

# Woman's Realm / Social and Personal / Fashions / Literature

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## Dorothy Dix Says— Battling Parents

### Unhappy Marriages Have Bad Influence On Growing Children

A correspondent asks: "What is your opinion of the effect it would have on children growing up in a home where the father never speaks to the mother because he has fallen in love with another woman?"

Undoubtedly it is a very bad thing for children to be reared in a home where the atmosphere is poisoned by the disagreement of their father and mother, but how much they will be injured by it depends upon the wisdom and the strength of their mother.

There are women who know their husbands to be unfaithful to them, whose hearts are broken by the knowledge that their husbands have ceased to care for them and whose pride is humbled into the dust by the affronts that are offered them, yet who, for the sake of giving their children a good home that their father can supply them and the advantages of education and social position that he could give them and they could not, somehow manage to carry on and keep their homes bright and cheerful in spite of what they are personally suffering.

In such cases the mother hides from the children their father's sin and weakness. Sometimes she is even big enough to teach her children to respect their father and love him, for very often a bad husband is a good father. But it takes a woman with the spirit of a martyr and the courage of a hero to do this.



### HALF SACRIFICES BAD, TOO

Few women are big enough to make whole sacrifices. Most of them make half sacrifices. For the sake of their children they condone their husbands' infidelities to the extent of not leaving him and not breaking up their homes. Then they revenge themselves by indulging in never-ending quarrels with him and by bitter and jealous recrimination. Often a mother will even tell the children of the wrong their father has done her and make them fierce partisans of herself.

There can be no question of the harm that is done children who are brought up in a home where there is perpetual strife and wrangling between their parents, and where they are taught by precept and example to dishonor them both.

Such family scenes rear a child's very soul in its infancy. They burn up all belief in everything good and fine. Untimely knowledge of passions for one too young to understand make it cynical and hard. Listening to the mother's charges against the father and the father's accusations against the mother slays all respect for both, and home comes to be a place of torment and discord from which it escapes as soon as it possibly can.

The effect of these unhappy homes upon the children is written in the police records of our cities. Statistics show that from them come the great majority of the boys and girls who go astray.

### CLEAN UTENSILS

One of the best ways to keep milk utensils clean is to rinse them with cold water immediately after using them. Then wash them, not with soap but with a substance manufactured especially for washing milk utensils. Many of these are on the market. Rinse all utensils in very hot water after washing and then put them on racks to dry. Just prior to using the strainers, milk pails, and cans, rinse them with a solution of chlorine water. When this is practiced bacteria in the utensils are kept completely under control.

Never use a dish rag for washing milk utensils, for it carries too many bacteria. Get a brush or brushes made for washing them.

## That Body Of Yours

By James W. Barton, M. D.

### PREVENTING DECAY OF TEETH BY SODIUM FLUORIDE

When we read the report of one group of research workers showing that the use of fluorides in drinking water or applied directly to the teeth prevents decay of teeth to a slight extent only, and then read the report of another group of dental research workers showing that fluorides applied directly to the teeth prevent decay by not less than 40 per cent, we wonder which group is right. The truth is that in the first group the percentage of fluorine was too low and the number of applications was insufficient.

In the "Public Health Reports," Drs. Donald J. Galagan and Joan W. Knutson present a study of the amount of tooth decay found in six groups of children in Miami County, Ohio. Three groups received two, four, and six different applications to the teeth of a 2 per cent solution of sodium fluoride while the other three groups received four, and six applications of a 0.36 per cent lead fluoride.

Half of the children in each group were treated on the right side of the mouth, and the other half on the left side. The teeth that were not treated served as controls—that is, were used in comparison with the treated teeth. Before the fluoride treatment was given, an examination was made and the applications were given at the rate of two a week.

After waiting a year, an examination was made to find out the effect of the fluoride applications in preventing decay of teeth.

It was found that four applications of a 2 per cent solution of sodium fluoride is the least amount required to give best results in preventing tooth decay. Two applications of sodium fluoride resulted in about 22 per cent less early decay in treated teeth than in untreated teeth; four treatments reduced early decay in treated teeth by about 41 per cent.

No reduction in tooth decay was shown with two, four and six applications of a saturated lead fluoride solution.

The results of the above experiments are the same as those obtained by other research workers. Applications of a 2 per cent sodium fluoride solution give best results in preventing tooth decay.

### CHRONIC RHEUMATISM AND ARTHRITIS

Sufferers with chronic rheumatism and arthritis will find many helpful suggestions as to diet, heat, massage, and other aids in Dr. Barton's booklet entitled "Chronic Rheumatism and Arthritis." To obtain it, just send 10 cents and a 3-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy.



## KING COLE TEA

### Household Scrapbook

By Roberta Lee

#### When Defrosting

Often the tray under the freezing compartment of the refrigerator is not wide enough to catch the chunks of ice while defrosting. Try spreading a newspaper across this tray so that the paper extends a couple of inches beyond each edge of the tray. Or, remove the regular tray and put in a slightly larger kitchen tray or pan during the defrosting process.

#### Brush Bristles

If the nail brush bristles have become too soft, soak the bristles for several hours in a strong solution of salt water and the stiffness will be restored.

#### Cookies

Do not put all the cookies, of various kinds, in the same jar, or one flavor will completely destroy another.

### How Can I!!!

By Anne Ashley

Q. How can I remove a splinter from the finger?

A. Fill a bottle with hot water, pour out the water, then press the open neck of the bottle tightly over the splinter, holding it there for a minute or two. It will draw the splinter to the surface where it can be readily removed.

Q. How can I clean a sponge?

A. Place the sponge in milk, allow it to remain for at least 12 hours, then rinse in cold water.

Q. How can I prevent marshmallows from sticking to the knife?

A. By spreading a little butter along the blade of the knife.

### Modern Etiquette

By Roberta Lee

Q. If in a restaurant with guests, how can the host who thinks he has been considerably overcharged on the bill presented, adjust the matter without embarrassment to his guests or himself?

A. He can quietly excuse himself and consult the headwaiter.

Q. When a young man escorts a woman home, should he ask for the key and unlock the door, or should she do this after he has left?

A. It is courteous for the man to unlock the door and to see that the woman is safely inside the house before he departs.

Q. Would it be appropriate to have a buffet luncheon following an afternoon wedding?

A. Yes, allowing the guests to serve themselves.

## Don't Make This Mistake When Child Is Constipated

Don't upset a child already upset by constipation with anti-tartaric laxatives or harsh, gripping cathartics. Give Children's Own Tablets. This new corrective made especially for growing youngsters' needs is so pleasant to take—acts so gently and normally without disagreeable reactions that even the fussiest child won't object to their use. Make laxative-taking time easy on the child and yourself. Mother! Get Children's Own Tablets today at your drugist. 25¢.

### The Stars Say--

By Genevieve Kemble

For Friday, May 28

IN spite of several static, congested and disturbed conditions, there should be definite progress made in putting important and long-range propositions over, with lasting and very substantial returns. This by concerted marshalling of varied forces and talents, with ingenuity, application and hard work, supported by clever strategies, in which intuition or "hunches" may play more than a minor role. Well-organized plans shrewdly executed, with the long-view should reach solid ground.

### For the Birthday

Those whose birthday it is are encouraged to plan carefully, with far-range vision and solidarity in sight. A policy of clever strategy and perhaps secret plans, put over with determination, concentrated efforts, and practical techniques could attain enduring and lasting security. Working to this end, for substantial futures and possessions, perhaps heading shrewd "hunches" or intuitive leads might have power to remove obstacles and plant genuine creative foundations. But submit emotions or urges to logic and common sense, for best results.

A child born on this day although possessing shrewd and clever emotional leads or impressions, also has good judgment and application to back up its ideals.

### Morning Smile

BOTH

Outside a Nonconformist chapel there appeared the following notice:

"The Rev. Elias Jones, M. A., will preach on the text, 'Thou shalt not steal.' Anthem: 'Steal Away.'"

### SPELLBOUND

Old Mrs. Miggles managed to get along in the world in spite of her educational deficiencies. One day she was called upon by a lawyer to sign an important document.

"You sign it yourself, sir, an' I'll make me mark," said Mrs. Miggles. "Since me eyes gave out I'm not able to write a wurd."

"How do you spell it?" asked the lawyer, his pen poised above the document.

"Spell it whatever way ye please," said Mrs. Miggles. "Since I lost me teeth, there's not a wurd I can spell."

### Ellen's Diary

By an Island Farmer's Wife

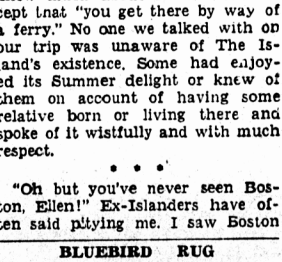
After a sleep which was really a slumber, and most refreshing and a breakfast taken with hearty appetite we continued our journey about mid-morning. So many things I note in memory to recount to James on my return home. I shall tell him and "ours" about odd pasturing herds we saw and lone Jerseys on tether; of flocks of sheep nibbling the green between border-dotted pastures; of the horses we saw since we left the Island. These we can count on our fingers. I shall tell also that the meal of fruit, toast and coffee, bacon and eggs was prepared and served deftly by masculine hands, and how even before this we might have had our coffee served to us before rising! Our road this morning followed through a lovely part of Maine, where villages almost heid hands and indeed often merged into towns and cities. The now familiar mist and dampness which has attended our trip was with us at starting though it changed to fitful sunshine as the day wore on.

We presently left Maine behind us, a State we shall remember for many pleasant incidents and enjoyed New Hampshire. Though conscious of it, one could scarcely point out the change. Here we caught sight of odd farms with signs at gateways to indicate specialized farming: "eggs for sale" or "roasting fowl"; "cream and milk" or others of the familiar wares. One glimpsed iris in bloom and lilacs, the white and the purple though not yet in full blossom. As before, homes and lawns were well-kept and now we fancied other colors neighbored the white of the Maine houses.

Everywhere folks have been most helpful and nice. I recall now the genial policeman who noting our number plates when we asked a direction said with an accent like Pat's: "Shure an' is it from Prince Edward Island you are—an' isn't that quare now? for wasn't my own mother from there—a Trainor. Would you be knowin' any by that name?" I nodded recalling the truck that had come to the yard to bear away our potatoes, and the name Jamie and I had spelt out—and the lad with the engaging smile. "I've never been down there myself" he continued but added with a nice twinkle "but I'm comin'." Another directing traffic at a busy intersection called: "Add how's potatoes?" saluting us nicely as we moved slowly and carefully in the traffic. And a third one said merrily "Ain't that a coincidence now! The wife's mother's from there! One official we met had 'sweets pie' from there but 'didn't know much about it' himself except that 'you get there by way of a ferry.' No one we talked with on our trip was unaware of The Island's existence. Some had enjoyed their summer delight or knew of them on account of having some relative born or living there and spoke of it wistfully and with much respect.

"Oh but you've never seen Boston, Ellen!" Ex-Islanders have often said playing me. I saw Boston

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### Better English

D. C. Williams

1. What is wrong with this sentence "We accepted of their hospitality?"

2. What is the correct pronunciation of "obscenity"?

3. Which one of these words is misspelled? Picnicker, picturesque, picolo.

4. What does the word "erudite" mean?

5. What is a word beginning with su that means "an omen"?

### ANSWERS

1. Omit of. 2. Pronounce ob-sen-i-ti, o as in on, e as in end (not as in seen), accent on second syllable. 3. Picolo. 4. Learned; scholarly. (Pronounce er-oh-dit, e as in set, oo as in foot, i as in ice, accent on first syllable). "Erudite" people are not always interesting." 5. Augury.

### MATRIMONIAL CAKE

1 1/2 cups flour  
1 teaspoon soda  
1/4 teaspoon salt  
1 1/4 cups rolled oats  
1/2 cup bran  
1 cup butter sugar  
1/2 cup butter or shortening

METHOD: Sift the flour, soda and salt together. Then mix with the rolled oats, the bran and the sugar. Add the butter and cut this in until the mixture is in fine crumbs. If you use shortening, grease the salt in the recipe by 1/4 teaspoon. The finished product tastes just the same then as if butter were used. Just don't tell anybody and they'll never know the difference.

Place about three quarters or more of the crumb mixture in the bottom of a greased square pan. Cover with date filling and scatter the remaining crumbs over the top of the filling.

Bake in a moderate oven (375 deg. F.) for about 30 minutes, or until the top crumbs are delicately browned. Cut in squares when cold.

### Filling

1/4 to 1 lb. dates  
1/2 cup raisins  
1 1/2 cups cold water

METHOD: The filling will be quite thick enough for most tastes if only half a pound of dates is used, but if you would like it to be quite thick, then use the whole pound of dates.

Remove any stones from the dates and place in a saucepan with the raisins and water. Cook until the water is nearly all absorbed and the mixture is the consistency of a paste. Strain the mixture often as it thickens, to prevent its sticking or scorching. This may be spread over the bottom layer of crumbs while it is still hot.

### Cook's Corner

MATRIMONIAL CAKE

1 1/2 cups flour  
1 teaspoon soda  
1/4 teaspoon salt  
1 1/4 cups rolled oats  
1/2 cup bran  
1 cup butter sugar  
1/2 cup butter or shortening

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