

Woman's Realm - Social and Personal - Fashions - Literature

What the Fashionable Are Wearing. Illustrated Dressmaking Lesson Furnished With Every Pattern. By Annebelle Worthington



A sheath-like crepe silk in blue violet shade that is luxuriously smart. Shirred applied panels at either side of the bodice add to its feminine theme.

Style No. 3370 can be had in sizes 16, 18 years, 38, 38, 40 and 42 inches bust.

Black silk crepe, orange-red chiffon, printed chiffon, crepe silk print, putty-beige silk crepe, sapphire blue canton crepe and crepe Elizabeth in Lanvin green are smart combinations.

Pattern price 15 cents. Be sure to fill in size of pattern. Address Pattern Department. Our Spring Fashion Magazine is 15 cents, but you may order a pattern and a Fashion Magazine together for 25 cents.

No. 3370. Size. Name. Street Address.

A Morning Smile

RETORT IN KIND

Standing by the entrance of a large estate in the suburbs of Glasgow were two huge dogs carved out of granite.

"How often, Jock, do they feed those two big dogs?" "Whenever they bark, sir," was the straight-faced reply.

For The Cook

Two pounds of lake trout or whitefish, 2 tablespoons butter, 1 teaspoon salt, 1/4 teaspoon pepper, parsley. Clean the fish, bone and split the fish. Place it skin side down on a plank.



Prepare them NOW for vigorous hair at thirty!

The easiest way to care for a child's hair properly, is with Danderine. Put a little on the brush each time the hair is arranged.

Danderine helps stop falling hair; dissolves every particle of dandruff crust; keeps the hair and scalp clean and healthy; changes dull, brittle, lifeless hair into hair that is sparkling, vigorous, easy to manage.

Danderine The One Minute Hair Beautifier AT ALL DRUG STORES—THIRTY FIVE CENTS

Dorothy Dix Letter Box

Sage Advice to the Wife of a Social Hermit—Will Shutting Her Eyes to Her Husband's Philandering Bring This Hurt Wife Peace?—Grasping Mother

Dear Miss Dix—My husband is a steady domestic man, very kind to me and much interested in his home, but here is my complaint—he simply will not make friends with people and all my efforts are in vain.

Answer: Your husband is making a very great mistake. Friends are not only the chief joy in life, but they are one of the greatest and most humanizing influences in the world, and they are among our most valuable assets in a business and financial way.

Therefore, when a man cuts himself away from all friends he deprives himself of great pleasure and happiness. He invariably narrows himself down and becomes cranky and queer and opinionated.

Somebody has well said that friendship doubles our joys and halves our sorrows, and this is true. There are mighty few things that are any fun to do alone.

And our friends educate us. It is the rubbing of wits against wits that polishes them up so they scintillate like diamonds.

And our friends play a major part in our success in the world. As Shakespeare says, "We are advertised by our loving friends."

The real reason that we buy from one merchant rather than another is not because he has better goods, but because he is friendly.

So just for his own sake your husband is making a great mistake, but I don't think there is anything you can do about it unless he has intelligence enough to perceive that he is taking the wrong tactics in holding aloof from his fellow creatures and abandons his position of isolation.

After fifteen years of combating your husband's hermit nature you must have said to him everything that can be said on the subject, and so as he has remained deaf to all your arguments, my advice to you is to quit kicking against the pricks and leave him undisturbed to his paper and his radio.

Plenty of times a woman has to accept her husband as he is, and make the best of it and thank heaven it is no worse.

This seems to be your case. Cease to nag him about having friends in of an evening and find your amusement and diversion in the afternoons.

Dear Dorothy Dix—I read somewhere that "peace of mind does not come through husbands, it comes in spite of them. It comes in spite of everything because it is complete in itself. It is complete in you, in me, in every living creature."

Now I want to ask is that true? When a wife knows that her husband is unfaithful to her, that he gives his time, his money and himself to another woman, can she refuse to see that? Can she keep her heart from aching and breaking? Can you help us who have husbands who are untrue to us, to find peace and happiness?

Answer: No. Only God can do that. I have no magic that can heal a wife's broken heart. I have no words with which to save the wounds that have been dealt her pride.

The nearest approach to any consolation that I can give her is to bid her to try to look clearly upon the husband who has betrayed her and see how poor and worthless a thing she mourns. A double-dealer. A double-crosser.

If deserted wives could only realize that the idols they have worshiped have not only feet of clay, but are mostly made of mud, and that they have been bowing down before false gods, it would do more than any other one thing to make them dry their eyes and cease beating upon their breasts when their husbands desert them.

Happenings of the Week

he kitchen in my modest home is warm and snug, with painted cupboards by the wall. A braided rug. The snowy curtains softly frame a window bright with red geraniums on the sill—A cheery sight.

I think I like this room the best of all we own. For here I reign—a happy queen Upon her throne; For those I love I wash and mend, I broil and bake, Iron ruffles set on little frocks; Make gingercake.

And to my kitchen come, at night, My homing flock, With all the great world shut away, Beyond the lock, And all the warmth of loving hearts Kept safe inside; With such a kitchen, who would Not Be satisfied?

The King takes pleasure in a collection of watches and clocks as well as in his stamps, and when his time and health allow, likes to wind them up himself. The Queen, as Princess of Wales, was said in the Royal family to "collect" country houses.

Society in Victoria, B. C., is anticipating the arrival of Their Excellencies Lord and Lady Willingdon. He will go to the Coast on April 2 for the spring visit of the Governor-General and his wife is now generally looked forward to as an annual event.

Miss Maud Haslam who has been sending a few weeks at her home, Stone Cottage, Springfield, has left for St. John en route to Quebec where she will resume her duties at Immigration headquarters in connection with the Bible Society work in which she has been engaged for the past several years.

Arriving in Vancouver, they will go almost directly to Victoria, remaining there until the morning of April 9. They have invited His Worship Mayor W. H. Malk to dine with them on the evening of April 2.

The Vancouver Island stay usually includes a motor trip to Qualicum Beach, where Their Excellencies visit at the guests of General and Mrs. Noel Money.

The members of the Legislature were guests of honor at Edgewater Thursday evening, when the Lieutenant Governor and Mrs. Heartz entertained at an exquisitely appointed dinner, plates being laid for forty-five.

Mrs. (Dr.) Heath McInyre entertained very pleasantly at a five table "ridge party" Thursday evening, and gave last evening at her pretty home 165 Prince Street.

Sir Andrew MacPhail, of Montreal, called from New York this week by the Duchess of Bedford to spend a month in England and the Continent.

Mr. and Mrs. George Abbott of Union Road, have been visiting in Ottawa, the guests of Mr. R. H. Jenkins, M. P., and Mrs. Jenkins, 39 Monkland Avenue. Mr. and Mrs. Abbott have been travelling since January first in Canada, the United States, Mexico and South American countries.

Household Hints

White Clothing White clothing can be kept from turning yellow if the starch is washed out, rinsed in bluing water and put away unironed.

Onion Odors Four a little vinegar into the frying-pan while it is still hot to remove the odor of frying onions. This also removes fish odor. Or, sprinkle oatmeal in the pan and shake it over the fire until the meal starts to scorch.

Baby's First Teeth To clean baby's first teeth use powdered chalk flavored with cinnamon or wintergreen.

countries. They will return home some time in May.

Many old home friends heard with sorrow of the death of Mrs. Charles Robertson of Halifax, for many years one of the prominent ladies of Charlottetown and later an annual visitor at her summer home in Keppoch where her hospitality and that of her sister the late Mrs. (Dr.) McLeod was proverbial.

The Monday night Club were the guests of Mrs. Blanchard this week, while Mrs. W. E. Hyndman was hostess for the Thursday afternoon bridge club.

Regretful farewells were said on Thursday to Mrs. Ivan Boddin and little son who left Thursday on return to her home in Princer Creek Alta., after a visit to her mother Mrs. (Dr.) S. R. Jenkins. She was accompanied back by her brother Mr. Charles Jenkins.

Felicitations from many parts of the world reached Her Excellency Viscountess Willingdon on the occasion of her 55th birthday on Monday last. The day was spent quietly at Rideau Hall, official residence of the Governor-General.

Mrs. J. A. Rodd of Ottawa, entertained at the tea hour last week in honor of Mrs. T. A. MacLean, of Antigonish, N. S., and Mrs. R. H. Jenkins of Charlottetown presided over the dainty tea table.

Mrs. Creelman MacArthur of Summerside was hostess at bridge last week in honor of Mrs. T. A. MacLean who is visiting Ottawa from Antigonish, N. S.

Miss Maud Haslam who has been sending a few weeks at her home, Stone Cottage, Springfield, has left for St. John en route to Quebec where she will resume her duties at Immigration headquarters in connection with the Bible Society work in which she has been engaged for the past several years.

Mrs. L. E. Prowse has gone on a visit to her daughter, Mrs. Harry Ritchie in Ottawa.

continued on page ten

Milady Beauty

BEAUTY QUESTIONS ANSWERED Wants to Darken Red Hair My dear Miss Leeds—I have written to you once before, but have not been successful in hearing from you so I am taking this opportunity to write again.

I have red hair and would like to darken it, but am afraid to use anything which would harm it. Could you suggest something for me? I am enclosing a sample of it for you. (2) I am five feet and one-half inches tall and weigh 119 pounds. I am 20 years old. Am I very much over-weight? I am taking some of the ting exercises which I read about your column and they have helped a great deal.



Chapped Lips Dear Miss Leeds—I wonder if you could tell me why my lips are always chapped and dry. There are three small pieces in the center of my upper lip that just peel and peel. They look something like blisters that have dried. My lips have been like this now for about six months. Is this due to some internal disorder? I am apparently enjoying the best of health.

GOLDY LOCKS. Answer—I'm sorry that you missed seeing an answer to your problems in this column. When a great many readers ask the same question (as they often do) I have to save space by answering in an article which applies to all. Now for your special questions: (1) I think the hair indicated by the sample you sent is very pretty and I don't believe I should want to darken those lovely bright tints. However, if you are sure that you want it darker you may use a henna rinse without hurting the hair. The henna rinse for Auburn or chestnut brown hair is made by boiling two ounces of dried henna leaves in one quart of water until a dark reddish brown liquid results.

White Clothing White clothing can be kept from turning yellow if the starch is washed out, rinsed in bluing water and put away unironed.

Onion Odors Four a little vinegar into the frying-pan while it is still hot to remove the odor of frying onions. This also removes fish odor. Or, sprinkle oatmeal in the pan and shake it over the fire until the meal starts to scorch.

Baby's First Teeth To clean baby's first teeth use powdered chalk flavored with cinnamon or wintergreen.

BEAUTY ARTS

By LOIS LEEDS



Do not neglect daily care of your complexion

Why Grow Old? There was a time when growing old gracefully appeared to mean sitting down in front of the fireplace and serenely letting the years and wrinkles pile up. Well, there seems to be no effective way of keeping the actual years away, but in these busy, modern days, growing old gracefully has come to have quite a different meaning.

Don't Neglect Exercise It is a sad mistake to imagine that the limbs and muscles need stretching in the later years. Far from it. The amount of exercise or exertion which may be safely undertaken depends a great deal upon the state of the arteries and physical fitness. Where there is any tendency to thickening or hardening of the arteries and consequent raised blood pressure, it is important to avoid physical strain such as hurrying, rushing or emotional strain such as indulging in stunts of all kinds.

Horizontal Exercises No. 1. Lie on your back with feet together and arms at sides. Slowly raise head, bringing chin to chest. This pulls upon the muscles of abdomen and neck, reducing excess flesh at these places. Relax and repeat several times.

Time has a way of casting a halo Strain out the leaves and add water until the desired shade is obtained. Apply the warm liquid to the hair while it is still wet after a shampoo, using a small sponge or toothbrush to spread it evenly over each strand of hair. Leave it on for a few minutes and then rinse the hair in clear water and dry it.

Chapped Lips Dear Miss Leeds—I wonder if you could tell me why my lips are always chapped and dry. There are three small pieces in the center of my upper lip that just peel and peel. They look something like blisters that have dried. My lips have been like this now for about six months. Is this due to some internal disorder? I am apparently enjoying the best of health.

Always Tired NO ENERGY DROWSY AFTER MEALS Is there a fitness in your stomach-droopy, lazy desire to sleep? This isn't natural in healthy folk and only occurs when the liver is torpid. You need a stimulating tonic—need Dr. Hamilton's Pills to stir your liver and put life into sleepy organs. You'll feel brisk and lively—you'll eat, digest, and sleep well after regulating with Dr. Hamilton's Pills. They are a system-cleaner and general tonic.

Hamilton's Pills TONE UP THE SYSTEM