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is the favourite with lovers of ice cream at present. These dainty treats are made of the same ingredients and with the same careful attention as all Perfection products, and to make this one line which sells for

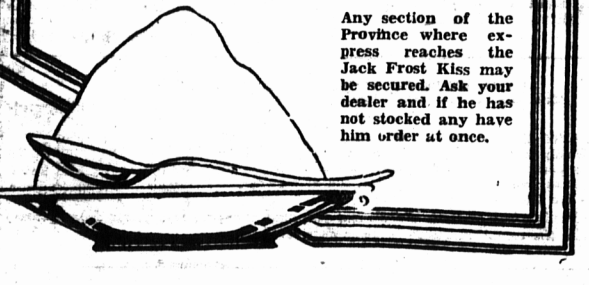
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Just a little daintier we have added a heavy coating of pure chocolate. If you have never tried a Jack Frost we can tell you, you are missing a real treat.

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FOR THE WOMAN READER BY FLORENCE RIDDICK BOYS

NAME FOR OCCUPATION
A movement has been started among certain women's clubs to find a name for the occupation of a wife. Housewife, homemaker, mother, none of these quite fills the bill.

INSTEAD OF PETTICOATS
For dresses which seem to demand some kind of petticoat, bloomers are made with ties or ruffles on them. These prevent the shadow through the thin dress skirt.

THE CLUB SANDWICH
Club sandwiches are good-but how to eat them has been the undoing of many a diner out. They are not to be picked up in the fingers, and nobody with an average mouth could take a bite clear through. Even if he tried it, he would be sure to spill some of the contents enroute. The proper way to eat a club sandwich is to cut it with the knife and fork, like meat, and eat it with the fork held in the right hand.

DON'T GROW STALE
If you are in a nice, comfortable rut, don't slump down in it. A one-track mind will not make you interesting to your associates, and unless you keep alert and up-and-coming, you will soon become a drug-on-the-market.

No matter how tired you are at night when you come home from the job, nor how unnecessary it seems to clean up and put on a fresh gown when you are just staying at home with the baby, do it anyway. It has a psychological effect on your spirits and intellect, and will really brighten you both.

Tackle something new once in awhile, enter a new field of interest or activity; branch out and meet new people; learn to play new games; do something different. It requires some nerve and stamina to refuse to "stay put", but it pays rich dividends in happiness and fullness of life. It may even pay cash dividends, for it by growing and improving and learning new things that new opportunities come to us.

HINTS
Salt will not get damp and refuse to shake out of the shaker if a teaspoon of corn starch is added to a cup of salt.

White flour may be purchased in quantity, but Graham or corn-meal is much more likely to be attacked by pests. It should be purchased in small quantities and kept in glass or tin receptacles.

Any food with strong odor which is kept in the ice box should be covered tightly in a glass dish. Glass fruit jars are good for this purpose.

Tough meat may be made tender by pounding, by long cooking, or by laying it for a few minutes in vinegar water. A teaspoon of vinegar added to the liquid in which meat simmers helps to dissolve the connective tissue. Some cooks use a tomato, as its acid answers the same use.

A lump of charcoal, left in a closed bottle or jar will keep it from becoming musty.

Coffee should be kept in an air-tight canister. Olive-oil should be kept in a cool, dark place, and soap, cheese, salt, and baking powder in dry places.

WORKING WOMEN
Of the eight and a half million women in the United States who are working outside their own homes, almost one-fourth are in domestic or personal service-inspite of the common impression that women are fast becoming an un-domesticated animal. Another fourth are factory workers, and one-eighth are engaged in agriculture; raising poultry gardens and other farm products.

The 800,000 of them are teachers, for teaching is almost a female profession, only about five percent of teachers being of the male persuasion. There are 500,000 stenographers and typists among these working women, 178,000 telephone girls, 140,000 nurses, 13,000 librarians, 10,000 college presidents and professors, 9,000 women physicians and 9,000 women authors, editors and reporters.

A newer field rapidly engaging large numbers of women is welfare work, including women judges, lawyers and social workers.

A recent study into what are the first requisites in the career of working women has made the discovery that a prime essential is sympathy of the husband with the wife who undertakes the upkeep of home, husband, children and career. The women who succeed in this quadruple capacity are those who have husbands who stop at the store for groceries, help do the supper dishes, help put the children to bed and are willing to go fifty-fifty on family responsibilities. They are not those who think of women as a chattel, that as a person, and in many cases—as a pal.

FAMILY SYMPATHY
Mary does not love me as Jane does. She is not as willing to stay home or as obedient nor as thoughtful of my welfare as Jane was. We often hear a mother talk like that about her younger child. And why is it? Both girls had the same mother.

SMILES
Mother: "I don't see what those teachers are thinking about to let my daughter come to school dressed the way she does."
Woman: the traditional bargain hunter, may be interested in the sign, seen in an undertaker's window: "Why walk around half dead when we bury you for \$37.98."

SMILES
"You should smile when you look at me."
"Smile? Huh; I have to laugh."
"What time does the next train pull in here and how long does it stay?"
"From two to two to two-two."
"Goodness, are you the whistle?"

SMILES
The wretched are they who look at those above them and envy them. The happy are they who look at those below them and try to help them.

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ing and the same training but Mary is tender and kind and willing to make sacrifices for Mother. She remembers to help with the dishes and straighten her room, and kisses Mother "goodbye" and is shocked at Jane's modern independence and insolence when her will is crossed.

The difference probably lies in the fact that when Mary was a little girl the family was poor. Mother was not strong and it was necessary that Mary turn in and help. She saw Mother strain and sacrifice and keep sweet about it, happy to give herself to her family and make them comfortable. Mary shared in the hard work and family sacrifices and learned what it meant to suffer and bear things, each for all and all for each, and it made her appreciative and sweet tempered and kind.

Jane came into the world after the family began living on Easy Street. She does not know what sacrifice and hardship mean and there is no such word as "self-denial" in her vocabulary. She feels insulted if she cannot have everything she wants and she thinks Mother is "picking on" her if she demands anything. She refuses to let her have her way. It is not Jane's fault. Put in a serious position, she would probably throw her all upon the altar of self-sacrifice with a heroic devotion, as many of our pampered boys and girls did in the World War. But today, she cannot comprehend that life is anything but indulgence.

It is not a calamity for a family to be poor and pushed by hard necessity struggling and suffering and sacrificing together makes for sweet family love and companionship and mutual appreciation. It builds character in children to endure hardship.

Six boys in college roomed at the same place. Three helped earn their expenses and three did not. At the end of the term, three passed and three flunked. Which three were which, do you think? Yes, you are right; it was the three who had to partly work their way who made the high grades.

LINES
How can the ordinary women tell when things are in good lines, when gowns are cut along good lines and when designs and patterns in her household furnishings are of good lines. Lines of great importance in decorations and a knowledge of them is necessary to one who would dress herself and her home artistically.

In general, be simple, do not have too many conflicting lines. This is the first principle of "good lines". Intricate design is fatiguing. Richness consists in simplicity, only a few lines since space is more valuable than anything you can put into it. Over the design and design by the confusion of many complex lines. Cheap dresses are usually fussy, with their defects hidden by ruffles and bows, or they are made to cater to the tastes of people who like a lot of flummy diddle and have not learned the elegance of simple lines.

The following general principles of line may help you to know what lines you want in your various appointments.

A fine black line suggests precision and hardness, exactness. A fine gray line is softer and suggests delicacy. A rough, broad line suggests homeliness and solidity—like the legs of the large oaken homestead furniture of old.

Verticals convey the idea of simplicity, firmness and dignity, with a certain severe grace. Consider the virtues of the dress with up-and-down lines. An excessive use of verticals suggests stiffness and rigid formality.

Horizontal lines are the easiest for the eye to follow. It can sweep across a wide horizon without tiring. Therefore horizontal suggests ease, quiet, repose, languor. The low, comfy house, the low easy conveyance, the women in the broad, languorous dress, the broad old shoe, the wide inviting davenport.

Diagonal lines suggest action. Our bodies when in action produce oblique lines, and such lines inspire action in the observer. Curves are more pleasant than straight lines because they suggest smooth and easy movement.

A DECEPTIVE DESSERT
A dessert which the children enjoy, because it is a fooler and not what it seems, is made of peach halves and whipped cream, but when it is brought in on the plates it looks like a fried egg—at first glance. Let the children serve it when a relative is present, and that will increase the joy.

Put the half of a canned peach on a small plate with the open side facing you. Cut a border of whipped cream. The peach will look like the yolk and the whipped cream like the white of an egg.

MRS. SOLOMON SAYS:
The most charming woman is she who can appreciate other women's charms.

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De Soto Six

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Charlottetown, P. E. I.

KENSINGTON HIGH SCHOOL
Honour Roll—Kensington High School—September.

Principal's Department
Senior Grade X—1, Jennie Paynter; 2, Isabel MacLean; 3, Gerald MacKenzie; 4, Edna Champion.
Junior Grade X—1, Gladys MacNeill; 2, Jean MacKenzie; 3, Helen Yeo; 4, Vivian Paynter.

Vice-Principal's Department
Grade IX—1, Anna Millman; 2, Anna Heggarty; 3, Elva Casely; 4, Bessie Champion.
Grade VIII—1, Irene Taseley; 2, Rena Kennedy; 3, Lore McKay; 4, Billy MacLean.

Miss Profit's Department
Grade VII—1, George Lewis; 2, Olive Reeves; 3, Evelyn MacNeill; 4, Glen Inglis.
Grade VI—1, Norma Clark; 2, Grace Semple; 3, Grace Clark; 4, Edith Kelly.

Miss Ready's Department
Grade V—1, Bernice Watson and Marjorie Kennedy, equal; 2, Louise Bernard; 3, Ethel Stewart; 4, Gertrude Cameron.
Grade IV—1, Don McKay; 2, Everett Champion; 3, Foch MacKenna; 4, Jean Profit.

Miss Higgin's Department
Grade III—1, Leonard Watson; 2, Willie Casely; 3, Reta Clark; 4, Dorothy Essery.
Grade II Senior—1, Rilla Braham; 2, Dorothy Bearstro; 3, Iva Champion and Millie Bearstro, equal; 4, Doris Kennedy.
Grade II Junior—1, Mary Casely; 2, Annie Delany and Elmer Champion, equal; 3, Janette White; 4, Aniceta Braham.

Miss Thompson's Department
Grade I Class A—1, Helen Higgins; 2, Robert Bowen and Joseph Arsenault; 3, Eric Jardine.
Class B—1, George McKay; 2, Bruce Clark; 3, Arthur Watson; 4, Morris Clark.
Class C—1, David MacLean; 2, Boyd Bearstro; 3, Anna Casely; 4, Julia Saint.—Y.

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