

# Simple Frocks for Summer Days



THE COOL COSTUME IN EMBROIDERED WHITE



SIMPLICITY IN WHITE NET



WHERE BLUE AND GREEN COMBINE

BY MIRA SPIR.

None of the materials is more beautiful than the airy like gauzes and net, which may be procured in exquisite colorings and designs. In some examples the huge roses in pink, yellow or red are scattered over a creamy ground, or the ground is in a paler or a deeper shade of the color of the rose; bursting buds and green leaves give distinction to another sample, and in still others tiny blossoms, in pale colorings are gracefully clustered in wreath or garland effects, so minutely secured by a ribbon in a harmonizing tone. The solid color nets and very fine flowered silks, and the effect of the floral pattern through the meshes of the net is charming. These frocks are available trimmed with flounces and ribbons of many of the latest designs, and ribbons also enter largely into their ornamentation.



OF LINEN AND LACE

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Handsome and effective for all costumes for reception or garden fete are the gowns of batiste, white or colored, embroidered or elaborately trimmed with lace. Pale shades in pink, blue and lavender are charming, the solid color being relieved by lace and the coloring in the hair. Although for simpler gowns and even elaborate silk costumes, narrow Valenciennes is exceedingly smart, still the one inch edging can never be so effective as the broad Valenciennes, French or Irish point, no matter in what profusion the narrow lace may be used. Most effective are the combinations of edging and wide Valenciennes used in changing a square cut, collarless yoke of embroidered batiste with a deep berth of lace fall g almost to the broad girde. Beneath the berth the sleeve consisted of a large puff of plain batiste, below which was narrow ruffle of lace and a deep cuff of the embroidered batiste edged with lace. The skirt consisted of alternate rows of lace and batiste embroidery of the finest kind, each row slightly wider than the one above, and the edge of both lace and embroidery forming a finish for the top of the material below. The top was of black velvet, and about the neck was worn a narrow velvet ribbon; the back was of the flat sailor shape, with one long white ostrich plume about the crown. Where black and white is becoming it will be seen, but lighter shades are more in vogue this season.

To accompany the many charmingly beautiful gowns, there are so many hundreds of attractive and elaborate hats to be seen everywhere that it is almost impossible to decide what shape and style is most becoming, and really the only way out of the difficulty is to get as many hats as the pocket book will permit, and in this way only will it be possible to have a hat to suit every occasion. If it is not possible to purchase many, no matter how smart and fresh the dress may be, if the hat is shabby and faded the whole costume will immediately look dowdy. Then again when a small income has to be consulted, it is far better to get one smart and becoming hat that is perhaps rather expensive than to get a collection of cheap hats of poor materials here as everywhere, it is quality not quantity that counts.

White linen etamines has concentrated ring of turquoise blue and a peacock green, respectively, embroidered at close intervals, and this curious but pleasing color contrast is repeated in the trimly boned deep silk girde. The jacket is a short tunic, lapped at the edges over a frilling of lace, the grouped tucks on the shoulders forming the fullness below the bust. The sleeves are extremely full and open over an unlined undersleeve of Valenciennes insertions whipped together, deep lingerie ruffles making a dainty finish. The skirt is shirred over cords in yoke design, and a very bouffant circular flounce is applied beneath tabs which match those of the skirt. Long tassellations bordered with the fine Valenciennes are posed between the tabs, the stamine being cut away beneath.

### IMPORTANT CHANGE IN DRESS MAKING.

Because of the almost exclusive reign of the extremely lightweight fabrics, such as the French figured muslins and the silk lawns which have, within the past two seasons increased by leaps and bounds, the art of dressmaking for summer costumes has been practically reborn in a new line. The old manner of making up fine lawns never included

a lining or foundation. To line a lawn or muslin costume, even four years ago would have seemed ridiculous. No longer, however, no really smart gown is made except the material built upon a distinct fitting foundation, usually of silk or long cloth.

To get the best results the lining for the blouse should be made separate, as this will permit the lining to be changed rarely, and it can be given a good body with a stiff arch, and so produce a much better set to the entire costume. The lining can be caught at the shoulder seams and the waist with a few hand stitches by the ladies' maid or by the wearer herself when the attendant is lacking. As too much stretch is not fashionable in the softer muslins and mousseline de soie or lawns, this method of handsewing is very important to remember and practice.

The newest shaped skirt for these gowns is in three pieces, with a five-piece foundation and three-flounce. The skirt should be cut into two fronts, with extra width for the sides, and the entire back is cut in one piece, the skirt having a left side closing panel, which is lost under the ruffles, a dozen in number, which circle the hips from the waistband half way down to the knee. The flounces range from three yards in circumference for the upper one to four yards for the lowest, which gives the well-outspread

**NO MAN IS STRONGER THAN HIS STOMACH**

When Sandow poses and the muscles ridge his back and knot his arms, we think we have before us the very secret of strength in those magnificent muscles. But we haven't. Starve Sandow, or what is practically the same thing, let him be dyspeptic, and his muscle would soon fail. Strength is made from food properly digested and assimilated, and no man is stronger than his stomach, because when the stomach is diseased digestion and assimilation are imperfect.

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ing skirt that is the very mark of fashion at this time in Paris and London. Coat costumes appear in the heaviest of fabrics, and it is no uncommon thing to find her lawns, tatisse, linons, etc., garnished with cloth. The Parisian creation is in embroidered batiste with the favorite but in vogue. The coat's collar for the box order, with a fancy collar and flowing leave cuff of a sulphur yellow Valenciennes. The skirt is full, shirred to the waistband, and at knee depth a very full flounce of a different design is introduced. This is trimmed sharply to the coat with sulphur yellow chiffon cloth Valenciennes ruchings. Little straps and flexible gold braids are introduced at intervals in the slashings of the cloth.

**OF LINEN AND LACE.**  
There is no waning or diminution to the popularity of the shir waist suit, and in linen with hand made appliques it is both serviceable and stylish. The illustration is in hand-made Valenciennes crash. It features white shirred into medallion for a fashion and hand-worked fagoting. The blouse is fashioned with long shoulder seam, to which back and front are a pleat in tucks. The line is cut away beneath the medallions and panel designs are simulated in the fagoting. The skirt is tucked to about the knee, where the tucks are released, applied medallion and fagoting forming the trimming scheme, as on the waist.

### THE EXTREME OF THE LINGERIE HAT.

The extreme of the lingerie mode is pictured in the hat of English embroidery which in this instance is fastened upon a featherbon frame so that it may be plunged into the tub when soiled and come forth looking like new. The crown is of tuckered linen with a little Valenciennes edge whipped on each tuck and the brim is covered on the outside with the English embroidery and faced beneath with frills of coin spot Valenciennes to meet the drooping edge of the upper ruffle. There is a bandeau faced with ribbon, and a fluffy bunch of yellow California poppies are tucked in under the brim. Needle to say these are to be removed when the hat makes its periodical visit to the cleansing tub of the laundress.

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THE EXTREME OF THE LINGERIE HAT



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