ever was a time when all that a woman needed to hold her husband was a framed marriage certificate hanging over the bureau, and those halcyon days belong to the prehistoric ages. They don't exist now, and the modern wife, if she holds her husband and keeps out of the divorce court, has to be up and doing, and on her job every minute.

Maybe our grandmothers could sit down and flog after they had caught their man and safely landed him. Maybe grandpa never noticed what grandma had on, or whether she was clean or untidy. Maybe he never observed whether she combed her hair, or wore it trowsy, or whether she powdered her nose and put on her complexion or not.

Maybe grandpa wasn't interested in grandma's conversation and so he never found out whether she was a Dumb Dora who never read anything but the births and deaths and society notes in the newspapers, or whether she carried a peppy line of conversation.

Maybe grandpa didn't care whether the house was orderly, or looked as if a cyclone had just passed through it. Maybe grandpa wasn't finicky about his eating and didn't care how his food was served.

Also, and that's not maybe, times have changed and the points of view of men and women have altered, and men expect a lot more of their wives than they used to. They demand more of marriage. They won't stand for the things that their grandparents did.

Certainly no modern woman can call it a day, and knock off work when she gets married. As a matter of fact, her labors just begin, because it is a million times more difficult to keep a husband interested and satisfied, and in an admiring attitude, than it is a sweetheart. Any woman can look good to a man who only sees her when she is all dolled up. Any woman can keep a man fascinated for two or three hours a week, but it is some job when it has to be done all day, and every day.

The point is, it has to be done. Every man nowadays goes from his wife to work with women who are neatly dressed; who are alert, mentally; who have learned to control their tempers and tongues; who are efficient, and who are cheerful about what they have to do, not whiners, and if the wife holds her own she has to offer good competition. She also has to be easy on the eyes, and pleasant to get along with, and turns out a workman-like job of her housekeeping.

The lazy, slouchy, naggy wife, who is too indolent to keep herself clean, or give her husband good food, or to try to entertain and amuse him, is just as sure to go bankrupt now and lose her husband as any business man would be certain to fall who kept a dirty store with a lot of shoptown goods on the shelves, that he was too trifling even to try to sell.

Tell your daughter-in-law that she is about to lose out to a better woman. Maybe that will wake her up and make her get busy.

DOROTHY DIX.

Dear Dorothy Dix—I am a mother of one son 14 years old and I wonder if you can tell me why he does not tell me that he smokes? I have reason to know that he does smoke and feel hurt that he does not tell me, because I have never been strict with him, and have even talked over the smoking business with him. Nor do I particularly object as long as he does it in moderation. But why doesn't he tell me?

MOTHER.

Answer: Because he is a boy, and boys of that age are always secretive. They get a great kick out of hiding things. That is why they have robber caves, and locked boxes, and secret societies with passwords, and signs, and blood curdling oaths.

Besides, it makes your son feel that he is grown-up, and a real man of the world to be doing something on his own initiative and without even consulting you. Also there is a certain sense of adventure in thinking that he is pulling the wool over your eyes.

Don't worry over all of this. Try to think back to your own adolescence and you will remember how you used to whisper in corners with girls, and giggle over secrets that you never told your mother, and how you had been having dates with boys for months before she ever found it out.

Don't try to force your boy's confidence. You will only shut him up as tight as a clam. There is nothing the young resent so much as their parents prying into their little affairs. It outrages their sense of privacy. Anyway, a confidence to be worth anything has to be spontaneous. When your boy wants to talk things over with you he will listen to your counsel, but you can't force your counsel upon him.

My advice to you is to meet this situation with humor. Don't ask Johnny if he smokes. Don't reproach him with doing it. But get a box of cigarettes, and casually offer him one. That, and the twinkle in your eye, will let him see that you are wise and he will think you are a darn good sport that a fellow can tell things to.

DOROTHY DIX.

Dear Miss Dix—I have been engaged to a man for three years who has come to see me every Saturday and Sunday and one or two nights during the week. Lately he has been going off somewhere for his week-ends and says

### A Morning Smile

The manager of the telephone company was the recipient of a message from a local society woman complaining of the "blasphemous, foul language" used by two of his employees while school children were passing the pole on which they were working.

Accordingly, the two men suspected appeared on the official carpet. Each, however, denied stoutly any infraction of moral code.

"Oh, I remember that time," suddenly exclaimed the burly one of the duo. "It was this way, I was just behind Bill while he was climbing the pole with the ladle full of molten lead. His foot slipped and he spilled the lead down the back of my neck so I looked up and said, 'Pardon me, Bill, but you must be more careful in future.' That was all."

That is quite a game, Eva, which your dog plays with the cat. Spot must have good nature. For my part, I would not like to have a cat scratch my nose!

John Collins, age 12, sends me the following riddle:

"Why do we have ankles?" Can you guess the answer? If not, here it is: "To keep our calves from eating our corns."

That is a rather amusing answer.

### For The Cook

#### GINGER FUDDING

One egg, one tablespoon of butter, quarter cup of sugar, half cup of sour milk, one tablespoon of cinnamon, half teaspoon of ginger, two tablespoons of molasses, one teaspoon of soda. Flour as for batter puddings. Steam one hour.

For sauce use three-quarter cup of granulated sugar, quarter cup of melted butter, the yolk of one egg, one tablespoon of flour. Mix well; add boiling water to make the right consistency; boil a few minutes; add a teaspoon of vanilla and, just before serving, the beaten white of an egg. A plain hard sauce may be used instead of the one given here.

#### LEMON-PIE

Cream together one cup sugar, one tablespoon butter, yolks of two eggs. Then add the juice and rind of one lemon, three level tablespoons flour, one cup of milk, and fold in the beaten whites of the two eggs. Pour this filling into your pie crust and put into an oven very hot for a few minutes, and then decrease the heat until it is quite low.

#### White Enamel

To remove the yellow spots from white enamel, rub with flannel dipped in garden mold.

#### Oatmeal

A little sugar added to oatmeal when it is cooking, instead of putting it on at the table, improves the flavor greatly.

#### Swallowed Fish Bone

A fish-bone swallowed accidentally may be carried safely down the throat by taking the raw white of an egg as quickly as possible.

## UNCLE RAY'S CORNER

### A LITTLE SATURDAY TALK

A young reader who lives in a rural district sends me the following letter: "Dear Uncle Ray: I will tell you about my pets. I have a dog and his name is Spot. He will open the gate and play with my little gray cat. The cat will lie on a chair and Spot will lie under the chair. When Spot sticks his nose out, the cat scratches it."

"I also have a tame pigeon. It likes me so well, but it not not like me when I looked in the nest when it laid two little eggs. It plucked my fingers, but it stayed on the nest, anyway. I tamed it when it was little. Your friend,

"Eva Axelson."

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### Household Hints

By Roberia Lee

#### Mothers Always Dread the Blustery March Days.

No month of the year is so dangerous to the welfare of the little ones as is March—the month of quickly changing weather. One day it is fine, the next cold and blustery. One day dry, the next wet and disagreeable. In spite of all precautions the little ones will take colds and these colds often lead to more serious troubles. Mothers, when the first symptoms appear—sneezing, redness of the eyes, running nose—Baby's Own Tablets should be given at once. They will rapidly break up the cold and prevent the more serious complications.

Mothers who keep a box of Baby's Own Tablets in the home always feel safe—just like having a doctor in the house. The Tablets are a gentle but thorough laxative that sweetens the stomach and regulate the bowels, thus driving out constipation and indigestion and relieving the baby of the many childhood ailments which are the direct result of a clogged condition of the bowels or a sour stomach.

Baby's Own Tablets are sold by all medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

but corns are not amusing. I had one once! One day somebody stepped on it while I was in a street car. That was worse than having a calf try to eat it up!

Have you ever wondered what causes corns? It is the wearing of shoes which do not fit. They rub against the flesh, and Nature makes a hard spot there. If you want to miss the troubles of corn, do not wear shoes which pinch. Buy shoes which give your feet enough room. Nowadays I wear shoes of that kind, and my feet feel fine.

Heres' another riddle, sent to me by Vaunita Doyle:

"What has a bed but never sleeps, a mouth but never eats, a head but never thinks?"

The answer is "a river."

Monday—Meters or "Shooting Stars."

### Uncle Ray

#### A Dangerous Month For The Baby

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The REASON for that ALWAYS STYLISH LOOK

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The subtle, eye-compelling charm of beautiful hosiery— snugly-clinging— gently emphasizing lovely natural lines—engendering pride of appearance in the heart of every wearer.

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Add to this: "amazing wearability and washability," and you have a complete picture of Canada's finest hose—Penmans.

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Styled in the mode's preferred colorings. Panties with special snug-fitting cuffs—charming negligees—smartly designed pajamas. Everything you seek in lingerie loveliness—at moderate price.

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