

Woman's Realm / Social and Personal / Fashions / Literature

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NEW TEA

in the yellow package!



Tender Leaf TEA

Ellen's Diary

By an Island Farmer's Wife

James is certainly a most understanding partner—though now that I stop to consider it, not exactly a partner, since as yet this is undoubtedly a man's world, and the woman is still the weaker vessel. But not wishing to spoil my outing of yesterday by criticism which for my good and as his bounden duty, must be made, he delayed it until this morning. "I can't understand what came over you yesterday, Ellen," he remarked sitting down to breakfast, Jamie at his left, "that made you leave the place, and us so busy at the harvest. Ah me! he sighed hopelessly, at the same time reaching out for the sugar, which he was to use in his porridge. "Times have certainly changed for the worse around here. Long ago you wouldn't catch a woman leaving her husband working in the fields and her off-giving. No indeed. Do you know what she'd be doing?" and this was so funny it took an effort to suppress a smile. "She'd be back helping him to stook—or at least be handy enough to fetch him a cooling drink." "Though why any one should carry a drink to the other farm where the spring bubbles fresh and cool, is a matter that to me is 'past understanding.'" "It never," he said, buttering a piece of bread, that Jamie trying it, remarked "is getting pretty stale—and not a bit like the bread my mother made yesterday." "heard the like before. Leaving not only your husband, but your sons as well, hard at work and it so busy a time and us hurrying to get done of the cutting, and to a horse race at that! I wouldn't mind if you went on some errand of mercy, or if it was a case of life and death, but to go purely for your own pleasure!"



Attending Conference

Two of the Prince Edward Island delegates to the National Summer Conference sponsored by the Young Liberal Federation and now being held at McMaster University, Hamilton, Ontario, are shown here in front of the main university building. They are, left, Miss B. Waugh, from Alberton, Mrs. E. Pharis, from Charlottetown.

That Body of Yours

By James W. Barton M. D.

AGE AND CORONARY THROMBOSIS

Heart disease stands first as a cause of death, accounting for nearly 30 per cent of all deaths. One type of heart disease, coronary thrombosis, accounts for 85 per cent (one in every 12) of all deaths. Until recent years, physicians were concerned with weakness and failure of the heart muscle and with leaking valves which put much extra work on the heart. Today physicians are concerned with the form of heart disease called coronary thrombosis. Here not the heart muscle but the blood vessels supplying the heart muscle, break down or get clogged or partly clogged, so that not enough blood gets to the heart muscle to give it the strength to pump blood throughout the body.

Why does coronary thrombosis cause so many deaths in proportion to the total number of deaths? In the "American Heart Journal," Dr. A. M. Walker states that the great increase in this type of heart disease is due to: (1) The lengthened span of life which between 1912 and 1944 has increased 18 years. (In 1906 in the United States there were 850,000 between the ages of 54 and 70; in 1944, 24,000,000. Two-thirds of the attacks occur in this group between 54 and 70); (2) improved diagnosis and treatment; (3) accuracy in reporting deaths.

Careful studies of these figures show that, in proportion to the total number of individuals of the age 54 to 70, there is not a true increase in coronary thrombosis. The number of cases has increased simply because the number of individuals has increased.

"As the span of life increases, the number of cases of coronary thrombosis is expected to increase and the outlook of this disease provides a strong impetus to further investigation regarding means of prevention and cure," says Dr. Walker.

The lesson from the above figures is plain. Men and women between 50 and 70 should remember that they are in the third or final stage of life, that although the average span of life is now 66 they cannot live safely at the same rate of speed as during the first two stages of life, that the bridge (their body) that has safely carried a 10-

Living & Leisure

THE WOMAN'S REALM

BRIGHT TRIM

NEW YORK — Bright trim on dark crepe dresses including plaid taffeta bow at neckline and matching cuffs add a colorful and crisp finish to black crepe.

An easy way to clean a sink in the kitchen is to wet a cloth with kerosene and rub the sink with it. All grease spots will come off quickly.

HAVE SPARKLING TABLEWARE

Whether you have heirloom silver or plated ware, the right care will give your table setting that cherished look.

Easy Ways to Clean Silver

If you dislike an orgy of silver cleaning, polish each tarnished piece as you find it when you wash the dishes. Chemically treated paper, in sheets of handy size, will rub your silver clean and bright in a hurry. Dispose of the soiled sheets, and the job is done. Or you may wish to use a tried-and-true silver polish. Use a clean, soft cloth to apply silver polish. Rub silver lengthwise rather than crosswise, never with a circular motion. On ornamented designs use a small brush to get at parts the polishing cloth cannot reach. Then rinse silver in hot, soapy water, and polish dry.

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ton load now can carry safely only five tons.

The fact, however, that it can carry five tons safely is worth knowing because living at a lower level of activity, as we grow older, means not only a longer life but more enjoyment and usefulness during this longer life.

Cook's Corner

TOMATOES, BANANAS HAMBURGERS

Tomatoes and bananas add a certain something to hamburger. For 4 servings use 4 hamburger steaks an inch thick or sausage patties 1/2 inch thick. Arrange meat and 4 tomato halves on pre-heated broiler rack, placing about 5 inches below heat. Broil 6 to 8 minutes or until meat is browned. Turn meat. Brush 4 firm, all-yellow bananas that have been peeled, with melted butter, and sprinkle with salt. Place on rack with meat and tomatoes. Continue broiling about 8 minutes longer or until bananas are tender (easily pierced with a fork). No one is going to complain that it's hamburger again, if the meat is dressed up thus!

BAKED TOMATOES WITH CHEESE

6 large tomatoes
Salt
Pepper
2 tablespoons butter
2 tablespoons flour
1 1/2 teaspoon pepper
1 1/2 teaspoon salt
1 1/2 teaspoon dry mustard
1 cup tomato pulp and milk
1 cup grated cheese
2 eggs, well beaten

Scoop out pulp of tomato and reserve. Rub shells with salt and pepper and invert to drain. Melt fat, stir in flour and seasonings. Add tomato pulp and milk gradually while stirring constantly over low heat until sauce thickens. Add cheese and stir until melted. Stir this mixture into well beaten eggs, fill tomato cups and put in greased baking dish. Bake in moderately hot oven (425 degrees F.) 15 to 20 minutes. Yield: 6 servings.

Modern Etiquette

By Roberta Lee

Q Should the players of bridge talk while the game is progressing?

A. The players may talk while the cards are being dealt or shuffled, but the conversation should stop the minute the play begins, for concentration is necessary to play a good game.

Q. When a hostess has waited 15 or 20 minutes for a tardy dinner guest, should she telephone to see why he is delayed?

A. No. She is privileged to go ahead and serve the dinner.

Q. Is it all right to give bridal showers in the afternoon?

A. The evening is preferable for an affair of this kind.

The Stars Say -

By GENEVIEVE KEMBLE

For Wednesday, September 10

THE current configurations indicate a direct and constructive program for pushing the affairs into high goals of success and accomplishment, under a most expansive and benignant combination of opportunities and prospects.

Financial, business, professional, all ambitious projects, move along at greatly-accelerated tempo, with energy and initiative. Very happy reactions should also find response in social, cultural, home and heart interests, with gratification and pleasure all along the way.

For the Birthday

Those whose birthday it is assured of a year of outstanding success, progress and happiness with large and important projects and procedures of a constructive nature moving at lively tempo, to the goal of heart's desire.

The expansive and benignant stimulus in the most desirable and cherished hopes and wishes may be expected to overflow into the realm of heart and home affairs, with probable joyous festivities and celebrations to accent some sort of lucrative and productive occasion. It is a most propitious time for forging ahead with the intent of capturing the enhanced hopes and wishes in all lines of endeavor.

A child born on this day is splendidly equipped for a notably successful and ambitious career, endowed with constructive ability, power and high resolve to attain happiness and prosperity in its rich and full life.

2. Pronounce the o as in overstressed, not as in ore. 3. Surrealistic. 4. A spontaneous inclination. "An" stirred him to action." 5. Trouble.

DOROTHY DIX SAYS—

The Family Genius

Nearly Every Household Has Its Possessor Of Untalented Talent

One of the problems with which many families are afflicted is having a self-elected genius in their midst. Sometimes it is a husband who justifies his philandering by his conviction that he is a great lover who couldn't possibly settle down to being faithful to one wife. Sometimes it is a wife who believes she has a grand opera voice and who spends her life in an orgy of self-pity because she isn't standing 'em up at the Metropolitan instead of singing the 'em to sleep.

Sometimes it is a homely girl, with no personality and few brains, who grows sour and sharp-tempered because she has to stand behind a counter instead of being a million-dollar star in the movies. And often it is a man who is still forcing his mother to support him after he is 40 years old because he is so temperamental he has never found any work that just fitted his talents.

Now these wishful thinkers, who really believe they could set the world on fire if they had the homes but they are bitterly unhappy themselves. Nothing is more pitiful than the spectacle of those who delude themselves into believing that they have the gift that God never gave them.

ARTISTIC PHONIES

And this tragedy happens so often: Men and women who think themselves great artists painting pictures that nobody will buy. Families literally starving themselves to death to give a girl who has only a squeaky little parlor voice expensive music lessons because she has made them believe that she will be a prima donna who will repay them a thousand fold. And, oh, the multitudes of those Hell, itself, must be pained by the reflection slips of those who believed that they would write the great American novel.

Just now to bring these self-inflated pink balloons down to earth has been a difficult task and a dangerous one, for puncturing anyone's the surest way to do it is to throw the near-genius out on their own.

This is a double-action remedy that works both ways. For if they really have the ability they think they have, good. No one will willingly put out a fire on an altar. But if they are self-deceived, it will also good if they find out the truth in time to do something worthwhile.

It would save many a husband from having to listen to his wife telling him what a brilliant career she could have had if only she hadn't married him. If he would only say to her: "Darling, I don't try it out. But, of course, you won't expect me to support you when months of making the rounds of theatrical offices and radio stations and publishing houses would give her a line on her ability that she had never had before.

And many a philandering husband who sighs for his bachelor freedom won't crawl in by the window if his wife would lock the door on him. When he found out he had no wife, no children, no good home cooking, no clean shirts, he would discover that it was better to be a household pet than a wolf.

All of us have our illusions about ourselves, and the wise thing to do is to test them out and see if they are good or phony before we waste our lives on them.

Better English

D. C. Williams


1. What is wrong with this sentence? "I know that you do it."
2. What is the correct pronunciation of "forget"?
3. Which one of these words is misspelled? Funeral, surrealistic, surreal.
4. What does the word "impulse" mean?
5. What is a word beginning with "tr" that means "to agitate"?

ANSWERS

1. Say, "I know that you did it."

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Morning Smile

AT IT AGAIN

Some waxwork models were being brought from storage. One, a life-like figure of Henry VIII, was on a trolley being pushed by a rather short workman. A near-sighted woman, seeing the model coming toward her apparently of his own accord, gave one gasp and fled. The workman, who had been hidden behind the model, looked first at the flying figure, then at the model, and cried: "Blimey! You as it again!"

REVERSE

During the Sunday morning sermon a baby began to cry at the top of its voice, and its mother carried it toward the door. "Stop!" said the minister. "Your baby is not disturbing me." The mother turned toward the pulpit and addressed the preacher: "Oh, he ain't, ain't he? Well, you're disturbin' him!"

FLOOD-PROOF FENCE

CANBERRA (CP) — A flood-proof fence which bows to rushing waters and can be put back in place afterwards has been developed here. It is recommended to farmers of New South Wales where flood damage to fences is often extensive.

GIRLS ENTERING WOMANHOOD...

This fine medicine is very effective to relieve pain, nervous distress and weakness. "Dragesol" relieves restlessness, "certain days" — when due to functional monthly disturbances. Worth trying!

LIVIA E. PINKHAM'S COMPOUND

How Can I!!

By Anne Ashley

Q. How long should vegetables be cooked?

A. Sometimes vegetables will lose their appetizing color when they are cooked too long. Spinach, asparagus, cabbage and cauliflower seldom need more than 10 minutes cooking; carrots, peas, turnips and parsnips require between 20 and 30 minutes.

Q. How can I clean spots from oiled floors?

A. By sponging thoroughly with turpentine. If this does not remove the spots, dip a damp cloth in powdered rottenstone. Then renew the oil on the places treated.

Q. How can I relieve a painful corn?

A. A little oil of peppermint applied to the corn daily is often effective.



"Kid's Hangout"

So you can't keep youngsters out of the kitchen . . . so why not give them a corner all their own! A private snack-bar, located just inside the back door, featuring jumbo jars of their favourite after-school treats. Of course, this is going to invite traffic. But your good Gold Seal Congoleum rug can take any amount of coming and going! With its wear layer of heat-toughened paint and baked enamel equal in thickness to 8 coats of the best floor paint applied by hand . . . Gold Seal Congoleum is lastingly pretty, and it cleans up bright as new with the swish of a damp cloth. Just remember! For all-round economy that only real Gold Seal Congoleum Rugs can give . . . look for this seal. It carries the famous money-back guarantee of satisfaction! You'll be surprised how much quality you can buy for so little money.

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