

Constipation.

No one need expect to be healthy if the bowels are allowed to become clogged up. A free motion of the bowels daily should be the rule with everyone who aspires to perfect health.

Constiveness or constipation clogs the bowels, chokes up the natural outlet of impure matter, and retains in the system the poisonous effete waste products of nature, causing bad blood, dyspepsia, headache, biliousness, foul humors, pimples, boils, blotches, piles, etc. Burdock Blood Bitters has built up an unrivalled reputation as a cure for constipation and all the diseases which arise from it.

Mr. Burns Woodcock, N.S., writes: "For over two years my wife was troubled with constipation. She tried several physicians, but could get no relief, but after taking three bottles of Burdock Blood Bitters she was completely cured and is to-day in good health. My wife and I cannot speak too highly of Burdock Blood Bitters."

For sale by all dealers. Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

Miss Flora Donaldson, Queen of Scottish Song, will hold a grand concert in Pownall Hall, Saturday, Feb. 19th, at 8.15 o'clock p.m. under the auspices of Excelsior Lodge. She will be assisted by the great Scottish comedian Harry Layden, who toured with Harry Lauder. Admission twenty-five and fifteen cents. 1-16dtr2p.

FLOWERS THAT BLOOM IN THE SPRING

were never more beautiful than the Spring dress cottons and gingham that are now in full bloom on the first floor. It is especially interesting to those who are planning to have a new shirt waist suit in time for Victoria Day as well as for those who are always ready to have first choice of new designs. Mercerized poplins, mercerized voiles, mercerized lawns, Scotch gingham, Scotch lawns, English repps, linennetts, liness, grass cloths and a variety of other fashionable wash goods, most of them are to be had only at Paton's today. 2-16dtr2p.

P. E. I. RAILWAY

Commencing January 1st, 1910, TRAINS ON THIS RAILWAY WILL RUN AS FOLLOWS:

Trains Outward	Stations	Trains Read Up
Mo. Day Ex. Th. Sat. Fri. Sun. P.M.	Mo. Day Ex. Th. Sat. Fri. Sun. P.M.	Mo. Day Ex. Th. Sat. Fri. Sun. P.M.
1.25 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 10.00 10.10 10.20 10.30 10.40 10.50 11.00 11.10 11.20 11.30 11.40 11.50 12.00 12.10 12.20 12.30 12.40 12.50 1.00 1.10 1.20 1.30 1.40 1.50 2.00 2.10 2.20 2.30 2.40 2.50 3.00 3.10 3.20 3.30 3.40 3.50 4.00 4.10 4.20 4.30 4.40 4.50 5.00 5.10 5.20 5.30 5.40 5.50 6.00 6.10 6.20 6.30 6.40 6.50 7.00 7.10 7.20 7.30 7.40 7.50 8.00 8.10 8.20 8.30 8.40 8.50 9.00 9.10 9.20 9.30 9.40 9.50 1		