

Woman's Realm Social and Personal Fashions Literature

Living & Leisure The Woman's Realm

No one is so accursed by fate, no one so utterly desolate, but some heart, though unknown, responds unto his own. —Longfellow.

CUTS THE GREASE
If you should spill grease on the kitchen linens, sprinkle soda on it and pour boiling water over it. It can then be wiped up without danger of leaving just enough grease to cause a nasty fall.

KEEP THROAT NICE-LOOKING
There is no reason, no excuse for the woman to have an old-looking, loose, baggy throat. Your throat can be smoothed and firm. The loose, baggy skin can be dried and tightened. A good regimen of throat exercises will produce results that will amaze you.

Many women today are budgeting their beauty and but a very little cost can be done at very little cost.
Here is an inexpensive throat exercise to clear the skin through. It is a face as well as throat soap and water. A cleansing cream, either is effective. If the skin is dry, the cleansing cream is best. Now you are ready for your throat massage.

thin add a little more kaolin. Kaolin is not a cosmetic. Smooth the paste on with the fingertips. Begin at the base of the throat and work upward. An extra layer along the contour. Go over the entire face for the first home treatment, then just the throat every day. Use the masque all over the face at least twice a week. Allow the masque to dry. It firms gently and slowly. Rinse away the masque with warm water. Then pat with witch hazel which has been poured over ice cubes or chilled in your ice box. The witch hazel acts as a mild astringent and its natural bleaching qualities whiten the skin. For a very dry skin use a little rich face cream after your masque treatment.

A smooth throat skin gives a beautiful appearance to the mature woman. And don't forget—powder foundation and powder on the throat as well as on the face!

SHOE BUCKLES USED TO FASTEN BELTS
NEW YORK — Shoe buckles of silver from Snow and make impressive belt buckles. They're square and oval, chased with plain and intricate designs at Wee Scott's House, a pin-sized shop in the International Building. The place is crammed full of things from Scotland which you could put to good use without feeling like a bogus Highlander. Diamond-shaped button plain buttons with a raised thistle pattern ought to look fine on plaid skirts and on jackets.

Dorothy Dix Says—

POSSESSIVENESS CALLED WORST VICE OF WOMEN

Regarding Themselves As Guardian Angels, They Crush Children's Initiative

The worst vice of women is possessiveness, and what makes it the more regrettable is that it is so often the blight upon an otherwise fine character. Worse still, possessive women regard their deadly fault as righteousness, and this prevents them from trying to overcome their weakness.

The women who possess their family body and soul, so that she obliterates their individuality and does leave them one lot of personal freedom, never thinks of herself as a grinding tyrant who has crushed the joy of life out of her unfortunate husband and children. On the contrary, she regards herself as a model wife and mother and boasts that she devotes every particle of her time and attention to her family, and that she never leaves her husband even for a single day, or lets her children out of her sight.



She is not, she thanks God, one of those slack women who let their husbands go on fishing trips with a lot of other men, or attend stag banquets, and take a woman friend out to lunch occasionally, and who retire and actually go to sleep at night when their daughters are out to parties, instead of sitting up and waiting for them to come home.

She believes that when a woman marries a man she gets a quitclaim deed to him, and that he belongs to her just as much as though he were a slave she had bought in the market place and that her children are just little lumps of clay she has a right to fashion into any shape she pleases.

WRECK MANY HOMES
It is doubtful whether any possessive woman ever thinks of herself as anything but the Guardian Angel of her family, yet no other woman in the world is responsible for so many wrecked homes, so many divorces, so many frustrated ambitions, so many of the human derelicts who are never able to cope with life.

When we hear of a man, who is married to a woman who is a noble Christian character, and perfectly devoted to him, as the phrase is, and a good housekeeper, philandering round, we ask what in the world does he want in a wife if he isn't satisfied with her? Ninety-nine times out of a hundred the true answer would be that he wants a little personal liberty. He has been smothered by his wife's possessiveness until he is choking. He has come up for a little air. He has stood being treated like a half-wit little boy as long as he can endure it and he is making a break for liberty, no matter what it costs.

When he married he didn't dream that never again would he be able to buy the clothes he liked, or eat the kind of food he craved, or indulge in the amusements he enjoyed. He expected to turn over most of his earnings to his wife, but she never even suspected that she would take charge of his wardrobe and his stomach and his taste. But she did. She felt she owned him and that this time, his thoughts, even his eyes, belonged to her, and that he had no right to look at another woman, or to spend a minute doing anything she didn't want to do. And when he got tired of being a chattel he was not to fade out of the picture. It is a matter of record, that no wives lose their husbands so often as the possessive ones.

A MONOPOLY OF CHILDREN
But the possessive woman gets in her fatal work on her children over whom at birth she establishes a monopoly on which she lets nobody infringe, not even their father. From their infancy on she teaches them that she is the fountain from which all blessings flow; that she is the source of all wisdom, and her word is the law that must guide their lives.

She crushes out ruthlessly every symptom of initiative in them and every desire for freedom. She never lets them learn to stand alone. They must always hold on to Mother's hand and be guided by her. She never allows them to have friends or acquaintances, or play with other children if she can help it. She keeps them in a perpetual babyhood even after they have grown to man's and woman's estate.

The inevitable result is disaster for the children, for she sends into the world weaklings who are unfit to fight the battle of life. They are foredoomed failures in whatever they undertake because Mama isn't there to tell them what to do. They can't take marriage, and they fill the divorce courts with their complaints because their husbands and wives didn't pamper them as Mother did.

They make up that pitiful army of men and women of talent and ability who never get anywhere because Mother wouldn't let them try their wings until they were too old to learn how to fly.

Women pay a high price for possessing their families.

FRIENDS WITH CHILDREN
No matter how you feel about the training of your friend's children, never give advice to the parents without first being asked. A home belongs to the people who live there and the way they live and the method they use to bring up their young people is entirely their own business. So even if you would like to snark one of them, keep perfectly quiet.

A discarded wire hairbrush comes in handy to remove hair and dirt from the brush of the carpet.

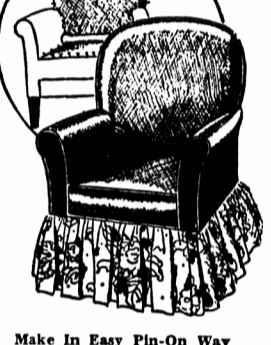
Relieve Painful Distress of ACUTE CATARRH

A Morning Smile
SIGN
MORE AND MORE sufferers from acute catarrh are discovering the grand relief that comes... with a few drops of Vicks Va-tro-nol. It soothes away distress, relieves stuffiness... brings real breathing comfort!

3-PURPOSE MEDICINE... Va-tro-nol is so successful because it does three important things at once: (1) shrinks swollen membranes of the nose, (2) clears out nasal passages and (3) soothes irritation. Many catarrh sufferers say it's VICKS VA-TRO-NOL that gives them the best relief they've found. Try it!

Home Service

New Slip Covers Are in Season!



Make in Easy Pin-On Way
A new slip-cover for your chair! Ravishing in green, with white binding and a contrasting flowered flounce, your chair would never be suspected of grease spots and scratchy legs underneath!

Now smooth and pin goods over arms, back, front, sides and cushions—a section at a time—and pin and baste all sections together. Apply binding over seam on right side.

The contrasting flounce (very smart indeed) is just a straight piece of goods shirred and sewn to the upper cover.

Our 32-page booklet shows you exactly how to make a slip-cover, diagramming every step. Shows how to cover sofas, auto seats, too, the pin-on way; tells how to trim with binding, welting, swag and pleated flounces.

Send 20c in coins for your copy of "How to Make Slip Covers" to Charlottetown Guardian Home Service. Be sure to write plainly your name, address and the name of booklet.

Name _____
Street Address _____
City _____ Province _____

OLD-FASHIONED
"Is this village lighted by electricity?"
"Only when there's a thunder-storm!"

THE COOK'S CORNER

GREEN TOMATO MINGEMEAT
6 cups chopped green tomatoes
6 cups chopped apples
2 cups seedless raisins (or use this amount of seedless)
1 cup butter or suet
4 cups brown sugar
2 cups vinegar
1 tablespoon cinnamon
1 teaspoon cloves
3-4 teaspoon allspice
2 teaspoons salt

Bring the whole thing to a boil and cook for about 1-2 hours, or until the mixture is clear and thickened. This may now be sealed in hot, sterilized jars, or you can keep it in a covered jar, providing you keep it well covered, and in a cool place.

Now here is the method to use if you wish to pickle red cabbage.

PICKLED RED CABBAGE
Select fresh, solid heads of red cabbage for pickling. Remove any outer leaves that are damaged. Quarter the cabbage and remove the cores. Now shred the cabbage on a shallow tray and sprinkle liberally with salt, and allow to stand for 24 hours. Now drain off the brine and cover the cabbage with cold water and let stand for 12 hours. This time. Drain thoroughly again.

RAINCOATS HAVE VARIETY OF FINISH
NEW YORK—Raincoats today are endowed with many kinds of finishes. When you set out to equip yourself with one, you might like to consider which kind you intend to make your own—one with a water-proof finish, or one which is water-repellent.

When you consider a waterproof finish, you will find that the chemicals which impregnate the fibre in no way affect the porosity of the fabric, yet moisture does not cling to the face of the cloth; it will not, however, make it wind-resistant.

No water can penetrate the fabric which has been given a water-repellent finish, because this method of finish coats the fabric. Naturally it takes care of rain, moisture, and wind. It keeps all three out.

Not all finishes can be washed or dry-cleaned. Some may be washed, and not dry-cleaned, and the other way around. Watch your labels—they may save your purse and your clothes.



LIPTON'S NOODLE SOUP Mix

The Quick Soup with the Real Chicken-y Flavour

Try Lipton's Noodle Soup Mix today! See how quickly and easily it's prepared. See how much more soup you get for your money. Taste that delicious chicken-y flavour. Then you'll know why it's the "soup sensation of the nation".



A PRODUCT OF LIPTON'S

The Packers of LIPTON'S FULL-FLAVOURED (Small Leaf) TEA

FEAT MOSS PLANT
BATHURST, N.B., Oct. 6 — (AP) — The first Peat Moss Plant in New Brunswick was formerly opened (this afternoon) on the Peat Moss Bog near Shippagan. It will provide employment for 50 men and turn out about 45 carloads of finished peat each week. More than 500 persons attended the opening. Addresses were given by Premier McNair and other officials.

NOT A CLEANER
Should small pieces of soap slip down the drain, pour down boiling water so they will melt and wash away. Soap does not clean the waste pipe; use washing soda for that purpose; soap will clog the pipes.

BALDWIN ROAD SCHOOL
Report for August and September.
Grade X—1. Theresa McKenna, 2. Paul Schroeder, 3. Desmond Curran.
Grade VIII—1. Gladys Trainor, 2. Terence McKenna, 3. Leo Oullen.
Grade VII—1. Merlin McKenna, 2. Mairien Curran, 3. Ruth Trainor.
Grade V—1. Margaret McKenna, 2. John McKenna, 3. Cecil Trainor.
Grade 10—1. Joan Curran, 2. Robert Curran.
Grade 11—1. Theresa McAree, 2. Aneta Trainor.
Highest average: Theresa McAree, Aneta Trainor, Margaret McKenna.
Perfect attendance: Theresa McAree.
Zita A. Handrahan, Teacher. (Patrol please copy.)

ONE DAY MY HUSBAND SAID— "I'M TIRED OF WEARING SHIRTS THAT LOOK



HALF-WASHED"

THEN I FOUND OUT—NO MATTER HOW YOU DO YOUR WASH YOU NEED SUNLIGHT'S "EXTRA-SOAPINESS" FOR THOSE EXTRA DIRTY SPOTS



Now my husband raves about his brighter shirts

HUSBAND: Gosh, Lucy, my shirts have a brand-new look this week. How did you do it?
WIFE: Easy as pie! I just put a touch of Sunlight Soap at the extra-dirty spots. Then, when I washed the clothes my usual way, Sunlight's "extra-soapiness" just eased out the dirt and grease.
HUSBAND: Great stuff! No "half-washed" look about the clothes this week.
WIFE: Everything is so much

brighter now that I use the easy Sunlight method of washing. Grimy work clothes come spotlessly clean in no time; without hard rubbing, either! And Sunlight is all pure soap—that's why it's so kind to my hands, too.
Grand For Dishes Ladies! You'll say Sunlight is just as wonderful for speedier, easier dishwashing and all cleaning. Fairly melts away grease. And Sunlight goes a long, long way even in hardest water.

FOR A COMPLETE WASHING JOB YOU CAN'T DO WITHOUT— SUNLIGHT

Chicken Pie Supper Still Is Traditional as Harvest Fete



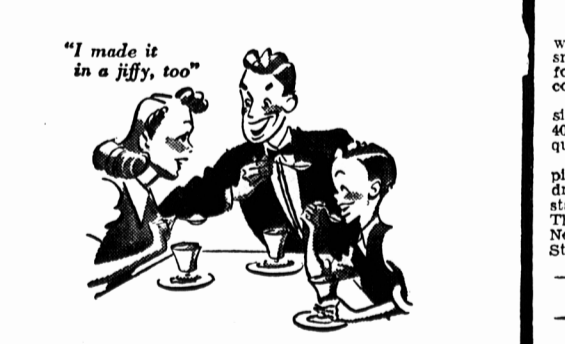
WHEN the crops are in and the frost lies lightly on the stubble the harvest supper appears again on the Canadian scene. Though the menu for this hearty feast may change in different parts of the country, nearly always it features that glorious, soul-satisfying, crisp, golden-crusted chicken pie. For a new version with a nut-like taste use bran in the crust according to the directions that follow:

All-Bran Chicken Pie
1 1/2-2 pound chicken
2 tablespoons flour
4 tablespoons butter or chicken fat
1/4 teaspoon salt
Dash of pepper
stock
1 recipe All-Bran Biscuits

All-Bran Biscuits
1/4 cup All-Bran
1/4 cup milk
1 1/2 cups flour
2 teaspoons baking powder
1 teaspoon salt
1/2 cup shortening

Soak All-Bran in milk. Sift flour, baking powder and salt together. Cut in shortening until mixture is like coarse cornmeal. Add soaked All-Bran; stir until dough follows fork around bowl. Turn onto floured board, knead lightly a few seconds; roll or pat to 1/2-inch thickness and cut with floured cutter. Yield: 12 biscuits (2 1/2 inches in diameter).

"DARLING, THIS PUDDING IS A WOW!"



Delicious Jell-O Puddings are quick and easy to prepare. You just add milk to the contents of the package—cook for 5 minutes—then cool. Each package makes from four to six servings. Jell-O Puddings come in 4 favorite flavors. All are delicious—and economical.



If you suffer distress from FEMALE PAIN

Which makes you Weak, Cranky, Nervous
At times if you're troubled by cramps, sick headaches, backache, distress of irregularities, a bloated feeling, or the female functional disturbances—why not be wise like so many modern women—try Lydia E. Pinkham's Vegetable Compound —it's made ESPECIALLY FOR WOMEN!
This effective liquid does more than just help relieve monthly pain —it helps the nervous system, soothe tired, weak, nervous, moody feelings. Taken regularly—it helps build up resistance against such symptoms.
For years Lydia Pinkham's Compound has been helping thousands upon thousands of women and girls —rich and poor alike. You, too, should find it well worth trying! Made in Canada.

Needlecraft For The Home

THE DRESSY SUIT
Is High Fashion For Fall
Be first to wear the new suit with the breezier jacket and the snugger, more waistline fitting new coat for a suit, and later under your coat.
Style No. 2641 is designed for sizes 12; 14; 16; 18; 20; 22; 24; 26; 28; 30; 32; 34; 36 and 38. Size 36 requires 2 1/2-3 yards 54-inch fabric.
To order pattern: Write or send picture with your name and address with 20 cents in coin or stamps to the Needlecraft Bureau, The Charlotte-Town Guardian, Needlecraft Department, Style No. 2641.

Scrap Collection Produces Results
NEW YORK, Oct. 12 —(AP)—The campaign for collection of scrap metal conducted by newspapers was an important factor, steel men said today, in boosting scheduled steel production rate this week to more than 100 per cent of capacity for the first time since the United States entered the war.
The American Iron and Steel Institute estimated mills would operate this week at 100.2 per cent of capacity with an output of 1,714,100 tons of steel. The rated capacity level was reported at 1,710,700 tons.

