

**OXO**  
Cubes  
In dainty tin—  
Each Cube enclosed in a  
dustproof wrapper—everyone  
a meal—simply add hot water  
Splendid to work on—good  
for the digestion—a tonic to  
the whole system.  
A Cube to a Cup

**Practical  
Fashion Hints**  
By Alice Gibson



The yoke is a favored feature of both tailored and dressy blouses this season. This design (7823) may be made with or without the yoke. As illustrated the yoke is used and the waist is made of a flowered cotton crepe. This is one of the most practical materials for the business blouse as it launders well and requires no ironing. The softer silks, crepe de Chine, Habutai or pongee are also good blouse materials for the same reason.

In applying the yoke I have found it simpler to turn in the seam allowance, baste down and press flat before attaching to the waist. It is sure to be even if this is done. It is easier to use the French seam for soft materials; for heavy or wool fabrics the same may be bound with seam binding, or narrow bias strips of the material. There is a tuck on each shoulder in front to allow sufficient fullness to the waist, a full length sleeve with a deep cuff and a softly rolled collar. This design may be made in size 36 with 2 yards of 36 inch material. The pattern is cut in 5 sizes; 34 to 42.

**This Is a Perfect Pattern.**  
Be sure to state right size, passing the tape over the fullest part of the bust for dimensions.  
It may be obtained by filling out the coupon and enclosing 15 cents in stamps or coin to the Pattern Department of this paper.

**COUPON**  
Name .....  
Street and No. ....  
City and State .....  
Pattern No. ....  
Size .....

**IRON WORKS ARE DESTROYED BY FIRE**  
(Canadian Press)  
NEW YORK, Jan. 21.—With a loss of half a million the Whale Creek Iron Works at Green Point, Brook In, were destroyed by fire today.

**DAILY SELECTIONS FOR  
GUARDIAN READERS**  
Furnished by W.S. Louson

**FACE IT**  
Some people fancy that to Dodge a task or duty is about the easiest possible thing to do. The truth is, however, it is always easier to walk right up to your task or duty and Face It.

The most difficult thing in the World is to dig up an excuse or reason for Dodging what you should Face.  
It is unfortunate that the most costly lessons are many times learned late in life. The greatest reason for this is our timidity and cowardice in Facing every problem just as soon as it Faces us. Many a man has evaded a problem in his youth that he could have easily solved at that time and then gone on, but which he refused to grapple with until compelled to Face It, under cover of the bitterest pangs of sorrow and remorse.

It takes greater courage to Decide to do a thing than it does to Do the thing.  
Have you a particularly difficult piece of work to do today? Face It. Have you an Enemy? Face him—and make him your Friend. You feel yourself capable of more important work than you are now doing? Face the new Work, and decide your Mastery over it. Whatever your problem, Face It—with Fortitude and without Fear, and with the Calmness that comes to a man when he decides to go ahead according to a thing is worth working out, Face his Conscience.  
Sideshow—Dodge, from nothing, it is and Finish it.

**ANNUAL REPORT OF  
BANK OF NOVA SCOTIA**

The eighty-second Annual Report of the Bank of Nova Scotia which appears in this issue is one of those which the Shareholders of that venerable institution might be justly proud of. The Bank closes its books on the 31st of December and shows for the year, after losses by Bad Debts, a net profit of \$1,210,774.89. These profits are distributed as follows:

Dividends for year at 14 per cent.....	\$14,504.60
Contribution to Officer's Pension Fund.....	50,000.00
Written off Bank Premises.....	150,000.00
Transferred to Reserve Fund.....	110,000.00
Balance carried forward.....	41,124.27
The Paid-up Capital has been increased during the year by the issue of new stock and by the Capital Stock of the Bank of New Brunswick from \$4,734,399 to \$6,000,000. The Reserve Fund, with the addition of the Reserve of the Bank of New Brunswick \$1,790,000. Premium on received new stock \$371,554, and an appropriation from Profit and Loss of \$110,000, now totals \$11,000,000. Deposits and other liabilities to the public amount to \$62,656,436.27 and 62 per cent. of this amount is held in readily available assets. The quick assets total \$29,073,108.35 of which \$13,326,312 is in cash and Bank balances, and the total assets of all kinds amount to \$80,151,829.99.	

Changes in the form of this year's statement made necessary by the recent revision of the Bank Act make comparison between some of its details with those of last year impracticable, but enough is shown above to indicate that the Bank of Nova Scotia has during 1913 not only maintained but strengthened its position; besides acquiring a goodly percentage of new business.  
The Auditor's Report is appended as usual. The Bank of Nova Scotia anticipated by six years the real action of the Government and was the first Canadian Bank to submit its books and Annual Statements to outside audit.

**THE CENTRAL GUARDIAN**

**IT PAYS to buy in this Province**  
**HALF MAST.**—The flag on the Post Office was flying at half mast Wednesday morning in honor of Lord Strathcona who passed away during the night.

**PHOTOGRAPHED.**—The Evening Province and Standard of Regina, Sask., in paying a tribute to the memory of the late beloved Hon. David Laird, reproduce with it a fine photograph of the deceased.

**THE CAPES SERVICE.**—The ice boat service at Cape Traverse is now in readiness for emergencies. It is hoped that should there be any delay on the part of the steamer service from Pieton that the Coast Office officials will not be slow to avail themselves of this temporary expedient.

**FOXES.**—For sale two silver black females from the Peace River district; also two pairs of Cross foxes from the same quarter. On account of the season being so late these foxes will be sold at a reasonable figure. Canada Fox Exchange & Investment Co., Ltd., 4044.

**RETURNED HOME.**—Mrs. H. H. Shaeffer of Moncton, who was called to Charlottetown by the serious illness of her sister Mrs. Coffin is remaining here for a short visit. Mrs. Coffin, who was receiving attention at the P. E. Hospital during her illness returned to her home Saturday having improved considerably from the operation she underwent.

**INSTITUTE MEETING.**—The most successful meeting yet of the Alexandra Women's Institute, was held at Mrs. (Dr.) Matheson's, Harrington, on Jan. 21st at 2 p. m. After a lively discussion on the different ways of making biscuit a very interesting program was rendered by the members present and arrangements made for future meetings. A dainty lunch which added much to the sociability of the meeting was served in Mrs. Matheson's best style. After the singing of the Island Hymn, the meeting adjourned to meet at Mrs. Wm. Nunn's Win-loc Road, on January 28th at 7 p. m. Subject Making of Home made Candy.

**FOX ESCAPES.**—Between eight and nine o'clock Wednesday morning great excitement was created in the West end by the appearance of what is supposed to have been a red fox. The animal scampered across the Government Pond and in the direction of the Government woods with a number of school boys after it. Two or three men joined in the chase, but the little animal they were after was too far in advance for them to ascertain whether it was a fox or a red colored dog. It reached the woods and was soon lost to sight. The chase was given up.

**FOX PROTECTION.**—Foxes receive considerable attention in the annual report of Mr. Hector Charron superintendent of fisheries and game for Quebec, which has now been published. In the report he comments on the amendment to the game laws forbidding the hunting of yellow foxes between April and November 1 of each year, because before the yellow fox was protected hunters ignored the laws protecting black and silver foxes and always told the game wardens that they were hunting yellow or red foxes. In connection with this, Mr. Charron says: "Some provinces, such as Prince Edward Island and New Brunswick, are making great efforts to get as many foxes as possible from this province, and it is therefore our duty not to let the foxes be taken from us such as the black whose value amounts to from \$5,000 to 10,000 a pair. In my opinion every person wishing to have foxes transported in the province or to export them should be bound to obtain a license with tags from the department."

**AGED CITIZEN DEAD.**—The death occurred at Hermitage on January 19th of John Dodd at the age of 81 years. Mr. Dodd was a native of Dublin, Ireland, and came to this country when quite young. He lived for a number of years at Cherry Valley but in more recent years he spent much of his time with his sister, Mrs. Lane of Hermitage, where his death took place after a brief illness. He was unmarried. His funeral was held on Monday 19th and was conducted by Rev. E. S. Weeks of Pownal. Interment was at Pownal cemetery.

**SERIOUS DELAY.**—What is worth possessing is well worth striving for, and this was abundantly proven in the case of Mr. Nicholas Garland, Scotchfort on Saturday, Jan. 10th. On that day he was on his way to Kinkora to be the participant in a very pleasing event, but to his horror he arrived in Charlottetown some minutes late for the western train. The storm was on and he could not drive, so he must needs wait patiently till Monday. Although the delay had disappointed caused much perturbation of feelings, yet it all ended happily and Mr. and Mrs. Garland have many sincerest congratulations.

**REPORT PUBLISHED.**—Thirty seventh annual report of the Women's Foreign and Home Missionary Society, of the Presbyterian Church in Canada, Eastern Section, has been recently published for distribution among the members of the several auxiliaries throughout the bounds of the Synod of the Maritime Provinces. It is a valuable compendium of the work of the Society for the year 1912-13. It contains the minutes of the annual meeting held in Zion Church, Charlottetown, P. E. I., in September last, together with reports in full as submitted by the president, the board of management, corresponding secretary of foreign, home and young people's work, and the secretaries of the several presbyteries. This is followed by a tabulated statistical report of all auxiliaries and mission bands, and a detailed report by the treasurer.

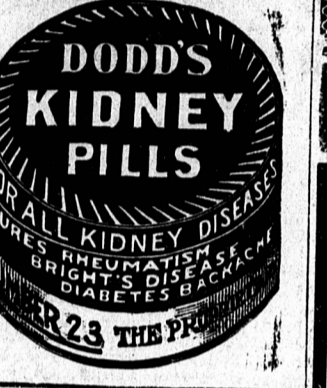
**SERIOUS LOSS.**—Late in the week Mr. B. I. Rayner, Alberton, the well known fox man, who has just added to his many other companies a new concern with a heavy capitalization, had the misfortune to lose one of his most valuable animals. The weather with its accompanying snow was responsible for this. Mr. Fox made his escape with the aid of a birch tree bowed down by snow and winter's stormy blast. According to local reports, Mr. Fox was not sufficiently enamoured with his life's partner. The other attractions of the waiting one outside the

**THICK, GLOSSY HAIR  
FREE FROM DANDRUFF**

**GIRLS! BEAUTIFY YOUR HAIR!  
MAKE IT SOFT, FLUFFY AND  
LUXURIANT.**

Try as you will, after an application of Danderine, you cannot find a single trace of dandruff or falling hair and your scalp will not itch, but what will please you most, why, be after a few weeks' use, when you see new hair, fine and downy at first—yes—but really new hair—growing all over the scalp.  
A little Danderine immediately doubles the beauty of your hair. No difference how dull, faded, brittle and scraggy, just moisten a cloth with Danderine and carefully draw it through your hair, taking one small strand at a time. The effect is immediate and amazing—your hair will be light, fluffy and wavy, and have an appearance of abundance; an incomparable lustre, softness and luxuriance, the beauty and shimmer of true hair health.

Get a 25 cent bottle of Knowlton's Danderine from any drug store or toilet counter, and prove that your hair is as pretty and soft as any—that it has been neglected or injured by careless treatment—that's all.  
ranch was more than he could stand. It is hoped that Mr. Rayner, who by the way was expected home from Boston on Saturday night, will be sympathetic enough to put no bars across the progress in life of this evidently devoted couple. The probabilities are that Mr. Rayner will be the partner in this little episode. On the other hand who knows, but that it may result in the P. E. Island Government offering a bounty for fox tails in the year 1920.—A.



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KIDNEY  
PILLS**  
CURES ALL KIDNEY DISEASES  
BRIGHT'S DISEASE  
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HEADACHE  
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**For Cleaning  
Silverwear**  
you will find nothing better than Sparkene, a preparation that leaves a brilliant, durable polish, doesn't scratch and will clean any metal from tin to gold.  
Large sized bottle 45c.  
**W. N. Tanton**  
Sunnyside

**1914  
Office Supplies**  
We have an immense supply of Ledgers, Cash Books, Day Books, Bill Books, Letter Books Journals and Bank Books of every description.

**Letter Presses, the latest and best in Files Binding Cases, Letter Cases, Price Books, Pocket and Office Diaries, Fountain Pens, Inks, etc. etc.**  
One million envelopes (all sizes) lowest prices Footscap, Account Paper, Amount Pads.

60 dozen of our celebrated "Success" Binding Cases which we offer in dozen lots at the low price of \$2.40 per doz, complete, large purchases for cash enables us to sell at Factory prices. Our motto for 1914 will be "The best goods at the lowest prices" Wholesale & Retail

**Carter & Company  
Limited**

**PRINCE EDWARD THEATRE**  
The Home of Photo-Plays De Luxe

**PROGRAMME FOR WEDNESDAY AND THURSDAY JAN. 21 & 22**

Tom Robertson's World Famous Comedy "Caste" in two acts (Edison)	An admirable mixture of pathos and comedy, that appeals to all hearts.
The Suicide Pact Biograph Comedy	Pa said Old Hicks would be an ideal son-in-law, but the young folks frightened him out of that notion.
The Death Trap Drama by Lubin	How a counterfeiter set a trap for a man he hated, but was caught in it himself.
The Club Cure Comedy	His wife found a method to cure Jenkins from spending too much time at the Club.
Performing Lions	Showing how a fragile woman can command the wildest denizens of the forest.
That Suit at TEN Vitagraph	John tried to be economical and bought a cheap suit, but when the rain came, ???

Song by Miss Etta Gardner, "Where did you get that Girl?"  
Song by Mr. Dr. Witt Cairns, "Don't you wish you were Back Home Again"

TOM CALVERT AT THE PIANO.

Every Evening 7.00 & 9.00 p.m. Admission TEN Cents  
Children's Matinee, Sat. at 3.00 Admission FIVE Cents

Special Matinee.—Friday, Jan. 23rd at 3.00 p. m.  
For the benefit of our out of town friends.

Complete change of Programme on Friday and Saturday 4058-1-2M2I.

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CONSULTING ENGINEERS-EFFICIENCY EXPERTS  
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**BOILER INSPECTION AND INSURANCE**  
Periodical Inspection of Steam Boilers, Digesters, Economizers and Other Vessels by Experts  
Specifications Furnished for Boilers, Digesters, etc.  
Plans for Boiler Settings Dutch Ovens, Chimneys, etc.  
Inspection and Test Prior to Delivery or Purchase  
Insurance Against All Loss or Damage to Property and Loss of Life and Personal Injuries Resulting from the Explosion of Steam Boilers, Digesters, Economizers and other Vessels.

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**Automobile Bargains**

Ford Touring Car, all new tires, overhauled ..... \$275.00  
Overland Roadster, 1911 model; thoroughly overhauled; good three complete, only ..... \$375.00  
Maxwell "Special," 1913 model (These cars won Glidden tour last year). Tires good, thoroughly overhauled, Complete ..... \$875.00  
Studebaker Six, 1913 model. Absolutely new. Arrived too late to sell, 1914. Model costs (\$1,975.00). Complete with electric Starter and Light ..... \$1,475.00

**NOVA MOTOR COMPANY, Ltd.**  
GEORGE B. OLAND, MANAGER, HALIFAX.  
3774, 19Mtl Jan31

**Chew Food  
Thoroughly**

In these days of soft, mushy foods and quick meals, insufficient mastication of food is often responsible for stomach trouble, headache, biliousness, constipation, dull brains, and various other ills.  
Generally these troublesome results can be avoided or corrected by having a regular daily ration of

**Grape-Nuts** FOOD

The firm, crisp granules, with cream on the side, invite thorough chewing which is of double advantage. It promotes a sure mixture of the food with the saliva—the first step in digestion. It also tends to normal development and preservation of the teeth.

Grape-Nuts food is made of whole wheat and malted barley. It contains all the rich nutriment of the grains, including the natural Phosphate of Potash so essential for strength of body and keenness of brain.

Grape-Nuts comes ready to eat direct from the package—has a delicious taste—and is easily digested.  
Eat slowly—chew your food thoroughly!

**"There's a Reason" for Grape-Nuts**  
—sold by grocers everywhere.  
Made by Canadian Postum Cereal Co., Ltd., Windsor, Ont.