

Woman's Realm Social and Personal Fashions Literature

ELLEN'S DIARY

By An Island Farmer's Wife

Varied endeavours engaged the attention of the farmers in the vicinity of Alderlea today. In a field bounded on one side by this road of ours which winds out and over the hilltop, and snug against western woodlands, folks were at the digging. There, we have often seen Fat at work, at the sowing perhaps after a team, or maybe when the sun was dipping in Summer, gathering the pretty herd of cows home to the milking.

Nearer to us, indeed just beyond a line on a neighboring farm, threshing was being done—oats and buckwheat, the latter always an intriguing grain, bound in as it is with "new land" and pioneer cropping, interesting now because of its rarity, beguiling too in its blossoming fragrance and even in its dusky lines of stooks. Our farmers were at Rob's. James grumbled a bit at breakfast—so cozy these Autumn mornings, about the recent spells of delaying weather for the field-work, but was grateful to have found a promise in this day's dawning, which has given us, and all, rich sunlight and a stiff drying wind.

And what of Mr. C. close farmer to us, who lives in his house on the hill? Of them all, we agreed that he brought the best inspiration of all to the housewives, though we fancy James would be one to dispute this, he being one who tends to lay more stress on our material needs and comforts. "You'd find yourself growing a piece of striking scenery, Ellen!" he has chuckled to us, and even though we still have a hinking believe that there is such an ideal estate as "living in love", James is one to remind us with our head in the clouds, that "when want comes in the door, love flies out the window" which adage to our mind could be only part truth since more than once in our experience we have seen these invisible bonds strengthened instead

Montgomery-Birtwistle Wedding



Mr. and Mrs. Clifford Montgomery photographed following their marriage at St. Paul's Anglican Church. Left to right: Mr. J. Sinclair MacKay and Mr. E. F. Norman, ushers, Lieutenant-Commander Ken-

neth Birtwistle, groomsmen, Mr. and Mrs. Montgomery, Mrs. Wendell Worth, ushers of honor, and the bride's parents, Mr. and Mrs. Archibald Birtwistle. Photo by Garnhum.

of weakened by the winds of adversity. . . . So James, most provident husband of ours, was off to the threshing at Rob's to provide us in a roundabout way with food to keep the pot a-boil, while Mr. C., unwittingly bettered our surroundings and brought much pleasure to Jennie and us at Alderlea. In recent weeks due to a laborious work of repair to the flume, mill-wheels have been idle, and the pond, wherein we read many delectable things, has been flowing between muddy banks. With much satisfaction we saw it fill and overflow today and spread in time to flood the flats and inch up along the dam, making it beautiful in our eyes. The wind

DOROTHY DIX SAYS—

Bachelors' Choice

Widow, Experienced in Wifehood, Is Preferred Matrimonial Risk

DEAR MISS DIX: One of your correspondents wants to know what magic formula a widow uses to enable her to marry more quickly than a single girl. My husband contends that widows find it easy to remarry because of the same qualities which attracted the first husband. I think this is true because I have been married twice and I am not aware that I used any different tactics as a widow than I did when I was a girl. It is just the same that some women attract men and others don't.

ANSWER: Doubtless you are right, to a degree at least. There are women who have sex appeal and those who totally lack it. There are women who have winning ways and who know instinctively how to rub men's fur the right way, and there are those who are born antagonistic to men and who never learn the trick of pleasing them. . . . But all the same, in addition to the widow being possessed of the necessary amount of appeal, as she has proved by having married one man, she also has a technique that enables her to win over her spinster sisters. For in a sense she is a professional, while they are mere amateurs, for she has had a husband and, like Mr. Kipling's hero, she has learned about men from him.

KNOWS ANGLES

She knows, as no inexperienced girl can, how to please men, how to get around the angles in their dispositions, how to jolly them along, and when to talk and when to keep silent. (Continued on Page 3)

Morning Smile

WORKS ALL NIGHT

An English tourist was on his first visit to Niagara Falls, and a guide was trying to impress him with their magnitude. "Grand!" suggested the guide, but the visitor did not seem impressed. "Millions of gallons a minute," explained the guide. "How many in a day?" asked the tourist. "Oh, billions and billions," answered the guide. The visitor looked across and down and up as if gauging the flow. "Runs all night, too, I suppose?" he remarked nonchalantly.

Cook's Corner

OLD-FASHIONED CHICKEN PIE

Ingredients: 1 fryer or broiler (2½ to 3½ pounds), 1 teaspoon salt, ¼ teaspoon pepper, 4 carrots, 2 cups green peas or 1 package quick-frozen green peas, 6 to 8 small onions, 2 tablespoons flour, 2 tablespoons water, 1 cup milk. For Biscuit Dough: 2 cups sifted flour, 3 teaspoons baking powder, ¼ teaspoon salt, 4 tablespoons butter or vitaminized margarine, ½ cup (about) milk. Method: Have chicken cut in pieces for frying. Wash well. Put in stewing pan and barely cover with boiling water. Add 1 teaspoon salt and ¼ teaspoon pepper. Heat to boiling, then simmer 40 to 50 minutes or until tender. Meanwhile, cut carrots in halves crosswise, then in fourths lengthwise, and cook in small amount of boiling salted water until tender. Cook peas and onions drain vegetables. For biscuit dough: Sift flour, baking powder and ¼ teaspoon salt into a mixing bowl. With 2 knives, or pastry blender cut in butter or vitaminized margarine to form coarse crumbs. Add ½ cup milk to form a soft dough. Roll out about two-thirds of the dough on a lightly floured board or a pastry cloth. Line bottom and sides of a 12 x 7½ x 2-inch baking dish up to the top edge. Trim off smoothly. Arrange pieces of cooked chicken over bottom of dish. Mix 2 tablespoons flour, 2 tablespoons water and add to 1 cup chicken broth. Gradually add 1 cup milk, heat until thickened. Stir in cooked vegetables and pour over chicken. Roll out remaining dough

Better English

By E. C. Williams

1. What is wrong with this sentence? "He should be here inside of a week."

2. What is the correct pronunciation of "irrevocable"?
3. Which one of these words is misspelled? Kennel, kerosene, kemist, khaik.
4. What does the word "mythic" mean?
5. What is a word beginning with ant that means "diametrically opposite"?

ANSWERS

1. Say, "within a week." 2. Accent second syllable, not the third. 3. Chemist. 4. Fabulous; Imaginary. "The mythic turt who danced the nymphs." — Mrs. Browning's Antipodal.

The Stars Say--

By Genevieve Kemble

For Wednesday, October 12

ALTHOUGH there are splendid auguries for satisfactory plans and execution of them, with astute and sagacious promise for signing new contracts or commitments inaugurating new ways and means for enhancing the fortunes and activities, yet there may be a tendency to indulge in excessive energy, or to arouse the ire of opposition of partners, either in business or domestic contacts. Compromise or ingenuity might assuage conflict or inharmonious. Check "smarty" inclinations.

For the Birthday

Those whose birthday it is, have most auspicious configuration for making progressive moves, with the energies and mentalities well stimulated for astute and ready grasp of new factors, renewed contacts, desirable changes, travel, fresh propositions, and while the mind is keyed to keen judgment and accuracy yet there is danger of arousing opposition, conflict or regrettable want of support, either in business or closer affiliations. Be ready to compromise or placate when such means threatens to undermine vital plans.

A child born on this day has splendid intellectual abilities and is keen and sagacious although having a knock of rousing opposition. (rather thin) and cut in 1-inch strips. Place criss-cross fashion over chicken and vegetables. Bake in a hot (400 degrees F.) oven for 20 to 30 minutes or until the crust is light brown. Makes 6 serving.

A Country Garden

By Mrs. Gordon Macmillan

SONG FOR OCTOBER

"Now singing colors chord their trumpet tones, The maples make bright music up the hill, The brook runs amber over polished stones, The pond is deeper than the sky, and still, Come the late wagons rumbling down the lane Freightened with pumpkins, cabbages and corn, Wheeling the dust into a golden rain, Leaving behind the ravished fields forlorn, Sweet summer is again a memory, The lyric April a lost fairy story, This is the season of the singing tree, The winding horn of Autumn's ambient glory."

The Barberry shrubs are hung with scarlet fruit that look like many scarlet bells on every graceful branch, the leaves also are red and bronze and this makes it one of the most desirable shrubs for Autumn. There are several varieties of Berberis and those I grow have their scarlet berries all winter, except when the birds are very hungry, and with snow piled around them, they make a very pretty picture.

For hedges they are perfect if you don't mind the very sharp thorns and as a specimen shrub they are very attractive. As a hedge they need to be planted about twelve inches apart and are especially hardy in our climate; they have a pleasing habit of growth which is very important in a shrub and are lovely almost every month in the year. The evergreen hedges have been given their last trimming of the season and now look very neat and cared for. Last year, according to my garden diary, we did not have killing frost in this garden until the third week in

Continued on page 16

Household

Scrapbook

By Roberta Lee

Transplanting

Before transplanting a plant to a new pot, soak the pot in water overnight. The moisture needed to fill the pores of the new pot will not be drawn from the plant. If this is done, the transplanted plant rarely wilts, even for a day.

Carpet Cleaning

Cornmeal mixed with salt and scattered over the rugs, then swept off, clean off surface soil. Spots may be effectively removed by sponging with oxgal or ammonia water.

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That Body Of Yours

By James W. Barton, M. D.

WHY DIABETICS CONTINUE TO LIVE

Now that it is known that insulin controls diabetes and that insulin and a prescribed diet enable diabetics to live about as long as they would if they did not have diabetes, many of us may consider that diabetes has been conquered. The truth of the matter is that while diabetes is not a contagious disease, it is hereditary, and the new million diabetics are chiefly the relatives of diabetic persons. Dr. Elliott P. Joslin, Boston, the outstanding authority on diabetes, from statistics gathered by Dr. Priscilla White, states in the "Journal of the American Medical Association," that diabetes is found seven times as often in relatives of diabetic persons as in non-relatives. Another statement Dr. Joslin has often made, and which is still true is that diabetes is overwhelmingly more common in the obese (overweight). It is most common in females and occurs more often in the Jewish race.

In the great majority of cases diabetes is not noticed or recognized for months or even years after its onset. A physician friend of mine told me recently that one day, as he had been feeling tired, he examined his urine and found he had diabetes. He had lost some weight for which he was grateful, but had not even suspected diabetes; he is 75 now, takes insulin daily, and looks years younger than his age. Because physicians recognize that insulin takes the place of the insulin their own pancreas gland has failed to manufacture, they themselves inject insulin into themselves regularly and follow the prescribed diet. Thus physicians with diabetes have a lower death rate than all Dr. Joslin's patients. Over the past 50 years, Dr. Joslin has treated over 33,000 patients (with sugar in the urine), and advises physicians to continue regular examinations of the urine of their patients even after the disease is apparently under control.

Modern Etiquette

By Roberta Lee

Q. If a girl is walking along the street with a man and he speaks to someone she doesn't know, should she speak also?

A. Yes, she should smile and nod her head. And this also holds true for the man, should she speak to an acquaintance. Q. What does a bride do with her engagement ring before the wedding ceremony? A. She either leaves it at home when she departs for the church, or she wears it on her right hand. The wedding ring should not be put on above the engagement ring. Q. Is it all right to take more than one kind of food on the fork at a time? A. Never; take only one piece of meat or one forkful of potatoes at a time.

How Can I!!!

By Anne Ashley

Q. What are some good things to remember when making gravy? A. If the gravy is lumpy, beat with an eggbeater until the lumps disappear. When the gravy does not brown as it should, add a tablespoonful of strong coffee. The addition of a tablespoonful of cream to brown gravy gives it a delicious brown. Q. How can I drive a nail or screw into wood without danger of splitting the wood? A. First push the nail or screw through hard soap or dip it in melted paraffin. Q. How can I prevent new clothespins from breaking so easily? A. Four boiling water over them and allow them to remain until the water has cooled. The patient must be made to realize that he will continue to live only as long as he places himself in the care of his physician. He should be guided, protected, followed up year in and year out

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