

Oh-h that zesty flavor!

Gives ME driving energy!

So easy to serve HOT!

Nabisco Shredded Wheat

Your whole family loves crisp Nabisco Shredded Wheat! Made from pure, sun-ripened whole wheat, Nabisco Shredded Wheat has that rich, natural whole wheat flavour... helps give you vigorous energy. Enjoy tasty, tantalizing, satisfying Nabisco Shredded Wheat fresh from the package—or HOT (dip in hot water and drain)—and feel "top of the world" every day!

Baked by THE CANADIAN SHREDDED WHEAT COMPANY, LTD. NIAGARA FALLS, CANADA

You will never tire of that Natural Flavor

The Central Guardian

This column is reserved for news of local interest, but advertising of a new nature may be inserted at five cents a word strictly payable in advance.

CRASWELL for Photographs.

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CONFEDERATION LIFE INSURANCE.

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25% OFF MEN'S SUITS. Henderson & Cudmore.

TO NEW GLASGOW in 25 minutes via Maritime Central Airways twice daily. Phone 2061 or 540.

LITTLE THEATRE GUILD performances, Empire Theatre, 8.15 to 10.15. Those wishing to join may buy tickets at door.

E. T. HOLMAN LTD. Charlottetown Store will be closed from Wednesday noon until Friday evening for stock taking. Open Saturday as usual.



Prince Olaf, cousin of King Frederik of Denmark, is shown in Copenhagen with his bride-to-be, Annie Puggaard Moeller, a companion. The prince, who renounced all his royal titles when he announced his forthcoming marriage, and his future wife were invested with the title of Count and Countess of Rosenberg.

Donations To B. I. S. Fire Victims Fun

- The Benevolent Irish Society Larkin Fund Appeal reached a total of \$6231.00. It was announced yesterday by Committee Chairman Roy MacGillivray.
- The Society yesterday received a lengthy list of donations from volunteer collectors John MacEachern and Junior Logan, Fort Augustus.
- | | |
|------------------------|------|
| James Rankin | 1.00 |
| Jean Trainor | 1.00 |
| Patrick Trainor | 1.00 |
| John Began | 1.00 |
| Fred McAdam | 1.00 |
| Joseph Brazill | 2.00 |
| Leo Trainor | 1.00 |
| John McNally | 2.00 |
| Lawrence Hardy | 1.00 |
| Linus Smith | 1.00 |
| Mrs. J. J. McCarthy | 1.00 |
| Mary Long | 1.00 |
| Mr. & Mrs. Wm. Gallant | 2.00 |
| Joseph Power | 3.00 |
| George MacDonald | 2.00 |
| J. J. MacDonald | 2.00 |
| Dan MacEachern | 2.00 |
| Damien MacDonald | 1.00 |
| Alphonse MacDonald | 1.00 |
| Lawrence Morrissey | 1.00 |
| Melvin Brazill | 1.00 |
| Miss Margaret Brazill | 1.50 |
| Thomas Brazill | 1.00 |
| Mrs. Hendrick | 1.00 |
| John MacEachern | 2.00 |
- PORT AUGUSTUS**
- | | |
|--------------------------------|-------|
| Rev. Louis Callaghan | 2.00 |
| Mr. & Mrs. Ed Logan and Family | 10.00 |
| Therell Baird | 2.00 |
| John Heron | 2.00 |
| Eugene Callaghan | 2.00 |
| Patrick Duffy | 2.00 |
| Martin Driscoll | 2.00 |
| Owen Baird | 1.00 |
| James Smith | 1.00 |
| Reg Smith | 1.00 |
| James Comisky | 1.00 |
| Philip Smith | 1.00 |
| Joe MacEachern | 1.00 |
| Leo Bragan | 1.00 |
| Bill Lavery | 1.00 |
| Dave McNally | 1.00 |
| Peter Holland | 1.00 |
| Abe Murnaghan | 1.00 |
| Russel Driscoll | 1.00 |
| Herbert Began | 1.00 |
| Charles Walker | 2.00 |
| Walter Walker | 1.00 |
| Fred McKenna | 1.00 |
| Louis Kelly | 1.00 |
| Donald A. MacDonald | 2.00 |
| Daniel MacDonald | 1.00 |
| Peter Kelly | 2.00 |
| George Haggerty | 1.00 |
| Philip Baird | 1.00 |
| Mrs. Carl Kelly | 1.00 |
| Joseph Duffy | 2.00 |
| Howard Hugh | 1.00 |
| Leo Garland | 1.00 |
| Tom Dalton | 1.00 |
| Charles Hughes | 1.00 |
| Hazel Hughes | 1.00 |
| Mrs. James Hughes | 1.00 |
| Charles Kelly | 1.00 |
| Leonard Curley | 1.00 |
| Urban Curley | 1.00 |
| Joseph Kelly | 1.00 |
| Mrs. Peter Callaghan | 1.00 |
| Eddie Callaghan | 1.00 |
| John Webster | 2.00 |
| Herb Dunn | 2.00 |
| Joseph Curley | 1.00 |
| Frank Kelly | 1.00 |
| Eddie Rosh | 1.00 |
| John Garland | 1.00 |
| Mrs. James McGaghey | 1.00 |
| Patsie Callaghan | 1.00 |
| Joseph Simpson | 2.00 |
| Mrs. Ambrose Callaghan | 1.00 |
| Joshia Gallant | 1.00 |
| James McKenna | 1.00 |
| Damien Lind | 1.00 |
| A Friend | 1.00 |
| W. M. Kelly | 1.00 |
| Raymond Boylon | 2.00 |
| James Quinn | 1.00 |
| Guy Gammeter | 1.00 |
| J. J. MacKenzie | 1.00 |
| Delbert Shea | 1.00 |
| Leay McNally | 1.00 |
| John Bagan | 1.00 |
| Thomas Smith | 1.00 |
| Joe Trainor | 1.00 |
| Dennis Murnaghan | 1.00 |
| Frank Gallant | 1.00 |
| Jim Trainor | 1.00 |
| Jim MacDonald | 1.00 |
| W. A. Campbell | 1.00 |
| Mr. & Mrs. Wm. MacEachern | 5.00 |
| Junior Logan | 1.00 |
| Joseph Kelly | 1.00 |
| Bernard Coyne | 1.00 |
| Peter Hughes | 1.00 |
| Pat Comisky | 1.00 |
| J. J. Comisky | 1.00 |
| Ernest Hughes | 2.00 |
| Joseph Lafferty | 1.00 |
| A Friend | 1.00 |
| Joseph Garland | 1.00 |
| Melvin Murnaghan | 1.00 |
| Joseph Holland | 2.00 |
| Michael Murnaghan | 1.00 |
| Andrew Murnaghan | 1.00 |
| Mathias Koughan | 2.00 |
| Walter White | 1.00 |
| Edwin White | 1.00 |
| Frank Koughan | 1.00 |
| Mr. & Mrs. Frank Trainor | 2.00 |

Discusses Result Of Devaluation Of The French Franc

By J. M. Roberts, Jr.

Associated Press News Analyst

Devaluation of the French franc in some way had been encouraged in the United States and the creation of a free money market in Paris to accompany it caused little excitement among American observers. The chief question appears to be whether the action will strain Anglo-French relations to the point of interference with plans for formation of Foreign Secretary Bevin's western bloc.

The world monetary fund criticism of the French action obviously stems from Britain probably supported by other European countries which fear a spiral of monetary depreciation. Insofar as the action tends to increase France's ability to export, it should be a benefit to the United States, where importers now will be able to get an estimated 277 francs worth of goods for a dollar which previously has bought only 119 francs worth. The United States needs the exports, and one big objective of the Marshall plan is to put Western Europe in a position to export enough to support itself.

To Britain, however, the method which France adopted is a direct threat to her own export markets, where she is still trying to work with a pound pegged at \$4.03, although the market transactions have shown it to be worth only \$2.50. The French will have all the edge at competitive points under the new arrangement and might force the British to devalue the pound.

Whether this would be entirely bad is, I think, at least debatable. The British, although heavily dependent on the U.S., have not exactly gone all out in matters of trade, either in the International Trade Organization or in money matters, to help the United States relieve the general situation. Britain, of course, has been in an emergency herself, and it is only human that she should put her own trade position first.

France, however, has just agreed to join England in a series of political and military alliances with other European countries to set up a defence against Russia. Britain is reticent that the differences over money will not be permitted to interfere with this program. France, however, is mad. She says she faced a monetary collapse which was far more imminent than any damage the devaluation may do to Britain, and that France needs the billion dollars in gold and United States currency which the free money market is expected to bring out of French mattresses. France doesn't think anyone should kick about French monetary affairs any more than Britain expected the United States to kick recently when England started a virtual Empire boycott of United States goods in order to protect Britain's dollar position. France seems to feel that she had earned more consideration.

Plans for the bloc already were

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30 Piece Breakfast Sets

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Ellen's Diary

By an Island Farmer's Wife

(Continued from page 2)

animal he once fancied and let slip the opportunity of buying—and is sure he lived to regret it. "I should have bought her" he will say, on just such a Winter night as this one when his leisure allows him time to reminisce.

Or it may be when some one chances to mention the name of a fair one he once admired. "Yes," he will sigh "I should have..." "pressed your suit more ardently!" I supply brightly, now that all such hazards of loss to me are pretty well over. "Yes" he will nod "that's it; pressed my suit more

ardently!" And so it is in the same wistful manner, thinking doubtless that he may have sustained no uncertain loss through the cooking of herring. "I wish, Ellen" he told me "that sometime you'd try them another way." This follows minutes of silence during which, I am sure he must be seeing again the family that in his youthful days was gathered in this old kitchen, in the time when a cheerful and quite useful "Franklin" or "Waterloo" gave off a wide-faced glow of light along with the heat, and the floor—as I overheard him recount to Jamie recently—was all covered with hooked rugs, to the very edges. "You first must soak them" he will continue speaking of the fish. "I don't know just how long, and then you hang them to dry behind the stove. Many a time I saw a row of them hanging right there!" and he will nod in the direction of the old mantle. "And then when they're good and dry, cook them in the toaster against the coals. I tell you Ellen there's no fish can equal them then in flavor." Perhaps in the jar of them James fetched from the corner store, in a spell of road-breaking which ended there, I shall find those that will be cooked according to his heart's desire.

Once upon a time, and we spoke of it at supper, herring came to a rural table from an apparently bottomless barrel, fetched home usually when a load of "blue" potatoes had been sold to a schooner at a wharf in the harbour. From a village store they came. Memories of those days came back: the scent of the fish which greeted one boldly at the door when one came from school to the mid-day meal on fish day, the strange feeling too which came through the afternoon to remind one they had partaken too lightly of dinner. "There was no coaxing of appetites then, or concerned reckoning of calories or supplying of the right vitamins" I laughed to James thinking of Carolyn and Jeanie with their youngsters "and there were only two choices, you ate what was put before you—or else you didn't!"

"And James looked at me pityingly "but I always liked fish, Ellen, now that" he remarked pushing back his chair in a satisfied manner when supper was over "was the best meal I've had for a long time—Yes I enjoyed it better than roast goose or turkey!"

All of the indoor work was done in a pleasant leisurely fashion today. A bit of a wash which included one of James' bright plaid shirts was spread in the morning and then at the threat of a storm was gathered at dusk. Wednesday's mail, increased by the arrival of several magazines was gone into with interest and between spells of reading if necessary, there was baking to be done—a cake, and just at "that stage" in the baking, James must put a cold axe-head in the oven beside it. However, in Pat's words "it was very remarkable indeed!" how well it turned out... I'm afraid I again feel a bit thirsty!

Until tomorrow—Diary—Good-night.

MEMBERS HONORED—At a special meeting of Hamilton L. O. L. held in the Lodge room, Clyde River, the presentation of honorary certificates were made to Mr. James MacPhail, Meadow Bank, and Mr. Seymour Scott, Cornwall, they having been members for fifty years. They both replied in their usual genial manner. A travelling certificate of the Order was then presented, to be forwarded to Orville Murray, Halifax. The meeting closed in the usual way. Lunch was served.

Personals

Senator J. P. McIntyre left Monday morning for Ottawa.

Dr. G.D. Steel has returned from Ottawa where he attended a board meeting of the Canadian Broadcasting Corporation.

Mr. Walter Wakelin, Charlottetown, has just returned from a business and holiday trip to Buffalo, N.Y., Hamilton, Toronto and Montreal.

Your Baby and You

by Ruth Parsons

Baby's first tooth may start peeking through when he is about five or six months old... but if it doesn't, don't be dismayed. Many perfectly normal babies are still quite toothless at the ripe old age of 12 months. Teething is a natural process and should cause little discomfort except when the teeth are actually pushing through the gums. To ease the soreness and satisfy baby's desire to chew something, let him have a hard, white rubber teething ring, sterilized, and large enough not to get in his throat. A bone or hard crust of bread will sometimes serve the same purpose. When baby's teeth appear, keep them clean by wiping with a cloth moistened with a solution of boiled water and baking soda. Later, a soft brush should be used.

Your baby will probably be eating Heinz Baby Foods before his first tooth appears. Easy to swallow, easy to digest, the 22 varieties of Heinz Baby Foods offer a wide choice of tempting foods for baby's menu. Later, depending on how many teeth your baby has, and what your doctor says, start introducing the 12 delicious varieties of coarser-textured Heinz Junior Foods in the same gradual way you introduced Heinz Baby Foods. All Heinz Baby Foods and Heinz Junior Foods are carefully selected from the choicest food... cooked to retain vitamins and minerals in high degree.

HEINZ Baby Foods

That Body Of Yours

By James W. Barton, M. D.

(Continued from page 2)

of the finer workings of the various organs, the student should learn the finer divisions of mental functioning—for instance, recent and distant memory, the gradual steps of normal consciousness, the variety of emotional shadings and their effects upon the body processes. Further, just a site department of pathology shows the effects of disease upon the tissues of an organ, so the department of psychiatry should show the effects on the mind produced by melancholia, rage, fear and other emotions. Just as hardening of an artery prevents proper circulation of blood to a part, so can anxiety, due to repressed emotional conflicts, effect our memory and other mental and physical actions—digestion, respiration, removal of wastes from the body.

Body and mind are one.

PLASTIC VIOLIN

Plastic violin made by Ted Hardman of Warton, Ont., is held by his daughter, Nancy. The instrument, said to have a very mellow tone, weighs one pound 14 ounces. Mr. Hardman, an engineer aboard a lake freighter, made the strongly constructed instrument entirely by hand last summer.

In Memoriam

W. COLIN STEWART

The sad news was received of the passing at his home in New Denver, B.C., of W. Colin Stewart in his 71st year, son of the late Mr. and Mrs. Dugald Stewart of Norboro.

There are left to mourn, his wife, two sons and four grandchildren, also the following brothers and sisters: James A., of Kelowna; Waldron M., Norboro; Mrs. John R. Stavert, Kelowna; Mrs. John A. Campbell, Wellston, Mass.; Mrs. Henry Stavert, Kensington.

Six years have passed, since that sad day, When one we loved was called away. We loved him then, we love him still. Forget him, no, we never will. Lovingly Remembered by Daughters Hazel, Bessie and Fanny.

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MORSE'S COFFEE

High in Quality like MORSE'S TEAS

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Card of Thanks

Mrs. Charles Arsenault and son wish to thank the doctors and nurses of the Provincial Sanatorium, those who sent Mass Cards, Flowers and Cards of Sympathy and all neighbours and friends who helped in any way during their recent sad bereavement.

In Memoriam

MRS. FLORA MACLEOD

The death occurred on January 22nd, at the home of her nephew, Chas. D. MacLeod, Mt. Buchanan of Mrs. Flora MacLeod, relict of the late Capt. Malcolm MacLeod in her 90th year. She was the daughter of the late John and Janet MacLeod and the last survivor of a family of ten. She was a member of the Belfast Presbyterian Church and was a regular attendant for many years. Her funeral was held at Belfast Church, Rev. Dr. Quigley officiating. Burial in the adjoining cemetery. The pall bearers were Neil Morrison, Dan Murchison, Donald MacKinnon, Dougal MacKinnon, Allan P. Buchanan, John Nicholson.

Card of Thanks

Mr. and Mrs. C. D. MacLeod wish to thank their many friends and neighbours for kindness shown them during their Aunt's illness.

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DOROTHY DIX SAYS...

Continued from page 2)

ers like yours marry to get away from unhappy homes, but it doesn't work. Marriage only makes a bad matter worse because it shuts the door of hope in a girl's face. As long as she is single she is free and can look forward to marrying some man she loves, or becoming self-supporting, but if she has married a man just as a means of escape from unhappy home conditions her doom is sealed.

But can't your father do something to help you?

DEAR MISS DIX: I am 16 and engaged to a 19-year-old soldier and we plan to get married soon, but his mother is determined to part us. When he comes home on his furloughs, she has already made so many plans for his amusement that I never get more than a fleeting glimpse of him. Even though I truly love J., I can't see a life of playing second fiddle to Ma and I am considering calling our engagement off. What do you think?

R. L.

ANSWER: I can't see much happiness for a girl in marrying a man who is so completely under his mother's thumb that she gives him no liberty whatever. So I think you would be very wise to call the affair off.

COMPLETE SERVICE— THAT'S OUR MOTTO

Your driving is our business. We're here to give you friendly, thorough service at any hour of the day. Bring your car in today for a check-up. We'll give you a quick and accurate estimate free. Then our trained mechanics will efficiently doctor-up all the ailments and have your car in tip-top condition in a jiffy. Bring your car in today and be sure of safe driving the rest of the winter.

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