

Woman's Realm / Social and Personal / Fashions / Literature

There's a woman...



Who eats NABISCO SHREDDED WHEAT

SHE GETS energy for busy mornings from a glowing bowlful of this wholesome whole wheat breakfast favorite! NABISCO SHREDDED WHEAT is the delectable dish to spark lazy appetites. It's made from 100% Canadian whole wheat with all its rich ripe flavor and the good solid nourishment you need these days. Always ready to eat! It's the one cereal that tastes good "hot" or "cold".

Backed by The Canadian Shredded Wheat Company Ltd. Niagara Falls, Canada



delicious! hot in a jiffy

Put Nabisco Shredded Wheat in a pan—quickly pouring water over biscuits. Drain, serve with hot milk, sweetened with honey.

Living & Leisure — THE WOMAN'S REALM —

A PRAYER
By Emlen Knight Davies

God, grant me faith
To conquer my fate,
Grant me persistence;
Grant me endurance,
Give me the sense
To follow the real
In quest of the ideal.

VERY FANCY

A breath-taking collection of black or white satin hostess slippers is being presented by a leading shoe designer for right-now wear. A wonderful mule with a laced-strap instep or a flatter, wide ankle strap with a minimum of material for a barefoot look will satisfy those who like a toehook wedge heel. For others, an intricately arranged strap sandal gives evening glamour on a comfortable flat heel and moderate platform sole.

RESTORING EUCHRE

To restore the splendour of aluminium pans, blackened inside by cooking, boil one-half cup of vinegar and one tablespoonful of salt in the besmirched container.

The Paint Job

The finish depends on kind of material used. If fancy-grained woods are used then we will want to preserve the beauty of the grain and use a clear sealer and lacquer, or clear varnish. Other wood may be stained or enameled any color desired. Screw-eyes can be placed in top end of sidepieces so shelf can be hung on wall. The screw-eyes can be placed on back edge of top shelf if desired.

Emergency Nest

It's amazing what mothers will do in these days of housing shortage to find homes for their babies. Take Mrs. Millard, for example; she's a very superior kind of duck,

and she's now raising her family in the rubble of an emergency water tank. There are still lots of these big concrete tanks around England. They were built during the blitz to help out the regular supplies of water for the fire services; now some serve as pools, some small boys sail their boats and play at pirates and many are empty, just waiting to be pulled down.

Anyway, Mrs. Millard is a real Cockney, and her tank is in Cheapside right in the very heart of London. This mother is sport and pampered beyond belief. The men on construction work nearby have not only brought her cotton waste to help her build her nest, they even make it easier for her to find food while she is sitting on her three eggs.

One can't help wondering what Mr. Millard is doing all this time perhaps he's thinking so many kind godfathers give him an excuse to hang around with the boys.

ELECTRIC FENCES
GUARD YOUNG FISH

A piscatorial "picket line" by which millions of game fish are kept from destroying themselves is standard equipment now in most water intakes of irrigation projects, hydro-electric plants and large factories.

It consists of a row of metal pipes, electrically charged, which swing freely from a support above the stream or lake. Water passes through but as fish approach they receive mild shocks which send them whirling off in the opposite direction.

We easily forget our faults when nobody knows them.

MORECAMBE, England — (CP) — Morecombe's response to a £14,000 (\$56,000) war memorial scheme — £409 in 19 weeks — was termed "deplorable, lamentable and pitiful" at a town meeting.

KIND TO YOUR BUDGET EASY TO MAKE!



Beef Upside-Down Pie

1 1/2 cups flour
3 tsp. Magic Baking Powder
1 tsp. salt
1 tsp. celery salt
1/2 tsp. white pepper
8 tb. shortening

1/2 cup milk, or half milk and half water
1/2 cup sliced onion
1 can condensed tomato soup
1 1/2 lb. ground raw beef

Sift together flour, baking powder, 1/2 teaspoon salt, celery salt and pepper; add 3 tablespoons shortening and mix in thoroughly with fork. Add milk and stir until blended. Melt remaining two tablespoons shortening in 9" frying pan, and cook onion until soft. Add tomato soup, remaining 1/2 teaspoon salt and ground meat; bring to boil. Spread baking powder mixture on top of meat mixture and bake in hot oven at 475° F. for about 20 minutes. Turn out upside down on large plate. Serves 8.

MADE IN CANADA

Modern Etiquette

By Roberta Lee

Q. What kind of place-cards should be used at the bridal table to indicate where the guests are to sit?

A. Plain white cards, embossed with the bride's initials.

Q. When a man who is wearing gloves meets a girl who offers him a gloveless hand, what should he do?

A. Remove his glove as quickly as possible.

Q. If the hostess is unmarried, or a widow, who should act as host?

A. The hostess does, unless, of course, if there is one present or the man she knows best, to act as host.

Ellen's Diary

By an Island Farmer's Wife

There was a frosty creaking in the aged joints of the gnarled orchard trees this morning and a brisk wind blew that was piercing and cold to those who must move beyond the shelter of the buildings. The sun shone fitfully and small drifts of snow chased along the hillsides. "It will be cold for the sawing," I observed to James as we sat at breakfast—the three of us, Jamie between, Jamie reached for a second dusting of sugar for his porridge because as he said feeling that an explanation was necessary. "I always like to be able to feel the sugar in it." Then "cold" Jamie repeated and added "well, I think I'll go out right soon." But Jamie's out of door excursion was at Jamie's late afternoon, when the drifts had chosen to settle and the sun trailing its rich glory of colorful clouds, was dipping down to "the last horizon." Then Jamie went to gain a nearer view of the sawing. It was when, in the afternoon, the workers came to supper and engine and saw were silent that James looking out towards the scene of their recent labor said: "I don't think there is any prettier sight on a farm, Ellen than when the sawing is partly done, as ours is now. I can't say why it is, but I always like to see the heap of blocks, clean and new, the lengths of wood yet to be done and the saw and engine beside. I suppose it's because the picture there gives one an assurance of comfort or it may be that I like it only because the work is nearly completed. At any rate, I don't believe there is anything else like it." It is a scene I too enjoy. "Yes," Rob agreed laughing, as he drew a chair to his old place at the table "but I can paint one just as pretty, I think I like it better when the last stick has been carried to the saw!"

It suits Rob these days to take most of his meals with us, an arrangement which Jamie enjoys. It is more than three weeks now Jamie has been at home so Rob brings daily news to him about a number of things. There is the new calf he has not seen; he says some "rabbit" and "you know they're all there"; the old white cat with part of a paw missing and all the more precious because of it and he gets tidings of the other animals, because of his habit of sitting on all very well known to him. A pretty Valentine today from his mother brought happiness to him as well as nice memories to those of us who are older. Fairly deserted this Alderley Road of ours appeared to be today, with few choosing to travel thereon. The Mallon on his trips and odd cars and trucks "made" the hill after more than one attempt, when obliged to try again an account of the slippery road. One of the trucks carried cattle, doubtless fat ones on the way to market. I heard James remark about it to Rob when he came to the yard: "I see there's some cattle moving today" and Rob reply "there's a number to go from our vicinity tomorrow." "Ay," James said and then "I wonder what prices are going now?" but they moved out of my hearing going in the direction of the stables where Jock was at the cleaning and bedding. James grumbles a bit these days at the lack of snow for hauling. "Why," he said today "we can't begin to get that manure hauled back to the field we intended—as for getting the rest of the wood home—well it will just have to stay there 'till there's better hauling and we'll saw what we have in the yard." And all afternoon, Jamie and I heard the ring of the saw and the yard the heap of new blocks grow before our eyes, while we swept and dusted and mended, or knit a few rounds or just played idly with Jamie.

Jamie is in bed now and Granddaddy as well and at last all conversation has ceased. The fire sings a nice tune to me as it heats my dumb but comforting bed fellow. Frost creeps in a film up the window panes and snaps coldly about the house. "Not down to zero yet!" James said on his last inspection which came just before retiring. However cold it is, I must brave the elements and get out under the stars, a shawl about my head, on a borrowing trip to the house across the lane, this time to big a cereal for breakfast.

Until tomorrow... Diary... Good-night.

DOROTHY DIX SAYS—

Children Do Grow Up

Some Parents Fail to Recognize Grown Offspring as Adults

DEAR DOROTHY DIX: I am a veteran of the war, but am only now 20 years old. When I was 17, I enlisted in the Navy for the sole purpose of getting away from home and my parents, who were good and kind to me except that they treated me as if I were a baby. As tough as the service life was I liked it, for the reason that my officers and fellow servicemen thought of me as a man and not a child.

As I won the Purple Heart it seems that they might realize that I have grown up, but when I even mention some battle I have been in my father says: "Sonny, you haven't done a thing. You should have seen the last war."

A few weeks ago I was offered work in Latin America, but the letter was opened by my folks and I have never seen it. I have only heard about it, vaguely.

VETERAN

ANSWER: Certainly in some way, even if you have to call in the police, you can make your parents divulge the letter offering you the South American job. My earnest advice to you is to take the job and put about a thousand miles between you and your overfond parents until such times they are willing to recognize that you are no longer a little tot in rompers.

One of the most pathetic as well as one of the most curious things in life, is the almost fanatical objection that parents have to their children growing up. They seem to dread it more than any other misfortune that can befall them and even to refuse to believe their own eyesight when Johnny gets to be six feet high and Mary has shot up into being a girl who can no longer get into kiddie clothes.

CAUSES DOMESTIC TRAGEDIES

This reluctance of parents to ever recognize that their children get to be adult is responsible for many domestic tragedies. It is why practically all girls and boys are so eager to get away from home. They want to get from under the parental thumb. They are tired of being told what to do and when to do it, as if they were still in the kindergarten.

But there is no escape from it. As long as the son and daughter stay at home, they never have any personal liberty. To Mother and Father they are still infants who do not know how to stand alone.

DEAR MISS DIX: My husband and I have been married for 25 years. Ten years ago he told me that he didn't love me and never had and asked me for a divorce, but I refused to give it to him. Twice he has left me, but I brought him back by threatening him with the law.

There is a woman whom he truly loves and has loved for all of these ten years. Do you think I am doing right by keeping my husband with me by threatening him with the law, when I know he is not happy with me and would be happy with this other woman?

UNHAPPY WOMAN

ANSWER: No, I don't think you are right. I think you are very wrong and that you are making yourself miserable, as well as your husband, by forcing him to live with you against his wish. A marriage can only be happy when the husband and wife are both content in it; when they enjoy each other and respect each other, and there is good feeling between them.

I can think of nothing else so horrible as for a wife to live with a husband whom she is forcing into bondage by the might of the law, who she knows hates her because she stands between him and the woman he loves, and who gets nothing out of her marriage except the sadistic pleasure of torturing him in revenge for his having tired of her.

I think if you end this terrible situation by giving your husband the divorce he has longed for for ten years that you will find that it is a great relief to you, and you will know the peace of mind that passes all understanding.

DEAR DOROTHY DIX: One of the reasons that girls don't have more dates is because they get around in crowds. I am a veteran who fought through the war, but I haven't got the courage to tackle a bunch of girls and pick one out of a crowd. You know, even a wolf doesn't attack a pack. He waits for a lone victim. And this goes for humans as well as animals.

JIM

ANSWER: I pass along the tip, Jim. It sounds good to me. It does take a lot of nerve to tackle a bunch of giggling girls.

Cook's Corner

DATE LOAF

1 1/2 cups chopped dates
1/2 cup chopped nuts
1 teaspoon soda
1 1/2 cups boiling water
1/2 cup brown sugar
1 slightly beaten egg
2 cups flour
1 teaspoon salt
2 tablespoons melted fat

METHOD: Chop the dates, stoning them first, if necessary. Mix them with the nuts and add the baking soda. Pour the boiling water over the mixture and set aside while preparing the following mixture.

Sift together the flour and salt. Then add the brown sugar to the date mixture. Mix well. Then add the slightly beaten egg and mix well again. Now gradually add the sifted dry ingredients, stirring just enough to blend in the added ingredients after each addition. Lastly stir in the melted fat.

Pour the mixture into a greased loaf pan and bake in moderately slow oven (325 deg. F.) for about 1 hour and 15 minutes.

This mixture may also be baked in baking powder cans. If done in these, the temperature is the same, but the mixture won't take quite as long to bake.

When baked, turn the loaf out of the pan to cool. Then wrap well in wax paper and store for at least 24 hours before cutting. The loaf cuts to better advantage when allowed to stand like this before it is to be served.

How Can I!!

By Anne Ashley

Q. How can I overcome baby's colic?

A. Give water as hot as can be taken and use the hot water bottle. If this does not give relief, dissolve a soda mint tablet in half a cup of hot water and give a few teaspoonfuls.

Q. How can I remove automobile grease stains from a garment?

A. Rub lard on the spots, then wash in cold water, followed by a washing in warm water. This will remove all stain.

Q. How can I make parsley chip finer?

A. When chipping parsley, add a little salt to it. It will chip much finer and the salt also freshens it.

EARLY PENAL STATION

Brisbane, Australia, was first settled as a penal station in 1825 by Sir Thomas Brisbane, governor of New South Wales.

UMBRELLA FACTS

Umbrella making has been trimmed to the bone. There will be some simplified, standardized umbrellas—but no gay colorful ones. A good-care routine for umbrellas is highly recommended.

1. Sew a name tape in your umbrella—you can identify it in lost-and-found booths, and so friends will be reminded to return borrowed ones.
2. Before opening an umbrella, shake it to make certain the ribs aren't caught.
3. Dry a wet umbrella open—so



MORE CUPS Per Pound

MORE QUALITY PER CUP

Household Scrapbook

By Roberta Lee

The Stove

After cleaning the kitchen take newspaper and rub over the stove. The grease accumulated during the day will be removed and little polishing will be necessary if this is done regularly.

Handkerchiefs

Handkerchiefs will keep white, even when they have to be dried indoors, if washed and then allowed to soak over night in water in which has been dissolved one teaspoonful of cream of tartar.

Yeast

A cake of yeast that has dark spots on it should not be used. Good yeast is creamy in color, moist, and can be easily crumbled.

Better English

D. C. Williams

1. What is wrong with this sentence? "My father forbids me from going."

2. What is the correct pronunciation of "mousse" (a frozen dessert)?

3. Which one of these words is misspelled? Benificial, benignant, benighted.

4. What does the word "cataclysm" mean?

5. What is a word beginning with "t" that means "happening by chance or accident"?

ANSWERS

1. Say, "My father forbids my going" or, "forbids me to go." 2. Pronounce moss, oo as in moon. 3. Beneficial. An overwhelming flood. (Pronounce kat-ak-lizm; first a as in cat, second a unstressed, as in it, accent first syllable. 3. Fortuitous.

THE STARS SAY—

By GENEVIEVE KEMBLE
For Thursday, February 20

THE energies and initiative may be keyed to high purpose on this day. And although the forces and faculties may be stimulated to new objectives, yet there is a real menace from over-enthusiasm, as well as a reckless impetuosity to neglect to count the costs. Cooperate with others in influential positions, but calmly evaluate the resources and construct plans and policies before taking dangerous plunges. Change and revise where perils lurk.

Those whose birthday it is may prepare for an energetic year, with much new and daring projects. The spirit of initiative is spurred to high purpose, but in this there is possible danger and disaster, mainly due to failure to consider calmly all objectives, costs and estimates. Let us may fall because of reckless initiative. Wise heads should prevail.

A child born on this day will be bold, ambitious and practical, but may fall because of reckless initiative. Wise heads should prevail.

TOO WEAK TO DO ANYTHING

On "CERTAIN DAYS" of Month? This fine medicine is very effective to relieve nervousness, irritability, nervousness, irritable feelings, on certain days—when due to female functional troubles. Thousands report benefit.

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

The fabric will dry rapidly and won't be deeply creased.

4. Keep colored-silk umbrellas out of hot closets and open them slowly so they will not crack.

5. "Wet down" silk-covered umbrellas in the shower in the middle of a long dry spell. If the fabric is allowed to dry for long periods it is less durable.

6. Watch for fabric breaks and either have them mended or patch them yourself. Back-and-forth tears or pressed-on patches can be used on fabric tears.

7. When the fabric is completely worn, take the frame to be re-covered—or do it yourself. Use the original as a pattern and stretch up a cover of waterproof or firm, thickly woven material. Usually a yard of thirty-nine-inch fabric will be sufficient.

Morning Smile

GRANDMA WASN'T WORRIED

A friend of my brother, universally known as "Grandma"—65 years old and lively as a cricket—was starting on a trip from Portland, Oregon, to Toronto. For weeks her four children and eleven grandchildren had tried to persuade her not to go. Now at the station, the entire family was giving last-minute advice.

"Now, Grandma," said one son, "if you get worried about anything, just ask any one near you for advice."

"Don't you fuss about me," Grandma replied. "If I get worried about anything, I'll just act old!" —(Alice Rutledge in Reader's Digest.)

Every fool can find faults that a great many wise men can't remedy.



Plenty of NYLONS

And now, for all the ladies who approved that beautiful, finished "dressed up" look that NYLONS bring, the HOSIERY Department can give complete satisfaction.

There are plenty of NYLONS in three different gauges. 42 Gauge in sizes 9 to 10 1/2 at \$1.50 per pair. 45 Gauge in sizes from 8 1/2 to 11, \$1.75 per pair. 51 Gauge, the sheerest of the three, in all sizes from 9 to 10 1/2 — \$1.95 per pair.

NYLONS are available at the Hosiery Department, or if you live at a distance from Charlottetown your order by mail will be attended to promptly. With mail orders please enclose Post Office Money order... and be sure to mention size required.

MOORE & McLEOD Limited
CHARLOTTETOWN

Needlecraft — FOR THE HOME —

MIRACLE DRESS 2164

Charm plenty in this dress that takes just two lengths of fabric and seams up in a jiffy. The collar, square or round open neckline, cap or puff sleeves cut in one with the dress. Pattern also gives directions for making, by measurement, the popular sack dress with no side seams from 1 1/2 yards or 1 1/2 yards 54-inch tubular fabric according to your height.

No. 2164 is cut in sizes 9, 11, 13, 15, 17 and 19. Side 15 requires 2 1/2 yards 39-inch material.

Send 20 cents for PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish include postal unit or zone number in your address.

Address: Pattern Department, The Charlottetown Guardian, Charlottetown, P.E.I.
Pattern No. 2164

Name _____
Address _____
City _____ Province _____

327 YEARS AGO

British Guiana was founded by the Dutch, in 1620, but was ceded to Britain in 1814.

Mother, This Home-Mixed Cough Relief Is Splendid

Saves Real Money. No Cooking. Real Results.

To get really surprising relief from a cough, you can easily mix your own. It never spoils, and it's a family long time. It's very easy—anyone can do it. It's really splendid. It works in three ways—loosens the phlegm, soothes the irritated membranes, and helps clear the air passages.

First, make a syrup by stirring 2 cups of granulated sugar and one proven ingredient, in concentrated cup of water a few moments, until form, well known for quick action in dissolving. Or you can use corn syrup, or liquid honey, instead of sugar. If it doesn't please, then get 1/2 ounce of Pinex in every way.

from any drug store, and pour it into a 16 oz. bottle. Fill up with your syrup. This makes 16 ounces of really splendid cough syrup—about 4 times as much for your money. If never spoils, and it's a family long time. It's very easy—anyone can do it. It's really splendid. It works in three ways—loosens the phlegm, soothes the irritated membranes, and helps clear the air passages.