



Trust the delicate fabrics to LUX

Baby's skin is so tender that only the softest, finest garments should be permitted to touch it. Keep your baby's dainty clothes soft, clean and fresh with LUX. The thin, white, satin-like fabric of LUX are made by our own exclusive process, and dissolve so instantly and thoroughly that no particle of solid soap remain to rot or stain the wool.

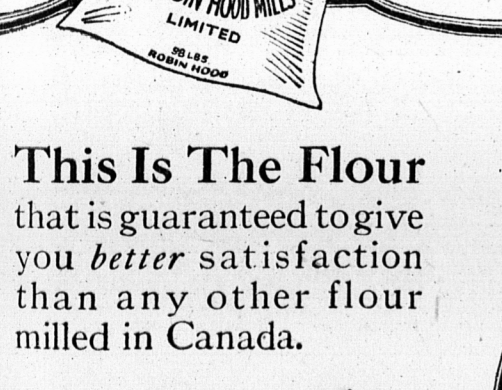
Lux stands supreme—Sold only in sealed packets—dust-proof!

LEVER BROTHERS LIMITED, TORONTO

LIVES HIGHEST ON EARTH?

Is the greatest height at which people live on the earth? It is, it seems, a shepherd with his family in the Andes, at a height of 17,000 feet, and this is claimed to be a record for permanent habitation. It comes to a question of how high, however, this is, it is easily for an one of the Himalayas 18,400 feet high a small party of men living during the winter, numbering less than half a dozen, are Tibetan Custom House officers, and are specially selected for their powers of endurance, as one would expect them to be, in order to exist even for a few weeks in air which must contain so very much less oxygen than there is at sea level.

From such an elevated pass these men must have a magnificent view of the great Tibetan plateau, the inhabitants of which themselves seem to live comfortably at heights of 15,000 or more feet. It would be interesting to know at what height human beings could acclimatize themselves to live. There is no reason to suppose that 18,400 feet is the limit.



This Is The Flour that is guaranteed to give you better satisfaction than any other flour milled in Canada.

Robin Hood Flour

"Well worth the slight extra cost"

AT GOFF'S

Men's good, reliable Brown Black Boots \$4.50
Boys Black pebble leather boots \$2.50
Ladies Brown Kid, high heel \$4.00, Cuban heel \$4.50
Childs, Youths and Infants Boots at greatly reduced prices.

RUBBER BOOTS

Best kinds at price of the inferior grades.
A big lot of second quality at great bargain prices.

Goff Bros., Ltd.

THE CENTRAL GUARDIAN

SHOP from Holman's Catalog.
AUCTION SALE of Cornelius Donahue, Roseneath, is postponed until Monday March 13, at 1 o'clock.

SUBSCRIBERS! Do not miss the chance of getting a First Aid or a Cook Book when renewing your subscriptions.

TWENTIETH CENTURY COOK BOOK or a Farmer's First Aid Book free to each NEW or RENEWAL subscription received.

SCHOOL WORK—The following is the standing of the pupils of St. Teresa's School for the month of February. Grade VII—1, Philip Bradley; 2, Joseph Bradley; 3, Willie Gormley. Grade VI—1, John Smith; 2, Mary Smith; 3, Tommy Kenny; 4, Grade V—1, Angela Kenny and Wilfred Bradley (equal); 2, Chester Bradley; 3, Marguerite Lynch. Grade III—1, Celeste Gormley. Grade II—1, Emmet Bradley; 2, Jimmie Gormley. Grade I—1, Eugene Lynch. Perfect attendance: Louis A. McCarthy, Alexia McCarthy, Joseph Bradley, Mary Smith, John Smith, Helen Lynch and Philip Bradley. Arthur Dunn, teacher.

HONOR ROLL—St. Mary's Convent, Souris, February: Grade 10: 1, Grace O'Donnell; 2, Tina McAulay; 3, Catherine Curran. Grade 9: 1, Sarah Carter; 2, Frances McLaughlin; 3, Beatrice Rooney. Grade 8: 1, Dorothy Keays; 2, Elizabeth McCabe; 3, Helen Malone. Grade 7: 1, Irene McIntosh; 2, Bella Pullen; 3, Lillian Paquet. Grade 6: 1, Elizabeth Gahm; 2, Adele Morris; 3, Jean McLean. Grade 5: 1, Mary McNeill; 2, Cecelia Chevrier; 3, Margaret Lewis. Grade 4: 1, Mary Jennings; 2, Margaret Landrigan; 3, Jean Paquet. Grade 3: 1, Teresa McDonald; 2, Hilda McEneaney; 3, Madeleine Grant. Grade 2: 1, John A. Clinton; 2, Ronald Jennings; 3, Leona Paquet. Grade 1: 1, Mary Wilson; 2, Genevieve Paquet; 3, Edw. Ward Moynagh.

FUNERAL SERVICES—The funeral of Mrs. Patrick Mahar took place from her home 23 Edward St., on March 3rd and was very largely attended. High Mass was celebrated at St. Dunstan's Cathedral and her remains were laid to rest in the Roman Catholic cemetery. The late Mrs. Mahar was sick for only a few days, but all that medical skill and kind and loving friends could do failed to keep back the message of death. Mrs. Mahar was a woman who was much respected by all that had the pleasure of her acquaintance. She was a good Christian, a kind neighbour and ever ready and willing to visit and try to comfort the sick and suffering. Much sympathy is felt for the bereaved family of seven sons and three daughters, whom are left to mourn a loving mother. The floral tributes included a beautiful wreath from the employees of Davis & Fraser and many spiritual bouquets from friends and relatives. The late Mrs. Mahar was 68 years of age. Her husband predeceased her four years ago. Those left to mourn are her sons: Vincent, Leo, Benoit, Plus, Herbert, Ernest and John and three daughters, Mrs. James Rendle, Malden, Mass.; Mrs. Roy Essary, West Lynn and Mrs. Leo McMurray at home. Six of her sons acted as pall bearers at the funeral. May her soul rest in peace.

HOME MADE CANDY. A twentieth Century Cook Book Free to Guardian readers, new or Renewal contains many Recipes for Home made Candy.

NOTICE—Did you renew your subscription yet? If not now is the time and get an animal First Aid book.

SCHOOL WORK—The following is the standing of the Mont. Carmel school for the month of February: Grade 6: 1, Marie Helene Gallant; 2, Emmanuel Gallant. Grade 4: 1, Alfred Aucoin; 2, Cyrus Poirier. Grade 3: 1, Josephine Gallant; 2, Anne Arsenault. Grade 2: 1, Evelyn Arsenault; 2, Loretta Poirier. Grade 1: 1, Marie Rose Gallant; 2, Hercule Gallant. Grade 1, Jr.: 1, Azade Gallant; 2, Olivier Gallant.

AT HEARTZ HALL—The concert and basket social held in Hertz's Hall, East Royalty, Tuesday evening, under the auspices of the East Royalty Ladies' Auxiliaries was a splendid success. Although the roads were bad, the commodious hall was crowded. Favorable comment was heard on all sides on the excellent programme. It consisted of Scottish dances, readings, recitations, dialogues, solos and duets, comic songs and flag drill by sixteen children. Sweet music on violins, cornet and banjo, accompanied by organ, made it one of the best entertainments ever held in Hertz's Hall. Mr. G. D. Wright acted as Chairman. He proved the "right" man in the right place. Mr. Benj. Carter auctioneered the baskets in his usual capable manner and kept the fun going. The sum of \$123 was realized for the new orphanage.

MOUNT STEWART DEBATING SOCIETY—The Mount Stewart Debating Society held its initial debate in the L. O. F. Hall on Thursday March 2nd at 7:30 p. m. The subject for debate was the old and well known one: Resolved: That Realization affords greater pleasure than anticipation. The speakers for the affirmative were Geo. Clark, D. P. Egan, and Aeneas P. McDonald and on the negative, Daniel Hill, Jas. P. McIntyre, John A. McDonald and a lively and interesting discussion followed. Both leaders opened with excellent speeches, this was followed by all the speakers through the whole debate. The large crowd of the good order, the close attention, was an indicative that all felt satisfied with the nights entertainment. The chairman after due consideration gave the decision in favor of the Negative. The debate was held every Thursday at 7:30 p. m. Everybody welcome, subject for next nights, Has the world been benefited by the war.

IN MEMORIAM
FREDERICK HIGGINS
The death occurred at Stanley Bridge, January 20th, Frederick Higgins, aged sixty-seven years. He leaves to mourn two brothers, John Higgins at Saint Anns, Lot 65 and James Higgins of Dixmont, Maine; Annie, Mrs. Pollard, of Dorchester, Mass.; Charles, Mrs. McDonald of Westford, Mass.; Rebecca, Mrs. McKenzie of Summerville, Mass. Mary, Mrs. Beck and Miss Lean Higgins, both of Roxbury, Mass. and Mrs. Elizabeth Mahoney, of Stanley Bridge, at whose home he passed away. R.I.P.

MALCOLM D. BLUE
Entered into rest at Little Sands on Oct. 31, 1921, Malcolm D. Blue, in the 78th year of his age. The late Mr. Blue was born in Govan, Scotland, and emigrated with his parents to Little Sands, 66 years ago. The deceased was a consistent member of the Baptist Church and was a God fearing, upright, honest and kind hearted man. He was a man possessed of many virtues and a great lover of children who dearly loved to hear him relate stories of the civil war of which he was a veteran, having fought under General Lee. He was in his usual health until a week previous to his death. He was seized with an acute attack of Bright's Disease from which he never rallied. He leaves to mourn a number of relatives and many kind friends who kindly administered to him as he lay on his bed of pain, but despite all that loving kindness and tender care, he slowly sank away and on Oct. 31st, 1921, his spirit winged its flight to that happy land in which no traveller ever returns. The funeral service was conducted on Monday, March 6th, at 11:00 a. m. The remains were laid to rest in the cemetery at Little Sands, besides those of his wife and family, which predeceased him a few years ago, there to await the sounding of God's trumpet when the dead shall awake and present themselves around the blessed throne of God.

HONOR TO WHOM HONOR IS DUE
The people living along R. R. No. 11, Kensington, which is served daily by Mr. H. R. Moase & Sons, visited upon them at their home in Kensington, on Tuesday evening, Feb. 28, to show their appreciation of the services that have been rendered. Over one hundred interested persons were present, and gave a consistency to the occasion. Mr. P. B. McIntyre presided, very ably and capably, and Mr. W. H. McLeod, Northoro, read the submitted address, which was accompanied by a presentation, made in the name of the donors by Mr. Geo. R. Bowness.

FIRE LOSSES
Fire losses in Canada during the week ended March 1, are estimated by The Monetary Times at \$860,000, compared with \$580,000 the previous week.

INCORPORATIONS
Authorized capital of \$25,552,500, is presented by companies whose incorporations were reported in The Monetary Times during the week ended February 25th, compared with \$15,416,300 the previous week. A comparative summary by provinces is as follows:—
Week ended Feb. 18. Week ended Feb. 25.
Dominion \$ 6,649,000 \$17,152,500
Alberta 340,000
British Columbia 2,855,000
Ontario 5,900
Quebec 7,550,000 5,395,000
Sask. 262,500
Total 15,416,300 \$25,552,500

MRS. SARAH MATHESON
The death took place at Killmuir, P. E. I., of Mrs. Sarah Matheson MacLeod, although not very strong, was in her usual health until about a week before her death, but was not confined to bed. Waite

RELIABLE REMEDIES and Toilet Preparations
Whenever we are asked to recommend some good remedy or toilet preparation—we often suggest our own make. This is not done selfishly or with an aim of securing a larger profit. In such cases we are prompted solely by the fact that we know our own products better than others. Our preparations are prepared upon honest and in the ingredients used are the purest and best. Our line includes:—
OUR CORN REMEDY, CHAP LOTIONS, COLD CREAMS, HAIR REMEDY, POWDERS, COLIC REMEDIES, COLD TABLETS, TALEUM POWDERS, EMULSIONS, BROWN AND WINE, ETC., ETC.

GRAND CONCERT AT HAMPTON
A very successful concert and supper was held in Hampton Hall on Thursday evening, March 2nd. Mr. John Macdonald acted as Chairman. The Hall was filled to its capacity and the order throughout the evening was excellent. The ladies of Hampton and surrounding districts prepared a most delightful supper and all went away feeling that the "inner man" had been well satisfied. The sum of \$132.00 was realized, which will be used to finish the public house shed. A very interesting programme was then carried out which is as follows: Opening chorus, "Tave a Smile"; Recitation "What One Bachelor Said." Miss Stella French; Instrumental Music Miss Minnie Inman and Mr. Joe Dunsford (encored); Duet "How They Keep a Secret"; Male Chorus, "Winter"; Recitation, "The Voyage." Miss Hope Howatt; Solo, Mrs. Jack Dixon (encored); Recitation, "Kelly's Dream." Miss Kathryn MacQuarrie (encored); Dialogue, "Dear Uncle Zed"; Solo, Mr. Gordon Inman (encored); Recitation, "Caleb's Courtship." Miss Velma Nelson; Duet, Miss Florence Inman and Mr. Chester Shaw (encored); Dialogue, "The Widow's Mistake"; Solo, Mr. Neil Shaw (encored); Appearance of Tom Thumb and His Uncle Jonathan, the Giant from New York; Solo, Miss Elsie Howatt (encored); Instrumental Music, Miss Inman, Mr. Dunsford (encored); Negro Chorus, "I'm Going Back to Dixie"; Comic Reading, Mr. John H. Myers; Duet, Victor Shaw and Robert Ince; Closing Chorus, "Feather Your Nest." The accompanists of the evening were Mrs. Warren Inman, Miss Freda MacKinnon and Miss Minnie Inman.

retiring on the night of the 31st of January, she suddenly expired. The deceased who was a member of the Valleyfield congregation, was quiet and assuring. She leaves to mourn their loss, one daughter, Mrs. Myles Churchill, of Boston, Mass., and one brother, John Matheson, with whom she lived and to whom her death was a great shock. On the 2nd of Feb. a goodly number of friends and relatives gathered to her funeral to pay their last tribute of respect. Rev. Mr. Macdonald of Valleyfield officiating.

made on the route, we thought it would not be doing you justice to allow this to happen without paying some small tribute in honor of the occasion. And if you will accept this small gift; it accompanies the high esteem in which you and your assistant are held by one and all on this R. R. Now, as a new contract is called for we trust that the authorities may recognize your valuable services, as it requires a faithful and efficient man to perform the work necessary to perform the laborer should be performed, more men of your type are needed for the safe and prompt delivery of His Majesty's Mails, then we should hear of less complaints of non-delivery of His Majesty's Mails through our fair lands, we are all aware that it takes a man like iron to stand the exposure and expense of mail driving in this country, and we are confident that the remuneration does not equal the faithful service rendered.

Signed on behalf of Boxholders, R. R. 4.
David Clark, W. J. Bentley, J. M. Miller, Bruce Paynter, Mrs. E. Moase, Harry Moase, P. S. McIntyre, Mrs. A. Humphrey, A. R. McMurdo, Percy McMurdo, Prowse Yeo, Louis McRae, W. K. Easter, Robert P. McMurdo, Jas. Jardine, M. D. McMurdo, Ewan Walker, Harold Leard, John Stavert, Wm. Stavert, John R. Glover, John M. Walker, Joseph Reeves, Henry Byrne, John Thompson, Reuben Frickson, John Lawless, Frank Webster, Wm. P. McLeod, Alex. Douglass, John A. Douglass, Geo. R. Bowness, Mark Howatt, Peter Lawless, John R. Sharp, Robert Bowness, Harry Bowness, Jas. W. Stewart, Miss Sharp, David Stewart, N. M. Casely, John A. Hogg, Jas. A. Stewart, Robert Crozier, H. Hogg, Jessie Murphy, J. M. Leard and Gordon Glover.

Mr. Leigh Moase, strongly supported what had been said, stating that the roads had been kept properly broken, especially in time of storm. He also noted the delivery of mails without appreciable delay.

Mr. Noy Moase, also acknowledged the address, stating that through the great bank of often this honorable recognition by the patrons of the route was entirely unexpected, therefore all the more appreciated. He also noted the satisfactory delivery by the postmaster, Mr. Glover and his assistants. After the man eloquent had been duly solicited the company chased the flying hours with the most engaging entertainment. Music on the organ, violin, phonola and piano, and native vocal by a complete choir, amplified the celebration. Miss Margaret Crozier and

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judgment in taking needless chances with harm.
Over on the safe side is Postum, a pure cereal beverage, delicious and satisfying—containing nothing that can harm nerves or digestion. Thousands who used to try their luck with tea or coffee are enthusiastic over having found safety and satisfaction in Postum.

It's worth your while to make the test with Postum for ten days. Postum is a delightful drink for any member of the family, at any meal.
Your grocer has both forms of Postum: Insta-Postum (in tins) made instantly in the cup by the addition of boiling water. Postum Cereal (in packages of larger bulk, for those who prefer to make the drink while the meal is being prepared) made by boiling for 20 minutes.

Petroleum Coke

The Ideal Furnace Fuel
Try a load this spring so you will know how superior it is to other fuel. Cars of coal arriving daily, also all kinds of wood on hand at all times.
A. Aylward & Co.
Connolly's Wharf
Phone 176

Mrs. Harold Leard, played the piano, Mrs. Ellis Profitantioned the organ, Mr. Easter made the violin talk, as also did Mr. Harry Bowness, Northoro. At intervals in the program, refreshments were served, while service was supervised by Mrs. Moase, in a manner of which she is a consummate mistress.

Mr. Moase acknowledged the address and presentation in language choice and fitting. He said that the terms of praise accorded to him were equally due to the people along the route as to him, for they never failed to have a satisfactorily passable road open for him, and boxes placed where they could be most conveniently served. He enlarged the postmaster and associates for delivery of mails always on time. He had the guests most welcome, as also did Mrs. Moase. The remaining hours were spent in most sociable intercourse, enjoying themselves in satiety, when the celebration had been completed the guests departed moving that this was the most momentous event that had transpired in Kensington for years. Mrs. Moase is also grateful to the visiting ladies, who most kindly assisted in doing the honors of the occasion.

The swelling strains of "For He's a Jolly Good Fellow," and "God Save the King," brought the event to a close.

He beat the train to the crossing a good many times

"It's never touched me yet," he explained when they pointed out the risks.
That's the answer a good many people make when they hear that the drug element in tea and coffee often harms nerves and health. They say it's never touched them yet.
Sometimes they only think it hasn't.
Wakeful nights, drowsy days, headaches that keep coming more frequently—often are blamed on bad luck when the blame belongs on bad judgment in taking needless chances with harm.
Over on the safe side is Postum, a pure cereal beverage, delicious and satisfying—containing nothing that can harm nerves or digestion. Thousands who used to try their luck with tea or coffee are enthusiastic over having found safety and satisfaction in Postum.
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Postum for Health
"There's a Reason"
Made by Canadian Postum Cereal Co., Limited, Windsor, Ont.