

Woman's Realm :- Social and Personal :- Fashions :- Literature

A Morning Smile

"Oh, professor, I'm so sorry I missed your lecture—why didn't you let me know?"

"I didn't think you would be interested. I only talked about sun-spots."

"That's what I wanted to hear about. I've been a martyr to freckles all my life."

HOW DO YOU KEEP SO FRESH AND ACTIVE?

EAT TO FEEL FIT



Try a bowl of Kellogg's Bran Flakes for breakfast and see what a difference it makes in your day!

The energy-food you need in a form you'll enjoy. Grand flavor. Oven-fresh crispness. Energy and nourishment. Enough bran to help you keep regular.

Kellogg's Bran Flakes are ready to serve with milk or cream. At all grocers. Made by Kellogg in London, Ont.

Kellogg's BRAN FLAKES in the Golden Yellow Package

King Cole COFFEE

The Favorite Blend of the Maritimes.

THE COOK'S CORNER

VEAL LOAF

2 lbs. lean veal, 1-4 lb. fat salt pork, 1-2 teaspoons salt, 1-4 teaspoon pepper, 2 tablespoons parsley, 1 tablespoon lemon juice, 1 cup dry bread crumbs, 3-4 cup tomato juice or soup, 1 egg, 1 small onion, minced.

ICED TEA

Iced tea, a fashion imported from the American colony, is to be the vogue in London this year.

STEAK AND HAM SHAKE

Have one pound of steak; three-quarters of a pound of ham; one egg; one cup of breadcrumbs; half a cup of water; a little nutmeg; pepper and salt.

RHUBARB AND RAISIN PUDDING IS GOOD

Stew 1 lb. (about 2 cups) rhubarb until tender with sugar to taste and the rind of half a lemon. Pour into a greased pie-dish, sprinkle with seedless raisins and cover with stale sponge cake crumbs.

CHEESE SAVORIES.

These little biscuits are delicious. Sift together 1-2 cups pre-sifted flour, 1 teaspoon baking powder, 1 teaspoon salt, 1 teaspoon paprika and 3-4 teaspoon mustard.

Today's Short Wave Radio Program

THURSDAY, JUNE 3 PARIS 10:40 a.m.—The Madeleine Picard School Choir. TPA-2, 19.6 m., 15.24 meg. TOKYO 4:15 p.m.—Choral selections. JZJ, 25.42 m., 11.80 meg. SCHENECTADY 6:30 p.m.—The Science Forum W2XAF, 31.4 m., 9.53 meg. LONDON 6:45 p.m.—Tyneside Part-songs, sung by the Northumbrian Quartet. GSP, 19.6 m., 15.31 meg.; GSO, 19.7 m., 15.18 meg.; GSD, 25.5 m., 11.75 meg.; GSB, 31.6 m., 9.51 meg. BERLIN 8:45 p.m.—German Achievements, the Hamburg American Line and North German Lloyd. DJD, 25.4 m., 11.77 meg. PRAGUE, CZECHOSLOVAKIA 8:55 p.m.—American music, Czech Philharmonic Orchestra. OLR4, 25.34 m., 11.84 meg. BUENOS AIRES, ARGENTINE 9:30 p.m.—Chamber music. LFX, 31.06 m., 9.66 meg. SANTIAGO, CHILE 9:45 p.m.—Dance music CB360, 31.2 m., 9.60 meg. LONDON 10 p.m.—The Empire Folies. GSI, 19.6 m., 15.26 meg.; GSF, 19.8 m., 15.14 meg.; GSD, 25.5 m., 11.75 meg.; GSC, 31.3 m., 9.58 meg. WINNIPEG 12 midnight—Hawaiian Nights, melodies from the Happy Isles, direction Jack Riddell. CJRO, 48.7 m., 6.15 meg.; CJRX, 25.5 m., 11.72 meg.

Dorothy Dix's Letter Box

Husbands Are at Fault for not Insisting That Their Wives be Real Helpmates and Share the Full Burden of Maintaining a Decent Home

Dear Miss Dix—In pre-depression days I had a good business and supported my family consisting of myself, wife and one child, in comfort. We had a maid and my wife had no work to do.



Answer: I think she must be a fascinator, or else you wouldn't stand for her. May be she is so beautiful that you are content to regard her as a living picture.

When a woman marries she takes upon herself certain obligations and duties. She becomes her husband's working partner, and she is just as much bound to pull her weight in the boat as he is.

Every woman makes the kind of a wife her husband demands that she shall be. The reason women are slovenly around home, the reason they nag, the reason they are poor cooks, the reason they don't sew on their husbands' buttons, the reason they ruin their husbands with their extravagance is because their husbands set them get away with it.

Dear Dorothy Dix—My husband and I have been married a few years and have been very happy. Not long ago, however, he threw a tantrum into our peaceful home by suddenly telling me that he was tired of me.

No woman understands men. Perhaps they don't understand themselves, especially as regards their reactions toward women. Even the wisest man who ever lived set down a serpent on a rock and the way of a man with a maid was among the unathomable mysteries.

He realized that you were the woman he loved and that there was no other woman for him; that no hotel he'd be the comfort and rest that home did, and that happiness was to be found only on his own hearthstone, not in far places.

MAGIC BAKING SODA advertisement featuring a large image of a tin and a box. Text includes 'FREE HALF A POUND OF MAGIC SODA', 'Costs you nothing!', 'JUST PAY REGULAR PRICE FOR 1 LB. TIN OF MAGIC BAKING POWDER', and 'HERE is your opportunity to stock up on baking soda — at a cost of absolutely nothing!'.

The HOUSEWIFE and HER ACTIVITIES

"Praise God for common things—Vine that clings To the pillar, half its gold at fall—He made all. Still He gives to eyes that do not see. Still He gives to ears that do not mark. Lilies in a petalled trinity, Whippoorwills at dark."



..and a bag of REGAL

"All set, Jim. Everything's aboard, including that bag of REGAL you're so scared of leaving behind. Oh, I know! If you reached home without it you'd get an awful bawling out and have to come right back for it. Well, you can't blame your wife at that, Jim, when you think of the dandy bread she bakes with REGAL."



HOW TO LIGHTEN DARK PIECE OF FURNITURE

To make a dark piece of furniture or mantel lighter, try this method: First, remove the old polish and stain by scrubbing well with strong soda and hot water. Leave to dry thoroughly, then remove the last traces of stain by carefully rubbing with the sandpaper.

AMUSING SCARVES

Scarves are made to be worn about your neck, and also to be talked about. One of the latest is covered with familiar sayings, half historical and half hysterical.

ARABIAN BEACH COSTUME

Something entirely new in beach costumes recently has been created by an American designer. This consists of a pair of Arabian trousers, gathred at the ankles, and a bolero jacket with attached hood.

A LACE SCARF

A lace scarf adds a light touch to a tailored suit. These scarves may be bought readymade or may be made easily at home, as they are simply strips of lace about ten or twelve inches wide, hemmed at the edges. They can be worn in several ways, as an ascot or tied in a bow, with the streamers falling outside the coat.

WHITE FOR SUMMER

The main characteristic of Summer styles, as noted by European observers, is the extensive use of

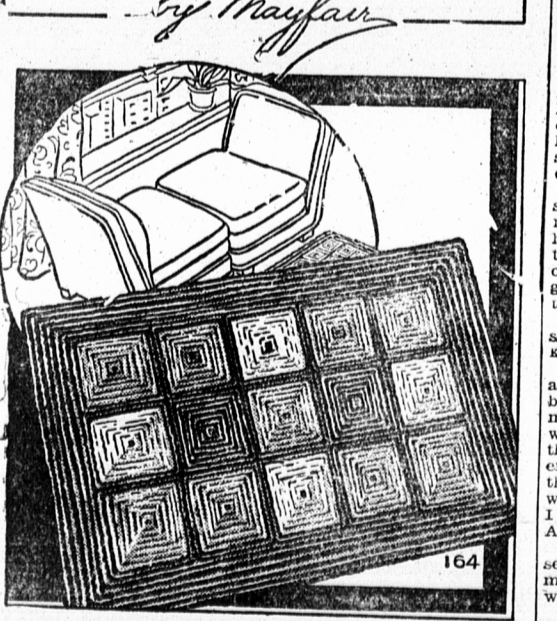
white. The white coat and the white suit, which have been nearly forgotten abroad for the last few years, have staged a very effective comeback. These white coats are invariably worn over navy blue, black or, less frequently, dark brown dresses. The white suits are generally trimmed with black or navy blue.

FASHION GUIDES FOR THE HOME DRESSMAKER

This smart little peasant dirndl dress is popular with women as well as slim young figures. The all-around gathers of the full skirt have a very slimming effect upon the waistline. You can have the demure square neck or the lower vee. Sleeves that puff-up at the shoulders or the perky-flared sleeves are also optional.



Crocheted Rug from Odds and Ends by Mayfair



This attractive rug was made of old silk stockings, bits of silk and rayon knit underwear, dyed. It is great fun to make and gives one a splendid opportunity to make use of discarded stockings and dresses of crepe de chine or satin. It is quickly made and the finished rug is extremely effective.

The pattern includes full crocheting instructions without abbreviations, directions for assembling and color suggestions. For complete pattern and instructions for all of these designs, send 20 cents in stamps or coin (coin preferred) to The Charlottetown Guardian Needlework Department. Use this coupon. Print your name and address plainly.

To The Charlottetown Guardian Needlework Dept. DESIGN NO. 164 Name _____ Street Address _____ City _____ Province _____

MADE IN CANADA

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