

Woman's Realm :- Social and Personal :- Fashions :- Literature

The HOUSEWIFE and HER ACTIVITIES

SWEET CONTENT I live in a town where the sun shines round. And the hills behind are green; Where a sweet stream falls with a musical sound, And where many a flower is seen— And the gardens fair are open to all, And the fruits hang golden there. But there's never a joy to the richest fall. But the poorest may freely share! —William Nye Smith.

GREEN VEGETABLES Green vegetables should be allowed to cook only until of reasonable firmness. Cook uncovered or partially covered to retain their green color, in minimum amount of water. Save stock and use in sauce, gravy or made-up dishes.

HOME-MADE SUNTAN MIXTURE Salad dressing for sun tanning, minus the seasoning, is a safe, effective home-made suntan oil. The usual two-thirds olive oil to one-third vinegar is a soothing mixture that will cause a darker tan than oil alone.

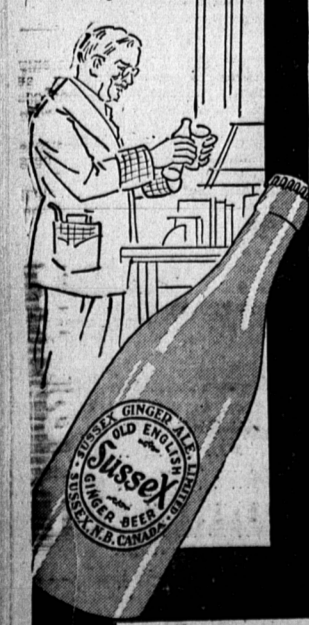
KEYS TO YOUR BELT Belts have a big ornamental silver keyhole at front with tiny keys forming the buttons. One applique on either side of the front in an ornamental keyhole design with key buttons down the centre. Other belt clasps or buttons are coronets, gold acorns or gold sunbursts.

SWEETENING UNDER GRASS RUGS Newspapers placed under summer rugs of grass or loosely worn cotton will save unnecessary cleaning. Sweep the rugs while the paper is under them, roll them up, remove the papers with their layer of dust, then mop.

HIDING THE FIREPLACE IN THE SUMMER The fireplace, which is the centre of attraction in winter, becomes a white elephant in summer, and there arises the difficulty of knowing how best to treat it. An effective and inexpensive way is to fill in the fireplace with drawn silk on rods. This has the advantage of being quickly removed to allow the fire to be lighted as there are sure to be some cold days even in midsummer.

The silk should be the same color as the wallpaper and large enough when made up to cover the whole space between the supports of the overmantel. It should be the same depth and one and a half times as wide as the fireplace, to allow for fullness, and so that there will be a neat frill make broader hems at the top and

The Famous Old Maritime Brew



He enjoyed it as a boy and now, nearly half a century later, he welcomes it like an old friend. You, too, will enjoy the bracing stimulus of this luscious beverage... Sussex Ginger Beer comes in 10 ounce bottles... Order a case today.

bottom. Then do two rows of stitching where the silk is gathered on to the rods. Screw a hook into the two top and two bottom corners of the fireplace, to support the rods if preferred, tape may be used instead of the rods. For a fireplace filled in with drawn silk, a big bowl of flowers or greenery placed at the top in a small room this is the only satisfactory way to dispose of large vases of flowers. To add extra space to the room the fender can be taken away and the rug pushed up level with the grate. When this is done, a chair may be placed with its back to the fireplace.

SWEARS OFF TOBACCO—HE'S ALMOST FOUR Charles Mickey Norman, of New York, the neighborhood terror, has sworn off smoking now he is approaching his fourth birthday.

Mickey has been smoking cigars and cigarettes, refused both when they were offered to him but said, "I drink beer." The neighbors have been hinting Mickey was becoming a solitary smoker. This was denied by his grandmother, but his Aunt Florence, 13, said he had been sneaking a smoke or two. "I have my own notion why Mickey swore off smoking," his grandmother said. "I think his father just scared him into it."

ORIGINAL FILLING FOR LUNCHEON SANDWICHES How many of us are sometimes so busy that we do not want to lose precious moments by going to a restaurant or to the club for lunch. Sandwiches made at home may be substantial and nourishing. Here are some new ideas for them.

Corned Beef à la Mode Sandwiches—Put a few thin slices of cucumber on slices of buttered bread, over this place a thin slice of the meat, smear with mustard and cover with the other piece of buttered bread. Chutney makes an excellent flavoring for a sandwich, especially with either ham or eggs. Ham and Chutney Sandwiches—Put a thin slice of ham on buttered bread and cover with the other piece of buttered bread. Mix Chutney with a hard-boiled egg, and spread on thinly buttered bread.

Most men are fond of pickled walnuts and they are delicious in a sandwich. Hard-boiled Egg and Pickled Walnut Sandwich. Chop up the pickled walnuts together with a hard-boiled egg, mix with salt and use the mixture as a filling for the buttered bread. Brown bread goes well with the walnut in this sandwich. Devilled Cream Cheese Sandwich—Mix some cream cheese thoroughly with plenty of mustard, some cayenne pepper and salt. Use this on plain bread as the filling. Curried Egg Sandwiches are a change from the usual egg sandwich. Chop up the hard-boiled egg and mix well in a basin with curry powder, a pinch of mixed spice, a little butter, and season with salt and pepper and a few drops of lemon juice. Spread on plain bread, brown for preference.

START NOW TO RID YOURSELF OF VACATION HAIR ILLS Only girls with extremely short locks can rinse their hair under the shower after each swim. The rest of us, providing we want glossy locks and not straw-like, stringy strands when summer days are over, must take steps to alleviate the drying effects of water and too much hot sunshine.

One famous group of hairdressers suggests that tonic be massaged into hair and scalp before each swim. Not just any tonic will do, however. You ought to get one to suit your particular scalp condition. Incidentally, the average head doesn't get nearly enough air and sunshine. When your shampoo at home, always dry your hair in the open air. In addition, whether you go bathing on the beach or not, you ought to try to sit in the sunshine for at least an hour each day. It's good not only for hair, but for tired nerves and aching muscles.

Remember that salt water and bits of sand which force their way under the edge of your bathing cap shouldn't be left to dry. If it is impossible for you to rinse your hair thoroughly, at least rub it with a coarse towel and flush vigorously. You may hate to take this much trouble while on vacation, but unless you do, you'll have ten times more trouble with split ends and faded streaks when you get back to town in the fall.

GIVE CASTOR OIL TO YOUR CURTAINS Most lace curtains, as sold in the shops, contain so-called "fillers." These usually consist of starch, mineral and of substances, and they are purposely incorporated in the curtains by the manufacturer so that these

At What Age Do Men Make the Best Husbands? Dorothy Dix Urges Girls To Marry Men Who Are About 30

"Apron-String" Youths Have Not Had Enough Experience to Make Good Husbands — Seek a Man Who Has Seen Some Life

A girl wants to know how old men should be when they marry and at what age they are likely to make the best husbands. Well, there are two schools of thought among women on this subject.



One holds to the theory that it is best to catch 'em when they're young and bring 'em up in the way you want them to go. They contend that an old husband is like an old dog. You can't teach him new tricks, and that after a man is set in his ways no wife can change him and make him see how superior hers are. How much better it is to spend money on French confections than it is to spend money on tobacco, for instance, and how much more real pleasure is to be derived from attending an improving lecture than sitting in a poker game with the boys.

They also assert that the only thoroughly house-broken husbands are those who are trained to turning in their pay envelopes to one little woman, drying the dishes after dinner, and pushing the perambulator while still in their pyjamas, so to speak. And so they are all for grabbing a boy the minute his mother cues her apron string and tying him to a wife's before he ever gets a breath of freedom, or hears the call of the wild, or finds out that he can roam.

Furthermore, they argue that men are more adaptable in youth and adjust themselves more easily to the matrimonial yoke, and that husbands and wives who grow up together just automatically grow alike. The other school of thought is all for the "sugar papa," the man who is old enough to have made his fortune and to be able to have his wife do nothing but sit on a silk cushion and sew up a seam and feed upon strawberries, sugar and cream.

They back up their position by quoting the old adage that it is better to be an old man's darling than a young man's slave, and they point out that the man who marries late in life is almost invariably inordinately proud of his wife, overindulgent to her and much less critical and demanding than the young husband is.

There are weak spots in both of these theories. The main one in the cradle-snatching contention is that marrying a boy husband adds an almost insuperable risk to matrimony, since no one can tell how he is going to turn out, or what he is going to develop into, or whether his wife will want him or not after he is grown up. Nor is he as pliable and adaptable and amenable to discipline as a woman befools herself into thinking he will be. There is nobody else on earth so cocksure that he is Solomon as a boy. Nobody so determined to do his own way. Nobody so selfish and inconsiderate of the rights of others.

On the other hand, while the middle-aged or elderly husband is a safe bet as a good provider, there are other aspects of the case that are not so desirable. For one thing, he is a little shopworn. Whatever romance and sentiment he started out with has long since faded and luster and is fringed and frayed at the edges, and life with him is likely to be a steady diet of plain roast beef and boiled potatoes.

He has been everywhere and done everything and seen everything and he can't understand why a wife wants to stop at the stock market and complain about the price of wheat, or grumble about the price of wool, or fret about the price of cotton. And he has habits that are as firmly fixed as the rocks of Gibraltar, and he can never understand why a wife who does her own work can't cook like a chef and give him the service that he got at a first-class club or hotel.

So, being as how both youth and age have faults that are peculiarly their own, if a girl is picking out a husband by his age, her best choice is the happy medium between the two. Say around the thirties, a little on the twenty side, perhaps. That is the ideal time for a man to marry, because at that age he is young enough to be fiery and romantic and ardent, and yet old enough to be a good husband and to marry for keeps instead of the passion of the moment.

The girl who marries a man of 30 doesn't get a pig in a poke. What he is going to be, he is. She can look him over and take him or leave him. Nor need she worry about his tiring of her. He has known many women and escaped many matrimonial snafus, and when he marries a woman it is because she has the qualities he likes and of which he will be proud. Business experience has taught him how to get along with people and sell himself even to a wife. He has learned the value of teamwork and so he is pretty sure to do his part in helping to make his marriage a success.

Hence, taking it all in all, the man around 30 is the preferred matrimonial risk. DOROTHY DIX.

may feel thick and smooth and hang well when hung in the window. It is unfortunate that almost all these fillers are removed in the first wash, for the curtain then feels limp and thin. Curtains which have lost their original full handle and suppleness by washing can be made as new by taking a leaf out of the book of the manufacturer. The washed curtains should be raised and hung on a line to which a thin starch paste to which castor oil (this is a permanent softener) to make an oily emulsion. After drying and ironing they will then be found to be smooth, lusty and supple.

Step out into the SUNSHINE How many days of your life are lost in feeling and par? How many hours which might be bright are dull and despondent? Half-hearted days are frequently due to common constipation. It clouds your waking hours, takes the sunshine out of living. Yet it can be overcome so easily by eating a delicious cereal.

Laboratory tests show Kellogg's ALL-BRAN provides "bulk" and vitamin B to aid elimination. ALL-BRAN is also a fine source of iron. The "bulk" in ALL-BRAN is much like that in leafy vegetables. Isn't this "cereal" way pleasanter than ridding patent medicines?

Two tablespoonfuls daily are usually sufficient. With each meal, in chronic cases, if not relieved this way, see your doctor. Serve ALL-BRAN as a cereal or use in muffins, breads, omelets, etc. In the red-and-green package. Made by Kellogg in London, Ontario.

The last word in airplanes: Jump. "My wife had a dream last night and thought she was married to a millionaire." "You're lucky! My wife thinks that in the daytime."

The Murder at Hazelmoor By AGATHA CHRISTIE

"Have you any idea what lay behind Captain Trevelyan's dislike of women?" "Nothing to it, sir. Just an 'abit, sir, that's all. I have seen many a gentleman like it before. If you ask me, it's nothing more or less than shyness. Some young lady or other gives them a snub when they are young—and they get the 'abit."

"What relations had he? Do you know?" "I believe he had a sister living at Exeter, sir, and I think I have heard him mention a nephew or nephews, yes. Is there anyone who can support your statement?" "Beg pardon, sir."

"Is there anyone who knows that you were at home during that time?" "My wife, sir." "She and you were alone in the house?" "Yes, sir." "Well, well, I have no doubt that's all right. That will be all for the present, Evans." The ex-sailor hesitated. He shifted from one foot to the other. "Anything I can do here, sir—in the way of tidying up?"

"No—the whole place is to be left exactly as it is for the present." "I see." "You had better wait, though, until I have had a look around," said Narracott, "in case there might be any question I want to ask you."

Inspector Narracott transferred his gaze from Evans to the room. The interview had taken place in the dining room. On the table an evening meal was set out. A cold tongue, pickles, a Siltion cheese and biscuits, and on a gas ring by the fire a saucepan containing soup. On the sideboard was a tantalus, a soda water siphon, and two bottles of beer. There was also an immense array of silver cups and with them—a rather incongruous item, three very new looking novels.

Inspector Narracott examined one or two of the cups and read the inscriptions on them. "Bit of a sportsman, Captain Trevelyan," he observed. "Yes, indeed, sir," said Evans. "Been an athlete all his life, he had." Inspector Narracott read the titles of the novels. "Love Turns the Key," "The Merry Men of Lincoln," "Love's Prisoner." "Erm," he remarked. "The Captain's taste in literature seems something incongruous."

"Oh! that, sir," Evans laughed. "That's not for reading, sir. That's the prizes he won in the County Pictures Names Competitions. Ten solutions the Captain sent in under different names, including mine, because he said 85 Fore Street was a likely address to give a prize to! The commoner your name and address the more likely you were to get a prize in the Captain's opinion. And sure enough a prize I got—but not the 2,000, only three new novels—and the kind of novels, in my opinion, that no one would ever pay money for in a shop."

Narracott smiled, then again mentioning that Evans was to wait, he proceeded on his tour of inspection. (To Be Continued.)

THE COOK'S CORNER

CHOCOLATE BREAD (For Sweet Sandwiches) Put 1 cup scalded milk into a bread bowl, add 3 tablespoons shortening and 2 ounces (squares) chocolate broken in pieces; stir until the chocolate is melted; add 1/2 teaspoon salt, 3 or 4 tablespoons sugar, 1 yeast cake mixed with 1/2 cup scalded and cooled milk and about 3/4 cups flour. Mix to a dough that can be kneaded. Less flour is often required. Knead thoroughly and set aside to double in bulk. Shape into a sandwich style loaf, when again light bake one hour, the first half at 400 degrees Fahrenheit, the last half at 375 degrees Fahrenheit. For filling use cream cheese with jelly or marmalade, or use the bread for cinnamon toast.

VEGETABLE ENTREE This vegetable main course or entree is of most delightful type. Mushrooms and asparagus are noble in combination—and treated in this way they produce a dish which for all its simplicity, is nevertheless very distinguished.

3 very large mushrooms Butter Salt Pepper 12 asparagus tips 1 No. 2 can sauerkraut, and the tomatoes (which have been peeled and cut in small pieces). Cover and cook gently 15 or 20 minutes, or until tomatoes are soft. Season as necessary. This amount serves six to eight.

SAUERKRAUT WITH TOMATOES This is a tasty new dish, using fresh tomatoes and canned sauerkraut. 1 small onion 1 tablespoon butter 1 No. 2 can sauerkraut 4 medium-sized tomatoes Seasonings Slice onion thin and cook in butter until golden brown. Add the contents of can of sauerkraut, and the tomatoes (which have been peeled and cut in small pieces). Cover and cook gently 15 or 20 minutes, or until tomatoes are soft. Season as necessary. This amount serves six to eight.

Good Looking "I say, Joe, your girl looked wonderful in that religious gown she was wearing last night." "What do you mean, 'religious gown'?" "Oh, you know; sort of Lo and Behold."

Caramel Filling and Frosting This caramel-flavored mixture goes directly on the cake—the first of the two frostings that cover it. 2 cups light brown sugar 3/4 cup cream or evaporated milk 1 tablespoon butter Few grains salt 1/2 teaspoon vanilla Chopped nuts (if desired) Boil sugar and milk or cream until a few drops of the mixture form a very soft ball in cold water (temperature of syrup, 234 degrees F.) Add butter, salt and vanilla. Cool, then beat until thick enough to spread.

Put layers together and cover top of cake with caramel frosting. Then cover cake all over with chocolate frosting.

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Look at your Skin Is it Pimply, Blotchy, Red and Rough? If so, Use Cuticura Soap and Ointment Sold at all druggists.

JUBILEE WOMEN'S INSTITUTE HOLD SURPRISE PARTY

On the evening of July 22nd, the members of the Jubilee Women's Institute, Albany, gathered at the home of Mrs. Wm. Buchanan for the purpose of holding a surprise party for Miss Bertha Muttow, Charlottetown. Mrs. Muttow had taught in the Albany Village School as Principal for two years and was a member of the Institute there.

During the first part of the evening an address was read by Mrs. Thos. E. Noonan and a very acceptable and useful gift was presented by Miss Hazel Green. Afterwards ice cream and cake were served and the remainder of the evening was spent in games and music.

An enjoyable evening was brought to a close by the singing of "For She's a Jolly Good Fellow" and the National Anthem. The following was the address read by Mrs. Noonan. Dear Miss Muttow: We, the members of the Jubilee Women's Institute, take this opportunity of expressing to you our sincere appreciation of your services to our community at large and to our Club in particular. We have always found you a ready and willing helper in all our undertakings and regret very much that you are leaving our village.

May these little gifts serve to remind you of our good wishes and may the not too distant future find you back in our midst once more. Mrs. Thos. E. Noonan, Mrs. Andrew Noonan, Mrs. P. Hatley, Mrs. K. Bassett, Mrs. G. Curtis, Mrs. E. V. MacLeod, Mrs. Ray Cameron, Mrs. A. Green, Miss Harriet Noonan, Mrs. W. P. Cameron, Mrs. R. Burns, Mrs. W. Buchanan, Mrs. R. Phillipson, Mrs. H. Francis, Mrs. Sterling MacKay, Miss Hazel Green, Miss Annie Cameron, Mrs. Urban J. Pineau.

WELL DRILLING Our new cable drill has arrived, our men are here and we need work. It takes a lot of wells to keep this outfit busy sinking them. If you need a new well or wish to ream out and recase an old one. Give us a call. All work guaranteed to stand the test of time.

TRASK WELL CO. VAUGHAN GROOM, Local Representative SUMMERSIDE, P. E. I. L-8737-7-31-W-P-M-II.

S. S. FARNORTH Leaves BOSTON 10th, 20th, 30th of each month for CHARLOTTETOWN via Halifax, arriving three days later. Returning via Bras d'Or Lakes, Sydney and Halifax. For passenger, freight and automobile rates apply to Buntain, Bell & Co. Phone 829.

Liquor Agency Purchasing Plan Abolished

FREDERICTON, N. B., August 23 —The Provincial Government has ordered abolition of the agency system in connection with the purchase of liquor supplies by the New Brunswick Control Board, Premier A. A. Dwyer announced today.

All liquor houses, expecting to do business with the Liquor Control Board will be required to cancel their agency appointments in New Brunswick without delay," he said. This week's meeting of the government concluded early this evening. The resignations of E. C. Morgan, Provincial Relief Officer, and J. W. Livingstone, Gasoline Tax Inspector, were announced.

EDGEHILL Church of England School for Girls. WINDSOR, NOVA Scotia Junior School with attention for younger Senior School for 11 year old students. Courses lead to grade XI and grade XII examinations. Music, Art, Household Science, Summer and Winter sports—Riding. Boarders return September 18 FOR PROSPECTUS APPLY TO THE SECRETARY EDGEHILL OF REECHING HOLLAND COVE, P. E. I.

Money to Loan Callahan Office: 140 Richmond Street.

Valuable Profit Sharing Certificate given away with each purchase of "TINTAB DYES". This box of powder for 6 COUPONS. Give this Coupon to your Dealer, He has a FREE SAMPLE for You. Name, Address, City, The Elliott Co. Montreal.

SMART CLOTHES FOR THE HOME DRESSMAKER

The model patterned for today is the simple smart type that is so lovely for the woman who spends her summer in town. The collarless V-neck and easy-to-sew raglan sleeves are comfortably cool and it will feel as cool as it looks. And it will also be just perfect for days in the country. Silk lines and tub silks are other nice mediums for it. Styles No. 798 is designed for sizes 36, 38, 40, 42, 44, 46 and 48-inches bust. Size 36 requires 3 1/2 yards of 39-inch material with 1/2 yard of 35-inch contrasting. Price of PATTERN 15 cents in stamps or coin (coin is preferred.) Wrap coin carefully.

No. 798. Size, Name, Street Address, City, State.

Princess: "What, ho, clown! Canst give me a concrete example of the result of experience?" Court Jester:—"Verily, your highness. A bride's biscuits."

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McLEOD & BENTLEY W. E. BENTLEY, K. C. Barristers and Attorneys-at-Law MONEY TO LOAN Office: 180 Richmond Street. Prohibition Commission Chas. H. Black, Chairman, Charlottetown. Jas. B. McDonald, West St. Peter John Simpson, Hamilton. Send all information regarding infractions of PROHIBITION ACT to the above or to Inspector J. Fripps, R. C. M. P., Charlottetown. NORMAN W. LOWTHER Barrister & Attorney At Law 86 Great George Street Charlottetown, P. E. I. MONEY TO LOAN Alex. W. Matheson BARRISTER, SOLICITOR, ETC. Money to Loan Callahan Office: 140 Richmond Street.