

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

For The Cook

GINGERBREAD WAFFLES
1 cup molasses,
1-3 cup melted fat,
2 eggs,
1/2 cup sour milk,
2 cups flour,
1 teaspoon soda,
1/2 teaspoon salt,
2 teaspoons ginger.
Mix molasses with the melted fat,
beaten egg yolks, then the sifted dry
ingredients alternately with the sour
milk. Fold in stiffly beaten egg
whites. Bake as usual for waffles and
serve hot with butter and brown
sugar sauce, ice cream or whipped
cream. If the electric waffle iron is
used do not have quite as hot as for
ordinary waffles. You will find it
easier to lift them from the iron in
quarters rather than whole.

What the Fashionables are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annabelle Worthington

And isn't this plaided woolen smart? The coloring is so effective too. The ground is light navy blue, with a gay note echoed in the vivid red broken plaid. The collar and cuffs are of crisp white pique. Red bone buttons accent the front-closing bodice. The skirt is designed in sophisticated new manner the growing girl demands. Style No. 789 is designed for sizes 8, 10, 12 and 14 years. A brown tweed-like woolen with yellow linen collar and cuffs and yellow buttons is smart. Wool jersey in henna shade with brown trim and belt is another idea



789

No. 789. Size
Name
Street Address
City State

Etiquette By Roberta Lee

Q. What is the appropriate gift to the bride from the groom?
A. An article of jewelry, usually suitable for her to wear on her wedding day.

Dorothy Dix Letter Box

Should a Man's Past be Held Against Him as Prospective Husband? - Shall Husband Forgive His Philandering Wife? - Selfish Woman Who Broke up Home to Get Husband Finds Him Not Worth Price

Dear Miss Dix-I intend to be married soon, but I cannot gain my parents consent. They object to my fiance's past. Should a man's past be held against him? EDNA.



Answer: It is inevitable, Edna, that a man should be judged by his past. It is the only yardstick by which we can measure him, and it is only those who have lived unworthily who object to having their records brought up against them.

The man who has always been clean and honest and honorable, and who has filled worthily his place in the world, wants to be judged by his past. Why, what we call fame is just the encomium we pass on the records of the men and women who have done fine things in the world.

We have a right to judge a man by his past because the characteristics that made him follow a certain line of conduct at one time will almost surely cause him to follow it again. The strong man will stand, the weakling will fall. The man who had enough self-control to resist temptation once will resist it again. The man who has indulged himself in every desire will continue to indulge himself to the end of the chapter.

Very occasionally we hear of a drunkard reforming; of a loafer going to work; of a gambler eschewing the green cloth; of a roue turning domestic. But these cases are as rare as hen's teeth, because the appetites and the passions and the lack of will power that sent a man wrong in the past are still with him in the present and will be with him in the future.

Undoubtedly, a man's past must always be brought up against him because there is no way in which he can wipe his slate clean; no, not even if he washes it off with tears of repentance. What is done, is done, and it can never be blotted out.

The man who has been dishonest will always be branded as a thief. The man who has served a term in prison will have the shadow of the jail over him as long as he lives, and the woman who marries him must share in this plight that her husband's past brings upon them. Many foolish and ignorant young girls think there is something romantic and thrilling about marrying a man who has been wild and who has a dark and lurid past.

They do not know that with wrecked bodies and broken hearts—perhaps with deformed and idiotic little children in their arms—they will have to help their husbands harvest the wild-oat crops they sowed in their youth.

So listen to your parents Edna, when they warn you against the man with an unsavory past. No man whose life won't bear investigation is fit for any young girl to marry. DOROTHY DIX.

Dear Miss Dix-I am a man with seven children, ranging from 16 years of age to 2. I love my wife very dearly and have done everything to make her happy, but she appears to be constitutionally immoral. I have forgiven her twice on her promise to reform, but I have reason to know that she has again been untrue to me. If I should divorce her, it would break up my home and I would not know what to do with my children. Please advise. A DISTRACTED MAN.

Answer: I often advise women who have little children that they cannot provide for to endure a faithless husband rather than break up their homes and half-orphan their little ones, but I cannot give the same counsel to the man with little children who has a faithless wife.

Immortality may ethically be no worse in a woman than it is in a man, but nobody will deny that a loose-living mother will have a far more baneful effect on her family than has a loose-living father. For a mother's influence is greater than a father's. She molds her children's characters. She forms their ideals. She sets their standards and breeds in them the habits by which they live.

And if she has no standards of right and wrong, no principles, no virtue, no honor she will inevitably drag her children down to her plane, and her daughters will follow in her footsteps and be on the streets by the time they are grown.

The immoral woman brings her sin onto her own hearthstone, where it is under her children's eyes, whereas the father's philandering has at least, the redeeming quality of not being flaunted in his children's faces.

A good mother often offsets the harm that a bad father can do his children, but no father can atone to his children for the demoralizing influence that a bad mother has upon them.

And for these reasons I think that children should be taken away from an immoral mother, even if they have to be put into institutions. To segregate them from her is the only way to save them. DOROTHY DIX.

Dear Miss Dix-When I was 23 I met a married man sixteen years my senior, who had a wife and two children. Because of me he got a divorce and married me, but we have been bitterly unhappy. My husband is very jealous of me. He has a furious temper. He is cruel and abusive and he makes so little money that I have to support myself by going to business.

As I took him away from his home and his two children, I feel that I should try to make something of our lives, but how can I when I do not have a spark of sentiment or love for him? H. E. L.

Answer: When you look your soul in the face in the still watches of the night, H. E. L., don't you feel that you are getting just about the punishment that you deserve? You did a wicked and a cruel thing, and it is but just that you should suffer for it.

Believe me, no woman can build her house of happiness on the wreck of a sister woman's home and not find that a curse is upon it. No woman can orphan little children and not have to drug her conscience to keep from hearing their cries for their father.

Every day we see pretty young girls flatter and cajole middle-aged, married men into thinking that their wives are too old for them, and that they are tired of them, and that they will be young and gay if they are married to younger women. And we see these men divorce their wives and marry the young girls. But not once in a thousand times do we see anything but misery come out of it.

The man finds that his infatuation for the young girl dies and that they have nothing in common. He is bored to extinction at being dragged around to places of amusement to which she wants to go. He misses his old home, his children, his faithful old wife who loved him for him-

self alone, and he writhes under the contempt he sees in all of his old friends' eyes.

The girl gets no happiness out of it. Her triumph in taking another woman's husband from her turns to dust and ashes in her hands. She finds that the man she has married is an old man who cannot play around with her, and that he cannot even give her the money she thought she was getting because he has to support two families. And she knows that every woman looks at her askance as an unprincipled vamp who has broken up one home and would break up another if she got the chance.

Furthermore, deep down in their hearts the man and the woman have no respect for each other; no trust in each other, for they know that neither one has any loyalty and that each would follow his or her fancy if some other more attractive man or woman came along.

Life nearly always gives us what we deserve, H. E. L., and it comes to me that you are getting yours. DOROTHY DIX.

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A Morning Smile

Cub Reporter (to editor who is retreating): "What is your recipe for success?"

Editor: "I attribute my ability to retire with \$100,000, after thirty years in the printing field, to close application to duty, pursuing a policy of strict honesty, taking good stands with the bad, always practicing rigorous economy, and to the recent bequest of \$50,000, left me by an uncle."

The TRUTH ABOUT BRAN

WITH so many opinions about bran, it is well to know the facts. Here are the results of laboratory tests with bran:

Bran is a good source of Vitamin B. This vitamin helps tone up the intestines and keep them regular.

Bran also supplies "bulk" which further aids intestinal action. The "bulk" in bran is much like the "bulk" you eat in lettuce or other leafy vegetables.

This "bulk" absorbs moisture—like a soft sponge—and gently cleanses the intestines of wastes. Bran also brings the body needed iron for the blood.

A pleasant, safe bran cereal is Kellogg's ALL-BRAN. Millions of people have used it with satisfactory results over a period of ten years.

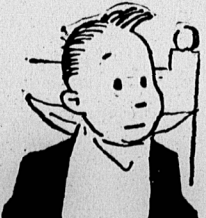
Two tablespoonfuls daily of this delicious ready-to-eat cereal are usually sufficient to prevent and relieve both temporary and recurring constipation. If you suffer from intestinal trouble not relieved this way, consult your doctor.

Kellogg's ALL-BRAN has a wonderful nut-sweet flavor. Enjoy with milk or cream, or use in cooking. Sold by grocers. Made by Kellogg in London, Ontario.

HELPS KEEP YOU FIT

OUR JIMMY

"and make us truly thankful"



"I wish Dad would hurry and say grace. Looking at that dish of Pork and Beans makes my mouth water."



"I guess I'd better get my plate ready. Dad looks awfully hungry tonight. He'll probably ask for a big helping."



"Oh, I think the doctor told Mom to go on a diet, so maybe she'll give me some of hers if I ask her nicely. I think I'll try it."



"Ah, at last! Here 'yar, Mom, here's my plate, and would you mind using that big spoon 'cause I like pork and beans such a lot."

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