

Woman's Realm / Social and Personal / Fashions / Literature

MISS MARY BRAIDEN

A Special Richard Hudnut Representative will be at our Store all of this week to tell you about the

Home Method of DU BARRY BEAUTY TREATMENTS.

Each step of a Du Barry Beauty Treatment will be thoroughly explained, so that you may follow the Treatment in your home. These are professional beauty methods brought right to your dressing table.

Miss Mary Braiden will also give you smart make-up hints that will enable you to wear a new variety of colors with added becomingness and in keeping with the demands of this exceptionally Smart Season.

DO NOT FAIL TO AVAIL YOURSELF OF THIS SPECIAL OPPORTUNITY

THE JENKINS PHARMACY

THE REXALL STORE Dispensing Chemists Phone 219 - Cor. St. George & Kent Sts. CHARLOTTETOWN, P.E.I.

Living & Leisure THE WOMAN'S REALM

MOTHER—THE CHILD'S IDEAL

I like to sit and watch her while she sews, she makes such little stitches in long and even rows. I like to sit and watch her while she's making me a dress. With ruffled sleeves and collar, and gathered skirt, I guess. The big machine whirring—the bobbin work so fast, the needle takes the thread along, and now it's done at last. Some day I'm going to have some cloth, perhaps a yard will do. To make my little doll a dress, with lace and ribbons, too. I'd try so very hard to make my stitches fine and neat. I'd watch the pattern carefully, and pin, and baste each pleat. And then I'd stitch with patience my hem and seams so true. I'd like to be a seamstress like my mother, wouldn't you?

Mrs. John F. Underhill

SHOULD FAVOUR HOMES

Many British housewives now are suggesting that there should be revision in the division of food supplies between restaurants and homes—to the benefit of the latter. Some housewives say that the distribution is inequitable and that persons who can afford to eat in restaurants fare better than ordinary housewives of moderate means. The housewife's troubles are due to increase by the return to normal employment as during the war, hundreds of thousands of war workers had their noon meal at canteens but now will have to provide for themselves out of the household ration. Adjustments in the food supply by districts also are suggested. In safe areas now abandoned by the evictees from large cities, food supplies are abundant while in other areas such as southeastern England, shortages are reported.

HINTS ON ETIQUETTE

If you borrow a book from a friend, it is thoughtful to leave a memo with the book's name, the date taken and your name and save it in place. Be sure to collect the memo when you return the book.

PRESERVE THOSE ELUSIVE VITAMINS

You have to work for your vitamins to make them work for you. The best things in life are often the most elusive and that is certainly true of the perishable vitamins. They are chemical substances, whose most destructive enemies are light, heat, water and air. Their delicate nature requires smooth handling and the Nutrition Division of the Department of National Health and Welfare gives a few vitamin-wise tips. In Storing: Keep milk in the dark as well as the cold. Don't soak vegetables—keep them dry and cold. In Preparing: Don't peel, prepare just before serving. Don't thaw frozen vegetables before cooking. In Cooking: Cook only until tender. Use as little water as possible. Keep closely covered. In Serving: Once cooked, serve vegetables immediately. Keeping hot is death on vitamins.

HINTS ON ETIQUETTE

If someone tells a joke on you and you are inclined to get angry, stop and consider if you would think it was funny if told on someone else, and you probably will be able to see the point and laugh too.

GOLD IN THE SUN

Mrs. Charlotte Moore of Princeton Observatory has found traces of gold in the spectrum of the sun. It is, however, so scarce that it has hitherto eluded the observation of students, and it is only identified by very weak lines which appear, not as we should expect, among the yellow and orange lines, but in the ultra-violet section, where only a photograph can find it. With this addition we have found in the sun traces of sixty-six of the ninety elements known to exist on the earth.

RAINCOATS TAILORED

NEW YORK—The rain coats of today are well tailored often in a rayon that resembles fat silk in texture.

A JOB ONLY YOU CAN DO

Price Control Questions and Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have been asked by the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers. Persons who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee.

Q. What can I do to get extra meat when I have a lot of three-penny corned beef?

A. You can get extra meat rations in the same way as you get extra rations for transient help. You apply in the regular way to your local ration board and you will be given meat coupons in the same ratio as other rationed foods are given for the purpose of transient help.

Q. From what has the slaughterer been removed?

A. The slaughterer has been temporarily removed from the ration board. It is still on hogs and never was on veal or lamb.

BABY'S UPSET STOMACH QUICKLY CORRECTED

BABY'S little "Tummy" is often easily upset. It is easily righted again, too, if you know just how to do it. Let Mrs. W. S. Albert of London, Ont., tell you: "Baby's Own Tablets are a great relief for the first signs of upset stomach, during teething time or when a cold is coming on. They work quickly yet gently to carry away poisons and promote quiet sleep. Walking, during teething, or when a cold is coming on, they work quickly yet gently to carry away poisons and promote quiet sleep. And Mrs. W. R. Sharp says: "I nursed my baby shortly after being almost over a motor accident and that upset her almost over a motor accident. I gave her Baby's Own Tablets and she was back to normal in a few days. Equally effective for teething troubles, constipation, simple fever, flatulence, indigestion, easily crushed to a powder, if desired—prompt action. No "sleepy" sickness or drowsiness. Buy a box today for sickness so often strikes in the night. 25 cents. Money back if not satisfied."

MODERN ETIQUETTE

By Roberta Lee

Q. Is there any instance when a person would be justified in asking for an invitation for himself, to some affair?

A. No; this is never done under any circumstances.

Q. Is it necessary to dress a girl who is between the ages of twelve and eighteen, in mourning clothes?

A. No.

Q. What is the most popular clothing for a business letter?

A. Yours truly, or, "yours very truly."

HOW CAN I !!

By Anne Ashley

Q. How can I prevent loosening the latch on the refrigerator door?

A. Do not slam the door of the refrigerator. Lift the latch to close the door. Slamming may weaken the latch so that in time it will fail to fasten the door securely.

Q. How can I clean clothes brushes, whisk brooms and hat brushes?

A. Dip them up and down in warm water, to which a little soda has been added. Dry in the sun.

Q. How can I keep parsley and mint fresh?

A. Keep parsley or fresh mint in airtight mason jars and it will keep fresh for several days.

MORNING SMILE

LITERALLY?

"I suppose it was necessary for

Best Is Cheapest KING COLE TEA

Never Before Has Fine Quality Meant So Much

Dorothy Dix Says—

NEIGHBORHOOD PESTS

Uninvited Tongue-Waggers Always Pop In When You're Busiest

DEAR MISS DIX: My neighbors have asked me to write to you and ask for your help about a woman who moved into our community a little over a year ago and who is a pest. Here are some of her offenses:

(1) When we go out into our back yards, she runs right over to talk, no matter what we are doing. She repeats all over the neighborhood what she hears. (2) The minute she meets anyone she calls them by their first names. (3) She is a chronic borrower and if, and when, she ever returns anything, the article comes back in a terrible condition. (4) She has recently gotten a telephone and she calls us up at all times of the day to talk about nothing, or about people we don't know.



HINTS DO NOT WORK

We have tried hints on this woman, but she doesn't take them. We are very tired of her forcing herself on us.

ANSWER: There should be an open season when neighbors who make themselves common pests could be liquidated, but as long as the law still protects them there is nothing much that their victims can do about the situation. For such people lack the manners and respect for the conventions of society that enable groups of people to live together in peace. They have no reserves of their own and never suspect others of being afflicted with them and a desire for privacy. So a lot of the sins that they commit against their neighbors are unintentional. When they are most of a nuisance, they are often merely trying to be friendly.

Certainly there are few calamities that could happen to anyone that are worse than having a backdoor neighbor who is always popping in just when you're busiest, or worried over your own affairs, or you are in the act of bathing the baby or having a fight with your husband, unless it is a telephone hound who hounds you up while she maunders on and on and on about nothing. Something with boiling oil in it should be done to both of them. But, alas, we are all so weak-kneed that we hesitate at committing murder, even if it is for the popular good.

As for the neighbor who camouflages her holdups on your sugar and car and clothes and new books by calling it "borrowing," nothing short of rough-on-rats would make the punishment fit the crime. All of us have suffered from these pests, but few of us have ever had the courage to deal with it in a drastic way by refusing to lend, and locking the back door, and ringing off when we find the talker lady is on the other end of the telephone wire. So maybe we get what we deserve.

DEAR MISS DIX: I am a married woman and my husband is overseas. I get his allotment money from him every month. If anything happened to him, should I give his mother half of the money? I have no children. My husband's mother is separated from her husband and has to work to support herself.

DAUGHTER-IN-LAW

ANSWER: Of course, you would not be legally obligated to divide any money you inherited from your husband with his mother, but it would certainly be a fine and honorable thing for you to do so. For she is older than you are and in all probability is not as well-trained a business woman as you are and so not able to command as good a salary as you can make.

DEAR MISS DIX: I am 27 years old, married, have two children and am in the service. My wife is very much dissatisfied with the amount of responsibility that has fallen on her since I have joined the Navy. She says that if she could find someone to adopt the children that she would ask me for a divorce. She tells me that she does not love me, but I am very much in love with her.

Since I am away from home she goes out with other men. As far as trusting her, I do, but I object to the principle of the thing. What do you suggest?

ANSWER: Well, sailor, I don't see that you can do much about it while you are on the seas and she is on the make. You will just have to let things ride and trust to luck that she will justify your faith in her. But one thing be firm about: Don't let her give away your children for adoption because she wants to be rid of them. If you have no relatives who will take care of them, put them in an asylum or some home until you get back. They are your responsibility.

you to visit me as often as you find out. "I hope you would never do a thing like that, dear." "Course not; I would have made it into a four."

Watermelons: Making room for a watermelon is usually a problem. But it is so much better when served chilled that you won't mind reserving a place for it and shelves to hold the one into a five and was make room.

ELLEN'S DIARY

By an Island Farmer's Wife

I used the new potato basket today when I went to the field in the later afternoon to assist the rest of the pickers to complete their day's work betimes. I went of my own accord, being strange to relate, neither coaxed nor scolded. I received a hearty welcome. This is one time and place where one is never in doubt as to the genuineness of the welcome. It is evident on every face. One is always assured of a royal welcome, if he or she strolls into a potato field bearing a basket on an arm. James at the time picking in a kneeling posture, to save a long-suffering back, sprang to his feet and made room for me at his side. It is a rare occasion, when I am not overly fond of being at James' side. This was one of them. If it had happened to fall in at his right, like other great men I can name, being left handed, so our baskets in close proximity, are apt to come to blows.

I think the main reason that I went to the potato field was not altogether to speed up the harvest but rather that I might garner for myself the delightful memory of an afternoon like this, spent in the out-of-doors. So many have missed recently in my work about the house and now that September has given away almost every one of her golden days, I must then secure a portion of this one for my own. I must catch, once more, the charm of the cricket's song. I wanted to feast my

(Continued on Page 10)

HOUSEHOLD SCRAPBOOK

By Roberta Lee

Cleaner Garments

Several times a year wash the clothes line and the clothes pins in the wash boiler. Rinse in clean hot water and dry in the sun. Then there will be no ugly stains on clothing from neglected lines and pins.

Woolens

If woolens are hung on the line dripping wet they are not so likely to shrink as those wrung out before drying.

Citron

To cut citron, steam it for a few minutes and it will make an easy task out of a difficult one.

KISS YOUR TIRED FEELING GOODBYE!

Popless Many Suffer Low Blood Count—And Don't Know It.

The baffling thing about low blood count is that you can weigh about as much as you ever did—look healthy and strong, yet you can feel as if you had lead in your bones, a leaden and weary feeling. Low blood count means you haven't got enough red blood corpuscles to do the job of carrying life-giving oxygen from your lungs throughout your body. And just as it takes oxygen to explode gasoline in your car and make the power to turn the wheels, so you must have plenty of oxygen to explode the energy in your body and give you going power.

Get Dr. Williams' Pink Pills today. They are world-famous for the help they give in increasing the number and strength of red corpuscles. Then with your blood count up, you'll feel like bounding up the stairs as if you were floating on air. Ask your druggist for Dr. Williams' Pink Pills today.

DAINTY EDGINGS



Three pretty edgings crocheted on handkerchiefs are the pineapple, clover and little bells. Pattern No. 419 contains complete instructions.

To order pattern: Write or send above picture with your name and address with 20 cents in coin or Postal Scrip to Needlework Bureau, Charlottetown, Guardian.

Design No. 419

Name _____ Street Address _____ City _____ Province _____

Name _____ Street Address _____ City _____ Province _____

SOMETHING TO GIVE YOUR MEALS A SPIN!



HERE'S a platter to fetch the eye and tempt the appetite. Meat pinwheels concocted to make a pound of ground beef go especially far, and taste especially well. These are made with a light bran pastry, and take only a little while to make. To be sure, they resemble your favourite jelly rolls, and we wager you'll name them a favourite year-round entree once you turn them out on a platter garnished with greens, and served with baked potatoes.

MEAT PINWHEELS
1 1/2 cup cereal bran
1/2 cup milk
1/2 cup sifted flour
3 teaspoons baking powder
1 teaspoon salt
1/2 cup shortening
1 pound ground beef
1 tablespoon scraped onion
1/2 cup chili sauce
1 teaspoon salt

Soak bran in milk. Sift flour, baking powder and salt together. Cut in shortening until mixture is like coarse cornmeal. Add soaked bran; stir until dough follows fork around bowl. Turn into floured board, knead lightly a few seconds. Roll or pat into a rectangle about 9 x 16 inches.

Combine beef, onion, chili sauce and salt; mix thoroughly. Roll on sheet of wax paper to form rectangle six of biscuit dough. Turn onto dough. Roll very carefully like a jelly roll. Seal edge. Cut into 1 1/2-inch slices; arrange cut side down on greased pan. Bake in moderately hot oven (425°F.) about 30 minutes. Serve with Tomato Sauce or Brown Sauce if desired.

Yield: 6 servings (12 pinwheels).

BETTER ENGLISH

D. C. Williams

1. What is wrong with this sentence: "He has been pretty successful."

ANSWER: "He has been pretty successful."

2. What is the correct pronunciation of "equatorial"?

ANSWER: "Equatorial."

3. Which one of these words is misspelled? Recommend, condensed, superintend, condense.

ANSWER: "Superintend."

4. What does the word "loneliness" mean?

ANSWER: "Loneliness" means a word beginning with ad that means to make impure."

5. Say, "He has been very (or rather) successful." 2. Pronounce ek-kwi-it, both i's as in it, and accent first syllable, not the second. 3. Condensed, not the second. 4. Length of life. "The longevity of the human race has been increased." 5. Adulterate.

COOK'S CORNER

PERFECT GINGERBREAD

1 1/2 cup cream cheese
1 cup molasses
2 eggs
1 1/2 cups sifted all-purpose flour
3/4 teaspoon baking soda
1/2 teaspoon baking powder
1 teaspoon cinnamon
1 teaspoon ginger
1 teaspoon cloves
3/4 teaspoon salt
2/3 cup boiling water
Beat cream cheese and fluffy. Gradually beat in molasses. Beat in eggs 1 at a time. Sift dry ingredients and spices together. Add to cheese mixture, stirring until batter is smooth. Stir boiling water in gently. Pour into greased 7 1/2 "x 11" pan. Bake in moderate oven, 300 deg. F. 40-45 minutes. Cool on wire rack. Cut in squares white hot.

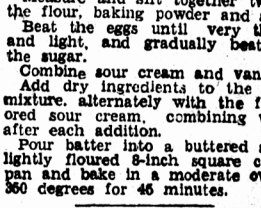
SOUR CREAM CAKE

1 1/2 cups once-sifted cake flour
1 1/2 teaspoons baking powder
1/3 teaspoon salt
2 eggs
1/2 cup granulated sugar
2/3 cup thick sour cream
1/3 teaspoon vanilla
Measure and sift together twice the flour, baking powder and salt. Beat the eggs until very thick and light, and gradually beat in the sugar.

Combine sour cream and vanilla. Add dry ingredients to the egg mixture, alternately with the flavoured sour cream, combining well after each addition.

Four batter into a buttered and lightly floured 8-inch square cake pan and bake in a moderate oven 300 degrees for 45 minutes.

GIRLS! Do you suffer from Nervous Tension



On "CERTAIN DAYS" of the month ? ? ? ? ?

Do functional periodic disturbances make you feel so nervous, jittery, high-strung, cranky, tired—at such times?

Then don't delay—try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms. It helps NATURE!

Pinkham's Compound not only helps relieve such monthly pain but also counteracts nervous, restless, weak feelings of this nature.

This time-tested medicine is made from wholesome roots and herbs (plus Vitamin B). Follow label directions. Buy today!

Lydia E. Pinkham's VEGETABLE COMPOUND

Needlecrafts FOR THE HOME

PRETTY BLOUSES

Add sparkle to young suits and skirts with these darling blouses. Choice of tailored blouse, dress-up blouse, ruffled and peasant style borrowed from the Mexicans. No. 3410 is cut in sizes 6, 8, 10, 12, 14 and 16. Size 12 requires 1 1/4 yards 36-inch for pleated or tailored blouse; 1 1/2 yards 36-inch for peasant blouse.

Send 20 cents for pattern which includes complete setting guide. Print your Name, Address, and Style Number plainly. Be sure to state size you require. Include postal unit, or zone number in your address. Address: Pattern Department, The Charlottetown Guardian, Pattern No. 3410

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Name _____ Street Address _____ City _____ Province _____

Here's Welcome Relief From ACUTE CATARRH

Put a few drops of Va-tro-nol up each nostril and feel it go to work right where catarrh misery is... bringing quick, soothing relief from misery.

VICKS V-A-TRO-NOL



3410 SIZES 6-16

Advertisement for Lifebuoy soap featuring a comic strip and text: "Everybody Needs DOUBLE PROTECTION from 'B.O.'", "FLASH, MEET JANE STEVENS... SHE'S NEW ON THE JOB AND WILL BE YOUR COVERT PARADE TODAY!", "I CAN TAKE A HINT AS WELL AS A PICTURE... FROM NOW ON IT'S LIFEBOUY'S DOUBLE PROTECTION FOR ME!", "IT'S FRESH, CLEAN SCENT IS YOUR GUARANTEE", "ONLY LIFEBOUY contains the special purifying ingredient that stops 'B.O.' And almost instantly, the scent VANISHES—leaves your skin smelling sweetly fresh and clean."