

FEELING POORLY—
RUN DOWN.

When our appetite lags, when we want to be unnaturally quiet, when the body responds slowly and rather painfully to the demands upon it, we say we are "run down."

We're all of that and more. Our reserve force is at a low ebb; we're at the dividing line between health and the first ailment that happens along. The system is just in a condition then to take on sickness. It's altogether too common a condition, but it need never last long; it can often be avoided altogether.

Is it a simple matter? Very. Within the means of everybody? Yes. Easily understood? By everyone of ordinary intelligence. What should be done? What common sense advises for the most part. Rest? Yes; more than under ordinary conditions—much more, all that is possible without giving in to the attack. Air? Plenty; get out into the sunshine; walk; think of something cheerful; keep out of the night air; avoid dampness. And as to food? Your good sense ought to direct you. Whatever will be likely to give real strength. Much depends on proper nourishment, some authorities say all.

And whatever your diet, combine with it Scott's Emulsion; nothing will cause the tired body to respond more quickly. There is in Scott's Emulsion a peculiar element of nourishment that acts directly on exhausted forces, repairs waste and restores worn-out energy. Scott's Emulsion works quickly and without effort, yet one very soon feels the effects of the new force it brings. There is nothing better for the "run down" system.

These claims are not made off-hand. We know from nearly thirty years' contact with such cases that Scott's Emulsion will do just what we say it will do. We will be glad to send you a sample free so that you can judge for yourself.

SCOTT & BOWNE,
55 Front St., W., Toronto.

WHY PAY

25 and 45c. a bottle for Sheep Dip when you can buy a bottle of Ellis' Sheep Dip for
Pint bottle 15c.
Quart bottle 30c.

We guarantee Ellis' D

H. A. ELLIS,

The Bargain Druggist
3 stores, Ch'town,
Montague, Murray
River.

PHOTOS!



Now is a good time to have your photo taken
GAUVIN, GENTZEL & Co.
Guardian Office Building.

THE GUARDIAN

An Independent Journal, untrammelled and fearless; aiming to be Just, Impartial, Reliable, Newsy, seeking at all times to further the best interests of the people, and recognized therefore as The People's Paper

Published at its offices, New Prowse Block, North side Post office, at the following rates, payable in advance:
Morning Edition, daily (except Sunday), one month 25c. per yr. \$3.00
Weekly Edition (Wednesday) per year in advance \$1.00

THE MORNING GUARDIAN

SATURDAY, MARCH 14, 1903.

A TEMPERANCE MAP.

The Pioneer, a temperance journal published in Toronto recently printed a map of the Maritime Provinces showing in black the Counties where the liquor traffic is licensed and in white the Counties in which the traffic is de-legalized. The map is quite a striking one. Prince Edward Island is shown entirely white. Nova Scotia is also all white excepting the two Counties of Halifax and Richmond. In New Brunswick there are five Counties showing black and nine white. The license Counties are St. John, Kent, Gloucester, Restigouche and Victoria. There are situated on the southern, eastern and north-eastern borders of the Province, while the central and western portions across to the Maine boundary are under the Scott Act.

The white Counties in New Brunswick are all under the Scott Act as are the three counties of Prince Edward Island. In Nova Scotia they have the Scott Act also in several counties, while in other counties the issue of licenses is prevented by a provision that requires an application for a license to have the endorsement of two thirds of the ratepayers in the locality in which it is to operate. Thus of thirty-six counties in the Maritime Provinces there are only seven in which it is lawful to sell intoxicating liquors. And there seems to be no doubt that temperance sentiment is still growing in the eastern and most temperate division of Canada. It ought also to be observed that outside of the two metropolitan counties of Halifax and St. John where the liquor interest is strongly entrenched in the cities, the remaining counties in which licenses are granted all have a large French-speaking population which is less advanced in temperance sentiment than the English sections of the country.

THE WINTER STEAMERS

It is a remarkable fact little creditable to the Dominion Government that the effort now being made to release the winter steamers is the result of private enter-

LIFE GUARDS.

The Life Guards are two regiments of cavalry forming part of the British household troops. They are gallant soldiers, and every loyal British heart is proud of them. Not only the King's household, but yours, ours, everybody's should have its life guards. The need of them is especially great when the greatest foes of life, disease, find allies in the very elements, as cold, influenza, catarrh, the grip and pneumonia do in the stormy month of March. The best way that we know of to guard against these diseases is to strengthen the system with Hood's Sarsaparilla—the greatest of all life guards. It removes the conditions in which these diseases make their most successful attack, gives vigor and tone to all the vital organs and functions, and imparts a genial warmth to the blood. Remember the weaker the system the greater the exposure to disease. Hood's Sarsaparilla makes the system strong.

How is Your Appetite?

Try Our

British Quinine Wine

An invigorating tonic, made from Howard's Quinine and Sound Sherry with Aromatics.
Sold at 75c per bottle, equal to any dollar preparation of its kind on the market.

Prepared by

A. W. Reddin, Phm. B.

The Square Druggist.

Sunnyside.

prise. Weary of telegraphing to Ottawa to try and wake up a sleepy department, our citizens have entered upon the task of saving Government property and trying to put in operation again a Government steam service that had become paralyzed. No doubt the conditions are unusual but a very capable Government usually grapples successfully with an emergency. In this case the capacity of the Marine Department has not been particularly in evidence.

And it may be that the well-intended efforts of the Board of Trade to replace the propeller blades of the Minto while she is fast in the ice will fail. The task is as at best an exceedingly difficult one, and the steamers may be released before the propeller is repaired by the Stanley lending her aid to the Minto. None the less and whether it succeeds or fails, the employment of a diver and the effort to repair the Minto's propeller is evidently the right thing to do, because it has at least some prospect of success. It is infinitely better than the do-nothing and drift policy of the Department. It affords better chances than the employment of the sealing steamer. When once the very small driving power of the Newfoundland became known to the public the general impression was that that experiment could only end in failure. The Department knew or ought to have known before employing her, how little power the Newfoundland was possessed of.

Doubtless Captains Finlayson and Brown have exercised and are still exercising their best efforts to free their steamers from the ice. At the present moment it seems not improbable that these efforts, together with the possible aid of wind and tide and warmer weather may liberate the Stanley before the repairs to the Minto, now so energetically undertaken, can be effected.

The first article of the treaty between Great Britain and the United States with regard to the Alaskan boundary is as follows:

A tribunal shall be immediately appointed to consider and decide the questions set forth in Article IV. of this convention. The tribunal shall consist of six impartial jurists of repute who shall consider judicially the questions submitted to them, each of whom shall first subscribe an oath that he will impartially consider the arguments and evidence presented to the tribunal and will decide thereupon according to his true judgment. Three members of the tribunal shall be appointed by the President of the United States and three by His Britannic Majesty. All questions considered by the tribunal including the final award, shall be decided by a majority of all the members thereof.

Six impartial jurists of repute, sworn to impartially consider the arguments and evidence submitted to them ought to be able to render a majority award on at least the more important points at issue, and a majority is sufficient to render a binding award.

We regret to announce the death of Principal Oxenham of P. E. I. Commercial College. The deceased had been ill but a few days of pneumonia and last evening passed away. He was favorably known for many years in early life as a school teacher, later as official reporter of the Legislature, and during several years past as Principal of the well-known Commercial College which he conducted with good success. The deceased was highly esteemed by the many to whom he was known. General and hearty sympathy will be felt for his widow, thus suddenly bereaved.

Our readers will learn with regret of the death of Norman McLeod of the firm of J. D. McLeod & Co which took place at his residence, St. Peter's Road last evening. The deceased gentleman was for many years engaged in mercantile business at Orwell, and some eight or ten years ago purchased an interest in the firm above mentioned of which he became the managing partner. He was universally respected for his honesty and uprightness in all the relations of life. The Guardian tenders respectful sympathy to the family of the deceased, one of whom Mr. McLeod is now on his way to this city from Lacombe, Alberta, and is expected to reach here within the next day or two.

THEY TAKE WEEKS.

Ordinary remedies sometimes take weeks to even relieve cases that Catarrhons cures at once.
Inhale Catarrhons five minutes now and again and it cures a cold.
Inhale Catarrhons five minutes four times a day and it cures stubborn coughs.
Inhale Catarrhons five minutes every hour and we guarantee it will cure any case of Catarrh, Bronchitis, Asthma, Lung or Throat Trouble, Deafness. It is very pleasant and convenient to use, quick to relieve, and certain as the hereafter to cure. Large size, complete, price \$1.00; small size, 50c. Druggists, or Polson & Co., Kingston, Ont.

DR. HAMILTON'S PILLS CURE HEADACHE

Today's Probabilities,

TORONTO, March 13—(Special)—Light to moderate winds, fair and mild.

ANNOUNCEMENTS.

—The Loyal Crusaders meet every Monday at half-past six.

—Regular meeting of Victoria Division No. 4 S. of T. on Monday.

To cure a headache in ten minutes use Kumfort Headache Powders.

—Fought a ballgame or "The Wearing of the Green" at the Opera House, St. Patrick's Night.

—The annual concert given by the Prince of Wales College will take place on Tuesday April 7.

—Rev. A. F. Browne will preach in Hertz's Hall next Monday night, March 16th, at 7.30 o'clock.

WANTED—A case of headache that KUMFORT Powders will not cure from ten to twenty minutes.

—A good smart boy who wishes to do light office work and learn a trade should apply at this office at once. 12c.

Coughs, colds, hoarseness, and other throat ailments are quickly relieved by Cresolene tablets, ten cents per box. All druggists.

—There will be a public Gospel Meeting in Great George Street Church, open to all, on Sunday, at a quarter to four. Lesson, Luke 18-17, Humility.

—The ice is in perfect condition on the Hillsborough River, and on Tuesday next races will take place. Among the competing horses are Leewood and Montrose.

—A SPECIAL important meeting of the Ladies' Auxilliary of the Y. M. C. A. will be held in the Association parlor this afternoon at 4.30 o'clock. A full attendance is urgently requested.

—A basket social and entertainment in aid of repairs to Presbyterian church, will be held in Harrington Hall Monday evening, 16th inst., or first fine night following. Admission 10 cents. Ladies with baskets free. 11 w 11 d 14 p

—I wish to thank the farmers for the liberal patronage they have given me. I sold 83 qts. of beef this week. As the farmers know this great loss is caused by orders given to the S. S. Minto not to take freight.—E. Wheatley. 11 d 1 w & w 1

—The Study Class will meet at the home of Mrs. Barlett this afternoon at 3.30 o'clock. The poets of Canada will be taken up and several short papers read. Drummond, Bliss Carman, Pauline Johnson, Lampman and Spencer are among the number to be discussed. At the close the class will vote on the most popular poet and poetess in Canada.

EASTER Monday's concert for the benefit of the Charlottetown Hospital will be the finest orchestral musical efforts ever given in this city. Mr. Vianicombe is very energetic and hopes to have as many as thirty instrumentalists on the stage. The grand overture of Tancrède, also a beautiful selection of Faust by Gounod, besides three numbers of bright lively musical compositions will be interspersed through the program. 12 d 1 w.

—The question of Gambling is a vital one and one in which all young men are interested. This will be the subject of an address in the Y. M. C. A. on Sunday afternoon at 3.45 o'clock by the Rev. G. M. Young who has made a special study of this subject and who may be expected to speak in a manner that will interest all who attend. This is one of the addresses being given on the Destructive Forces in the Making of Manhood. All men are cordially invited. The average attendance at the first three meetings of this course was 215.

AT HIS OLD SPEED.

Durham Brown Nailed Barrels after Dodd's Kidney Pills had cured His Rheumatism.

VERNON, Ont., March 9.—(Special.) These are the days when Lame Back and Rheumatism are almost epidemic, and when the story of Durham Brown of this town is the best news that can be carried to the afflicted.

"I was troubled with Lame Back," says Mr. Brown, "and had Rheumatism in my right leg and hip so that I suffered agonizing pains while at work. I worked at cheese box making. After taking one box of Dodd's Kidney Pills I found an improvement, and by the time I had finished six boxes my Lame Back and Rheumatism were gone and I was working at my old speed, driving 500 and one one-quarter inch nails in 18 minutes. 'Dodd's Kidney Pills are all and more than is claimed for them.'"

NEW WIRELESS COMPANY.

TORONTO, March 9.—The de Forest Wireless Telegraph Company, of Canada, has been incorporated; capital \$2,500,000. The incorporators are Alex. Mackenzie, E. G. Loud, C. V. Bennett, G. H. Templeton and J. W. Ross, all of Toronto.

BRITISH MOVE AGAINST MULLAH.

LONDON, March 9.—An official telegram from Aien reports that successful execution of a forward move in the campaign against the Mad Mullah.

NEW OGILVIE MILL.

FORT WILLIAM, N. W. T., March 9.—In about two weeks' time the Ogilvie Flour Mills Company will call for tenders for the erection of a flour mill and elevator here.

FOR SALE

The splendid clipper schooner MALABAR 28 tons register, now laying at Summerside, being too small for our requirements we will sell by private sale. JOSEPH READ & CO.

"77" FOR GRIP

"77" PREVENTS PNEUMONIA

At Druggists, 25 cents, or mailed, Humphreys' Med. Co. Cor. William & John Streets, New York.

TO SUPPLY FARM LABORERS.

KINGSTON, Ont., March 9.—There is an agitation being made here for the restoration of an immigrant agent, to supply farmers with help coming from the Old Country. There used to be such an official here and he was of great service to the farmers of the district.

Your Money Refunded.

If Yasal Zutoo Tablets (Japanese Headache Cure) fail to relieve Neuralgia or Headache in 20 minutes. They are a strictly vegetable compound. Price 25 cents.

New Goods By the Capes Route

Jet Ornaments,
Braid Ornaments,
All Over Sequins,
Applique Medallions,
Fancy Striped Challies for Waists,
Striped Voile in Reseda Green and Coffee Color,
Plain Batiste in White and Ecru,
Black and White Silk Applique.
These goods came by the Capes and are the very latest. On display in the Dress Goods Department.

F. Perkins & Co.,

THE MILLINERY LEADERS,
SUNNYSIDE.

DON'T WAIT

Come in and order that Suit or Overcoat today. We have a very attractive stock to select from and will make you a Suit that will fit well, look well, wear well.

JOHN McLEOD & Co.

THE HEADLIGHT MATCH

The Quickest,
The Brightest,
The Most Popular

Made by the great Canadian match makes,

The E. B. Eddy Co.

5 cents per box - - - - - 3 boxes 12 cents

Schofield Bros.

P. O. BOX 331

Selling Agents, St. John.