

Woman's Realm / Social and Personal / Fashions / Literature

SAVE THE COUPONS
Get this
Beautiful Silverplate
(Wm. Rogers & Son)
FREE!
COUPONS IN EVERY FOUR AND HALF POUND PACKAGE

LIPTON'S TEA
Full-Flavoured

THE COOK'S CORNER

DATE CAKES

One cup butter, 1-2 cups brown sugar, 3 cups oatmeal, 1 cup flour, 1-2 teaspoon soda in a little hot water, pinch of salt. Method: Cream butter and sugar, add remaining ingredients, stirring well. Have cooked 1 pound of stoned dates with 1 cup of sugar, and make into a paste with some of the juice. Roll out flour mixture as thin as possible, and cut in rounds. Put spoonful of date filling on one round and put the other round on top, pinching the

edges to keep them closed. Cook in oven 300 degrees Fahrenheit for about 8 to 10 minutes. These are favorites of all guests.

DUTCH TART

One cup powdered sugar, 1 cup dates, 1 cup walnuts, 3 tablespoons flour, 1 teaspoon baking powder, 2 eggs beaten separately, 1 teaspoon vanilla. Mix the ingredients together in any order, adding the egg whites last. Bake 20 minutes in a moderate oven. Cut into any desired shape or shape; when cool roll in powdered sugar. This is a small recipe. This is a very delightful confection and a pleasant and healthful homemade candy. It makes a very pleasing gift for birthdays or other occasions when done up in pretty boxes.

FASHION GUIDES FOR THE HOME DRESSMAKER



You'll find this plain and plain tailleur the most useful thing in your spring wardrobe. It's such a youthful casual suit for town or country. The fitted jacket closes with a single button. However, it may have two or three buttons to suit your taste. The two big patch pockets are an important detail. "Match and mix" them! Wear the jacket with a contrasting dress or skirt with sweaters galore! Home-worsted with diagonal chalk stripes are other popular materials. The same pattern may be used for a crepe or linen dress. It buttons up to a sports vest neck, which may have an Ascot scarf. The pattern may also be used for separate blouses and cotton print jackets and skirts. It's so easy to sew; the saving in cost enormous.

Style No. 2821 is designed for sizes 12, 14, 16, 18, 20 years, 30, 32, 34, 36 and 40-inches bust. Size 14 requires 1-2 yards of 54-inch material for skirt; and 1-2 yards of 54-inch material for jacket.

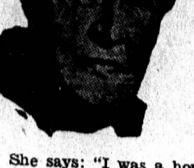
Send fifteen cents (15c) in stamps or coin (coin preferred) wrap coin carefully, address to Charlottetown Guardian giving:

Style No. 2821 Size.....
Name.....
Street Address.....
City..... Province.....

Dorothy Dix's Letter Box

Don't Cry if You Are Not a Miss America for Looks. Interest Yourself in Sports, in Business Affairs and You'll Have Plenty of Men at Your Feet

Dear Dorothy Dix—I have cried myself sick during these last few weeks. Everything seems stacked up against me. I have no looks at all and fellows don't look at girls who are homely. I can't get any dates as other girls do. At a dance the boys always rush the pretty ones, and we ugly ducklings are left on the sidelines. We want to dance and have fun and be taken places just as much as the good-looking. Won't Miss America and give us a few tips? There are thousands of girls like me and we want to know what to do.



Answer: In the same mail that brought this mail from the girl whose face was not a fortune that she could cash in with the boys came a letter from a girl who was also born without beauty in which she said she overcame her handicap, and I published her comment as I pass: "Isn't she an attractive woman?"

She says: "I was a homely girl and my lack of good looks was emphasized by the fact that I had six sisters, each one of whom could make a good look. In the family I was the only one who was not a swimmer, and I decided to do something about it. First of all, I took swimming lessons until I became an expert swimmer. Next, I took riding, then skating, golf and dancing. In all of which I became expert. And I soon found that I had far more male admirers than my fair sisters who could do only sit in the living room and look beautiful."

"All the while I was improving my office work and doing everything as well as I could, and being so dependable that I was continually being promoted and in demand by the men higher up. I was continually being good. Diet and gymnastic work pared my figure down to a graceful one. Good clothes did the rest, and at 40 I often hear the comment made as I pass: "Isn't she an attractive woman?"

"I am married to a man on the staff of a large university, one who admires my mind and my ability in the sports in which he also indulges. No girl need be doomed because she wasn't born with a peaches-and-cream complexion and a willowy figure."

This answers the homely girl's letter and sets a star of hope in her sky. For it is true that no girl, unless she is an actual monstrosity, needs she is a living picture. Her cue is to substitute another attraction for the one that she lacks. Brains for beauty. Tact and charm and perfect grooming and smart dressing for naturally wavy hair.

After all, while beauty attracts us at first, it doesn't hold us very long unless it is backed up by other qualities. A girl might be as beautiful as a hour, but no man would want to dance with her if she stepped all over his feet. And, on the other hand, the girl who is homely enough to stop the clock will have plenty of partners if she is a superlative dancer.

Men pick out their partners at bridge by their skill, and not their looks, and they like to talk to the girl who is intelligent and a good listener instead of one who is beautiful but dumb. So there is no use in the homely girl despairing unless she is too lazy and stupid to cultivate a lot of other attractions instead of the one nature denied her.

Dear Miss Dix—Would I be justified in talking over my husband's business future with his boss who has never seen? My husband has the depression when many men were laid off. He has even had four in-laws in the last two years, but he is getting discouraged. Should I persuade him to leave his present job and look for another? He says when he talked over his prospects with his boss he was noncommittal. I could influence him to promote my husband faster?

Answer: I think you would probably get your husband fired, as there is nothing that an employer would do with wives mixing up in their husband's business. Also, you would put your husband in the light of a squaw-man, which would do nothing to commend him to his boss.

Any man who has held his job through the depression and got four advances in pay should be thanking his lucky stars, and should certainly even think of giving it up.

As for the employer being noncommittal, in these times his attitude is inevitable when nobody knows which way the cat is going to jump.

Dear Miss Dix—Our class is studying home-making and would be very grateful if you would give us your idea of an ideal home.

Answer: My idea of a home is a place in which there is love and peace and rest, a snug harbor to which we can flee from the storms of life. In my ideal home there are a mother and a father who love each other, and comradeship and the members of the family all work together for the mutual good. There is no quarreling, nor strife, nor bitterness. There is companionship and understanding, sympathy and loyalty that makes the little group stand together, shoulder to shoulder, and fight each other's battles.

My ideal home is a place of cleanliness and order and comfort, with good food, good talk, laughter and joy, and it doesn't matter whether such a place is a hovel or a palace. It is home if it has these things in it.

AT HOME OR IN RESTAURANT EVERY DAY IS SOUP DAY

Sea & Serrano SAUCE

Home Service

Write the Gay Letters That Hold Friendships



Overcome Letter-Shyness

It's easy to see why Peg has so many more friends than Marge. While Marge frets miserably, trying to think of a better way to start her letter than "I've been so busy lately," Peg dashes off half a dozen gay notes.

To an old playmate: "Big excitement, Jack. I'm going to be in the city next week and of course I want to see you."

To a chum who's moved away: "How I missed your clever suggestions when I was planning my spring wardrobe last night... Your old friends are hungry for news of you. Do write."

An informal invitation to Tom: "Lurial and I are serving hot fudge waffles at my house after the movies Saturday night. Are you tempted? We hope so!"

Friend-winning letters are simple if you'll only write like you talk. Friend-losing letters are simple if you'll only write like you don't talk. Does grammar, spelling, correct form worry you? Sample letters in our 20-page booklet make every point clear. Excuse-and-butter letters. Notes of sympathy. How to apply for a job.

Send 20c in coins for your copy of Write the Gay Letters That Hold Friendships to the Guardian Home Service, Address. Be sure to write plainly your Name, Address, and the Name of booklet.

Name.....
Street Address.....
City..... Province.....

Today's Short Wave Radio Program

- (All Time in Eastern Standard)
- THURSDAY, MARCH 24
- PARIS
9:30 a.m.—Melodies of Maurice Ravel. TPA-2, 19.6 m., 18.24 meg.
- TOKYO
4:45 p.m.—Orchestral Selections. JKL, 26.4 m., 11.90 meg.; JZL, 26.4 m., 9.66 meg.
- BOSTON
4:00 p.m.—World News. WIXAL, 26.4 m., 11.70 meg.
- LONDON
6:30 p.m.—The Count of Monte Christo (Part XII) GSD, 26.5 m., 11.70 meg.; JSD, 21.9 m., 9.88 meg.; GSB, 31.8 m., 9.81 meg.
- MOSCOW
7:00 p.m.—New and Program for English Listeners. RAN, 31 m., 9.6 meg.
- BERLIN
7:30 p.m.—La Argentina will sing. DND, 26.4 m., 11.77 meg.
- ROME
7:30 p.m.—Selections from Operas; The Italian Center for American Studies; a talk, 2RO, 31.1 m., 9.68 meg.; TRF, 30.6 m., 9.68 meg.; IQY, 26.21 m., 11.90 meg.
- PRAGUE, CZECHOSLOVAKIA
8:00 p.m.—Light Program; Popular Concert from Bratislava. OLR, 49.7 m., 6.09 meg.
- CARACAS
9:00 p.m.—Songs. YVSRG, 31.7 m., 9.6 meg.
- BERLIN
9:15 p.m.—Rebroadcast of a Winter Aid Concert. DND, 26.4 m., 11.77 meg.
- LONDON
10:30 p.m.—The Rocky Mountaineers; a skit. GGL, 26.5 m., 11.78 meg.; GSD, 31.3 m., 9.66 meg.; GSB, 31.5 m., 9.51 meg.; GSA, 40.1 m., 6.11 meg.
- PARIS
11:30 p.m.—News in English. TPA-4, 26.6 m., 11.72 meg.
- TOKYO
12:45 a.m.—Popular Songs. JZJ, 26.4 m., 11.80 meg.
- SYDNEY, AUSTRALIA
4:30 a.m.—(Friday)—Chimes from G. P. O. Sydney. VKZME, 31.28 m., 9.59 meg.

The Housewife And Her Activities

Of windy March we'll not complain Nor speak too much of slush and rain. For one can see from day to day That some great change is under way. The robins know it! Soon they'll come To tell us as with life and drum The joyful news that spring is here. Most welcome season of the year. —Buffalo Times

NEVER, NEVER, NEVER Never do things by halves. Never slink soap and water. Never hang a man twice for one offence. Never put off till tomorrow what you can do today. Never fry your fish till it is caught. Never write what you dare not sign. Never swap horses while crossing the stream. Never lean on a broken staff. Never look for the birds of this year in last year's nests. Never trouble trouble till trouble troubles you. Never try to prove what nobody doubts. Never despise the day of small things. Never burn your fingers to snuff another man's candle. Never cry over spilt milk. NEVER DO HAPPENINGS

When you rise in the morning, assure a resolution to make the day a happy one; a left-off garment to the man who needs it, a kind word to the sorrowful, an encouraging expression to the striving—trifles in themselves as light as air—will do it at least for the twenty-four hours. If you are young, depend upon it, it will tell when you are old; and if you are old, rest assured it will send you gently and happily down the stream of Time to eternity. By the most simple arithmetical sum, look at the result. If you send one person, only it is easily through each day, that is three hundred and sixty-five in the course of the year. And supposing you live forty years only after you commenced that sort of medication, you have made fourteen thousand six hundred and thirty-eight—at all events for a time. —Sydney Smith.

KEEP PIECRUST MIXTURE Eight and one-half cups pastry flour after sifting, one and one-half cups lard, three teaspoons salt. Mix with pastry blender, when you want to make a pie mix a portion with water. Two cups of this mixture will make a double crust for nine-inch pie. Time is saved by mixing enough for three or four pies, and if you happen to get too much water in your piecrust, the addition of a bit of prepared mixture will remedy it.

FASHION FLASHES Short sleeves look newest in coats. The longer outaway jacket is important. There is more dressmaker detail in coats. The longer jacket with square cut-out neckline looks interesting. Antique jewelry is much to the fore in Europe. People are ransacking old trunks for "family" brooches and bracelets. At Southern resorts, flower jewelry is in demand. Reversible plain weaves for neatly cut and tailored clothes, even a reversible jersey. Stripes, bands and borders continued. "Think" effects are given by a short bust-length bolero line, corset belt, and weather sash effects finishing low on the hips. Day suits are of every material from coarse wool to light cotton and silk. The waistline is pinched above either a short basque or a below-the-hips-length neckline. Marked waistline interest features Paris fashions. High low and natural waistlines are all shown.

SENGULAR AND PLURAL Remember, though box in the plural is boxes. The plural of ox should be oxen, not oxes; and remember, though fleece in the plural is fleeces, nor geeses; and remember, though house in the plural is houses, the plural of mouse should be mice, and not moues. Mouse, it is true, in the plural is mouses, not mice. But the plural of house should be houses, not hiee. And fact, its true, in the plural is facts; but the plural of root should be roots, and not reet.

Is This the Reason You Are Constipated?

If you're wondering why your bowels don't work right—stop and think about what you eat. Bread, meat, eggs and potatoes. All good nourishing foods—but all concentrated, lacking in "bulk" you need "bulk"! Some food that forms a soft, spongy mass in the bowels—helps them move.

If it's this lack of "bulk" that's causing your constipation, Kellogg's All-Bran is just what you need. It's a bran cereal that softens like a sponge. And this soft mass helps your bowels move. In addition, All-Bran gives you Nature's great intestine tonic, vitamin B. Eat this crisp crunchy cereal every day, drink plenty of water, and enjoy happier days. All-Bran is made by Kellogg's London, Ont. Sold by every grocer.



..and a bag of REGAL

"All set, Jim. Everything's aboard, including that bag of REGAL you're so scared of leaving behind. Oh, I know! If you reached home without it you'd get a awful howling out, and have to come right back for it. Well, you can't blame your wife at that, Jim, when you think of the dandy bread she bakes with REGAL."

REGAL FLOUR

air could not otherwise reach. In the same parts of the world worms are scarce. There are districts in California where this is the case and earthworm farms have been set up to deal with this difficulty. Here the helpful creatures are bred in large numbers and sent out to orchards where they are needed.

A Morning Smile

The maid was exclaiming the other employees in the kitchen. "My! E aint' 'at nice—'at shag. 'An' such luvly teeth—luby! As good as false, they are!"

NEXT!

The minister was remarkable for the neatness and point of his pulpit utterance. Once, during a disastrous strike, a capitalist arose in church and asked leave to speak and the man delivered himself of a long panegyric upon capitalists of industry, upon the good they do by giving men work, by booming the country, by reducing the cost of production, and so forth. When the capitalist had finished his self-praise and, flushed and satisfied, had set down again the clergyman said with quiet significance: "Is there any other sinner that would like to say a word?"

EGGS

BE SURE OF Quality

BUY BY GRADE BUY WITH CONFIDENCE

As eggs may look much the same, yet vary in two respects—quality and size—it should be realized that eggs are graded according to standards established by the Dominion Government and are sold by grade.

Eggs represent a most important item of nourishment in almost every diet, and this grading gives the purchaser every assurance of quality and size desired; for it is required by law that all eggs sold in retail stores must be graded and the container marked with the grade name.

The grades are: Grade "A" (in three sizes: Large, Medium and Pullet; but of equal quality)—Grade "B"—and Grade "C."

Marketing Service
DOMINION DEPARTMENT OF AGRICULTURE
Honourable James G. Gardiner, Minister.

Buy by Grade..Buy with Confidence

"FOR HAPPY BREAKFASTS"

NO CEREAL FOR ME TODAY. BUT I DIDN'T PREPARE ANYTHING ELSE.

ALL RIGHT. PASS IT OVER. WHERE'S THE MILK?

SAAY—THIS IS CREAM—LOOKS DIFFERENT—TASTES DIFFERENT—TOO. LIKE IT. COST MUCH?

THAT, MY DEAR, IS CARNATION MILK—AT ABOUT ONE-QUARTER THE COST OF CREAM.

ONCE YOU TRY Carnation Milk for creaming coffee, cereals, fruit, you'll continue because of its smooth, rich flavour. But you'll like its real economy, too. And you'll like the way it improves the flavour and smoothness of cooked dishes—sauces, ice cream, puddings, cakes, soups. Carnation Milk is double-rich milk, with cream in every drop. And it is so convenient to keep it always on hand.

For bottle-fed babies, there is no finer milk. More digestible, always the same, with an added amount of "sunshine" vitamin D. Send for beautifully illustrated Carnation Cook Book. A host of ideas and recipes for 15¢ (postpaid). Carnation Co., Limited, Toronto, Ontario.

A CANADIAN PRODUCT

"from Contented Cows!"

IRRADIATED Carnation Milk

Listen to the "Contented Hour" every Monday night. See your local newspaper for stations and times.