

# Woman's Realm / Social and Personal / Fashions / Literature

## DOROTHY DIX SAYS -

### Teen-Age Marriage

#### Unformed Tastes, Lack Of Means Ruin Chances Of Young Couple

DEAR MISS DIX: We are a boy and girl, 19 and 18 years old, very much in love with each other. We have come to the conclusion that we are too young to marry and our plan is to stop seeing each other for a month. However, if at the end of this time we find that we are still in love, what would you advise us to do? Marry at once, try a long engagement or what?



AL AND KAY  
ANSWER: You two youngsters seem so sensible I wonder if you can't be a little bit more intelligent still and realize how foolish you will be if you either get married or enter into a long engagement. Try to rationalize the situation.

You do not need any one to tell you that at your age your characters and your tastes are still unformed, because you have only to think back a year or two to realize how much you have changed and how the things and people that you were crazy about bore you to tears now. That being true, you are bound to know that you will change even more radically in the next three or four years.

**HANDICAPPING FUTURE**  
You must also realize that if you get married now when you are 18 and 19 years old, you are not only cutting yourself out of all the playtime of life, but you are handicapping your future so that you can never accomplish the things that you are ambitious to do. If you are married you cannot have the good times you are entitled to at your age. When other girls are going to parties, Kay will have to be at home cooking dinner and nursing a crying baby. When other boys are going to college and thinking about studying some profession, Al will have to be toiling early and late at whatever poor job he can get, because he has a family that he has to support.

Then here is another thought: Don't you think that when a boy and girl in their teens get married they are handling their families an awfully rotten deal, because they are forcing their parents to sup-

## ELLEN'S DIARY

By An Island Farmer's Wife

It was a nice Christmas card—that first one of the season, which had come to James. And yet not to him alone, as was later revealed, though we were only a name to them as are they to us. James' friend he is—or once was, since he has been out of touch for many a year. Excepting those Christmas mists when a card comes to bring back associations of former days—just a booklet, holding the Season's Greetings, and his name. And once we recall a more personal message which touched James deeply, a penned "For Auld Lang Syne". Not an elaborate card but fine enough to travel the stretches of earth and lake, old scenes. Once a year, in the season of peace and goodwill, and in celebration of a day when those able to foregather are very happy with loved ones around the family hearth and table, and those who roam by choice or are bound by position or circumstances away from the dear haunts of home are extremely lonely as old memories return unbidden to mind.

"If you were at home today..." we remarked once to a lad who in the line of duty must spend his Christmas miles away from his people. He was one we always considered could readily accept any situation happily and without regret. One apparently not much given to sentiment and of whom we used to laugh admiringly and say in the lines of a popular song of those days: "Why any old place that he hangs his hat."

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port them? For fathers and mothers can't let their children starve, no matter how selfish and inconsiderate they are.  
So, children, take my advice and don't rush into a hasty marriage nor into a long engagement. Just be friends until you are old enough to know your own minds, and until you have got enough start in the world not to make your marriage a tragedy to your parents.  
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## Household Scrapbook

By Roberta Lee

**Hole in Glass**  
To bore a hole in glass, use a regular steel drill and keep the point of contact saturated with camphorated oil or turpentine. The ease with which this is done will surprise you.

**Candles**  
Candles that are used for decorative purposes will not droop if given a coat of shellac. To be cleaned, they need only to be wiped with a damp cloth.

**Scuffed Shoes**  
Rub the shoes with the white of an egg if they have begun to scuff. This will paste down the broken places and remove the scuffed appearance.

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## Better English

By D. C. Williams

1. What is wrong with this sentence? "He generally passed by here every day."  
2. What is the correct pronunciation of "tune"?  
3. Which one of these words is misspelled? Sumac, sumarize, sulphurize, sumptuous.  
4. What does the word "automaton" mean?  
5. What is a word beginning with "bl" that means "expressed in two languages"?

**ANSWERS**  
1. Say, "He usually passes (omit by) here every day." 2. Pronounce the u as in unit, not too. 3. Summarize. 4. Anything viewed as capable of spontaneous movement or action. (Accent second syllable). "So great and admirable an automaton as the world." — Boyle. 5. Bilingual.

## Morning Smile

ABSCONDED

The business man dashed into the employment agency. "Look here," he said to the clerk, "I'm looking for a cashier."

The clerk looked somewhat surprised. "Why, sir," he said, "I thought I furnished you with one last week."  
"I know," came the irritable reply. "That's the one I'm looking for."

## That Body Of Yours

By James W. Barton, M.D.

### HYSTERIA IN CHILDREN

Several years ago I was sitting on a bench at a large resort when I noticed a tough-looking man take a seat on the bench ahead of me. A little later, one just as tough looking sat on the bench behind me, and shortly afterwards three more came singly and sat on adjoining benches. I motioned for my family to join me, walked across the street and waited to see what would happen. One of the men then "threw a fit" and immediately a crowd surrounded him — which gave the other men of the group a chance to pick the pockets of the excited crowd. Fortunately a policeman who appeared on the scene did not give them much opportunity to pick many pockets and they slunk quietly away. While this was a "fake fit," what is called hysteria is somewhat similar.

This "throwing a fit" which is often mistaken for an attack of epilepsy, is called hysteria. It is really a means for the patient to call attention to himself, or to escape some responsibility.

In "Modern Medicine of Canada," Dr. W. A. Hawke, Toronto, states that hysterical reactions in children, while arising in various situations. (Continued on Page 9)

## How Can I!!!

By Anne Ashley

Q. How should bananas be baked?  
A. Baked bananas are ideal for children and for nervous persons. Bake in the skin for 15 or 20 minutes, until soft and they burst the skins. Remove from the skins and lay them in a baking pan with very little water. Dust sugar over the top and sprinkle with lemon juice. Serve hot.

Q. How can I preserve the elasticity of rubber bands for a long time?  
A. Rubber bands deteriorate quickly if left exposed to the air. They should be kept in a tin box with a tight fitting lid.

Q. Should one use hot or cold water when making a mustard plaster?  
A. Neither hot water nor cold water should be used. It should be tepid.

## Cook's Corner

Meat Roll — Green Pea Sauce

½ cup cereal bran, ¼ cup buttermilk, 1½ cups flour, 1 teaspoon baking powder, ½ teaspoon soda, ½ teaspoon salt, ¼ cup shortening, 3 cups ground cooked meat, ¼ cup catsup, ½ teaspoon salt.

Soak the bran in buttermilk. Sift the flour, baking powder, soda and salt, and cut in the shortening. Add the soaked bran. Turn the dough out on a floured board. Knead lightly, and roll or pat into a rectangle ¼-inch thick. Spread with the meat mixture, roll up, and place in baking pan. Bake at 425 degrees F. about 30 minutes. Serve with this sauce:

Green Pea Sauce — 4 tablespoons butter, 4 tablespoons flour, 2 cups milk, ¼ teaspoon salt, ¼ teaspoon pepper, 1 cup cooked peas.

Make a cream sauce with butter, flour and milk. Add seasonings, and at the last, the peas. A little chopped pimento may be added, if desired.

## Modern Etiquette

By Roberta Lee

Q. How does a bride-to-be go about buying her bridegroom's wedding ring?  
A. If it is to be a double-ring ceremony, the girl and the man go to the jeweler's together, and she buys his ring and he buys hers.

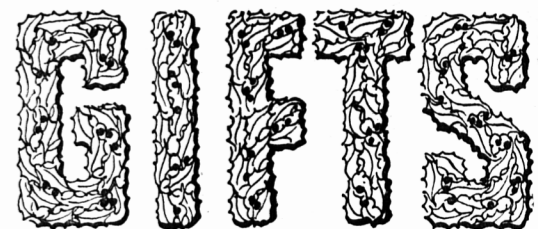
Q. When it is necessary for a person to blow his nose in company, should he apologize?  
A. No; but try to make the performance as quiet and inconspicuous as possible. Do not try to imitate a foghorn.

## Timely Notes On Nutrition

By Marjorie G. Hill

### SCHOOL LUNCHEES

Last week we had a chat on what foods make up a good lunch, and also a few hints on how to pack the lunch properly. I think you will all agree that the school is the centre of any community, and recognizing this fact we realize that the school could go a long way in elevating the food. (Continued on Page 13)



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