

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

What the Fashionable Are Wearing Illustrated Dressmaking Lesson Furnished With Every Pattern.

By Anabelle Worthington



In the styles of her debutante sister. Style No. 3282 is a rayon printed crepe that would appeal to any smart miss in its attractive vivid red tones. The shoulder and hipline bows are of plain crepe in the deepest shade of the print. The long-waisted bodice is caught with plaits at left hip beneath the bow, which makes the right side quite deep emphasizing its diagonal line. The gathered tiers of skirt are decidedly youthful and ripple softly each time wearer moves. This versatile model comes in sizes 12, 14, 16, 18 and 20 years. It is dainty for afternoons in chiffon in tomato red shade, or soft fall silk crepe in Independence blue. Navy blue wool crepe with vivid red bows of fall silk crepe is neat and girlish for classroom. Wool challis prints, feather-weight self-checked tweed, crepe de chine, crepe satin, and canton-crepe appropriate. Pattern price 15 cents. Be sure to fill in size of pattern. Address Pattern Department. Our Fashion Magazine is 15 cents, but you may order a pattern and a Fashion Magazine together for 25 cents.

No. 3282. Size Name Street Address City State

A stunning outfit for the deb and the little sub-deb who follows closely

"After Baby Came I Was Weak, Skinny Gained 22 Lbs."

"After baby was born I was very weak, skinny. Since taking Ironized Yeast I feel fine. Gained 22 lbs." Mrs. Laura Benoit. Thousands write new Ironized Yeast adds 5 to 15 lbs. in 3 weeks. Ugly hollows fill out. Bony limbs get graceful roundness. Muddy skin gets healthy color like magic. Nervousness, indigestion, constipation vanish overnight. Sound sleep, new pep from very first day. Two great tonics in one - special weight-building Malt Yeast and strengthening Iron. Pleasant little tablets. Far stronger than unmedicated yeast. Results in 1/2 time. No yeasty taste, no gas. So quit being "skinny," tired, unattractive. Get Ironized Yeast from drugist today. Feel great tomorrow. Money back from manufacturer if not delighted with quick results.

Milady Beautiful



BEAUTY QUESTIONS ANSWERED Oily Hair

Dear Miss Leeds—My hair is very oily. It will not keep a curl in one day, even after it is washed. My head is very dry. Will you please tell me what I can use on my hair? Thanking you, JESSIE.

Answer—Very oily hair is often the indication of a rundown state of health and then, of course, the first step is to tone up the health in general. If you feel that your general health is not what it should be, I should advise you to consult a physician. Now, for the care of the hair itself: first see that the hair is thoroughly aired every day. Let it hang loosely while it is shaken and fanned. Do not wear tight, unventilated hats. Brush your hair thoroughly every day, and when brushing use forward, upward strokes so that the air may get to the scalp. Here is a splendid tonic for oily hair: One-fourth ounce bicarbonate of soda; two ounces cologne water; one ounce distilled water; two drams tincture of cartharides; four ounces bay rum; thirty grains quinine sulphate. This may be applied every other night and the scalp massaged for ten minutes. LOIS LEEDS.

Eyes Are Painful Dear Miss Leeds—Every night when sleeping my eyes water and in the morning they burn and are very painful. I do not wear glasses, as my sight is very good. However, the pain seems to last all day. Can you advise me of anything that will help this condition? READER.

Answer—The fact that your vision is good is not necessarily a sign that your eyes do not need attention. The painful and burning condition seems to me to be reason enough to consult a reliable eye specialist to prevent the appearance of any more serious eye trouble. During the day practice resting your eyes for a few minutes. Shut them for a minute or two, then focus them on a distant object. Do not stare, but blink the eyes and move them first to one object and then to another; now close them again. This will rest and relax the tired muscles. Also dissolve a pinch of salt in a cupful of water, which may be cold or just tepid. Use an eyecup and bathe the eyes in this solution for a few minutes; this will tone and strengthen them. Dry the lids thoroughly when through. In addition, wash the eyes twice a day in an eyecup full of boric acid solution. Another exercise which is good for the eyes is to close them and roll the eyeballs slowly from one side upward and down to the other side. Rolling the eyes in this way brings into play all the small eye muscles which might otherwise fail to get any regular exercise. LOIS LEEDS.

Tomorrow—Round Shoulders Electric refrigerators are just being introduced into homes in Denmark.

What Women Look for in Marriage Dorothy Dix Tells Basis of Happy Relationship

If a Woman Receives Appreciation of All Her Efforts From Her Husband Her Marriage Life is a Success; if She Doesn't Get it Marriage Becomes Ashes in Her Teeth, Says Dorothy Dix

What do women want of marriage? They want safety first. This is a primeval desire that we have inherited from our cave mothers who looked out for some place secure from danger in which to bear and rear their young. That is why every woman yearns for her own home and why every woman, no matter how emancipated she is, wants some man to cling to and protect her and to stand between her and the world.

Every woman wants to look up to her husband. She wants him to be stronger than she is, wiser than she is, more poised than she is and less dominated by emotions. She wants him to be a staff to learn on, a rock of refuge to which to flee in every time of trouble, and unless he is, marriage is a blighting disappointment to her.

It is true that you see women love weaklings. You see them love drunkards and philanderers and shiftless ne'er-do-wells, but the affection they give to these is not the love of a woman for her mate. It is a maternal love that is half pity, half contempt, and the woman is never happy herself or contented. Marriage has not given her what she longed for and expected.

A woman wants love in marriage. Above all earthly things she desires a husband who is a perpetual lover, and not a dumb one either. A girl nearly always says "yes" to her most ardent suitor, the one who has the most fiery line of love-making, and she looks forward to spending the balance of her days in an atmosphere of adulation with one who will tell her how beautiful and wonderful she is and how he couldn't live without her.

And as long as a man will feed his wife on soft talk he may fail to provide the beefsteaks and she will never find it out. As long as he will hold her hands she will cheerfully work them to the bones for him, as long as he will kiss her on the eyes she will be as blind as a bat to his every fault and shortcoming. At the bottom of every peevish wife's discontentment is the fact that her husband never gives her a kiss that isn't the peck of duty and habit; that he never pays her a compliment or notices what she has on and that he expects her to be mind-reader enough to know that he still loves her, even if he never gives any outward and visible sign of it.

Women want companionship of marriage. Women are gregarious creatures who dearly love the sound of their own voices, and when they marry the big idea is to get a steady to whom they can tell everything they think and who will entertain and amuse them by recounting the things he has seen and heard during the day.

Picture, then, the disappointment of the woman who finds out that in marriage she has acquired not a friends companion but a human clam that nothing can make open up. In many a household a mummy could be substituted for the husband and the wife would never find out the difference so far as his conversational powers went. Nor does the woman who spends every Sunday and holiday alone while her husband is off playing golf consider that marriage is a gay and alluring adventure. If she had known that she would be left to flog by her lonesome, she would have stayed single where she could, at least, have had other men's society without scandal.

Women want justice in marriage. They put into it just as much as men do. A wife works just as hard and longer hours than her husband does. She makes more sacrifices on the altar of the home than he does. All that she has of body and mind and soul have gone into the firm of Benedict & Co., and she feels that she has the right to be treated as a full partner with a voice in the management of the firm and to receive her fair share of the profits.

And a woman feels that she has been cheated and flimflammed and that marriage has been a losing venture for her when she finds out that she is married to a tightwad who will not give her a square deal and who expects her to work like a slave for her board and clothes. Perhaps the most blighting disappointment that ever comes to any woman is when her free-handed lover, who lavished gifts upon her in their courting days, turns into the niggardly husband who doles out neckles to her and asks her what she did with that quarter he gave her week before last.

Women expect faithfulness in marriage. Before he is married a man has the whole world of women from which to pick and choose, and when he finally does select one girl from all the others of her sex and asks her to be his wife, she naturally supposes that she comes up to his ideal and fires his fancy and is what he desires in a life companion. Also, she concludes that, being an individual of reasonable intelligence, he will not marry until he is ready to settle down.

Fancy the shock of surprise and horror with which she realizes that man is still an imperfectly domesticated animal and that it is harder to keep a wild lion in a cage and that when a woman marries her real work begins because it is a hundred times as difficult to keep a husband as it is to get one.

And, perhaps above all, what women want most in marriage is appreciation. They resent being taken for granted. They don't begrudge the work they do for their families nor the sacrifices they make for them, but they want their families to give some indication that they have at least known when a dinner is good and that mother is tired after she has watched for weeks beside a sickbed. They don't want to have to be a female Sherlock Holmes who will deduce that their husbands still love them from the fact that they haven't been divorced and there are no tappers on their horizon.

They want their husbands to tell them that in their eyes they are better looking than they were when they were girls and that they love them more and more every day. They want their husbands to tell them that they bless heaven for having bestowed them upon them as wives. They want kisses that have passion and romance in them instead of those that taste like flabby buckwheat cakes.

And if women get appreciation in marriage, it is a success. And if they don't it is ashes in their teeth.

LENNOX ISLAND SCHOOL Indian settlers. Following is the program:— How Pure, How Frail and White: (a) English Catechism 1st Class; (b) English Catechism 2nd Class; (c) English Catechism 3rd Class; (d) English Catechism 4th Class; (e) English Catechism 5th Class; (f) English Catechism 6th Class; (g) English Catechism 7th Class; (h) English Catechism 8th Class; (i) English Catechism 9th Class; (j) English Catechism 10th Class; (k) English Catechism 11th Class; (l) English Catechism 12th Class; (m) English Catechism 13th Class; (n) English Catechism 14th Class; (o) English Catechism 15th Class; (p) English Catechism 16th Class; (q) English Catechism 17th Class; (r) English Catechism 18th Class; (s) English Catechism 19th Class; (t) English Catechism 20th Class.

Advertisement for FRY'S BEACON COCOA featuring an illustration of a child and a tin of cocoa. Text: "More FRY'S please mommy!" The daily use of FRY'S delicious Cocoa keeps children rosy-checked and healthy. It is a complete food for a growing child. Write for FREE Recipe Book. J. S. FRY & SONS (Canada) Limited, Montreal, Que.

Etiquette By Roberta Lee

Q. To whom are wedding presents sent? A. They are sent to the bride. Q. Is it all right for the personal card to be cream colored? A. No; the personal card should never be cream or tinted. Q. When one asks for an invitation for a friend to a dance, is it necessary to introduce him to the hostess? A. Yes; the person who vouches for him should personally present him to the hostess.

Household Hints By Roberta Lee

Curtain Holders To keep curtains clean when the windows are open paint safety clothes-pins gay colors, and snap them on the curtains for holders. Bluing Stains Bluing stains can be removed from fabrics by soaking in strong ammonia water. Or soak in kerosene and wash with napha soap in tepid water. Cocoanuts A coconut can be broken without difficulty if it is first placed in the oven until warm.

For The Cook

PINEAPPLE PUDDING Two eggs, 1 cup sugar, 4 cups milk, 2 cups fine bread crumbs, salt, 1 teaspoon lemon extract, 1 1/2 cups crushed pineapple, 4 tablespoons powdered sugar. Beat egg yolks, sugar, salt, and the flavoring together, add milk and pour over the bread crumbs. Mix well, and bake in a greased dish in a moderate oven. When firm cover top with drained pineapple, top this with meringue made from beaten egg-whites and powdered sugar. Return to a slow oven, and cook until meringue is a light brown. Serve cold.

A Morning Smile

Two young men had been behaving in a disorderly manner at a Revivalist meeting and the missioner asked them: "Why did you come to this meeting?" "To see miracles performed," answered one of them. Whereupon they were summarily ejected. "We don't perform miracles," explained the missioner, "but we cast out devils!"

Character Close-Ups



SHORT PUDGY NECK AND PLUMP SHOULDERS INDICATE THIS GIRL IS NOT EASILY EXCITED C. N. R. Radio Program WEDNESDAY, JANUARY 22nd 10.30—Home Economics and Morning Musicals. 1.00—Stock Reports—Solloway Mills. 2.30—Musical Program. 6.30—Stock Reports—Johnston & Ward. "Sevilla" the first all-talking film in Spanish, is being produced in Paris.

Character Close-Ups

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Advertisement for STEWART'S BREAD featuring an illustration of a woman and a loaf of bread. Text: "EAT MORE STEWART'S" Jimmie Jingle Says: "Wise women folk bake no bread no more. They get it at the grocery store." —Stewart's Bread. TOWN'S PRIDE

Advertisement for CRAMPS PERIODIC PAINS featuring an illustration of a woman sitting. Text: "DO YOU SUFFER FROM BACKACHE?" The physical changes to which all women are subject mean that at certain periods there is Back-ache, Cramps, Headache and Nervousness. Constipation nearly always adds an additional burden. Womanly troubles are effectively treated by Dr. Hamilton's Pills. These tiny sugar-coated pills work smoothly—they don't upset the system—they regulate, assist nature, get slow working organs into an active condition so that natural functions are properly and regularly performed. Women without number who have proved the health-bringing properties of Dr. Hamilton's Pills claim they are exactly suited to women's needs. Sold everywhere. DR. HAMILTON'S PILLS FOR WOMEN'S ILLS

Advertisement for FLETCHER'S CASTORIA featuring an illustration of a child. Text: "FOR QUICK, HARMLESS CURE Children Cry for It"