

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

Milady Beautiful

By Lois Leeds



BEAUTY QUESTIONS ANSWERED

Permanent Wave Needs Regular Care

Dear Miss Leeds—I would like you to answer me a few questions regarding my beauty. (1) Should I use hot or cold water for cleansing my face during the day? (2) How often should I wash my hair after a permanent wave? (3) I am 16 years old and I weigh 125 pounds. Is my weight correct? MISS CURIOUS.

Answer—(1) If you cleanse your face with warm water and a mild soap every night and morning it is usually sufficient. Rinse off the soap thoroughly with tepid water and finally with cold water. Dry with a clean, soft towel. If your skin is inclined to be dry apply a little cold cream and wipe off the surplus. Use a mild skin tonic and dust with face powder. (2) Hair which has been permanently waved should be washed just as regularly as hair which has been left in its natural state. Be sure to brush your hair and massage your scalp regularly every day, also, if you expect to keep your hair healthy and glossy. Shampoo your hair once a week if it is inclined to be oily, once every ten days or two weeks if it is inclined to be dry, and use as a final rinse one tablespoonful of olive oil or mineral oil in one quart of warm water. (3) If you are over 5 feet 4 inches tall your weight is correct. But if you are under 5 feet you are a few pounds overweight. At your age, however, it is better to be a little overweight than one bit underweight, so do not let a few extra pounds worry you. Weights vary greatly in young girls, as many have heavier bones and muscles than others, also many are more developed at 16 years of age than others. LOIS LEEDS.

Lotion for Enlarged Pores Dear Miss Leeds—(1) Can you suggest an astringent for enlarged facial pores? (2) How many pounds a week can one lose by taking two or three epsom salt baths? (3) I dyed my hair a reddish brown as I had medium blond hair and I wanted it darker. How can I remove the old dye? I would give anything if it were back to its natural color. It is rather brittle and very dry. MRS. ALICED.

Answer—It takes time to correct

What the Fashionable Are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annebelle Worthington



unique bound opening is of hunter's green plain woolen, which appears again in pocket trim.

The surplice closing bodice makes the figure look decidedly trim and youthful, so desirable at the moment. The buttoned hipline is especially smart accented with buttons in the green shade. The belt may be worn at normal or raised waistline.

Style No. 3195 is designed in sizes 16, 18 years, 36, 38, 40 and 42 inches bust. The saving is enormous by making it, which will take just about two hours of your time.

Another interesting suggestion is black suede finished broadcloth Feather-weight tweed in Patou's green shades, with blending shade plain woolen is fetching.

Dahlia-purple wool jersey is very chic, with bone buttons in the red dahlia shade with purple rims. Pipe opening that scarf slips through, pockets, cuffs and edge of vestee in red-dahlia narrow grosgrain ribbon.

Black canton crepe with vestee in eggshell shade with collar and scarf of self-fabric is very chic for general daytime occasions.

Pattern price 15 cents. Be sure to fill in size of pattern. Address Pattern Department. Our Fashion Magazine is 15 cents but you may order a pattern and a Fashion Magazine together for 25 cents.

Form for pattern order: No. 3195. Size, Name, Street Address, City, State.

An important coat frock that adopts new lines in wrapped flared skirt movement, employs featherweight in black and white mixture noted at all fashionable rendezvous.

The vestee and collar that terminates in scarf that is slipped through

enlarged facial pores. Cleanse the face thoroughly with warm water, and a mild soap at bedtime. Rinse in tepid water and finally in cold. Dry and pat on a little of the following lotion: four ounces witch-hazel, one scant teaspoonful boracic acid, ten drops simple tincture of benzoin, one ounce cologne water. Dissolve the boracic acid in the witch-hazel, add the cologne water and the benzoin drop by drop. Shake well. Apply with a clean piece of absorbent cotton and allow it to dry on the skin. (2) You will not lose any overweight with the epsom salt baths unless you supplement the baths with active exercise and a wise diet. Cut down on the amount of food that you usually eat and take a brisk five-mile walk daily. Allow from ten to twenty minutes for special exercises every night and morning. (3) Saturate your hair in warm olive oil and leave it on overnight. Pull on a swimming cap or tie it up in an old towel to keep the oil from soiling the bedclothes. Then shampoo your hair in

the morning, using an olive oil shampoo or pure, Castile soap shaved and melted into a jelly. If this treatment is repeated several times, the dye will gradually fade out. Brush your hair and massage your scalp every day. LOIS LEEDS.

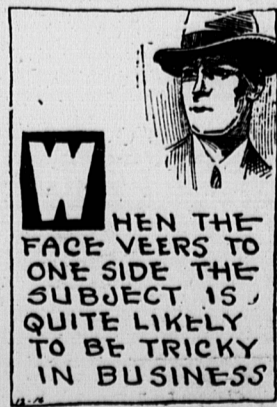
Stenographer's Hips

Dear Miss Leeds—Please give some exercises for reducing hips and large calves. Mine are so large, due to sedentary work in an office. Is walking good for the hips as well as the legs? STENOGRAPHER.

Answer—Yes, walking is a splendid exercise for the legs, calves and hips. Take a brisk walk every day. Dancing, swimming, skating, high kicking and special leg raising, toe and heel exercises are good for this purpose also. Please send a self-addressed, stamped envelope for my leaflet on beauty exercises and care of the feet and legs, which gives special reducing exercises for the hips and legs that you may take regularly every night and morning. Try to spend one or two evenings a week at a swimming pool or at the gymnasium. Sedentary workers need exercises to keep the figure trim and the muscles firm and supple.

Tomorrow—Eye Wrinkles.

Character Close-Ups



WHEN THE FACE VEERS TO ONE SIDE THE SUBJECT IS QUITE LIKELY TO BE TRICKY IN BUSINESS

For The Cook

MAYONNAISE DRESSING

Yolks of two hard-boiled eggs, pressed through a fine sieve. Add, one at a time, the yolks of two raw eggs, rubbed perfectly smooth, a saltspoon of salt and a dash of cayenne pepper. This mixture should be smooth and creamy. Add to it drop by drop one-half pint of olive oil, with lemon juice or vinegar. All must be quite cold.

Dorothy Dix Letter Box

Straight Talk to Girls Who Would Risk Their Good Name for the Sake of Adventure—Encouragement for the Boy Who Despairs of Promotion

Dear Miss Dix—We are three working girls, fairly good-looking and well-educated. We are tired of the grind of office work and wish for change and adventure. The only future before us is to marry working men and to spend the balance of our lives in monotony.

We can indulge our desire for travel and adventure by traveling with men in an unconventional manner, but hesitate to take this step and burn our bridges behind us and lose our families. We have all spent a number of years in office work and the idea of continuing is very depressing. Your advice in the matter will be greatly appreciated. ELEANOR, ALICE AND MARY.



Answer: So you are tired of the grind of daily work and the idea of marrying a poor young man doesn't appeal to you and you are allured by the idea of going off with some strange men in search of change and adventure.

Well, believe me, my dears, if you do, you will find it. It will be a change to you, who have always been honored and respected and treated with deference, to have other women look at you with contemptuous, scornful eyes and men feel free to insult you. And you will find plenty of change in the attitude of the men with whom you go off.

Now they are flattering and admiring and make love to you and tell you what wonderful things they will do for you, but once you have pitched your caps over the windmill for them they will sing a different song. You will be bullied and sworn at and have every vile epithet thrown in your face and you won't be able to resent it.

You think it would be a gay adventure to go off with these traveling men, wandering from town to town. New places continually. Gay? What is there gay about shabby little hotel rooms in shabby little third-rate towns where you would know nobody and there wouldn't be a thing to do except wander up Main street and look in shabby shop windows and for amusement go occasionally to a poor little movie to see a reel that you saw five years ago? What would there be so thrilling in eating miserable, ill-prepared food that you wouldn't think good enough to give to the dog if it appeared on your mother's table?

If these men were going to take you off in palatial private cars or on yachts that were floating palaces, to far-off places of the world, if they were going to load you with jewels and deck you out in Paris finery, then one could see why poor, hard-working girls might be tempted to go off with them, even if it meant sacrificing their good names, dishonoring themselves and breaking with their families.

Or if these men had so fascinated you that you felt that life without them would be cinders, ashes and dust, one can see how you might say, "All for love and the world well lost." But that is not the case. You don't care a rap for the men themselves. They don't interest you personally. You would be tired to death of them in three days. Besides, they are just poor drummers, making small salaries, who can offer you nothing in the way of luxury and who would probably leave you stranded, homeless and penniless at some tank station within a month.

Can you imagine any girl who isn't a born idiot selling herself out that cheaply? Aside from the wrong of the thing, any girl who would even consider making such a poor bargain should be locked up in the home for the incurably feeble-minded.

There is an old saying, my dear girls, that adventure is for the adventurous and that means that we have to put the thrill and punch into everything ourselves. A mountain is only a big mound of dirt and rock or it is a sk-scaring peak, according to the way you look at it. A city is just a huddle of streets and houses or it is a strange place where anything can happen, as you feel about it. Just as queer things can happen in Squedunk as there can in New York or London or Shanghai. The people that you work with every day have life stories as romantic as ever furnished the plot of a novel or a play, so there is no reason to go away from home to seek adventure. You can find it right at your elbow if you look for it.

Why, love and marriage and birth and death, joy and sorrow all may come to you within the next twelve months. Your fate may come into the office any minute of the day.

As for your lives being monotonous, so is all life. Anything that we do day after day, year after year, becomes monotonous. Flying must have become monotonous to Lindbergh. Making pictures monotonous to Mary Pickford. Making millions monotonous to Mr. Rockefeller. Going to parties monotonous to the debutante.

The only way we can keep life from being monotonous is to continually infuse fresh interest into our jobs by trying to do them better and in new ways. Try that for a change instead of running off with strange men. DOROTHY DIX.

Dear Dorothy Dix—I am a boy of 18. Have been working in a department store for eight months at \$12 a week and now they have given me a more important position and more responsibility, but only \$2 more pay. I have to take the bawling out of the girls who make mistakes in getting addresses, but I have stood it, thinking I would get more pay and have less trouble. But I have had no advance and I am getting discouraged. What shall I do? I have to give all I make to my family, as my mother is sick and my father makes little and sometimes I feel like crying. A BOY IN DOUBT.

Answer: Stick to your job, son. Promotion always comes slowly at first because you have to "sell" yourself to your employer and make him see that you are worthwhile. You have to prove yourself and show that you are efficient and trustworthy.

It is only in novels that boys jump from the bottom to the top of the ladder in a single bound. In real life you have to work your way up, inch by inch, and fight for every toehold, and this is hard and discouraging. No doubt about that, and it takes more grit than the average youngster has to toil on with hard work and small pay and no appreciation.

But it pays in the end, son, because everything we do is cumulative, and even if we only go a few inches a day we are that much farther on the road and that much nearer to success. So stick where you are. There is no good in changing unless the work you have is so distasteful to you that you hate to do it or unless your employers never reward merit.

If your job is repulsive to you, get into the work that you like better. If your firm is one in which there is no chance of advancement, go where you will have an opportunity to make good and then stick. Change gets you nowhere, because there is more to learn about any business than you can ever find out, and it is only by making yourself proficient in some one particular line that you can achieve success. The jack-of-all-trades never amounts to

A Morning Smile

NOT THE VANDERBILTS

In their adolescent years the children of John D. Rockefeller Jr., were kept in ignorance of the family's wealth, says John K. Winkler in his biography of the Standard Oil founder. When 15, John D. III. was amusing himself with an old dilapidated rowboat on his father's place at Seal Harbor, Me. A neighbor's boy happened along and turned up his nose. "Hub," he ejaculated, "why don't you get a motor boat?" "John D. III. regarded the other with unfeigned astonishment. "A motor boat!" he explained. "Gee whiz! Who do you think we are—the Vanderbilts?"

Passed Reading

LONDON, Dec. 17.—The Government bill to increase unemployment insurance allowances passed its third reading in the House of Commons tonight by a vote of 273 to 199. It had weathered the attacks of the Opposition and of Labor Left Wing Malcontents who had several times threatened to defeat it.

Production of rayon in Italy is growing rapidly.

Germany has nearly 3,000,000 raid marriages in divorce.

There is one divorce for every 114 marriages in England.

It is the expert who gets the big pay envelope. And don't worry too much about your salary while you are so young and inexperienced. Concentrate on your work. If you do good work the pay will take care of itself. DOROTHY DIX.

Dear Miss Dix—Being left with two small children, I married the second time. The girl I married had a good position and some money she had saved, which helped along after we were married. She has been all that I could ask for, a good wife, a good housekeeper, a good mother to my children. Recently she has found out that for several years I have been going with other women and she says that she cannot live with me if I continue to do this. It seems I have lost her confidence and trust and we were always such good pals. Do you think she is right in taking the stand she does? PUZZLED HUSBAND

Answer: Your wife has given you herself and her money. She has worked to take care of your children and make them a home. She has given them a mother's love and tenderness and you repay her devotion by being unfaithful to her. Do you think that it is possible for a man to be a greater cad than that? I should think you would be ashamed to look yourself in the face when you shaved of a morning.

Why a woman such as your wife is even bothered with a man such as you are passed my comprehension. I should think she would sweep you out of the door with the other trash and say good riddance to bad rubbish. DOROTHY DIX.

Etiquette

By Roberta Lee

Q. When a married woman and a single woman meet on the street, who should bow first?

A. The married woman. Q. Is it proper for all men's cards to bear the prefix, "Mr."? A. Yes, even young boys. Q. Should one put bread and butter plates on the table at a formal dinner? A. No.

Is Sentenced To Five Years

(Special to the Guardian) TORONTO, Dec. 17.—Alexander Wands, Ruxton Road, taxi driver, was sentenced by Judge Widdifield in General Sessions to five years in Kingston Penitentiary for his part in the robbery of the Canadian Bank of Commerce at Clinton and College Streets on November 12.

Accused pleaded guilty to three counts including the armed robbery of Hubert Reid, Manager of the Bank, of \$8,804 property of the Bank and with conspiring with Leonard Esterbrook and other persons unknown to rob the Bank.

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Household Hints

By Roberta Lee

Sparrows Sparrows around the eaves and underneath the cornices of the house can be driven away if one will make a few cheese cloth bags, fill with mothballs and hang them near their haunts.

Eggs To prevent eggs from bursting with boiling, prick one end of each egg with a needle before placing them in water. This makes an outlet for air and keeps the shells from cracking.

House Plants Soiled leaves of house plants can be cleaned by applying equal parts of milk and warm water. Use a sponge and rub gently to prevent breaking the leaves.

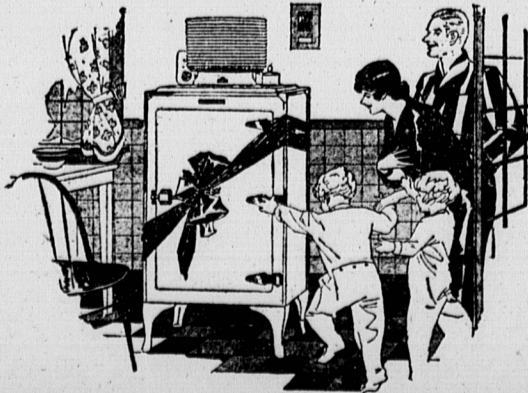
NEW INDUSTRY FOR AUSTRALIA

(British United Press) SYDNEY, New South Wales, Dec. 17.—Arrangements for the establishment of a factory in Sydney for the manufacture of electric and telephone equipment are being discussed by Sir William Noble, a director of the British General Electric Company Limited. His visit is largely the outcome of the enthusiastic advocacy by Sir Hugo Hirst, chairman of the company, who is one of the "Big Four" comprising the British economic Commission which recently investigated Australian industrial conditions for the Commonwealth Government.

"Sir Hugo Hirst," said Sir William, "has been advising business men in England to go out and see Australia for themselves, so that they can judge from personal observation rather than from the opinion of others, the extent of its commercial and industrial possibilities. That is really why I am here. The proposal of the company is to manufacture the smaller types of telephone and electrical plants until the further development of the enterprise is justified by the corresponding development of Australia."

Bournemouth, England plans to have a trackless trolley system. France now has more than 2,000 shoe factories.

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Watson's Lingerie—silken things as lovely to the eye as to the touch—soft, sheer miracles of practicality. Made of super-rayon and finished to the rich, shimmering lustre of highest quality silk. Negligees, pajamas, vests, pantees, slips. In all the latest rain-bow tints.

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