

Woman's Realm :- Social and Personal :- Fashions :- Literature

Helpful Hints

SHOE CARE

No leather shoes should be worn without being dressed properly with cream beforehand. This protects that pristine beauty and saves them from discoloration and sootting.

SOUVENIR SPOONS

If you belong to the age when souvenir spoons came home from every trip you look, get them out of the attic and shine them up. They are in vogue again. The older and quainter, the better.

FLASHING CHEER

One's window curtains are more than mere decoration for the room. With windows with merry red, green, pink or yellow curtains are cheering to all those who pass by the rear of the house.

FLOWER TOUCH

If you have little money for home decorations, buy single flower vases of the five and ten cent stores and purchase just a couple of daffodils, roses or carnations. Place vases at either side of the table and the effect will be pleasing.

CANARY CARE

Canaries need appetizers in spring as well as people. Plant a little garden for your bird and then place the cage over it, or put a little green in the cage every day.

GOLD FISH

You can buy a bunch of green for your gold fish for a dime. It comes with roots so will grow in the bowl. They love to play around it and nibble often.

ALL-GREEN SALAD

Appetizing is the all-green salad, made of lettuce hearts, with a few stalks of endive, watercress, and three stuffed olives.

STUFFED EGGS

Creamed stuffed eggs make a delectable luncheon dish. Devil the eggs, place on a slice of toast, cover with cream sauce and heat piping hot.

DOUBLE SOCKETS

When using an electric toaster, percolate or other electric equipment at the table, double sockets are the time savers for no lights must be removed before equipments can be connected.

PAINT STAINS

If your windows are paint stained the easiest way to remove the stains is to shave them off with a razor blade.

SHELLACING PAPER

Bathroom paper can be made doubly attractive and long-lived by shellacking it when new. Use clear shellac and let it dry thoroughly before you steam it up with hot water.

NURSERY CURTAINS

Stunning nursery curtains can be made from unbleached muslin with bold gray designs done in colored cross-stitch of Jack and Jill or Mother Goose characters.

When Your Cough Hangs On, Mix This at Home

The best cough remedy that money could buy, can easily be mixed at home. It saves money and gives you the most reliable, quick-acting medicine you ever used. The way it takes hold of stubborn coughs and chest colds, giving immediate relief, is astonishing.

Any druggist can supply you with 2 1/2 ounces of Pinax. Pour this into a 16 oz. bottle, and fill up with plain granulated sugar syrup or strained honey. It's no trouble at all to mix, and when you once use it, you will never be without it. Keeps perfectly and tastes good—children really like it.

It is surprising how quickly this lessens the germ-laden phlegm, and soothes and heals the inflamed membranes. At the same time, part of the medicine is absorbed into the blood, where it acts directly on the bronchial tubes, and helps the system throw off the whole trouble. Even those severe coughs which follow colds, influenza, are promptly coded.

Pinax is a highly concentrated compound of genuine Norway Pine, containing the active agent of creosote, in a very palatable form. It is a powerful medicine, is more helpful in cases of severe influenza, chest colds and bronchial troubles. Do not accept a substitute for Pinax. It is guaranteed to give prompt relief or money returned.

Office Wife Responsible for Divorce? Dorothy Dix

"The Business Education of all Office Girls Should Include Course in Hardening Their Hearts Against the Men for Whom They are Going to Work," Cries Victim of Stenographer-Employer Romance

There is no denying that the entrance of women into business has added a new and dangerous complication to the relationship of the sexes, and is largely responsible for the increase in divorce and the breaking up of homes.



It has made a situation that is dangerous to men, because it exposes many men who were formerly immune to temptation.

In the old days when there were no vamps in offices, a married man's contact with women was mainly across the counter, or at evening parties to which he was dragged by his wife, neither of which occasions offered much background for philandering. Most of the women he knew were his wife's friends, and, as a matter of fact, he seldom got well enough acquainted with a woman to be interested in her.

But far different is it now when the Other Woman has planted herself right down under his eyes he cannot but see how young and fair she is; when he spends most of his waking hours in her society, and when they have between them the bond of a mutual interest in business about which they can talk endlessly together. Propinquity gets in its deadly work in the office as elsewhere, and many a man who would never have gone out to hunt up a Lady Love falls in love with the one that fate has thrown at his elbow.

The situation is full of danger for the wife, because she is brought in constant daily contact with a woman who is not only generally younger and prettier than she is, but whose business it is to flatter and cajole her boss, while it is often the wife's business to jock up her husband and tell him of his faults. It is no help to a woman who has been up half the night with a sick baby, who has to make on a dollar do the work of five and never has any money to spend on her own beautification, and who has had a breakfast table row with her husband about the bills, to have him go downtown to a beautifully dressed and groomed secretary who is gay and full of pep, and who will yes-yes him about everything he does and says.

And the situation is full of danger to the girl, because only too often she idealizes the man she works for and falls in love with him. Because he is the big man on her horizon, she looks up to him and he becomes her hero. Because he is forbidden fruit, she hankers for him all the more, and because her romance must be stolen, it is all the sweeter on her lips. Many a girl who knows she is playing with fire in having an affair with her married employer is still helpless to save herself, or to do anything but go on and burn herself up on the altar of her love for him.

Very often these love affairs between married men and the girls who work for them are pure tragedy. Very often a man who has married too young, and who has outgrown his wife, finds his real mate in the intelligent, broad-minded secretary.

Very often a man who is married to a cold, selfish, self-centered, peevish whining, neurotic woman finds the sympathy and understanding and affection for which he is starving in some generous, warm-hearted, understanding woman with whom he is thrown in daily contact in his office. Very often a woman finds in the man for whom she works those qualities of nobleness and fineness and chivalry which alone she could love and which she has found in no other man.

Sometimes, of course, such affairs are hideously sordid. Sometimes a man is mean enough to trade upon a girl's necessity of holding her job, and perhaps supporting those who are dependent upon her, by making it contingent upon her submitting to his amorous advances. Sometimes a man just for the sake of gratifying his own vanity of being a lady-killer wins a girl's heart and fills it so full of love for himself there is never any room in it for any other man, and then leaves her for other conquests. Sometimes the girl is a little gold-digger who deliberately sets out to break up a man's home and get him for the sake of the luxuries he can give her.

But however it is, in ninety-nine times out of a hundred the love affair between the married man and the girl ends disastrously for the girl. How could it be otherwise when her only hope of happiness is built upon shattering another woman's happiness and in taking away from her her husband and half-orphaning little children? Otherwise there is nothing for her but hopeless waiting for the crumbs of affection and attention that her married lover can give her, and the blackness of a jealousy the most devastating that can ever tear at a woman's heart, when she sees another woman bearing the name and occupying the position that she feels should be hers, spending the money that she helps to earn.

Recently the victim of one of these tragic love affairs said to me: "I know what the world thinks of a stenographer-employer romance, but what the world doesn't understand is the inevitable breaking of the girl's heart at the end of nearly all of them. I knew he was married, but I love him. He told me I was everything in the world to him and there were two years of a wonderful stolen happiness. Then I did something that was indiscreet that embarrassed him and he told me that it was all over, and I was left with nothing but memories that torture."

"The business education of all office girls should include a course in hardening their hearts against the men for whom they are going to work."

So say we all. But who can teach wisdom in love? For man is fire and woman is low, and there will always be conflagration when they come in contact with each other. DOROTHY DIX.

Household Hints

The Carpet Sweeper

To stiffen the brushes of the sweeper, take brushes out of sweeper, put a little common baking soda in some hot water and dip them in it several times. Let them dry in the sun.

Golden Brown Coffee

Instead of using cream, bring milk to the boiling point and pour it,

Window Glass

To remove mortar and paint from window glass wash with hot, sharp vinegar.

OPEN SORES

Apply to any sore, burn, or wound, a mixture of equal parts of... (text partially obscured)

Milady Beautiful

By Lois Leeds



BEAUTY QUESTIONS ANSWERED

Encouraging Finger Wave in Oily Hair

Dear Miss Leeds—What will encourage the hair to take a finger wave? I have very oily hair and it does not hold a wave successfully for any length of time. MISS M.

Answer—The use of a curling lotion will help you to arrange and set the finger wave successfully. However, if your hair is excessively oily it will not hold the wave for any length of time. The best method for you to follow is to try to correct the oily condition of your hair by suitable local treatments, and if necessary by internal adjustments. Use a reliable shampoo to wash your hair at regular intervals. Olive oil, coconut oil, liquid tar soap or pure castile soap shampoo may be used. Be sure to wash your hair thoroughly and rinse in several waters. Dry your hair between warmed towels, and use an antiseptic hair tonic before the hair is quite dry. When the hair becomes excessively oily between washings you may use equal parts of bran, cornmeal and oryza root, with a little powdered camphor added. This may be used as a dry shampoo to remove the excess oil from the hair. Brush the hair out thoroughly and divide it into sections of small strands. Shake a little of the dry shampoo along the partings and on the hair and let it remain on the hair for several minutes. Brush out the powder thoroughly, polish each strand of hair with a cloth moistened with alcohol and cologne water and finish brushing the hair with a clean brush with fairly long bristles. This treatment and dry shampoo will leave the hair beautiful and fluffy and remove the excess oil. Have your hairdresser give you a finger wave and before the wave loses its outline practice putting in the finger wave yourself with your comb and fingers. A permanent wave is helpful with your type of hair. LOIS LEEDS.

Make-up for Medium Blond Type

Dear Miss Leeds—(1) I have blue eyes, light olive complexion and blond hair, which is beginning to darken. What shade of rouge and lipstick should I use? (2) I am 5 feet 4 1/2 inches tall. What should I weigh? I am 19 years old. (3) I have been using vaseline on my eyelashes for a long time. It didn't help very much, but made them darker and glossier. Do you know of anything that will give better results? (4) I have extremely long fingers; should I wear my nails in an "oval" or a "point"? NODIE.

Answer—Use a medium brick, orange or raspberry shade of rouge and lipstick and a natural shade of face powder, mixed with a little brunette powder of medium shade. (2) The ideal weight for a girl of your age and height is between 125 and 135 pounds. (3) Vaseline or olive oil may be used to lubricate the eyebrows and eyelashes. It tends to make them dark, glossy and keep them in good condition which, together with careful brushing and tweezing out the scraggly hairs, keeps them well groomed and healthy looking. If you want to reconstitute the color of your eyes and use eye coloring or make-up for evening wear, then you may use the eye shadow and eye pencil to color the brows, lashes and eyelids. But during the day time no make-up is used around the eyes. (4) Wear your fingernails filed in a slightly oval shape. It is not considered good form to have them too pointed. LOIS LEEDS.

Bleaching Pack for Dark, Discolored Neck

Mrs. F. J. K.—A good bleaching pack that may be used weekly or semi-weekly is made by mixing three table-spoonfuls of cornmeal, almond or oatmeal to a workable paste with rosewater, which is used or buttermilk. After the neck has been creamed and massaged, apply the pack. Spread it over the neck evenly. Wipe thin pieces of muslin over it and



Best for All Your Baking

"My Bridge was a Great Success ---So was the Lunch"

(From "Letters to Mother" by a Modern Canadian Housewife)

"I know you will like to hear how my bridge party came off. I really was worried about the lunch as the 'eats' at all the parties we attended lately were delicious—and I did want mine to be enjoyed too.

"I told you in another letter the last bag of flour I bought was 'Purity.' Well, the results were so excellent I decided to try my luck with Dinner Rolls as I wanted a change from bread and butter with my salad. Well, the Rolls made a great hit and weren't long in vanishing.

"With my dessert I used a new recipe for Devil's Food Cake. It turned out lovely and moist—quite different from chocolate cakes which often look better than they taste. I used a date filling and chocolate icing and I really think it was a wonderful cake if I do say it myself.

"I have had several telephone requests for the recipe and when mentioning flour I emphasized it must be 'Purity.' I really feel that Purity cannot be beaten because I have noticed that all my cakes are moister, keep fresh longer, and have a fine flavor, which, I am told, comes from the hard spring wheat from which the flour is milled.

"Perhaps you may think that all I have said about Purity is exaggerated, so I am sending you the recipes. Why not try them next time you entertain?"

Your loving Betty

BETTY'S RECIPES

5-Hour Dinner Rolls

- 1 1/2 cups tepid milk
1/2 cup tepid water
1 compressed yeast cake 1 egg
1 teaspoon salt
1 tablespoon sugar
1 tablespoon each of lard and butter
3 cups Purity Flour

Method: Dissolve yeast in the water, add to milk with the salt, then beat in 2 1/2 cups Flour. When light, in about an hour, add the sugar, the shortening (melted), the egg and balance of flour to knead, shape into dinner rolls and let rise to double in bulk and bake in moderate oven (375°).

Devils Food Cake

- 1/2 cup grated chocolate or cocoa
1 teaspoon soda
1 1/2 cup boiling water
Mix together and let stand until balance of cake is ready.
1 1/2 cups brown sugar
1/2 cup butter
2 eggs (beaten separately)
1 1/2 cup sour cream
2 cups Purity Flour (sifted)
2 teaspoons baking powder
Pinch of salt Flavor with vanilla

Mix the first and second parts of cake before the flour is added. Bake in moderate oven (325°) for 40 minutes.

PURITY FLOUR

"Still the Best for Bread" A product of Western Canada Flour Mills Co., Limited, Toronto, Winnipeg, Calgary

F.J.Holman, Local Agent, Charlottetown

Etiquette

By Roberta Lee

Q. When one has a friend who is ill, and cannot afford to send flowers or fruit, how may she let her friend know she is thinking of her? A. Send an interesting picture post card or a cherry little note. This often does more good than fruit or flowers.

Q. Should a married woman send a gift to the bride, in her name only? A. No; she should include her husband's name.

Q. What is one of the first considerations that members of a family should show the home-maker? A. Punctuality at meals.

For The Cook

BREAD FUDDING

Soak 1 pint bread crumbs in 1 pint of milk for 1 hour, then stir in the beaten yolks of 3 eggs, 2 table-spoons melted butter, 1/2 teaspoon baking soda dissolved in a little boiling water, 2 table-spoons sugar and a pinch of nutmeg. Fold in the beaten whites of the 3 eggs and bake for 50 minutes in a moderate oven. Chopped figs, dates, prunes or raisins may be added before baking, if desired.

es were present at the funeral. The mother is the sole survivor in the immediate family.

Children Cry for Fletcher's CASTORIA

A BABY REMEDY APPROVED BY DOCTORS FOR COLIC, CONSTIPATION, DIARRHEA.

What the Fashionable Are Wearing Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annabelle Worthington



3248

Here is a cute model for classroom for the little sub-deb who admires snappy clothes that are simple and smart. It is navy blue wool crepe printed in dark and vivid red tones and belted at normal waistline with plain red in the dark shade of grosgrain ribbon. The collarless neckline is accentuated by self-fabric bow tie. It is moulded through the waist

and hips with slight blousing above belt with new flared fulness introduced in skirt through soft gathered rounce with upward tendency at front.

This attractive style No. 3248 comes in sizes 8, 10, 12 and 14 years. For the girl of 8 years, it can be copied easily with 1 1/2 yards of 39-inch material and grosgrain ribbon belt.

There are many other fabrics equally fashionable and suitable as crepe de chine, wool challis prints, rayon crepe and wool jersey.

Pattern price 15 cents. Be sure to fill in size of pattern. Address Fashion Department, Our Fashion Magazine is 15 cents, but you may order a pattern and a Fashion Magazine together for 25 cents.

Form with fields for Name, Street Address, City, State

CORNS Peel Off, No Pain

An amazing remedy—acts in a few seconds and causes no pain. The corn shrivels up and loosens. Another application or two and the corn drops out. Wonderful—yes, it is—but that is just how Putnam's Corn Extractor works. You can buy Putnam's Corn Extractor from any druggist. Get your bottle today. Refuse a substitute for Putnam's.