

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of **Castor Oil, Paregoric, Drops and Soothing Syrups.** It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

What is CASTORIA

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GENUINE CASTORIA ALWAYS
Bears the Signature of

Chas. H. Fletcher

The Kind You Have Always Bought
In Use For Over 30 Years.

THE CENTAUR COMPANY, 77 NIBBLY STREET, NEW YORK CITY.

SUNDAY SCHOOL LESSON

S. S. LESSON.

January 2, 1910.

JOHN, THE FORERUNNER OF JESUS.

Matt. 3:1-12.

GOLDEN TEXT.

"The voice of one crying in the wilderness, prepare ye the way of the Lord, make His paths straight." (A. V.)—Matt. 3:3.

POINTED SUGGESTIONS.
By Rev. D. W. Snider.

Paul, as a follower of Jesus, bore faithful and loving testimony to Him, as Saviour and King. During the past year the life of the apostle to the Gentiles was the matter of pleasing and profitable study. Everyone who engaged in that study with any honesty of purpose must be the better for it, to-day. He would be either inspired or humiliated, thrilled or shamed into a fuller consecration and into a life or nobler and truer and of dauntless endeavor.

But the witness which Paul gave to Jesus was of such a sort that we are anxious, not to know less about the apostle, but a great deal more about his Lord. It is appropriate, therefore, that our attention is to be drawn during this year to the record of the Christ. And this record we are to study under the guidance of Matthew, the publican-Jew, who wrote specifically for the Jews to convince them that Jesus was the Messiah of their age-long expectation and fondest dreams and hopes, by reason of the promise made to Abraham.

The first thing discovered to us in such a study is that Jesus had a forerunner as heroic and self-renouncing as Paul proved himself to be as a follower. What a character of simple and imposing grandeur is outlined by the gospel writers in the person of John the Baptist! Look at him! Listen to him! He will not let us do it for long. We must look and give heed to another.

Repent! That is the first word which greets men at the door of any new enterprise or of any marked and



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worthy development of one of which the principles and promises have been laid. It is a word of startling and penetrating and resistless wake-up and get-up (perhaps, also turn-about) to the conscientious and well-balanced soul. To others, who will hear, it means a charge of wrong-doing and the demand to right-about-face.

There are always those who believe themselves fully equipped and altogether meritorious enough to join anything. They are "it," like the Pharisees and Sadducees who came to John's baptism. There are many of them in the churches now. Their object in joining any new movement is in order that they may be still more "it."

Preachers discern them now, as John Baptist did then. Alas, the stern stuff is often lacking to meet them as he did. But the self-satisfied and socially and religiously aristocratic must suffer from some one at some time a rude awakening. The axe, the threshing-floor, the fan, the flame—these, be it noted, are God's preparing, sifting, purifying instruments. And the kingdom of heaven suffereth violence.

The beauty of the character of John Baptist, its humility and meekness, must not be overlooked because of the admiration which his rugged courage inspires. Where can a finer lesson in self-renunciation be read, except at the Cross, than that which pays its tribute to the Christ, in verse eleven and similar passages? It is the testimony of a faithful forerunner.—The herald is not the King.

All the service of the lives of devoted men has for its object to make right of way and a good way for the way of the Lord.—Onward.

STAR FLOUR

FOR BREAD AND PASTRY



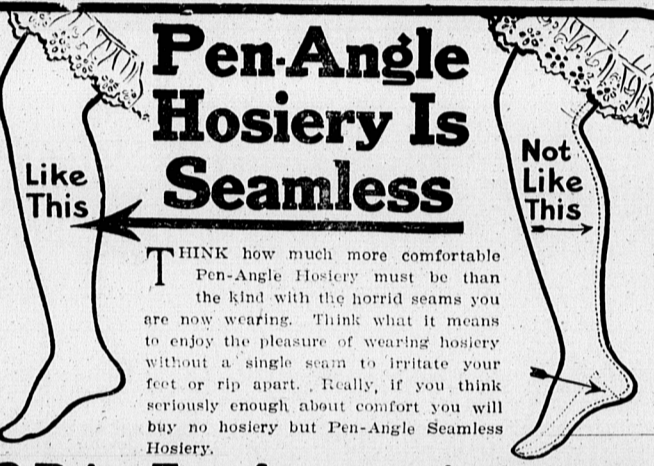
SWEETBREAD CROQUETTES

1 PINT COOKED AND CHOPPED SWEET BREADS, 4 table-spoons chopped mushrooms, 2 table-spoons butter, 1 table-spoon STAR flour 1 table-spoon scant salt, 1/2 pint cream, 1/2 teaspoon white pepper, a dust of nutmeg, 1-2 teaspoon chopped parsley, 2 eggs, 1 table-spoon lemon juice.

Mix the salt, pepper, nutmeg, parsley and lemon juice with the mushrooms and sweetbreads, and set aside to season, while making a white sauce according to direction with the butter, flour and cream. Add the meat to the sauce and lastly the beaten egg. Set aside to cool or stiffen for two or three hours, then shape, crumb and fry according to directions above. Serve with mushroom, white sauce or Bechamel yellow sauce.

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2 Pairs Free for any pair that fails

We guarantee the following lines of Pen-Angle Hosiery to fit you perfectly, not to shrink or stretch and to be absolutely fast. We guarantee them to wear longer than any other cashmere or cotton hosiery sold at the same prices. If, after wearing Pen-Angle Guaranteed Hosiery any length of time, you should ever find a pair that fails to fulfill this guarantee in any particular, return the same to us and we will replace them with TWO new pairs free of charge.

Read that guarantee-over again carefully, for we want to impress it indelibly upon your mind, because it is the most liberal—the fairest and squintest—hosiery guarantee given anywhere.

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The reason for Pen-Angle superiority is due to the exceptional quality of the cashmere and cotton yarns we use. And because we knit them on Penmans' exclusive machines. We have the sole rights to use these machines in Canada.

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Reinforced Feet

They reinforce the feet, heels and toes—the places that get the hardest usage—without you ever being aware of any extra thickness.

You see, these wonderful machines increase the wear-resistance, and at the same time make Pen-Angle Hosiery more comfortable—your ideal hosiery. So be sure and get Pen-Angle Seamless Hosiery—the hosiery with the DOUBLE guarantee.

For Ladies

No. 1760—"Lady Fair" Black Cashmere hose. Medium weight. Made of fine, soft cashmere yarns, 2-ply leg, 5-ply foot, heel, toe and high splice, giving them strength where strength is needed. Box of 3 pairs, \$1.50; 6 pairs, \$3.00.

No. 1020—Same quality as 1760, but heavier weight. Black only. Box of 3 pairs, \$1.00; 6 pairs, \$2.00.

No. 1150—Very fine Cashmere hose. Medium weight. 2-ply leg.

4-ply foot, heel and toe. Black, light and dark tan, leather, champagne, myrtle, pearl gray, oxblood, helle, cardinal. Box of 3 pairs, \$1.50; 6 pairs, \$3.00.

No. 1720—Fine quality Cotton hose. Made of 2-ply Egyptian yarn, with 3-ply heels and toes. Black, light and dark tan, champagne, myrtle, pearl gray, oxblood, helle, sky, pink, bisque. Box of 3 pairs, \$1.00; 6 pairs, \$1.50.

No. 1175—Mercurized. Same colors as 1720. Box of 3 pairs, \$1.00; 6 pairs, \$2.00.

For Men

No. 2404—Medium weight Cashmere half-hose. Made of 2-ply "Everlast" heels and toes, which add to its wearing qualities, while the hosiery still remains soft and comfortable. Black, light and dark tan, leather, champagne, myrtle, pearl gray, slate, oxblood, helle, cadet blue and bisque. Box of 3 pairs, \$1.50; 6 pairs, \$3.00.

No. 1090—Cashmere half-hose. Same quality as 500, but lighter weight. Black only. Box of 3 pairs, \$1.00; 6 pairs, \$2.00.

No. 330—"Everlast" Cotton socks. Medium weight. Made from four-ply long staple combed Egyptian cotton yarn, with six-ply heels and toes. Soft in finish and very comfortable to the feet. A winner. Black, light and dark tan. Put up in boxes. Box of 3 pairs, \$1.00; 6 pairs, \$2.00.

Instructions

If your dealer cannot supply you, state number, size and color of hosiery desired, and enclose price, and we will fill your order post-paid. If not sure of size of hosiery, send size of shoe worn. Remember, we will fill no order for less than one box and only one size in a box.

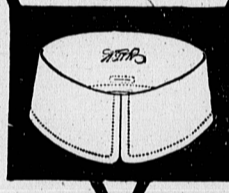
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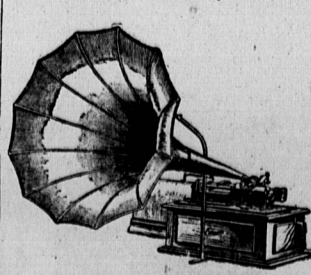
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In past years much has been done to make Christmas the happiest time of the year for our patients but in spite of our best endeavor there have always been some sad hearts who have felt that they have been forgotten by their friends. In a sense we have endeavored to make up this want, and try to have something for everyone.

We invite the general public to assist us this year in making our Christmas Tree a success

If you will kindly send some little Christmas Gift, Address the parcel to the undersigned or ask our team to call for it before December 30, '09.

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12-23dji

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