

CHURCHES TOMORROW

ST. PETER'S CATHEDRAL
ANGLO-CANADIAN
Rev. Canon E. M. Malone, M.A., L.T.S.
SERVICES
SUNDAY - 10:30 Holy Communion

ST. PAUL'S CHURCH
Rev. A. LeDrew, Rector
Miss Marie McEwen, Organist
Miss Lillian Earle, Organist

PRESBYTERIAN
THE KIRK OF ST. JAMES
Minister
The Rev. T. H. Russell Somers, M.A., S.T.M.

ZION PRESBYTERIAN CHURCH
Princess and Grafton Street
Minister
Rev. J. Carlyle Webster

Mess Room Chatter
BY LOUIS V. HUNTER
WITH THE R.C.A.F. IN INDIA
The R.C.A.F. in India is working as well as it should be

TOMATO JUICES
people addicted to nature's most colorful juice
will welcome the news that increased quantities of the healthful tomato product

VITAMIN B
the wizard vitamin
literally makes or breaks. It is doubly important in cold weather and in changing early spring

GOSPEL HALL
Upper Prince Street
D. L. ADAMS OF TORONTO
Will preach the Gospel Lord's Day 7.30 p.m.

CENTRAL GUARDIAN P.E. Island Hospital Canadian Views

Annual Collections Eagerly Sought In Old Algiers

CRASWELL for photographs.
CONFEDERATION LIFE INSURANCE
RESERVE MAY 31st TO JUNE 30th for Kinsmen - Gyro Spring Carnival.

THE LEGION Ladies Auxiliary
on Wednesday and Thursday, Feb. 23 and 24, are holding Tag Days, sponsored by the Victoria Driving Club.

CHURCH NOTICE for Parish of Milton and Rustico, Sunday, February 20th, St. John's, Milton, Morning Prayer 11:00 a.m.

THE KIRK OF ST. JAMES
The Minister, the Rev. T. H. Russell Somers, M.A., S.T.M., will conduct the morning service at 11 a.m.

FUNERAL YESTERDAY
The funeral of Mr. Pacifico Peters was held yesterday from his late residence 112 Green St.

ARMY CASUALTY LIST
Among those reported wounded in the latest Canadian Army Casualty List is Pte. John Robert Stanley.

PRESENTATION
On Monday afternoon, February 14th, the occupants of the Second Floor of the Phillips Bldg. assembled in the office of Mr. Edwin C. Johnstone.

HATCHERY RESULTS
Highly satisfactory results are reported in this week's hatchery operations. Some producers' eggs have been going over 80 per cent hatchability.

PERSONALS
Mrs. Wm. MacDougall, Hunter River was a visitor to the city yesterday.

WOMAN SEATERS HOUSE PRECEDENT
LONDON, Feb. 18 (CP) - For the first time in the history of the British House of Commons there is a woman seater.

The Experts Say

BY THE CANADIAN PRESS
OTTAWA, Feb. 18 (CP) - Here is a deliciously different main dish for either lunch or supper, from the Agriculture Department Consumer Branch.

EVERY NOTICE that a woodpecker has his head when he works? Do housewives always use their when shopping? The market basket of every food group so that her family meals follow Canada's official food rules.

STEADY NERVES are a boon in these trying times and the right foods help give a calm unflustered manner. The food elements which help build steady nerves are those vitamins belong to the B family.

PARSLEY FOR PEOPLES That's just what it is, says Nutrition Services since it adds iron and vitamins A and C to our diets. It is also a pepper-upper of tired menus - when it

EASTERN GUARDIAN
A PUBLIC MEETING will be held in the Legion Hall, Montague, on Monday evening at 8 P.M., Feb. 20th for the purpose of discussing the building of a new Kings County Hospital in Montague.

BOMBINGS MAY CAUSE MANY-FUELED SUNSETS
LONDON, Feb. 18 (CP) - Day and night, bombing of Germany is believed by some scientists to have produced the flaming, many-hued sunsets seen in Great Britain recently.

BY THE CANADIAN PRESS
OTTAWA, Feb. 17 (CP) - BREAD CRUSTS that accumulate in the bread box are often a problem to the housewife. Frequently they are finally tossed to the birds or end up in the garbage pail.

NURSES IN BRITAIN OTHER MINERS HELP
LONDON, Feb. 18 (CP) - British nurses, already busy with their war-time duties have volunteered to do their part to help hard-pressed coal miners.

HOW TO ENLIST
Apply to any of these Recruiting Stations: Halifax (Cogswell St. next Hospital), Yarmouth, Kentville, Truro, New Glasgow, Sydney, Charlottetown. Or sign and mail this coupon to District Recruiting Officer, M.D. 6, Halifax, N.S., for further information.

How Are Your Eyes?
If you are having symptoms of strain - headaches, sore eyes, dizziness - consult Specialist.

G. F. HUTCHESON AND SON
F. G. HUTCHESON
G. F. HUTCHESON



Geysers of spray and smoke tower above a new type of German merchant vessel called a SAAR as planes from the U. S. S. Ranger make two near-hits during a raid off Bodo, Norway.

is chopped up in its sophisticated form and not just left as a sprig on the plate. Chop it up fine and float it on the soup. At the last minute, of course, or sprinkle it over the buttered potatoes, on other vegetables and in raw salads.

er on a sheet of paper and draw its outline. Now, dunk it in lukewarm suds and squeeze gently. No rubbing or wringing. Rinse at least twice in water of the same temperature and stretch on the paper drain.

First thing is to place your sweater on a sheet of paper and draw its outline. Now, dunk it in lukewarm suds and squeeze gently. No rubbing or wringing. Rinse at least twice in water of the same temperature and stretch on the paper drain.



Pay facilities of the Canadian Army Overseas were tested during a recent exercise in England. Shown here at work in a field cash office are, left to right, S-Sgt. Enovy, Toronto; Sgt. S. W. Anderson, Edmonton; Capt. J. McInnes, Brantford, Ont.; and S. Q. M. S. D. B. Hicks, Ottawa (Canadian Army Overseas Photo)

Advertisement for 'FALL IN - MEN: They Need YOU Over There!' featuring a cartoon illustration of a soldier in a trench pointing towards the viewer. The text promotes the Canadian Army's need for more men and provides information on how to enlist.