

Woman's Realm :- Social and Personal :- Fashions :- Literature

DON'T RISK CHEAP BAKING POWDER AND EXPECT DEPENDABLE RESULTS. SAYS MISS HELEN G. CAMPBELL. MAGIC BAKING POWDER

FOR THE WOMAN READER

THE BEST IS YET TO BE. Never worry, never fret. God isn't done with the old world yet. These your heart longs for...

GENERALITIES. We are cursed with far too many broad generalities which really mean nothing. We must give up talking about the masses, the workers and the proletariat...

A GAME. Life is a game that you can never really appreciate to its fullest extent until you learn to hold the happiness of others in as great or even greater esteem as you hold your own.

A UTILITY APRON. Aprons after a long banishment have come into their own again, and there is much to be said for the fashion of wearing them when doing all sorts of household tasks or engaged in gardening.

ROUGH, RED, UNSIGHTLY HANDS. A friend showed us her hands the other day. They were rough, red and unsightly.

LADIES OF THE BIG HOUSE IN JAPAN. What does Japan do with her bad girls? Can anyone imagine the intensely feminine, timid little Madame Butterfly doing "time" behind the bars?

Every Week—Fashion NEWS from PARIS. Every week The Star Weekly has a page of fashions. A weekly letter from Bettina Bedwell in Paris—pictures of the newest styles—patterns for the home dressmaker.

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THE COOK'S CORNER

Apple And Ginger Chutney. Two to three lbs. apples, after coring; 6 ozs. preserving ginger; 2 ozs. garlic; 4 onions; 1 lb. sultanas; 3 lbs. brown sugar; 2 tablespoons of salt; 1 1/2 pints vinegar; chillies as required; 1/2 teaspoonful Cayenne.

Vegetable Marrow Marmalade. Vegetable marrow, Green ginger, Sugar, Lemons, Red pepper, Brown sugar. To each pound of pared and seeded marrow allow 1 ounce green ginger, grated or chopped fine, 1 pound granulated sugar, the pared yellow rinds of 2 lemons, cut into shreds, and a few grains of red pepper.

MOLENEUX USES THE TUNIC EXTENSIVELY. The tunic again is the vogue. Moleynux uses it extensively, one very stunning model being of pale dull beige ribbed velvet for evening with a little coat trimmed with dyed marten. A yellow iris is the shoulder trimming.

Baby's Colds. Best treated without dosing—Just rub on VICKS VapoRub. For Colds of All the Family.

Teach Your Daughter to Cook! Dorothy Dix Says! Thus Shall Her Marriage Be Secure

"The Grounds in the Coffee Pot Are the Real Grounds for Many a Divorce, and Wise is the Girl Who Qualifies for the Wife Job Before She Undertakes it," Says Dorothy Dix

A man who recently died left \$2000 for the specific purpose of having his son's prospective wife taught how to cook and run a house. A wise man, that father. He took no chance on his son having his digestion ruined by some flapper's bread, nor of having his substance wasted by a shiftless wife who threw more out of the back door with a spoon than he could put in at the front door with a shovel.

Napoleon said that an army traveled on its stomach. So does domestic felicity. Before marriage a man is attracted by a woman's beauty, by her wit or wisdom, by her charm; but after marriage she holds him by making him comfortable. She might be as beautiful as a houri and he wouldn't notice it if the coffee tasted like lukewarm dishwasher.

For, unromantic as it is, our physical needs take precedence over our spiritual ones, and before we can be emotional or sentimental we have to be well fed and well cared for and freed from worry about trivial matters.

Probably no man in the world ever popped the question on an empty stomach, and as a first aid to matrimony a chafing dish knocks all the arts and graces and literary accomplishments for a goal.

Yet when a man marries he turns over not only his heart but his stomach to his wife's keeping, and his success in life as well as his happiness, depends upon what she does with it. Somebody has said that we are what we eat, and certainly a man's optimism or his pessimism, his amiability or his groutiness depends largely upon the way he is fed.

Fill a man up with a dyspepsia-breeding breakfast of soggy oatmeal, leathery cakes, seven-minute eggs and mean coffee and he will see the world as a dark green, billious proposition, with no ray of hope in anything. It will make him turn down the gilt-edged proposition that would have made his fortune or it will make him so grouchy that he will insult his best customer or quarrel with his employer.

Also, whether a man breaks down at middle age with nervous prostration, or is going strong at 70 depends almost entirely upon how intelligently his wife has nourished him and how peaceful a home life he has had.

Every married woman knows this, and the thing that passes all understanding is that, knowing it, so few women take the trouble to teach their daughters the one accomplishment that they are going to need more than anything else on earth when they get married. The mothers' alibi is, "Oh, well, they will learn when they need to. I didn't even know how to boil water when I got married."

Of course, this is true. Most women do learn how to cook after they are married, but they learn on their poor, unfortunate husbands, which is a most unfair thing to do.

It is really just as dishonest a thing for a girl to get married without having any knowledge of how to carry on her end of the partnership as it would be for a man to get married without having any knowledge of how to make a living.

And it is such a terribly dangerous thing for a girl to do. She is jeopardizing her whole matrimonial happiness and the success of her marriage. For while she is learning how to cook and pick out butcher's meat and keep her bills within bounds she is shattering her husband's ideal of her.

Many a man gets his first cold, disillusioned look at the woman he has taken for better or worse—and it occurs to him for the first time that he

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Penmans FINE CASHMERE STOCKINGS. A logo with 'PENMAN'S' and 'FINE CASHMERE STOCKINGS' text.

A Morning Smile

No man wants to come home at night to an untidy house or to a wife who is dissolved in tears over a burnt cake. No hungry man wants to make a dinner of bread and butter or live out of tin cans because his wife can't cook anything fit to eat. No man wants to see his money wasted by a wife who doesn't know whether to buy two chops or a ten-pound roast for two persons. And in the fight over these sordid little details love is often killed, the husband driven from home to some place where he can find comfort and good food, and a marriage wrecked that would have been a success if only the woman had known how to cook.

Daintiness With Chic Styles

Illustrated Dressmaking Lesson. Daintiness With Chic Styles. It's stunning in oxford grey hairy woolen weave topped by shiny black satin as its inspirator. The belt is black patent leather. For gay accent, choose a vivid red leather belt. It's a very slimming model with its pointed hip seaming and length-giving panels. It has perky epaulettes and becoming scarf neckline. Style No. 789 is designed for sizes 16, 18, 20 years, 36, 38, 40 and 42 inches bust. Size 36 requires 3 1/2 yards 36-inch material with 1/4 yard 39-inch contrasting. Price of PATTERN 15 cents in stamps or coin (coin is preferred.) Wrap coin carefully. No. 789. Size. Name. Street Address. City. State. Co-ordination between railway and highway transportation is being furthered by the Government of Spain. Nearly 5,000 persons in England lost the sight of one eye in the last 12 months.