

# Congratulations to this month's BRIDES & GROOMS

We hope you will be very happy. May we invite you to try Red Rose Tea?

RED ROSE RED LABEL TEA  
RED ROSE ORANGE PEACH TEA  
**RED ROSE TEA**  
"is good tea"

## Household Hints

By Roberta Lee

### Sending Coins by Mail

To prevent coins from breaking through the envelope and becoming lost in the mail, place them flat on a piece of paper and place adhesive tape over them and on the paper. Then fold the paper as usual and place in the envelope.

### Linens

Remove all stains from table linen by pouring boiling water through the linen before putting into the soap suds.

### Carrots

When peeling carrots try using a coarse grater instead of a knife. It will take the skins off much quicker and easier than any other kind.

## A Morning Smile

The novice at trout fishing had hooked a very small trout and had wound it in till it was rammed against the end of the rod. Pupil—"What do I do now?" Instructor—"Climb up the rod and stab it."

## For The Cook

### BUTTERSCOTCH SAUCE

Place 2-3 cup corn syrup with 1 1/2 cups brown sugar and 4 tablespoons butter in saucepan. Let boil until syrup is thick enough to form a "soft ball" when tried in cold water; then add gradually 1/2 cup milk and 1/2 cup heavy cream. This sauce may be served hot or cold with plain ice cream.

## Character Close-Ups

**K**EEP OUT OF ARGUMENTS WITH THE GIRL WHO HAS "HARD" LIPS IF YOU WISH TO BE FRIENDLY WITH HER



## Dorothy Dix' Letter Box

How Can a Man Nerve Himself to Propose to a Girl? — Sage Advice on Getting One's Man. Wise Girl Who Spends Her Money for Travel

Dear Miss Dix—I am a senior in college, over six feet tall, curly-haired, athletic and very good-looking. I am desperately in love with a very pretty and intelligent young lady and I am sure that she loves me devotedly, too. But there are two things that are wrong. In the first place, she is awfully short, much too short for my stature. Should I let that interfere with our future happiness?

In the second place, I am quite bashful and have been slow in pushing my suit. I really should have proposed long before now, but I haven't had the nerve, although I am sure that she will accept me. How do you go about this proposing business and how can I work up the courage to go through with the ordeal?

Answer: I don't see why the lady's stature should be any obstacle in the course of true love flowing smoothly to its destined end. Nor is your choice surprising. Big men nearly always have a weakness for pocket Venuses, whereas little men prefer ladies of Amazonian proportions. It is nature's way of keeping the human race standardized so it can wear ready-made clothes.

So that disposes of difficulty No. 1. Difficulty No. 2 is equally easy to solve. All that you have to do is to grip your courage in both hands, shut your eyes, commend your soul to its Maker and take the plunge. Quit standing shivering on the bank. Remember that faint heart never won fair lady and that "he either fears his fate too much or his deserts are small, who dares not put it to the touch to win or lose it all."

There is no set formula for popping the question. Each man does it in his own particular way and generally when he least expects to do it and in words he had never thought to use on such an occasion.

In olden times there was much formality about the affair. The enamored youth approached his lady love's father with fear and trembling and humbly solicited the honor of paying court to his daughter and asked for her hand and heart. Never a word to the girl first. But nowadays dad is the last person to hear about the betrothal. The girl and the boy settle the matter between themselves and any old proposal goes so long as it is genuine and looks to have a fourteen-karat wedding ring at the other end.

Naturally, men go about proposing to girls in different ways, according to their temperament. The romantic ones wait for a background of a moonlight night with a band sobbing heart-brokenly in the distance, and they quote poetry and tell the girl that life means nothing without her and that they will go off and commit suicide if she refuses to be theirs.

The practical and domestic man is apt to steer a girl around a subdivision full of bungalows with window-boxes or about a block of new flats, and after calling her attention to the plumbing and the built-in electric ice-box, ask her how she would like to keep house in one of them with him.

The business boy gets a pencil and figures on the tablecloth when they are having a bite to eat at a restaurant how two can live as cheaply as one. The bashful youth is as likely to propose in a traffic jam as anywhere else, because he has worked himself up to the proposing point and it is then or never with him. While the man with the inferiority complex writes his proposal, because he can never get up enough nerve to say it.

But it really doesn't make the slightest difference how the trick is done. The girl will say "yes" if she wants you and "no" if she doesn't.

DOROTHY DIX.

Dear Miss Dix—When the young men I know want a quick date, it's me. When they want entertainment free, to listen to the radio, dance in the parlor, play the piano, eat good sandwiches and cake, it's me. Too broke to take a girl out, spend the evening with me and talk about the girl friend.

Nights and nights I sit at home while girls who have nothing on me in the way of looks or clothes or dancing are taken to the parties. I play the piano, sing, talk intelligently, listen (perhaps too well), play a crack game of tennis, am big sister and hall-fellow to three-fourths of the boys I know, but that's all. I don't want a lot of parlor sheiks, but I want one certain party to care if I have had a hard day at the office or notice if I have on a new dress, but how am I to get him? What's my trouble?

MAE.

Answer: Why some girls are popular and other girls aren't, why some girls are Shebas and others are wall flowers, no human being knows.

It isn't a matter of beauty, nor brains, nor tact, nor anything tangible that you can put your fingers on, for we see homely girls who have dates to burn while pretty ones flock by their lonesomes. We see Dumb Doras that men fall for and college graduates they flee from. We see girls who break their necks to please men who never make a hit, while men run after other girls who never raise a finger to attract them.

In diagnosing your case, however, it seems to me that it is a case of the boys taking you too much for granted. They have gotten used to your being a big sister to them, so they have come to regard you in a sisterly light.

They have become so accustomed to coming to you with their confidences about other girls that they never think of making love to you themselves. In a word, they have lost their perspective on you and have gotten so that they do not see you as young and charming.

The thing for you to do is to get away from home. Find fresh pastures. Meet a lot of men to whom you will be a novelty and to whom your good looks and your accomplishments will be fresh and interesting. Spring yourself as a surprise on a new audience and do your stuff.

Remember how often a girl who has never been a hit at home is a wow abroad. Reflect upon the significant fact that most of the girls you know marry men from far-away places. There is nothing that catches a man's fancy like a new face, so wise is the girl who is not appreciated at home, who seeks other worlds to conquer.

DOROTHY DIX.

Dear Miss Dix—I am a working girl, a secretary with a fair salary and I am anxious to travel and see something of the world. Please advise me if it would be proper for me to take a sea trip alone, say, to Bermuda or Europe. How could I meet nice people of my own class on such a trip if I were alone?

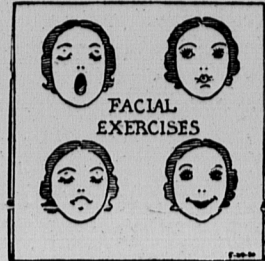
PATSY.

Answer: You are a wise girl, Patsy, to spend some of your money on travel. Nothing will do so much to educate you and broaden you. Nothing will give you so much to think about and so enrich your life. The money that we spend on travel is the best investment we ever make, because we have gotten with it something that we can never lose, the memories of the places we have seen that not only are a perpetual interest to think about, but that vitalize everything we read.

Once in coming from Europe I was attracted to a plainly dressed little woman of middle age who was the most alert person on the ship, here, there and everywhere. Finally, I got into conversation with her and she told me that she ran a machine in a factory and that year after year she went through the same motions, with her only outlook a blank wall and that the

## Milady Beautiful

By Lois Leeds



FACIAL EXERCISES

### BEAUTY QUESTIONS ANSWERED

Facial Exercise

Dear Miss Leeds—(1) How can I reduce my fat face, waist, hips and bust? (2) What type of clothes should a rather stocky girl wear?

FATTY.

Answer—(1) If the name sign, "Fatty," is really descriptive, then the best way to reduce your face is to reduce the entire body by safe and sane methods. If you will send a stamped, self-addressed envelope with a request for my leaflet on "How to Lose Weight," I shall be very glad to mail it to you. But please remember to inclose necessary stamped, self-addressed envelope, as many readers have been disappointed through failure to comply with this rule.

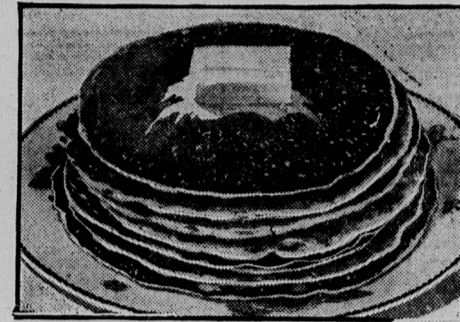
If it is only your face which should be thinner, you may accomplish that with regular exercise and massage. Before beginning the facial exercise, apply a thin coating of facial cream all over the face, so that the skin will not retain the wrinkles which are naturally formed when exercising the facial muscles. The following exercises are very good, as they help keep the muscles firm and also improve the color and general tone of the skin.

1. Open the mouth in a wide yawn. Do this only three or four times a day.

2. Holding the jaws open, try to pull the lips together. Relax and repeat twice. Keeping your lips closed tightly, pull down and outward the corners of your mouth as far as they will go. Repeat several times. Follow this by an exaggerated smiling which brings the corners of the mouth upward. Repeat six times. 4. Blowing soap bubbles is a splendid exercise for the face. Make about a dozen big ones, blowing them up slowly. In the absence of a clay pipe, one may go through the motions anyway, blowing imaginary bubbles with an imaginary pipe.

Finally, the sides of the neck and face should be stroked upward a few times, using the whole palm of the hand. Then inflate the cheeks, keeping lips closed, and massage with brisk light slaps for a few seconds. Finish with an ice rub or cold application.

(2) The short, stout figure often gains an effect of slenderness when clothed in material with fine vertical stripes. Avoid ruffles and gathers in your clothes, choosing rather, tailored lines or pleats to give necessary fullness. Remember that under-clothing should fit as perfectly as the outer garments or it will not make a good foundation for one's frocks. Your clothes should fit snugly but never too tightly. Choose all your frocks and hats with lines designed to give slenderness and height. Groups of small ver-



### RECIPE FOR GRIDDLE CAKES

1 quart flour 2 tablespoons shortening  
3 teaspoons Magic Baking Powder 1 egg  
1 teaspoon salt 2 tablespoons molasses  
2 tablespoons sugar 1 pint milk

Mix and sift dry ingredients; beat egg, add milk and molasses, pour slowly on first mixture; beat well. Add melted shortening. Cook at once on hot, well greased griddle. Serve with Maple, Caramel, or Brown Sugar Syrup.

Look for this mark on every tin. It is a guarantee that Magic Baking Powder does not contain alum or any harmful ingredient.



## Serve GRIDDLE CAKES for tomorrow's breakfast

The light, digestible kind that can be quickly made with Magic Baking Powder.

You'll find this and dozens of other interesting recipes in the New Magic Cook Book. A copy will be sent free on request.

**Magic Baking Powder**

STANDARD BRANDS LIMITED  
GILLETTE PRODUCTS  
TORONTO MONTREAL WINNIPEG  
and branches in all the principal cities of Canada

tical tucks or pleats, V-shaped necklines, long, narrow vest effects, long narrow ribbon ties all help greatly toward achieving this result.

Avoid heavy materials and those with large floral patterns. Dark, soft colors and striking combinations only duce one's apparent size, while light colors and striking combinations only magnify it.

LOIS LEEDS.

### Tomorrow—Sallow Woman's Beauty Problems

### GROWING STOCK NEED A COOL FEED DURING THE SUMMER MONTHS

### An Oatmeal Base Makes An Exceptional Cool Feed for Young Stock

With hot weather coming, there is another angle of feeding growing stock that we have to consider. They need a cool feed—one that does not burn out the birds.

Of all feeds, oatmeal is the coolest feed known. In produce houses where thousands of birds are fattened each week, they fully appreciate the difference between oats and corn. They feed a large amount of oatmeal or rolled oats during the hot weather. From experience they have found that it is very easy to get the birds off feed when fed too heavy on a ration of corn, and they are unable to get anywhere near the results with corn that they are with oatmeal.

The summer months are growing months for the pullets. The kind of layers you are going to have next winter will be largely determined this summer. If you crowd the pullets, if you allow them to be infested with parasites and neglect their feeding, you cannot expect good results later. An oatmeal base is not only a cool feed, but there is nothing quite like oatmeal when it comes to bone, frame and body. The birds do not get too fat on an oatmeal ration. Fat around the heart, grizzard and intestines interferes with circulation, digestion and assimilation.

Care must be taken not to feed too much grain to growing stock through the summer months. During warm weather and short nights, they need less heat and energy producing feeds. Many poultrymen make the mistake of trying to fatten their pullets on grain. You do not want fat pullets, you want well-fleshed, large heavy birds, capable of laying and keeping at it.

monotony of it, with nothing to occupy her mind while her hands worked was running her cray. So she took all of her money and went to Europe and spent it on this trip and she was going back to the same job.

"But I shan't mind it now," she said, with her eyes shining, "for I won't be seeing that blank wall. I'll be seeing the green fields of England and the Houses of Parliament and the Tower and the glittering shops of the Rue de la Paix and the graves of the Unknown Soldier under the arch, and the gondolas at night on the canals of Venice and so on. Oh, I'll never be bored again."

And she was right. She had something to think about the balance of her life and so will you have a precious souvenir of every trip you take.

In your case I should certainly advise you to join some of the collegiate tours that take trips to Europe and all over this country every summer. They make an unbelievably cheap rate and on one of them you will be thrown with other intelligent and educated and congenial young people who will give you the companionship you need.

DOROTHY DIX.

## In Agony With Severe Case of Eczema. Healed by Cuticura.

"My father had a very severe case of eczema. His hands, neck, and different parts of his body were affected with it. It started in blisters and itched terribly. At times he was in agony and could not sleep nights. He suffered about six months with it. "He tried different remedies but none of them seemed to help the trouble. Finally he tried Cuticura Soap and Ointment, and after six months' treatment he was completely healed." (Signed) Bert T. Carroll, Lornevale, Nova Scotia.

Soap 25c. Ointment 25 and 50c. Talcum 25c. Sold everywhere. Sample each free. Address Canadian Depot: J. T. Wait Company Limited, Montreal.

### P. E. ISLE

Prince Edward's Isle, Canada East—Where vacationists fairly feast. On what the Redmen left—a paradise. For hunters of what will suffice. To reinstate our VIM reserve. With OZONE in this North preserve. Prince Edward Isle, my Summer home.

Of all rest-spots I hear it call! So now I know it's time to roam. Where no more over-works befall. Consult your "Geographic Map" Of scenes where we in Nature's lap. Lying a while, recuperate. And find our own true mate. It is an Island, Lotos land. Famed beyond hot Oriental chace. Here the Micmac Indians chace. Good health to bless the human race. As Epagyt cradles on the wave.

And saves all lives it's secrets brave. No other Summer lands compete. With vacation spent here complete. Your motor through the salt sea-air. Balsamed with spruce and change of fare—

Calories galore and Vitamins. To end disease where life begins! —Dr. Cliff. Queen's Birthday. May 24th, 1930.

Sprains and Bruises—There is nothing better for sprains and contusions than Dr. Thomas' Electric Oil. It will reduce the swelling that follows a sprain, will cool the inflamed flesh and draw the pain. It will take the ache out of a bruise by counteracting the inflammation. A trial will convince any who doubt its power.

## Modern Gifts for the Bride!

You can't choose smarter or more practical gifts than Electrical Servants. We suggest a Hotpoint Waffle Iron, a Percolator, a Toaster or a Super Automatic Iron. They're quite inexpensive, too.



## Hotpoint ELECTRICAL SERVANTS

Sold by ASSOCIATED GAS AND ELECTRIC SYSTEM A CANADIAN GENERAL ELECTRIC PRODUCT

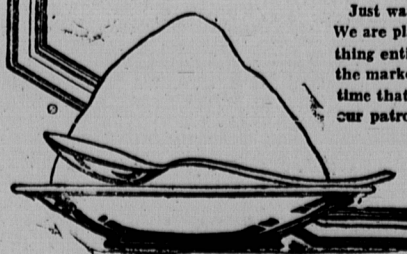
## Mother's Guard the Children

Of course you are particular about the food you serve the children. Are you as particular about the dainties they purchase personally. Advise your children to always ask for Perfection when purchasing Ice Cream because it is richer than the most exacting legal requirements. Perfection is always clean, pure and wholesome, and flavoured with real fruits. For this reason it is deserving of your confidence. Perfection is a safe Ice Cream to give your children.

## Central Creameries Charlottetown

## Perfection Dairy Summerside

Just watch our ads. We are placing something entirely new on the market in a short time that will delight our patrons.



## A Small Purchase . . . . but an important hygienic service



Kotex, the New and Improved Sanitary Napkin, costs but very little, yet it is a hygienic service millions of women would not think of doing without. It amply protects against the serious consequences that may easily follow times of hygienic distress unless proper precautions are taken. The comfort, freedom to work or play, peace of mind and security that women desire, can be obtained only from Kotex. No embarrassment when buying. Just say Kotex at any drug, dry goods or departmental store. Regular size 60c for box of a dozen. Super-size 75c. Directions in every package.

## KOTEX Sanitary Napkins

### 6 Features of the New and Improved Kotex

1. Kotex is soft—Not a deceptive softness, that soon packs into chafing hardness. But a delicate, lasting softness.
2. Safe, secure . . . keeps your mind at ease.
3. Kotex filler—is far lighter and cooler than cotton, yet absorbs 3 times as much.
4. In hospitals . . . Kotex is the identical material used in 80% of Canada's leading hospitals.
5. Deodorizes, safely, thoroughly, by a patented process.
6. It is easily disposed of. No unpleasant laundry.