

Woman's Realm Social and Personal Fashions Literature

The Housewife And Her Activities

HOPE
Have hope. Though clouds environ now
And gladness hides her face in scorn.

YOUR CROSS

You have your cross, my friend. There is pain in the duty which you do.

FRIENDSHIP

Love and esteem are the first principles of friendship, which always is imperfect where either of these two is wanting.

A friendship which makes the least noise, is very often the most useful, for which reason I should prefer a prudent friend to a zealous one.

HOUSEHOLD HINTS

What a nuisance it is, when knitting a sleeve, to have to go back to the beginning and count the decrease every now and then.

Here is a way of darning any knitted garments quite invisibly. First of all, run the wool backwards and forwards across the hole as you would for ordinary darning.

spoon of celery salt is added to cracker crumbs in which oysters are rolled before frying, it will improve their flavor.

Tomato Jelly: Delicious tomato jelly can be made by heating the tomato juice and pouring over a lemon jelly powder.

Salad Dressing: How many of the papetes know that four cream and honey combined makes a delicious dressing for fruit salads?

GET AS MUCH LIGHT AS POSSIBLE INTO YOUR LIVING ROOMS

Every housewife should make a study of getting as much daylight as possible into her rooms, particularly the living rooms. It is a sound economic proposition.

The windows particularly if small, should not be partially obscured by heavy, light-impeding curtains. The curtain rail should extend several feet on each side of the window.

It is not our work that kills and lines the face with care. It is strain—the secret burdens that the spirit bears.

LEMONS VALUABLE AID TO HOUSEWIFE

The wise housewife always has lemons at hand. It is as difficult to prepare food healthily, tastily and attractively without lemons as without onions.

Store your lemons in a bowl of clear, cold water; this keeps them moist and prevents the evaporation of their valuable oil.

Lemon juice stimulates the appetite and acts on the intestine as a tonic and astringent and not, as is often imagined, as a laxative.

A few drops of lemon juice help to enhance the flavor and to improve the color of other fruits.

Lemon juice stimulates the appetite and acts on the intestine as a tonic and astringent and not, as is often imagined, as a laxative.

A crisp colorful cotton morning dress of youthful figure-moulding lines, zipper or buttons down-the-front... will set you in and out of it in a jiffy.

Style No. 3431 is designed for sizes 16, 18, 20 years, 34, 36, 38, 40, 42, 44, 46 and 48-inches bust. Size 36 requires 3-3/4 yards of 39-inch material.

Send fifteen cents (15c) in stamps or coin (coin preferred) wrap coin carefully, address to Charlottetown Guardian giving:—

Name
Street Address
City Province

the ADDED TOUCH with SOUP

Chef's the world over use Lea & Perrins to impart a delicious flavor and an inimitable piquancy to their Soups.



A Morning Smile

Housekeeper: Well, Mary, what do you think of the people in our house?

New Cook: They're a murdering lot to be sure! I jes heard the missus say they're going to hang the old master in the music room as soon as the boss comes home!

REVELATION

A rich man, wishing to donate clothing to the poor children of his home town, visited a school to find those in need.

He asked the children whose fathers worked six days a week to put up their hands. A few went up.

He continued—five days, four days, etc. At last he asked if anyone had a father who only worked one day a week, and one hand went up.

What is your name and address my boy? he asked.

Tommy Jones, The Manse," answered the child.

delicious and much more digestible when accompanied by lemon juice.

STRAIN

It is not our work that kills and lines the face with care. It is strain—the secret burdens that the spirit bears.

Human shoulders were not built to take so great a strain—though we may confide in friends, the unguessed things remain—upon the heart—and only God can lift the crushing thought—Only God can ease the soul frustrated and distraught.

"Come Unto Me," the Master said, "and I will give you Rest." Rest from the passion and the pain, the laughter and the jest—the beauty and the torment and the fever and the strife—the spiritual pressure of the stress and strain of life.—Patience Strong.

Home Service Wrong Training Ruins Dogs as Companions



"I'm so disappointed in Jiggs," his mistress complains. "He's not a bit friendly—and why won't he obey?" Here's why. She started training him too soon—long before the ideal age, ten months. He still was bewildered over what "Come!" meant when she switched to "Sit!" and "Carry!"

Name
Street Address
City Province

Dorothy Dix's Letter Box

This May Be the "Modern Age" But Men Are Still Old-Fashioned Enough to Demand Sobriety and Chastity in the Girls They Marry

Dear Dorothy Dix—I am a young man and I resent the attitude of the men who want one standard of morals for men and another for women; who want to run with wild girls and then marry a good girl.

Answer: Well, if to criticize a woman for getting drunk is unfair, let's hope and pray the world will go on being unfair, because there is no other spectacle that is at once so disgusting and so pitiable as that of an intoxicated woman, with bleary eyes, swollen features, disheveled hair and clothes, slobbering as she babbles maudlin incoherencies.

Technically speaking, of course, a woman has, as you say, as much right to get drunk as a man has, but a drunken woman is more repulsive than a drunken man, not only because we are less hardened to the sight, but also because drink does far worse things to women than it does to men.

The woman set sinks lower than the man set does. More than that, the future of the race is in the hands of the woman. They bear the children, they rear them, they form their characters and their ideals, and it would be a sad day for the world if that holy duty were turned over to drunken mothers.

Why you consider that the modern girl is being defrauded of her rights by not having the privilege of living a loose life, I do not know. There is nothing modern about vice. It is as ancient as time itself.

Undoubtedly men are unjust when they demand that a girl shall have a clean slate, no matter how blurred their own lives are, when they marry, but this has been a strong influence for good and has kept many a girl in the straight and narrow path when the urge to yield to temptation was strong within her.

Dear Miss Dix—I have been nursing a hangover for some time, so see if you can relieve these mental headaches: First, Why are men lousy lovers after they pass the forty-year line? Second, How many women would want Shakespeare, Plato, Aristotle, Nietzsche or any other famous great man as a husband? Third, How old was Eve when she ate the apple? Fourth, How can a woman wait for the one and only man to come along and marry her in the age of competition, Fifth, Don't all women look upon their second-rate husbands as practical jokes? Sixth, What makes a man a perfect husband, his looks or his income? Seventh, Why do the great philosophers remain more often bachelors? Eighth, Does a woman have to have a sense of showmanship or salesmanship to win a husband? Ninth, What is a successful wife and what are her primary traits? LARRY O. G.

Answer: First, Romance and fiery passion belong to youth, and if men slack down in their love-making after they are 40 it is because they are older and no longer so sentimental as they were. Besides, they have made love to too many women to get all thrilled and excited over a new one. However, don't forget that the great lover who threw away a throne for a woman was past 40.

Second, Jane Carlisle, who should have known what she was talking about, warned women against marrying genius. However, I think any woman would have taken a shot at happiness with any of the men you mention, because every woman likes to bask in the reflected glory of her husband.

Third, The Bible does not state Eve's age when she indulged in the apple-eating episode, but she was certainly old enough to know better.

Fourth, I this age of competition when husbands are scarce, the woman who sits down and waits for the one and only man to come along gets left. She has to get a search warrant and go out and look for him.

Fifth, Second-rate husbands are not jokes. They are a tragedy. Sixth, Neither good looks nor income make a man a perfect husband. Charisma and millions head the divorce list. Seventh, It is the married men who are philosophers who can take it, not the bachelors.

Eighth, A successful wife is the woman who keeps her husband so in love with her that he never finds out that she has got middle-aged and fat. And her primary traits are tact and being a good free-hand cook and incense burner.

Dear Miss Dix—What is a wife to do with a husband who has a wandering foot? I have one who is never satisfied with any job or any place. Ever since we have been married it has been nothing but hotels, tourist rooms and cheap boarding houses. It is making a nervous wreck of me. My husband is a wonderful worker, but he will give up a fine place just to move on. HOME-LOVER.

You can never make a man settle down when he likes to roam, so you will have to make up your mind to be a tramp, or else leave him and get yourself a permanent job and a home of your own.

Today's Short Wave Radio Program (AM Time to Eastern Standard)
THURSDAY, JANUARY 20
TOKYO
4:45 p.m.—Events in the News Discussed. JZJ, 25.4 m., 11.80 meg.; ZL, 31.4 m., 9.53 meg.
BERLIN
5:30 p.m.—Songs by Richard Strauss. DJD, 25.4 m., 11.77 meg.
LONDON
6:20 p.m.—The Count of Monte Cristo. GSC, 31.3 m., 9.38 meg.; GSB, 31.5 m., 9.31 meg.; GSI, 49.1 m., 6.11 meg.
NEWCASTLE
7:00 p.m.—News and Program for English Listeners. RAN, 31 m., 9.6 meg.
LONDON
7:20 p.m.—The Way of Peace. H.A. Smith, Professor of International Law in the University of London. GSC, 31.3 m., 9.38 meg.; GSB, 31.5 m., 9.31 meg.; GSI, 49.1 m., 6.11 meg.
BERLIN
7:30 p.m.—A Visit to Heidelberg (England). DJD, 25.4 m., 11.77 meg.
ROME
7:35 p.m.—Selections from Operas: John Pugliese: "Modern Italy." ZRC, 31.3 m., 9.38 meg.
EINDHOVEN, NETHERLANDS
8:00 p.m.—The Eastern and Southern States of the United States. FCJ, 31.2 m., 9.59 meg.
BOSTON
8:00 p.m.—Fundamentals of Economics. WIXAL, 49.6 m., 6.04 meg.
CARACAS
8:30 p.m.—The Waltz Hour; Concert Orchestra. YV5RC, 31.7 m., 9.38 meg.
LONDON
9:55 p.m.—"The Pig and Whistle," a rural episode. GSD, 2.5 m., 11.75 meg.; GSC, 31.3 m., 9.38 meg.; GSB, 31.5 m., 9.31 meg.; GSI, 49.1 m., 6.11 meg.
TOKYO
12:45 a.m.—Musical Program. JZJ, 25.4 m., 11.80 meg.
SYDNEY, AUSTRALIA
4:30 a.m. (Friday)—Chimes from G. P. O. Sydney VKZME, 21.28 m., 9.50 meg.



"It Certainly makes a difference"
I HARDLY EVER DRINK COFFEE
I JUST DON'T SEEM TO ENJOY IT—THE FLAVOUR SEEMS FLAT
BUT THIS LOOKS MARVELOUS—AND IT TASTES MARVELOUS, TOO! WHAT'S THE SECRET?
JUST A GOOD BRAND OF COFFEE—AND CARNATION MILK FOR CREAMING

CARNATION MILK saves you money when you use it for creaming coffee. BUT, the big advantage is that Carnation gives coffee a wonderfully smooth, satisfying flavour and a rich, tempting colour. Of course, Carnation works wonders when you use it for creaming cereals and fruits and in making cream sauces, cream soups, puddings and other dishes which call for milk or cream.

IRRADIATED Carnation Milk

THE COOK'S CORNER
meat, 6 apples, 1-3 cup brown sugar.
BAKED PORK CHOPS
(4 to 6 servings)
Six large loin pork chops (ask the butcher to cut them three to a pound), 6 slices of canned pineapple, 1 tablespoon lard, 1 cup pineapple juice, 1 teaspoon salt, 1-2 teaspoon pepper.
SAUSAGE WITH OYSTERS
(4 to 6 Servings)
Eight small link sausages, 1-4 onion, 1 cup medium sized oysters, 6 eggs, 1-2 teaspoon salt.
BAKED SAUSAGE CAKES
(4 to 6 servings)
One and one-half pound sausage

Carefree Comfortable Knitted Pullover by Mayfair



Mayfair Design No. 177
A warm and sturdy sweater, notable for its warmth without weight. It is smart too, and you will find that it knits very quickly. There are separate instructions and a separate pattern for each and every size including 8, 10, 12 and 14. The pattern includes a tissue pattern for blocking the garment after it is knit, easy-to-follow working instructions without abbreviations and an assembling chart.
For complete pattern and instructions for all of these designs, send 20 cents in stamps or coin (coin preferred) to The Charlottetown Guardian Needlework Department.
Use this coupon. Print your name and address plainly.
To The Charlottetown Guardian Needlework Dept.
DESIGN NO. 177
Name
Street Address
City Province

UGLY SKIN
Don't cover coarsened, reddened skin with cosmetics. Give it the gentle, effective medication it needs with wonderful CUTICURA SOAP AND OINTMENT

FASHION GUIDES FOR THE HOME DRESSMAKER



A crisp colorful cotton morning dress of youthful figure-moulding lines, zipper or buttons down-the-front... will set you in and out of it in a jiffy. It is a one-piece affair with shaped gored and a front panel to swing at the hem. It may have an up or down collar. The side-to-side belt (that by the way is very slimming) and the two patch pockets are optional... and an opportunity to make two different models. This attractive little cotton home dress is smart enough to take south or for cruise for mornings. Easy to sew! Easy to launder... for it opens out quite flat.