

Here is an easy way to rid yourself of constipation. Take one or two

PENSLAR
Pen-Lax Tablets
and cleanse your system of its accumulated waste, gently and without harmful after effects.

PENSLAR LIVER SALINE
is splendid for a torpid, lazy liver. Two teaspoonful in a half glass of cold water half an hour before breakfast, will make you feel like a new person. It has no harmful effects. 30c and 60c bottles.

E. A. FOSTER
CENTRAL DRUGSTORE

BIRTHS

JOHNSON—On August 4th at the P. E. Island Hospital to Mr. and Mrs. H. Johnson, a daughter.
PHILLIPS—At Dauphin, Manitoba, June 15th to Mr. and Mrs. Blake Phillips (nee Helena Myers, Victoria P. E. I.) a son, Howard Blake.

DEATHS

VANIDERSTINE—In this city on August 7th the infant daughter of Captain and Mrs. N. Vaniderstine, 169 Dorchester Street.

Will Demand Surrender of Bela Kun
BERLIN, Aug. 7.—It is expected that the Entente powers will demand the surrender of Bela Kun and other Hungarian leaders by the Austrian Government, according to despatches received here from Vienna. It is said that it is probable Austria will be asked to hand them over to the new Hungarian Government when it is finally constituted.

It was not until the eleventh century that stockings came into use. Before that time it was customary to swathe the feet in bandages.

The sky reflections of the lights of London has been seen in favorable weather fifty miles distant.

AGAIN

PESSIMIST'S view of the **WORLD** and its doings, **HERE'S** another nut **OF** a different **SORT** for him to **CRACK**, I am **TOLD** by those who **WERE** present at a **RECENT** local horse **RACE** that immediately **WHEN** some gambling **GAMES** were set up **ON** the grounds a **REPRESENTATIVE** of the **MANAGEMENT** appeared and **CLOSED** up the **DEVICES**, at the same **TIME** giving utterance to **BROAD** hints as to **WHAT** would happen **IF** they were found **GOING** again. **"FURTHERMORE"** I am **RELIABLY** informed that **PREVIOUS** to this the **MANAGEMENT** had been **OFFERED** considerable sums of **MONEY** by those interested **FOR** the privilege **OF** running games of **CHANCE** and that **SORT** of thing on the **PREMISES**. There, **Pessimist** **AND** **FUNERALMAKER**, there **AGAIN** is demonstrated the **TENDENCY** of the **DAY** towards clean sport. **FIVE** years ago **YOU** would have **HOOTED** at the idea **IN** spite of you. **TODAY** you hoot **AT** other conditions **THAT** will as surely **IMPROVE**. But go **AHEAD** old fellow and **HOOT** away, nobody **IS** paying much **ATTENTION** to you **THESE** days, and before **LONG** when you **HAVE** finally hooted **YOUR** last hoot **YOU'LL** be the **ONLY** one around **TO** hear it. **I** THANK YOU.

CLASSIFIED ADVERTISEMENTS

FOR SALE

FOR SALE TWO YEAR OLD REGISTERED shorthorn bull, A.E. Long, Mt. Edward Road. 100-8-7M6p.
FOR SALE COW DUE TO FRESHEN in a few days. Apply Edmund Younker, North River. 156-8-9M2p.
FOR SALE — A DOUBLE HOUSE centrally located with all modern improvements. Write "K" c/o Guardian Office. 140-8-7Mt.
DESIRABLE FARM AT FRENCHFORT, 100 acres, well watered and situated for all purposes. Apply R. Rhynes, Dunstaffnage. 6971-7-12Mt
FOR SALE—FORD CAR, RUN ONE season, in good repair. Apply to R. D. McDonald, Glenfarran. 105-8-7M6p.
FOR SALE FARM ON GRAND VIEW Corner an excellent location for a blacksmith apply to M. M. Gillis, Charlottetown. 171-8-9M3p.
FOR SALE, I OFFER MY FARM containing 83 acres at Little River, Lot 56. For particulars apply to Agnes McDonald, Little River, Lot 56. 130-8-8M5p.
FARM FOR SALE FIFTY ACRES excellent land, buildings, in good condition. Sold with or without crop. Apply James Morgan, Auburn. 134-8-8M12p.
FOR SALE 212 ACRES OF LAND situated on Marsh Road, Lot 40, King's County. Apply to McLean & McKinnon, Solicitors, c/o Royal Bank of Canada Building, Charlottetown, P. E. I. 7456-8-4M6l.

TEACHERS WANTED

TEACHER WANTED—FOR PEMBROKE school, number 144. Liberal supplement. Apply Alex. Graham, Gaspareaux. 7469-8-5M6p.
TEACHER WANTED SECOND class for Ten Mile House, Liberal Supplement. Apply James McNally, secretary. 7438-8-2M7p.
TEACHER WANTED FOR HAZEL Grove School No. 107. Supplement \$100. Apply to Angus Nicholson, Secretary. 7473-8-5M6l.
TEACHER WANTED FOR NORTH- am School. First or second class. \$75.00 supplement. E. Maynard, Secretary. 7423-8-2M7p.
WANTED TEACHER FOR WEST St. Peter's Lake School. Supplement \$75.00. Norman MacDonald, Secretary. 118-8-8M4p.
WANTED TEACHER FOR RICE Point School. Supplement \$75.00. Apply Wallace H. McLaine. 148-8-9M6p.
WANTED TEACHER FOR BURTON (Lot 7) School No. 38. Supplement \$60.00. Jerry Dalton, Secretary. 121-8-8M6p.
WANTED TEACHER FOR ST. CATH- erine's School No. 55. Supplement \$50. Apply to J. M. McFadyen, Secretary. 162-8-9M3p.
WANTED A FIRST OR SECOND class teacher for Clyde River School \$125 supplement. Address the Secretary, C. D. McLean. 173-8-9M2p.
TEACHER WANTED—FOR ANNAN- dale School, No. 135. Supplement \$60.00. Midsummer vacation. George E. Saville, Sec'y Trustees, Annandale, Lot 56, King's County, P. E. Island. 7459-8-4M6l.

WANTED

WANTED TO PURCHASE—FOX ranch or small farm containing ranch or suitable location to build. Apply to J. L. Maynard, Northam. 7455-8-4M12p.
WANTED—SCHOONERS OR SMALL steamers to carry coal from New Campbellton to P. E. I. and New foundland ports. Prompt loading Anglo Coal Co., 309 Charlotte St. or New Campbellton, Victoria Co. 6459-6-21Mt.

WANTED HELP—MALE

RETURNED SOLDIER CANVASSER on commission can earn easily \$4.00 per day. Must be live wire. Apply personally Guardian Office. 7322-7-23Mt.
WANTED—GOOD MAN AT ONCE to work in mill to take charge of shingle saw, will pay highest wages. Apply to John Bernard, Bradalbane, Stancheil. 157-8-9M6p.

HELP WANTED—FEMALE

WANTED MAID FOR GENERAL housework. Apply Arlington Hotel.
WANTED A MAID FOR GENERAL housework. Apply 74 School Street. 131-8-8M6p.
WANTED—A MAID WHO UNDER- stands cooking, no washing, the highest wages paid to right party. Apply in person to Mrs. Frank E. Tuplin, Summerside, P. E. I. 7119-7-13Mt.

SOME OLD DATES

How many people know that if the old calendar makers speak truly, Cain killed Abel on the first Monday in April, which was Cain's birthday. Superstitious people used to avoid this day for business transactions. In his precepts to his son, William Lord Burghley wrote: "Though I think no day amiss to undertake any good enterprise or business in hand, yet have I observed some and no mean clerks very cautious to forbear these three Mondays in the year, which I leave to thine own consideration, either to use or to refuse, viz.: 1.—The first Monday in April, which day Cain was born, and his brother Abel slain. 2.—The second Monday in August, which day Sodome and Gomorrah were destroyed. 3.—The last Monday in December, which day Judas was born that betrayed our Saviour Christ."

MISCELLANEOUS

LOW RENTAL CHARGES FOR typewriters with the option of buying—Rentals going as part payment on Typewriter. See me about it. A. Milne Fraser, Halifax, N. S. 145-8-9ME11.
CAR FOR HIRE.—R. B. OAKES— Stand, The Two Macs Druggists. Phone 315. Residence, 153 Great George street. 7344-7-29M12p.
NOTICE FOR THE BEST SATISFACTION in piano tuning and repairing musical instruments sent your order to Prof. Marcou, Newson Building Charlottetown. Phone 94-J. 6946-7-11Mt.

The Sponge.

The sponge is a group of many celled water animals, the scientific name of which is porifera. The body has many channels, some of which are called inlet tubes. The outside of a sponge is covered with a hard, leather-like membrane. The water enters through the inlet tubes, passes through the connecting tubes, and leaves by the outlet tubes. The sponge gets small vegetable and animal bodies when the water goes through it. The bath sponge in use is just the skeleton. The sponge is found mostly at the Bahama Islands, Florida.

Middlesex Farmer Makes Good on Land

The London, Ontario, Free Press quotes the experience of Joseph Spearman, a soldier settler in Middlesex County, who is making headway on his new farm of fifty (50) acres and is quite enthusiastic over his prospects. Although Mr. Spearman had, previous to the war, resided for twelve years in London, on his return he decided to take advantage of the Land Settlement proposals and purchased through the Soldier Settlement Board, a farm of fifty (50) acres in the township of Westminster. The farm was apparently pretty well run-down and was in the market for less than \$5,000.00. Mr. Spearman put in a crop and although this has been a distinctly unfavorable year has fair samples of grain, his hay is full and the corn as good as in the neighborhood.

"I am quite satisfied," says Mr. Spearman, "I have a good piece of land alright, under conditions which I regard as a snap. I think it would be quite right to suppose that a soldier who has had farm experience could take hold of a farm proposition in Ontario in the same way as I did and make good. It might be said that the farm is run-down, but the payment ought not to be a burden."

With the Government loans Mr. Spearman, purchased a team of horses, six cows and some pigs. The cows cost as high as \$145.00 a piece and are good types. There are some calves and some young porkers now and the season's crop of feed will find plenty of place before long. The payment on the stock does not come until a couple of years from now, by which time it is quite possible the Spearman farm will have twice as many animals as originally purchased, so that instead of paying the first instalment, Mr. Spearman will be able to wipe out the whole indebtedness for payments on the land and successive payments on the land are not so heavy and will probably be met easily, provided conditions are ordinarily good. The six cows bring in a milk cheque well over \$100.00 monthly. Mrs. Spearman looks after the poultry etc. She started with twenty-five (25) and there are now well over 100. Fruit also brings in considerable revenue. Mr. Spearman figures that his place is worth \$1000 more than when he began. He is planning improvements. "I think any man with experience could find a similar opportunity," he said, "I would not trade it for a city job."

REPATRIATING PRISONERS

LONDON, Aug. 7.—British plans for repatriation of German prisoners of war are complete. These plans, of course, are subject to arrangements to be made by the joint Prisoners Commission to meet in Paris. Up to July 25, prisoners held in Great Britain numbered 84,604. This number included 170 army airmen, 2,908 sailors, 14 naval airmen, and 4,306 civilian aliens. The majority of the sick and badly wounded and those suffering from shell shock have already been sent home. Several boatloads containing the last of these cases have already been cleared.

Among those on board were Capt. Karl von Mueller, commander of the cruiser Emden, Admiral von Reuter, who was held prisoner to answer for the sinking of the German fleet at Scapa Flow, and a son of Admiral von Tirpitz.

The prisoners are scattered throughout the country, with the exception of Ireland. They are kept in internment and work camps. Twenty-six thousand of them are now engaged in agricultural pursuits and 7,000 are employed by the military authorities filling trenches, mainly on the east coast. They are paid up to twopenny an hour, the same as British soldiers.

Cheaper Bread in U. S. Likely

WASHINGTON, Aug. 4.—Cheaper bread may be one of the results of the present governmental efforts to reduce the high cost of living. Whether the five cent loaf will be put into the market basket is a question on which officials are at variance, but they agree that if the government allows wheat to sell at the market price instead of the \$2.25 guarantee, a considerable drop in the price of bread will result.

The price of wheat is one of the things being considered by a committee of cabinet and other high officials who are tackling the living cost problem. The proposal is for the government to take over the flour supply of the country at a normal profit to the millers and sell it back to the public at a loss. Officials state that with the price remaining at \$2.26 a bushel, flour can be brought fairly by the government at \$8 a barrel, after making allowance for all by-products and a fair profit to the millers.

In turn, the government would sell the flour to the public for \$6, absorbing a loss of \$2 a barrel. The total domestic needs for the year are about 250,000,000 barrels, which would require the expenditure of just half of the guarantee fund of \$1,000,000,000 provided by Congress. Thus, the farmer would get the guaranteed price for his wheat, people would be assured of cheaper food and the half of the billion dollars that are spent would be used in reducing prices instead of merely keeping up the price of wheat to the farmer.

OUTBREAK OF VODOOISM IN CUBA

HAVANA, August 7.—With the recent outbreak of cannibalistic practices by Voodoo worshippers which have resulted in the deaths of at least three innocent children and a half dozen of the Voodoos, the latter by the application of Lynch's law for the first time in this country's history, fathers and mothers are living in constant dread that their children will be spirited by the superstitious negroes to be offered up in sacrifice to "Chango," the God of the "Brujos," as they are called in the Castilian language.

The Voodoos are divided in various sects, each with its separate god. The latter include "Babaguey," god of sickness; "Eleuca," god of injury; "Olorum," god of misery, and "Chango," the terrible god, to whom human sacrifices are made.

"Chango," according to the Voodoo belief, was the son of Olorum and Anaragua. He was slain by Eleuca, the "god of injury," and ascended into Heaven from a Ceiba, or god-tree, in the month of May, therefore, that the "Brujos" observe their Holy week to restore to health some other patient, Eleuca, being the "God of Injury," his followers believe that good can come to one person only through injury to another.

Voodooism is not practiced by the negroes alone. Many white persons also are said to secretly take part in their religious meetings and accusations have been heard in various quarters of the difficulties encountered by officers seeking to break up their temples because of the obstacles placed in their way by persons of influence.

Sylvia Pankhurst In the Toils

(Special to The Guardian). LONDON, Aug. 8.—Sylvia Pankhurst, England's leading feminine agitator was again in the lime light today when Scotland Yard officials charged that she had received \$30,000 in Russian Gold from Bela Kun, former Hungarian Soviet leader. The money was received through a Norwegian radical, it was stated and was to be used for promoting British strikes. Miss Pankhurst denied she had received the money.

Scotland Yard operatives said that papers seized in a recent raid in Glasgow, included a complete set of rules of the Soviet republic and the location of places where bombs were stored in Glasgow and Manchester.

Net Profits of British Food Control

(Special to The Guardian). LONDON, Aug. 8.—The net profits of the British Food Control, a counterpart of Herbert Hoover's department, for the year ending May 1st, was \$37,000,000. This, after rebating \$1,000,000 commissions paid to American agents, \$14,000,000 for cost of administration and more than \$16,000,000 interest on capital and allowances paid by other departments.

King Ferdinand In Budapest

(Special to The Guardian). ZURICH, Aug. 8.—King Ferdinand arrived in Budapest yesterday, according to a despatch reaching here from that city.

Menagerie Broke Loose at Sea

NEW YORK, August 8.—How an ocean trip which had been taken for rest ended in a series of thrilling experiences was told by Mrs. Maude A. Hayes, wife of Scott Hayes, a son of former President Hayes and an officer of the New York Air Brake Company, who returned home on the Grace Liner Santa Luisa. Both said they would be satisfied to remain in the quiet of their home at Croton-on-the-Hudson for some time to come.

Mr. and Mrs. Hayes, with their children, left New York May 20, bound for South America. On June 7, off Santa Rosa, on the coast of Peru the ship went aground, Mrs. Hayes said, and later a heavy storm came up wrecking the vessel. The crew became panic-stricken and the officers had to hold them off with pistols until the passengers entered the lifeboats.

"A heavy sea was running, some of the waves being at least thirty feet high," Mrs. Hayes said. "The steamship sank while we were still in sight. We rowed about for two days before we were rescued by the Montaro."

HOTEL ARRIVALS

VICTORIA HOTEL
H. G. Bauld, Miss M. Bauld, H. H. Bauld, H. F. Arthur, Halifax; H. V. Vaughan, St. John; E. Pauls; W. A. Tallmire, Toronto; J. E. Hughes, Halifax; Mr. and Mrs. C. R. McKenzie and son; Grace B. Simpson, Montreal; Mrs. J. E. Pearson and daughter; Mr. and Mrs. E. N. Lockhart, Moncton; Miss Elizabeth Warden, Alice Warden, John Warden, Mt. Pleasant, Pa.; W. D. Pearce, Montreal; D. J. Honey, New York; G. Polterson, wife and son, Boston; Mrs. A. E. Strubel, Miss J. Duchesmin, Sydney; J. E. McMurphy, and wife, Minnie E. Taylor, Toronto; W. A. Brown, Ottawa; H. P. Duchemin, Sydney; C. S. Everett, St. Andrews; Mrs. Peter Webster, Boston; L. Dingwell, New York; H. H. Drake, Boston; J. L. Simpson, Amherst; J. F. Powers, Cambridge; Mrs. J. J. C. Richard, wife and daughter, Calgary; A. J. Campbell, Brackley Beach; W. Montgomery, Brackley Beach; Mr. and Mrs. A. W. Clegg, Montreal; R. V. Dawson, Peterboro; W. H. Brown, Toronto; Miss D. Moore, Boston; H. Bearst, Boston; F. L. Parkman, Montague; L. F. Gordon, Montague; Mrs. Clark and son, Mt. Stewart; Jack Learment, Truro; C. A. Mecke, Summerside; N. J. Foster, Fredericton, N. B.; Mr. and Mrs. J. P. Crockett, Antigonish; A. G. Christie, North Sydney; J. C. Archibald, Fredericton, N. B.; Mrs. J. C. Archibald, Fredericton, N. B.; H. M. M. Pleke, Montreal; A. H. Jolley, Hamilton; H. D. McLeod and son, Kitchener; Geo. DeClerq, Montreal; J. L. McDonald, Cambridge; F. L. Dougan, Moncton; A. McCausland, Bedford.

QUEEN HOTEL

John Alfred Jones, Poughkeepsie; Frank Matson, Halifax; A.W. McLean, Souris; B. Portiffie and wife, Toronto; Mrs. J. W. McPhee, Georgetown; Mrs. W. G. Leslie, Brudenell; Eleanor Leslie, Brudenell; Isabel McKinnon, Quincy, Mass.; Mrs. Mary McKinnon Quincy, Mass.; Mr. Archibald Lowell, Mass.; W. Graham, Brudenell; J. S. Cousins, Park Corner; C. McLellan, Arlington; P. E. Gray, Montreal; J. L. Bailey, Toronto; J. B. Gaudt, Miscouche; Benoni Gaudt, Miscouche.

REVERE HOTEL

Adele Smith, Georgetown; Bertha Smith, Georgetown; Mollie McLean, Georgetown; J. A. McDonald, St. Peters; Mrs. J. A. McDonald, St. Peters; Joseph McDonald, St. Peters; Mamie McKinnon, St. Peters; D. J. Mullin, St. Peters; J. T. Sullivan, Souris; Mrs. J. T. Sullivan, Souris; J. C. Ferguson, Souris; Mrs. J. J. Ferguson, Souris; Chas. Ferguson, Souris; P. H. Heartz, Fall River; C. F. Heartz, Fall River; E. Burke, Iona; Thos. J. Boylan and daughter, Brantford, Ont.; L. A. Laidlaw, Morrell; J. C. Phillip, Toronto; M. P. Driscoll, Freetown; L. S. Price, St. John; F. McDonald, Mottont; R. A. Colpitts, Moncton; L. P. Haysart, Halifax; J. L. Simpson, Brackley Beach; B. Doucill, Richibucto; R. Doucette, Richibucto; F. A. Mellish, Wilmipeg; Mrs. G. J. Mullins, North Tryon; A. B. Kays, Boston; F. F. McFarlane, Boston; Miss E. McKenzie, Boston; G. W. Wainer, Chicago; Miss M. W. Warren, Chicago; E. B. McLaren, Georgetown.

Peace Celebration Races

In connection with the Peace Celebration, the following classes will be put on by the Charlottetown Driving Club on August 19:
Class A—Trot and Pace, 100 yds.
Class B—Trot and Pace, 150 yds.
Class C—Trot and Pace, 200 yds.
Our Colonel, 2.03 3/4, owned by The MacKinnon Drug Co., will attempt to break the provincial record of 2:12 3/4. 159-8-9M21

Peace Celebration List of Events

The list of events on the Abwegit grounds during the Peace Celebration are:
100 yards Dash.
100 yards (Boys under 16).
440 yards (Boys under 16).
1 mile Run.
120 yards Hurdles.
Quarter Mile Bicycle.
Half Mile Bicycle.
Two Mile Lap Race.
High Jump.
Broad Jump.
Pole Vault. 159-8-9M21

Horse Races at Garfield, BELFAST AUGUST 16th, 1919

There will be three classes namely:
2.35 Trot and Pace, purse \$40.00.
3 Minute Trot and Pace, purse \$20.00.
Green Race Mixed, purse \$40.00.
Open to country horses only. As the first day attendance was small owing to my making I have decided to put on this race as the people will be all through with their busy work. Admission 25 cents, children 15 cents. Men, women and children keep off the track while the races are on as I am not responsible for any accidents that may happen. Horsemen send your entries at once as I would like to advertise them as soon as possible. Entries close Wednesday, August 13th. 5 per cent. to enter and 5 per cent. additional from money winners. Best 3 in 5 money divided. 50, 25, 15, 10 per cent. of purse. Well stocked saloons, dancing booths, refreshments on the grounds.
By Order
A. W. MCLEOD.
170-8-9-mwME31.

Guard of Honour

30 more men are required for the Guard of Honour. All returned men from Charlottetown who have not signed on are requested to be at the drill shed at 7.30 p. m. Monday, August 11th for the purpose of issuing uniforms. Men on the guard will receive four days pay.
CAPT. W. A. ALLAN, M. C.
LT. A. C. MEECHERN, M. C.
LT. E. G. WEEKS, M. C., M. M.

Minard's Liniment lumberman's friend

Minard's Liniment Cures Burns, Etc.