

You Just Try NR For That Indigestion

Get your organs of digestion, assimilation and elimination working in harmony and watch your trouble disappear. NR does it or money back.

One Day's Test Proves NR Best

The stomach only partly digests the food we eat. The process is finished in the intestines where the food is mixed with bile from the liver. If it is not plain to any sensible person who realizes this, that the liver and bowels must work in harmony if digestive troubles are to be avoided or overcome. The fact also explains why persons from indigestion, also persons from less from headache, biliousness and constipation. If you are one of the many unfortunate persons who cannot eat without suffering afterward, if you are constipated, have bilious spells, coated tongue, bad breath, nervous appetite, are nervous, losing weight and feel your health slipping away, take this advice and get a box of Nature's Remedy (NR Tablets) today and start taking it. It is a trial for a week or two.



E. A. FOSTER, Central Drugstore, Charlottetown

TO-NIGHT-Tomorrow Alright Get a 25¢ Box

PROFESSOR'S MARE'S NEST. An amazing story is related by Edward Hartington. Writing on Page 1 during the war, he says: "We had a good laugh at a certain work professor who like a good many others was enrolled in the intelligence department. This very unlikable man who was engaged in the detection of leakages in the blockade, wrote an enormous memorandum on the sinister ramifications of the firm of E. Hijos in Spain, in 80 pages. He traced the workings of this ruffian, showed how he was more or less interested in every firm which was smuggling iron ore into Germany, supplying enemy submarines, or otherwise acting to the prejudice of the Allies and in a masterly summing up suggested a means of checkmating him. But next day he learnt and he was never allowed to forget it, that E. Hijos is simply Spanish for "and Sons."

Montague Horse Races WEDNESDAY, AUGUST 10th, 1921

The following are the horses entered in the respective classes.

Table with horse names, jockeys, and owners for various race classes.

Table with horse names, jockeys, and owners for various race classes.

Table with horse names, jockeys, and owners for various race classes.

The above horses are all evenly matched in their respective classes. So you may expect a real day's sport. Be on hand when the bell rings. Special Train from Charlottetown. T. G. IVES, Secretary.

Discount Sale CONTINUED TWO WEEKS LONGER

We will commence a Cash Discount Sale from July 26th continuing two weeks. This will be a rare opportunity to secure good goods at lowest prices. Doors open from 7 o'clock a. m. to 9 30 p. m.

South Kings Supply Co. Murray River

CEDAR SHINGLES

2 CARLOADS JUST ARRIVED We guarantee BEST QUALITY and CLOSEST PRICE. Freight allowance made to customers at a distance necessitating shipment by rail. Write for prices.

WE REQUIRE Two thousand boxes of Blueberries IN A HURRY. Bring them along. Highest cash prices paid.

C. E. Pratt & Son ST. PETERS

EASTERN GUARDIAN

MONTAGUE HORSE RACES Wednesday August 10th.

DR. HEATH MCINTYRE'S dental office will be closed until August the 15th inst.

TWENTY TWO HORSES are entered in the three classes for the Montague Races. Look them up.

DR. McEACHEN, eye specialist will be at the Bayside Hotel, St. Peters, Monday evening and at Cox's Hotel Souris, Tuesday afternoon and evening.

A NEW BUNCH OF TROTTERS meet together in the 2.17 Trot at Montague. Horses we never have seen race before. Can you pick the winner?

DR. MEECH IN MONTAGUE Dr. L. R. Meech has disposed of his residence in Georgetown and is now occupying the residence of the late Senator Robertson, of Montague.

CYBIL C. BARONCAS, Forward Boy, Juanita Aubrey, Mary Pickford, Harry G. and Alice the Great, all score for the word, in the 2.40 trot at Montague. Watch the veteran "Brownie" steer the "Great" mare.

ENGAGEMENT ANNOUNCED.—Mr. C. C. Carlton, Souris, announces the engagement of his niece, Susan Mellett Carlton, to Rev. Joseph Gilbert Joyce, B. A., S. B., of Carbonear, Newfoundland. Marriage to take place, early in September.

MONTAGUE HORSE RACES. Wednesday, August 10th. A 2.17 Trot has been made to take the place of the former Stake class that did not fill. Purse \$300.00. Entries close Saturday, July 30th. Five per cent to enter. Five per cent additional from money winners. Freight paid from Charlottetown. T. G. Ives, Secretary.

COLONEL WALTZ, has been the favorite winner in the slow races. What will happen when he meets Edgerton, (trial 2.12, 1-2) the bull dogs, Wilfred Hal, Albert J. Zau Baughman, Angus Dillard and Miss Leyburn Forward at Montague on the 10th. Can he win again? Come and see.

CHINA HAS THE LARGEST HOSPITAL The Tung Wan is probably the largest hospital in the world. It is at Hong Kong and is supported by the local residents.

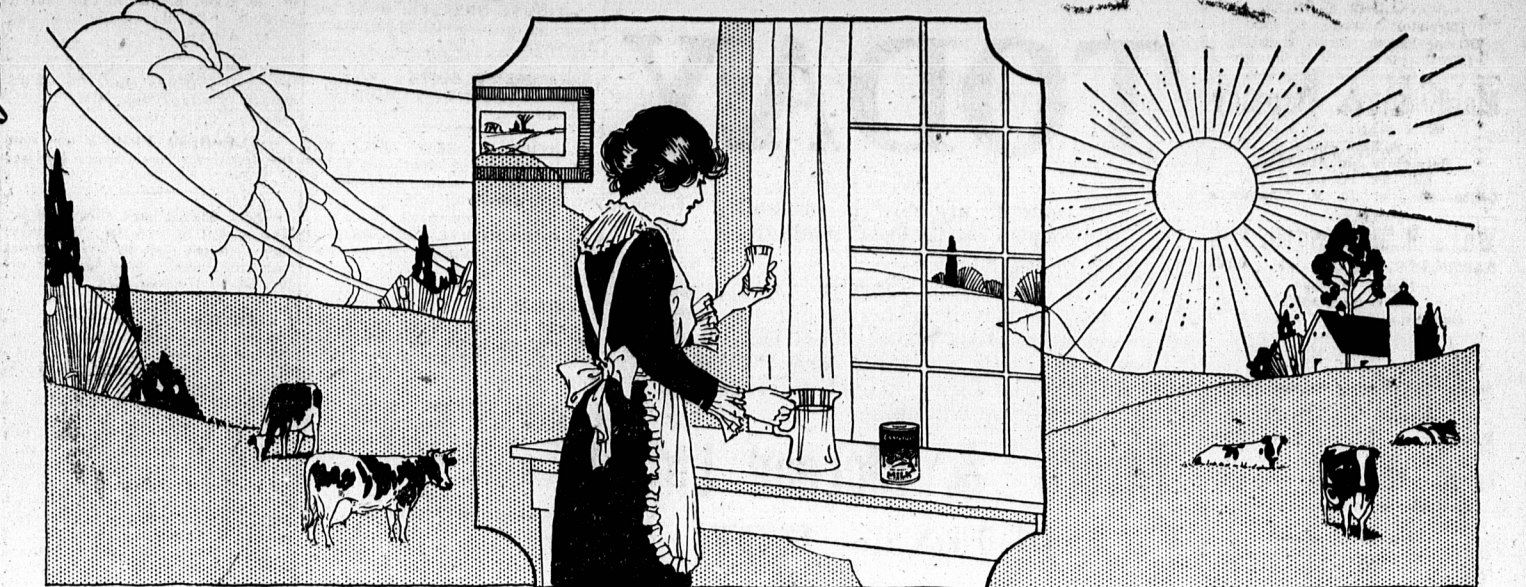
Love Works Miracles The cure for all ills and wrongs, the cures, the sorrows and the crimes of humanity, all lie in the one word "love." It is true the divine vitality that everywhere produces and restores life to each and every one of us, it gives the power of working miracles if we will. —L. W. Child.

FREE AT THE REXALL STORE

For nine days only, a full-size tube of Klenzo Toilet Soap FREE with each purchase of the new, large family-size tube of Klenzo Dental Creme. KLENZO TOILET SOAP is pure, cleansing and soothing to the skin. Gives a thick creamy lather and has the deep-woods scent of pines. KLENZO DENTAL CREME makes your teeth white, and shining, cleanses the mouth and leaves a wonderful cool feeling. This new, giant tube contains enough Klenzo to brush your teeth twice a day for nearly four months. SATURDAY, JULY 16TH This Economy Offer is good up to and including Saturday the 23rd but no later. Lay in a supply. Orders filed by phone. Make sure of yours by buying early.

H. J. MABON Prescription Druggist and Optometrist Montague Phone Connection

Milk Which Stays Sweet Through Summer's Heat



IT is difficult to keep milk from "turning" in the summer even with an ice box or refrigerator in the house.

And sweet, pure, fresh milk is essential—especially when there is a baby's food to consider.

Carnation Milk is therefore particularly welcome in summer.

You can keep it on your pantry shelves—any quantity, for every need. Even when the can is opened it stays sweet and fresh for several days.

The reason is simple. Pure, rich milk from Canada's finest dairy farms is delivered fresh each day to the Carnation condenseries.

Part of the water is taken away by evaporation. While still fresh, it goes into containers.

It is SEALED air-tight—safeguarded against contamination.

And then STERILIZED. It is not artificially sweetened. It is not separated or skimmed milk—

Simply rich, "whole" milk—wonderfully fresh—reduced to an unvarying standard of creamy consistency.

Use it as it comes to you—to add flavor and deliciousness to coffee, tea, cereals or fruit.

Add water to Carnation Milk—at least an equal part—for use on the table, for the children's drink, for cooking, for every purpose for which you use ordinary milk.

Take Carnation Milk along when you go camping or picnicking.

Begin to-day to end anxiety and disappointment about the milk supply that summer weather brings.

Phone your grocer. Ask him to send several cans of Carnation Milk, tall (16 oz.) size, or a case of 48 cans.

Send for this Famous Recipe Book FREE Carnation Milk adds flavor of nourishment to everything you cook. Carnation Milk recipes will add variety to your menu. There's an illustrated booklet of 100 tested recipes awaiting your request. Write for it to-day—it's free. Address our Aylmer office.

Made in Canada by Carnation Milk Products Co., Limited Aylmer - Ontario Condenseries at Aylmer and Springfield, Ontario.



Carnation Milk "From Contented Cows" The label is red and white

BASEBALL.—A very interesting game of ball was held last week the grounds of the Glenfanning sporting Club between the Glen Rovers and the Mitchell River team resulting in a score of 13 to 16 in favor of the visitors. A return game was played on August 3rd. at Mitchell River resulting in a score of 14 to 23 in favor of the Glen Rovers after the second game ice cream and cake were served and a very enjoyable dance held on the Mitchell River Athletic grounds, the next game is to be held at Glenfanning on Friday evening Aug 12th, at which the management have decided to hold an ice cream festival and dance. The line up of teams was as follows. Mr. Roddy McAulay Umpire, and Mr. Neil McDonald Base Judge.

Table with player names and positions for the baseball game.

BRITISH PENSIONS A saving of from 6,000,000 pounds to 12,000,000 pounds annually in the expenditure for British war pensions, without encroaching upon the payments to veterans and dependents, is the aim of a new war pensions bill in the British Parliament. Stricter supervision of disbursements by the Government and a reduction in the number of local committees, from 1,200 to 450, to be under the direct control of the Ministry of Pensions, are contemplated.

Under the old system local committees controlling an expenditure of some 20,000,000 pounds annually have not been subjected to rigid responsibility in their grants and allowances to pensioners. An investigation by a department committee on behalf of the Pensions Ministry revealed laxities which were a source of expense without benefiting persons entitled to pension money. Resulting from this investigation the new bill was submitted to Parliament. According to advices received by the Bankers' Trust Company, of New York, from its English information service, Great Britain's budget estimate for pensions in the current fiscal year is 111,557,000 pounds, and the expense of administration of the funds is reckoned to be 6,750,000 pounds. The Minister of Pensions plans to save 2,000,000 pounds a year in the cost of administration alone. At present approximately 3,500,000 persons are recipients of pensions, as follows: 2,477,800 disabled officers and men of the army, air force, auxiliary services and dependents. 66,650 disabled officers and men of the navy, auxiliary services,

mercantile marine, etc., and dependents. 917,350 widows, orphan children dependents, etc. 1,475 disabled nurses and dependents.

Investigations of the departmental committee disclosed that approximately 39,000 British war

pensioners, including 2,000 officers, lost limbs during the war. Up to April of the present year 21,489 of these had been provided with duplicate limbs.

SEEMED NATURAL QUESTION Lowell had been told that when

the sun comes up here it was getting dark in China. Early one morning the Chinese laundryman called at the back door. Lowell opened the door and his first question was: "Did you put your children to bed before you left home?"

MACDONALD'S Cut Brier More Tobacco for the Money Packages 15¢ 1/2 lb Tins 85¢ The Tobacco with a heart

LEADING FRUITS The eight leading fruits consumed in New York city during the course of one year would fill 50,000 freight cars. This would make a train 370 miles long.