

THE WONDERFUL FRUIT MEDICINE

Thousands Owe Health and Strength To "Fruit-a-tives"

"FRUIT-A-TIVES", the marvellous medicine made from fruit juices - has relieved more cases of Stomach, Liver, Blood, Kidney and Skin Troubles than any other medicine. In severe cases of Rheumatism, Sciatica, Lumbago, Pain in the Back, Impure Blood, Neuralgia, Chronic Headaches, Chronic Constipation and Indigestion, "Fruit-a-tives" has given unusually effective results. By its cleansing, healing powers on the eliminating organs, "Fruit-a-tives" tones up and invigorates the whole system.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

UGH! ACID STOMACH SOURNESS, HEARTBURN, GAS OR INDIGESTION

THE MOMENT "PAPE'S DIAPEPSIN" REACHES THE STOMACH ALL DISTRESS GOES.

Do some foods you eat hit back—taste good, but work badly; ferment into stubborn lumps and cause a sick sour gassy stomach? Now, Mr. or Mrs. Dyspeptic, jot this down: Pape's Diapepsin digests everything, leaving nothing to sour and upset you. There never was anything so safely, quick so certainly, effective. No difference how badly your stomach is disordered you will get happy relief in five minutes but what pleases you most is that it strengthens and regulates your stomach so you can eat your favorite foods without fear.

Most remedies give you relief sometimes—they are slow, but not sure. "Pape's Diapepsin" is quick, positive and puts your stomach in a healthy condition so the misery won't come back.

You feel different as soon as "Pape's Diapepsin" comes in contact with the stomach—distress just vanishes—your stomach gets sweet, no gases, no belching, no eructations of undigested food, your head clears and you feel fine.

Go now, make the best investment you ever made, by getting a large fifty-cent case of Pape's Diapepsin from any drug store. You realize in five minutes how needless it is to suffer from indigestion, dyspepsia or any stomach disorder.

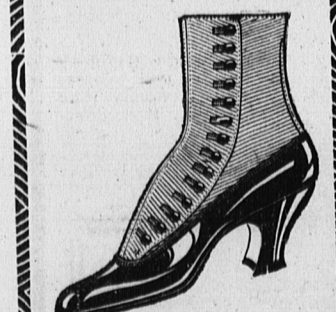
Keeley Treatment Cures Liquor and Drug Using

Successful for years in difficult cases of both sexes. Patient's improvement begins immediately—no confinement; no use of nauseating or dangerous drugs. Treatment administered only by skilled, kindly physicians. Pleasant surroundings. Special privacy for women. Booklet sent in plain envelope. Write today.

The Original Scientific Treatment.

THE KEELEY INSTITUTE
523 CUMBERLAND AVENUE
COR. MULLEN STREET TEL. PHONE 8470
PORTLAND : MAINE

\$2.98
3 Special Values



Women's Patent buttoned boot with black cloth top high heel.

Women's Gun metal boot with black cloth top and high heel.

Women's or Growing girl's Patent buttoned boot with cloth tops and low heel.

All sizes 2-12 to 7
This \$2.98 Week
Alley & Co
135 Queen St.

YOUR FRIENDS can buy anything you can give them—except your photograph. Make an appointment today.

The Cook's Studio
New DesBrisay Block

The Eastern Guardian

..*IT PAYS to buy in this Province
..*FOR SALE.— Any reasonable offer will be accepted for a limited number of \$10.00 fully paid and non-assessable shares in one of the largest and leading fox companies in the province. Address, stating price and number of shares requested, Box "C. D." Guardian, Charlottetown. 8083.4.13M.21.

Not Down Hearted Says Island Soldier

The following letter was recently received by Miss Laura Francis, of freetown, from her friend Pte. Major Sinclair, who left the Island with the 55th Battalion, and now of the 22nd Canadian Reserve Battalion of Sussex, England. He also sent the following poetry.

England, March 18, 1917.
Dear Laura,—Received your most welcome letter this morning, was glad to hear from you. I am well and getting along fine. The weather is warmer here now. We had a very cold winter over here, but not so cold as Canada. We are drilling very hard here now, seven hours hard drill a day. I am all ready for France again, and may go any day.

Well, Laura, keep the home fires burning, I think the war will be over by next spring, but I wish I was back in old Spud Island now. I saw a few of the 105th boys while I was on leave and I guess they are all in France now. I met one of the Island boys one night of the old 6th C.M.R., the regiment I used to belong to; his name is Corp. L. W. May, from Cove Head. I heard Albert McDougan has gone back to France. I guess Dave is pretty sick, but I hope he gets all right again.

Well, Laura, I haven't any news to write, but you write soon.
Kindest regards from your old friend
MAJOR.

Shoreham Camp

There's an isolated, desolated spot I'd like to mention,
Where all you hear is "Stand at ease,"
"Slope Arms," "Quick March,"
"Attention."

It's miles away from anywhere, by gad, it's a rum 'un.
A chap lived there for fifty years and never saw a woman.
There are lots of little huts, all dotted here and there.
For those who have to live inside, I've offered many a prayer.
Inside the huts there's rats as big as any nanny goat.
Last night a soldier saw one trying on his overcoat.

It's sludge up to the eyebrows, you get it in your ears,
But into it you've got to go, without a sign of fear.
And when you've had a bath of sludge you just set to and groom.
And get cleaned up for next parade, or else it's "Orderly Room."

Week in, week out, from morn to night, with full pack and a rifle,
Like Jack and Jill, you climb the hill,
Of course that's just a trifle.
"Slope Arms," "Fix bayonets," then "Present," they fairly put you through it.
And as you stagger to your hut, the sergeant shouts, "Jump to it."

With tunics, boots and puttees off, you quickly get the habit,
You gallop up and down the hill just like a blooming rabbit.
"Heads backward bend," "Arms up," and stretch, "Heels raise," then "Ranks change places."
And later on they make you put your kneecaps where your face is.

Now, when the war is over, and we've captured Kaiser Billy,
To shoot him would be merciful, and absolutely silly.
Just send him down to Shoreham, there among the rats and clay,
And I'll bet he won't be long before he droops and fades away.
BUT WE'RE NOT DOWN-HEARTED YET

THE STORY OF THE FAN

It would not seem possible that the dainty trifle of ivory and gauze, called by courtesy a fan could trace its ancestry back to the days when persons "walked abroad in Thebes." Yet such is truth. The fan first makes its appearance on the tombs of the early Pharaohs, whose sketches, made by native artists, show that the fan bearers stood second only in importance to the cup bearers, about whom so many poets have sung. Nor were their duties confined alone to the gentle arts of peace. In time of war the peaceful fan bearer became the marshal of an army, his fan a warlike banner.

The fan next appeared in Greece, where the stately Grecians used it chiefly at state functions. History does not tell us what the Egyptian fans were made of. The Grecian ones were made of feathers, fastened together at the base so as to form a semi-circle.

Growing more ornate as it travelled westward, the fan was readily adopted by the Roman matrons. These lovers of luxury appreciated the comforts to be derived from the cooling breezes wrought by the fan, but demanded more beauty of material and color. So behold the offspring of peace and war flaunting itself in peacock's feather.

From Italy to France was but a step, and history accords to Catherine deMedici the credit of introducing the fan into France. France, with her usual impetuosity, went mad on the subject, and, as was to be expected, fabulous sums of money were spent on the pretty trifles. The greatest genre artists of the day brought their talents to bear on the adorning of the

..*MR. T. G. IVES is Guardian agent in Montague.

parcements and silk of which the fans were made.
Today a Watteau-painted fan is worth a small fortune. England, of course, took her fans as she takes her pleasures—sadly. Though they became quite as popular there as in France, they were not nearly as frivolous. The subject and material were heavier for.

With its introduction into Spain the fan arrived at the zenith of its glory. The women took to the use of the fan as the proverbial duck takes to water.

She discovered all sorts of new and bewildering graces in its use.
Where the women of other nations simply found it a graceful, comfortable adjunct to their toilets, the woman in whose veins "ran the vigorous vintage of old Spain" found it almost a mouthpiece. It served to express her moods of joy and her moods of sadness. She coquetted with it. She grew magnificently scornful with it, or pleadingly pathetic. In all moods, times and seasons, she depended upon it to express her feelings. Given a mantilla and a fan, no matter how shabby the rest of her costume may be, the Spanish woman can hold the world.

Today most of our fans come from the Flowery Kingdom. The Japanese themselves use only a paper fan with bamboo sticks, but they send to other countries: most exquisite designs in

carved ivory and painted satin.
The real fans, mounted on ivory, are a luxury in which only the owners of very elastic purse strings may indulge.
Have you tried the new Chocolatta, its delicious. For sale at Beer & Goff's. 7019

WHY HE LIKED IT.

"I was rumbling along in a street car the other day when a batch of young fellows got aboard," says a ranchman, who is visiting in the east. "I judged they were college students by their funny clothes and queer-shaped heads. The car was pretty full, and they pushed and snorted back and forth in the aisle, tramping on people's feet and committing similar frivolities that-a-way. Bimby they all



CHOCOLATTA

for Breakfast
Time saved in the morning often means the difference between comfort and rush. Chocolatta is the quickest drink to serve, for all it needs is boiling water. It has all the nourishment of pure chocolate to which is added milk and sugar in powdered form.

faired back and fetched loose a long "Well, my rural friend, don't you look at that! Then the nearest one to me took like it?" "Shore, I like it!" says I. I'm half-witted myself!"

NEVER WAIT

till the last moment to clip your coupons in the great Bible Distribution now operated by the

Ch'town Guardian

because these Books are going too fast to last!

Wonderful Lessons in the Bible's English for Writers and Speakers

Shakespeare was master of nearly twenty thousand words. Milton of about thirteen thousand. But the whole King James Version of the Bible contains not over six thousand words; not a half of Milton's, not a third of Shakespeare's vocabulary.

one syllable! In the Sermon on the Mount more than 80 per cent. are words of one syllable. In the Ten Commandments, on which are based all the laws of all the world, there are 319 words; 259 are words of one syllable; and only 60 of two and more syllables. In Lincoln's Address at Gettysburg, perhaps the greatest in the world, there are 266 words. Of these, 194 words are of one syllable; 53 of two syllables; and only 19 of three or more syllables.

Short words are always strong words; they explode like bullets. Do you know that the average word in the English Bible, including even the proper names, is composed of less than five letters? Leave out the proper names and the average word wouldn't have even four letters.

There is food for thought in these figures. What an improvement in our writers and speakers, if, like Lincoln, they would only give study to the English of the Bible!

In the beloved 23rd Psalm there are 119 words; 95 are words of

The publishers of the famous RED LETTER EDITION of the Bible inform us that only by means of a vast newspaper-cooperation throughout the United States and Canada could this magnificent Bible be had for the nominal price asked. They state they are arranging to distribute at least two million copies, and that the RED LETTER BIBLE represents a value of from three to four dollars in the usual channels of trade.

- ALL THE WORDS AND SAYINGS OF CHRIST distinguished from the context by being printed in red.
- All passages in the Old Testament prophetic of the coming of Christ, marked with a Star.
- All the difficult words in both Testaments made self-pronouncing by diacritical marks; made so simple a child can pronounce them.
- Hundreds of Helps and References.
- Family Register of Births, Marriages and Deaths.
- Exhaustive Marginal Annotations. Index to Parables and Miracles.
- Explanatory Heading at top of Dissertation on the Lord's Prayer.
- Proving the Old Testament, by Dr. Wright.
- Books of Reference for Students.
- Readings of Revised Version collated with King James Version.
- Sunday School Teachers' Use of Bible, by Bishop Vincent.
- Calendar of Daily Readings of Scripture, by Whittle.
- Authentic Bible Statistics and Information.
- Harmony of the Gospels.
- From Malachi to Matthew, by Dr. Fernie.
- Biblical Weights and Measures.
- Christian Worker and his Bible, by Whittle.
- How to Study the Bible, by Dwight L. Moody.

A Genuine Gallery of Religious Art

Beautiful Colored Plates Reproductions in Half-tones

Nazareth, Holy Sepulchre, Garden of Gethsemane, Visitation of Virgin Mary, Modern Jerusalem, After the Crucifixion, Damascus, Gate of Jerusalem, etc.

Many of the Sacred Scenes of Biblical History are here shown by photograph, complemented by a complete series of Colored Maps.

Douay Version FOR CATHOLICS

For Catholics we supply the Douay Version. Specially Bound in Genuine Limp Bible Leather, Folding, Cover, Red Edges, Round Corners, Gold Lettered Back, Full Size 9 5/8 x 6 3/4 inches

THE HOLY BIBLE

Translated from the Latin Vulgate diligently compared with the Hebrew, Greek and other editions in Divers Languages

THE OLD TESTAMENT
First published by the English College at Douay A. D, 1609, and

THE NEW TESTAMENT
First published by the English College at Rheims, A.D. 1582, with annotation' references, and an historical and chronological index. Published with the approbation of His Eminence James Cardinal Gibbons Archbishop of Baltimore by the John Murphy Company, Printers to the Holy See

SPECIAL CAMPAIGN PRICE TO OUR READERS

Only **\$1.59**
(and 3 coupons)

OUR SUPPLY IS LIMITED. ACT QUICKLY. BEGIN CLIPPING COUPONS AT ONCE.

MAIL ORDERS

Filled on Terms Explained in Coupon Printed Elsewhere in this Paper

CASTORIA
For Infants and Children
In Use For Over 30 Years
Always bears the Signature of *Chas. H. Little*