

Just add a teaspoonful to a cup of hot water or hot milk to make a delicious sustaining drink



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E. W. TAYLOR
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142 Richmond Street

POULTRY

We will be buying live and dressed fowl and chickens for the balance of the season at highest market prices.

We will also require a large quantity of dressed geese and ducks from December 10th to 15th. Be sure and get our prices before selling.

SWIFT CANADIAN CO., LTD.

Duchess Cruises to the WEST INDIES

Three times this winter the regal new Duchess of Bedford will sail southward to the sunny harbours and coral islands of the Caribbean. Be aboard here for one of these voyages. Rates here as low as \$200 for the Christmas excursion and \$300 for the longer cruise. The Duchess has a 20,000 gross registered tonnage and high pressure ventilation.

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FOR SALE THOMPSON'S MILLS, SUFFOLK

The undersigned offer for sale the property of the late Hugh Robert Thompson at Suffolk, known as Thompson's Mills, comprising 140 acres and with good dwelling house and outbuildings.

Also Rotary Saw and Shingle Mill and Grist Mill in good order, one of the best mill streams in the Island.

The Mills may be sold separately if desired.

If not sold by private sale before 12th December next the above property will be sold by Public Auction on that date at 1 o'clock p. m.

LAVINIA MAUD THOMPSON
HAZEN HOWARD
ISAAC HERBERT THOMPSON,
Executors Hugh Robert Thompson Estate
Kinnon and McNeill,
Solicitors.

SMILES
GABBY GERTIE

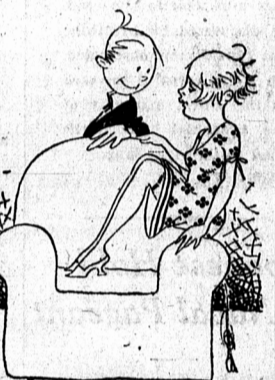


"A girl who is on her third lap within an hour is bound to be a winner."



THEY SHOULDN'T CREAK

Old Soak: My, my, but my joints are stiff—they fairly creak.
Friend: That shouldn't be—you're always pretty well oiled.



She: Why did we ever marry? We're entirely different in every way.
He: You flatter me.



FOND OF SPORTS

"She is very fond of sports."
"Yes, she goes with the toughest set of men I ever saw."

Could Not Sleep Heart Would Start Pumping and Pounding

Mrs. Fred P. Averill, 186-12th Ave. Calgary, Alta., writes: "I was bothered so much with my heart I could not sleep. I would waken up in the night screaming, and my heart would start pumping and pounding. A neighbor lady told me to try



so I started taking them and I can truthfully say I am a different woman. Altogether I only took two boxes."

Price 50c a box at all druggists and dealers, or mailed direct on receipt of price by The T. Milburn Co., Ltd., Toronto, Ont.

White Butterflies
By MILDRED BARBOUR

CHAPTER 15 DEADLY ENEMIES
The little romance Ted had privately planned for the undoing of his roommate, who, for four years, had scoffed unfeelingly at Ted's own susceptibility, lagged discouragingly.

Rodney refused to be more than polite to Shirley Van Dorn; and Shirley was so thoroughly occupied with beaux and dates, outside of study hours, that she had not time for him, even if he'd shown a desire for her society. His refusal to do so hurt her pride. Her cool indifference hurt his. An impasse had arisen, and neither the scheming of Henrietta nor the regrets of the disconsolate Ted could break it.

Shirley and Rodney met, of course at an occasional party, or at a football mass meeting, but they seldom talked. They passed each other with a cool nod on the campus. From the stands at Douglas Field, Shirley watched Rodney lead his eleven to victory. He was the idol of the University that year. From the veranda of his fraternity house, across the road, he noted how frequently Gordon Phelps' red car was parked before the door of the Gamma Sigma lodge. Phelps seemed to have won the inside track.

Just before Thanksgiving, Ted announced that Shirley would attend their fraternity dance, on the campus, on the 15th.

"Who's bringing her?" Rodney was startled into asking.

"No use asking you, I suppose?" "Certainly not. I'm in training, as you darn well know. I shan't even show up."

"Then I guess we'll let Wilkins do it. The kid'll be crazy with joy. We've got to have her, you know. Can't let the most popular girl on the campus escape us!"

Rodney laughed, with well-feigned indifference. "Is she that?"

"You bet your life she is!" said Ted. "That girl has more dates than a senior has cuts. She could run two an evening and four on Sundays. If Phelps didn't horn in all the time, I guess he's out to win, all right." He signed lugubriously. His own romance with Henrietta was not prospering.

So Shirley, slim and distractingly pretty in a little black satin gown with shoulder straps of crystal, came to the fraternity party, and each dance on her program was cut and re-cut and cut again.

Rodney tried his best to keep away, but he didn't succeed and he sauntered in after supper. Shirley was surrounded, at the moment, but the black-coated circle broke resolutely at his approach. The man who is president of a fraternity, a leading figure on the campus, and captain of the football team, and a personality to be reckoned with. He asked her coolly:

"Will you dance?"

And quite as coolly, she replied: "Mr. Wilkins has this dance."

Rodney's eyes searched the crowd and found those of the luckless Wilkins.

"It's all right," he told her. "Freshmen give way before seniors."

"I'd rather dance with Mr. Wilkins," she flared.

For answer, he circled her waist with his arm and swung her into a tango. She danced with the lightness of this-world-down, but he felt her resentment, in spite of that.

"You detest me, don't you?" he remarked humbly.

"I really hadn't thought about it," she said, stifling a tiny frown.

"You look like your cousin that little Van Dorn boy," he startled her by saying.

"Really?" She wasn't interested.

"If he had your spirit, he'd be better off."

"How do you know I have spirit?" He laughed.

"If you'd seen your expression when I made you dance! You looked as though you'd enjoy slapping me."

"So sorry," she answered lightly. "I thought I'd trained myself not to show when I'm bored."

He released her abruptly, his black eyes flashing.

"My mistake, Miss Van Dorn. I will say goodnight."

She nodded indifferently, as she was seized upon by another hovering partner. But her heart was beating riotously and color was flaming in her cheeks.

"I was beastly rude," she thought, "but I don't care. I hate him!"

He had already vanished, and

BABY NOT GAINING? LOOK TO HIS DIGESTION

Babies can't gain when souring waste in a clogged digestive tract is forming gas, making them colicky, constipated and miserable. Just try the method doctors endorse, and millions of mothers know, and see how your baby improves. A few drops of purely-vegetable, harmless Fletcher's Castoria makes the most fretful, feverish baby or child comfortable in a jiffy. A few doses and he's digesting perfectly and gaining as he should. To get genuine Castoria, look for the Fletcher signature on the wrapper.

LIVE HOGS

We are taking live hogs daily, excepting Saturday, paying highest market prices.

Davis & Fraser

Idle Island
By ETHEL HUESTON

Stories by this writer may be depended upon to carry a sense of fun, a sure perception of lovable eccentricity in character and a wholesome relish of life. They never fail to sustain interest of the keenest sort. The whole cast and atmosphere of "Idle Island" are delightful.

WILL START AS A SERIAL in **The Guardian** Next Friday

Henrietta said, when she rejoined her after the dance:

"Did you and Rod fight again? He looked as if he'd like to beat you."

"He's insufferable!" flashed Shirley.

"I never saw two people who hit it off so rottenly!" mourned Henrietta. "You simply haven't one single thing in common."

But they had, after all. Two days later, Shirley, emerging from a stroll through the autumn woods that fringed the little university town, came upon a chestnut thoroughbred up its head and whinnyed.

Shirley went to it and patted its shining neck.

"You lovely, beautiful thing!" Shirley's heart was crowded suddenly with memories of that brief visit to Kentucky; of a dark youth who had seemed to open the book of romance to her. "I love you," she said aloud to the horse.

She looked up with a start to find Rodney Sheldon regarding her with an expression half-grave, half-incredulous.

(CONTINUED)

Annual Meeting W. A. A. C.

(Canadian Press)
TORONTO, Nov. 30.—Pride in the rapid progress of women's athletics in Canada was expressed today by Miss Marion Belding of Saint John, N. B., at the annual meeting of the Women's Amateur Athletic Association of Canada. Application of the Canadian Women's Soft Ball Association for affiliation was accepted subject to approval of the Association's constitution. The meeting also decided to ask the Canadian Basketball Association to arrange a meeting of the various organizations to discuss the question of diversified basketball.

John D. DeGruchy in his report on women's athletics said he thought Dr. A. S. Lamb, President of the Amateur Athletic Union of Canada should have consulted the women's athletic organization before voting at Amsterdam against the participation of women in the Olympic games. The report recommended that the W. A. A. C. be given full power to govern in all matters not affecting men's sport or the amateur laws in general.

Women Want Cadet Training

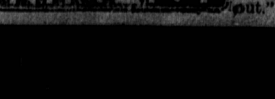
EDMONTON, Alta., Dec. 1.—By a vote of 35-9 the Local Council of Women declared itself in favor of cadet training in the schools. There was no discussion on the question, but after the results were announced it was explained that last year the government made a law providing that cadet training be optional, subject to the will of the parents. The Edmonton public school board had sent a questionnaire to the parents of Edmonton children, asking their wish in the matter, and 95 per cent of the parents requested that the training be given.

Dealing with another resolution the attention of the meeting was called to the fact that in seeking legislation providing for the naturalization of alien women, the National Council would be asking for something counter to the laws of the remainder of the world, and might consequently be doing women more injustice than good, according to the chairman. The question is now in the hands of the International Law Commission, and she suggested that it be left there for the present.

SYLVIA'S FIRST SNOWFALL
Last night the stars like his little down
Went fluttering down great bank
of black;
A leather moon got tangled in
The twigs behind the chimney stack
The wind in one tremendous gust
Shattered the moon to fairy dust,
And now look through the frost
The stars lie scattered on the grass
By Philip Page
From The Chatelaine

Winter Sports

Winter sportsmen find Minard's ideal for taking the soreness out of bruised muscles. Try a bottle.



REDUCTIONS IN DUTIES IS OPPOSED

J. A. Calder, Regina, Points Out How Trade Treaty With Australia Hurts Canadian Farmers.

TORONTO, Dec. 1.—"Concessions to Australia which will permit the importation of butter into this country cannot be other than disastrous to the dairy industry in Western Canada and the Maritime Provinces," declared J. A. Calder, of Regina, president of the National Dairy Council, in an extremely outspoken interview here today on the trade treaty with Australia.

Mr. Calder found little danger to Ontario and Quebec in the suggestion that Australia and New Zealand butter comes into Canada in large quantities, but he paints a vivid picture of the difference in the situation in the other parts of the Dominion.

"Here you have the great fluid milk and cream markets of the big cities. Across the border there is a huge market for fluid milk, the most paying form in which the products of a dairy farm can be marketed. Any surplus can go to the condenser factories or the powdered milk plants. In the West we have no such alternatives, it is a matter of butter production and that only."

"It is all very well to say that if we cannot produce enough butter for our own national use we should buy it within the Empire, but the fact is not that we cannot but that we will not in the face of the competition from New Zealand.

"The situation is just this," explained the western expert. "We are going to see the results of twenty years of work cut down in a year. In 1908 we had no cows in the West that is from dairying point of view. In 1928 we made in the West 12,000,000 lbs. of butter.

"There has been talk of the price of butter fat being out of proportion to the price of wheat, there is only one reason for that and it is the nature of the competition we are called upon to meet. In 1928 we made only 7,000,000 lbs. of butter. From 1905 steadily up to three years ago we showed an annual increase in production then came the Australian trade agreement.

DAMAGE DONE

Australia alone would have hurt us so badly but the treaty was extended to include New Zealand. In 1915 with its war conditions and \$3 wheat, we did not experience any halt in our development of the industry. It is only since the competition has come in that we are going back. The dairy farmer of the western provinces must meet this situation. He has butter in profusion in June, July, and August, and he approaches a dealer in Vancouver for a price. The dealer tells him that New Zealand butter is quoted for January delivery at 36 cents a pound. The Canadian farmer must pay three cents freight to the coast and the dealer has to cut off from him the carrying charges, insurance and the risk of deterioration in storage. That means a 30-cent price. Now the western farmer will not milk cows at 30 cents unless he is forced to by starvation and they are not starving. Another peculiarity is that if Toronto wants butter and there are 10,000 pounds of Canadian butter and 10,000 pounds of New Zealand butter at Vancouver. The New Zealand butter can come to Toronto at a freight rate of \$2.30 per hundred. That is an "import" rate the Canadian butter must pay \$3.58 1-2 per hundred.

USE PROTECTION

"For the first time in the west the word protection has been openly used and openly endorsed by the recent meeting of the Saskatchewan Producers' Association. The feeling is growing that the industry must be given a chance to supply the home market if it is going to live.

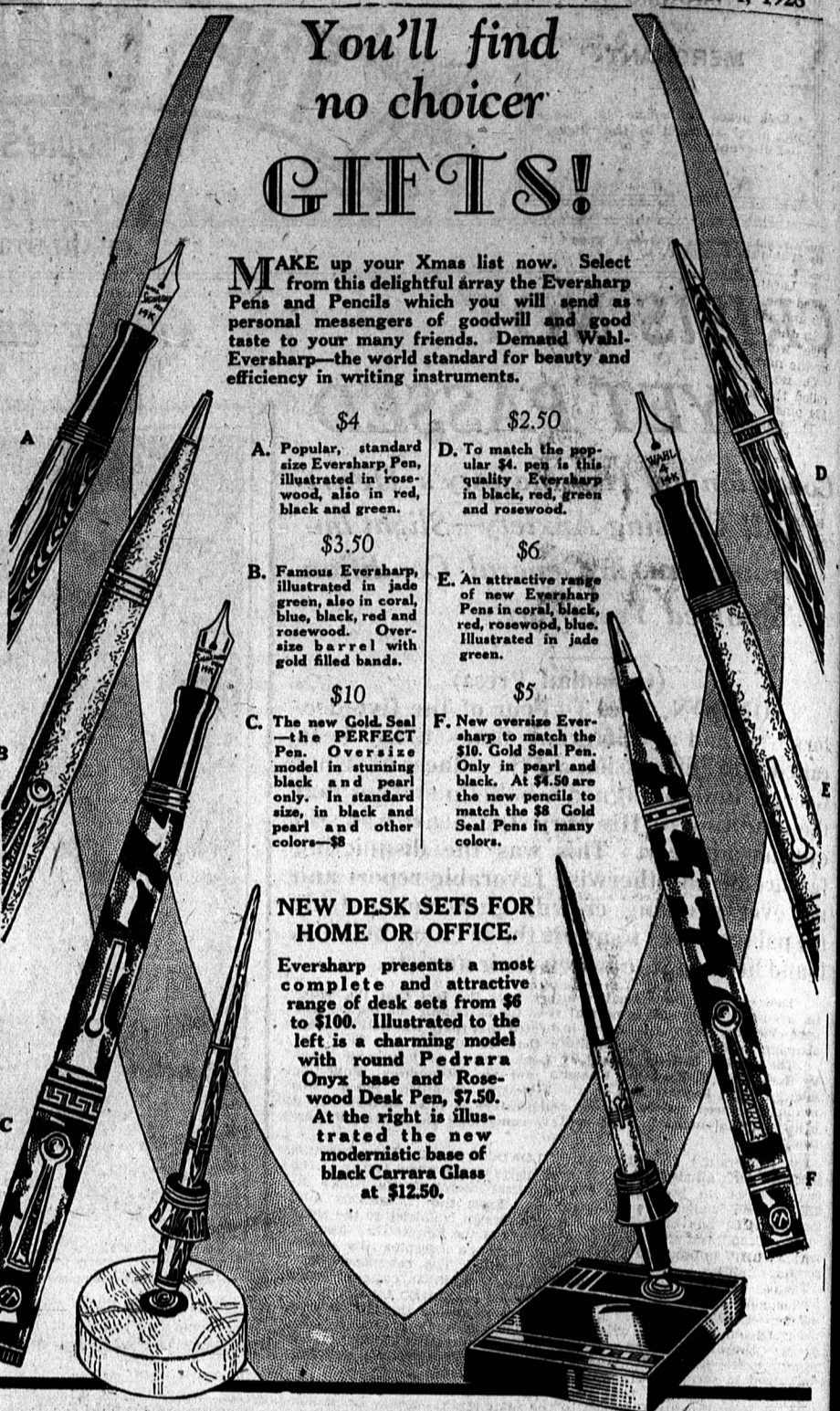
Mr. Calder bases his ideas of the dairying situation upon the fact that climatic conditions must be taken into consideration. "The cause of the trouble," he says, "is the alternate summers of New Zealand and Canada. You will hear it said, 'Why what's the trouble? Your production for the last four or five months was the greatest it ever was; you have had a prosperous season.' That fails to take into consideration that we ought to be increasing production by 25,000,000 pounds a year just to keep pace with our own development in population.

"We can serve our own people with butter in summer, but with a water-borne freight rate of only a cent and a half a pound on New Zealand butter we cannot produce in winter at the same price that the butter can be brought from the summer fields of New Zealand.

We are producing against three feet of snow. New Zealand is basking in summer sunshine with the grass three feet deep in her meadows. No winter there. The only reason they are not in the market all the year around is that they have not yet arranged to have some fresh snow as to have a winter season milk supply. The great mistake here is in believing that a dairying industry can be built up on summer production only. It has been proved that it cannot be done. We must have all-the-year-round production if we are to last in the business, all we are asking is to be given back what was taken away from us on October 1, 1925. That is, a duty of three cents instead of one, as the present regulations work out."

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MAKE up your Xmas list now. Select from this delightful array of the Eversharp Pens and Pencils which you will send as personal messengers of goodwill and good taste to your many friends. Demand Wahl-Eversharp—the world standard for beauty and efficiency in writing instruments.



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- B. Famous Eversharp, illustrated in jade green, also in coral, blue, black, red and rosewood. Over-size barrel with gold filled bands. \$3.50
- C. The new Gold Seal—the PERFECT Pen. Over-size model in stunning black and pearl only. In standard size, in black and pearl and other colors—\$8 \$10
- D. To match the popular \$4 pen is this quality Eversharp in black, red, green and rosewood. \$2.50
- E. An attractive range of new Eversharp Pens in coral, black, red, rosewood, blue. Illustrated in jade green. \$6
- F. New over-size Eversharp to match the \$10 Gold Seal Pen. Only in pearl and black. At \$4.50 are the new pencils to match the \$8 Gold Seal Pens in many colors. \$5

NEW DESK SETS FOR HOME OR OFFICE.

Eversharp presents a most complete and attractive range of desk sets from \$6 to \$100. Illustrated to the left is a charming model with round Pedarra Onyx base and Rosewood Desk Pen, \$7.50. At the right is illustrated the new modernistic base of black Carrara Glass at \$12.50.

WAHL-EVERSHARP PENS · PENCILS · DESK SETS

Mr. Calder pointed out that in that must be taken into consideration if our butter industry is to last. Where territory is in direct contact with the ports of the West of Canada and the Maritime Provinces there is no hope for the dairying industry under further concessions to our Australian and New Zealand competitors.

"Canada has the lowest tariff on butter and cheese of any portion of the British Empire, with the exception of the British Isles themselves," says Mr. Calder, "and it has the worst climatic conditions for the dairying industry of any part of the Empire. It is that fact that must be taken into consideration if our butter industry is to last. Where territory is in direct contact with the ports of the West of Canada and the Maritime Provinces there is no hope for the dairying industry under further concessions to our Australian and New Zealand competitors.

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Complete houses were shown in the recent Housing and Health exhibition held by the city of Glasgow, Scotland, in Kelvin Hall, a large exposition building. Four full size houses, comprising a five apartment houses, a bungalow and one of the Atholl steel type were displayed. The bungalow consisted of five rooms and bath. All were furnished complete to the minutest detail. Other exhibits consisted of materials and furnishings for houses, pets and even dresses to be worn in the home.

Norway has the greatest per capita marine tonnage in the world and ranks second among all nations for a motor driven shipping.

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WHETHER it's bread or biscuits, cakes or pastry, Quaker Flour gives perfect baking results every time.

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These three tests protect you from baking failures. They make possible our sweeping guarantee. If Quaker Flour does not give you the most perfect satisfaction, the dealer is authorized to return your money.

Packed in machine-sewn sacks, Quaker Flour is not touched by human hands.

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Always the Same
Always the Best
MILLED BY THE MAKERS OF QUAKER OATS

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